

School Supplies

- Pencils
- Tablets
- Paper
- Pens
- Ink

We have everything needed by the first-grader and high school student.

ECONOMY DRUG COMPANY

The teacher was giving a class lecture on "gravity."
 "Now, children," she said, "it is the law of gravity that keeps us on this earth."
 "But, please, teacher," inquired one small child, "how did we stick on before the law was passed?"

Health and Home

PROPER FOOD FOR SCHOOL CHILDREN

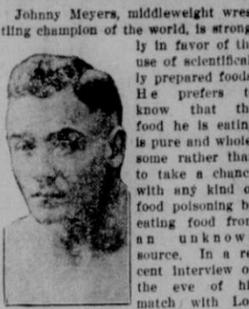
The age during which children are attending school may aptly be called "The Dangerous Age." It is the period of rapid growth and every care should be taken to insure the child of a normal and healthy body. The idea of eating only fit and wholesome foods should be early impressed on the younger members of every family in order to protect them against later ill health and its accompanying unhappiness. If the utmost care is not taken in the diet that is used by children, cases of food poisoning, indigestion and kindred ailments may result.

And milk, being the chief item in the diets of most children, should be carefully guarded. It is, because of its nature, prone to infection if exposed to germs and may soon become unfit for use. Wherever there is the slightest reason for doubt as to its purity and food value, steps should be taken to insure the sterility and the fitness of milk intended for consumption by children. Many mothers have adopted the excellent practice of using milk that is absolutely pure and sterile and free from any germs or bacteria. The most satisfactory, as well as the safest milk used in preparing food for the growing child is evaporated milk. It is sterile, and therefore safe. It is more digestible than market milk. Its uniformity, convenience and cost are qualities that recommend it.

The following dishes are well suited to the needs of the growing child; they are easily digested and very nourishing:

- Caramel Custard.**
 1 cup evaporated milk diluted with 1 cup water
 1/4 cup sugar (caramelized)
 2 tbsp. sugar
 1/4 tsp. salt
 1/4 tsp. vanilla
 3 eggs
 Scald the diluted milk. Caramelize the sugar and add to milk to dissolve. Beat eggs slightly, add sugar, salt, and flavoring and combine with scalded milk. Pour into custard cups and set in a pan of hot water and cook in a moderate oven. When done, a knife blade run in the center will come out clean.
- Fish Chowder.**
 1 pint raw fish cut in 1-inch dice
 5 small potatoes, sliced
 3 onions chopped fine
 1/4 pound fat salt pork, sliced
 4 cups boiling water
 1 cup evaporated milk diluted with 1 cup water
 6 crackers

Champion Wrestler Tells What to Eat



Johnny Meyers.

Johnny Meyers, middleweight wrestling champion of the world, is strongly in favor of the use of scientifically prepared foods. He prefers to know that the food he is eating is pure and wholesome rather than to take a chance with any kind of food poisoning by eating food from an unknown source. In a recent interview on the eve of his match with Lou Tauber, from whom he won his crown, he said: "I expect to win the crown from Tauber. He is a fine wrestler and uses more science than any man of the mat today. However, I feel sure that my superior physical condition will prevail and that I will emerge victorious and the champion of my division. Diet is a very important part of my program in training for a match. The system that I use is really very simple, involving only good judgment and caution in the selection of food. I prefer to eat scientifically prepared foods whenever possible and I never eat anything to which is attached the slightest doubt of its purity. I eat a great deal of canned foods because I am sure that they are pure and will have no ill effects on my digestive system. Take just as an example of what food can do for the body—milk. It is the greatest of body builders and a very important part of any man's diet. But sometimes impure or contaminated and may be the source of illness if used. Because of this fact, I use evaporated milk entirely and find it very satisfactory. I know that it is pure and that I will not suffer from its use. I know that it is a great body builder because the concentration of it gives it such food value. I know that it is easily digested, more so than market milk, in fact, because I drink it before going to bed and feel no effects of it in the morning. This is usually hard to do with ordinary market milk. This plan, in substance, is the same one that I use regarding other foods. If there is any chance or suspicion of impurity or low food value, I use something else.

"And if a man is so situated that it is impossible for him to get the proper amount of exercise, he must be doubly cautious not to partake of any but the purest food. On the whole, if a man eats with wisdom and observes the fundamental rules for good health, there is no reason why he should ever have a sick or uncomfortable day."

BANKERS HELP

A bank in Monrovia, Ind., tests seed corn for farmers. A basement room was fitted out last season for the purpose and 25,000 ears were tested for fifty-six farmers. One-fourth of the seed tested last year was unfit for seed. This year the percentage will run even higher. The work is done under the supervision of the high school agricultural teacher. He reports that the community will have a surplus of seed corn this year.

The banks of Conway, Ark., have offered prizes for the most marketable sweet potatoes produced on one acre of land. A first prize of \$150 is offered, along with three district prizes of \$50 each. The county agent and the banks are working out the details. The County Bankers Association will help to employ a full time county leader this year for boys' and girls' club work in Calhoun, Cherokee and Buena Vista counties, Iowa.

\$2.86

ROUND TRIP TO
Billings, Montana
 SEPTEMBER 12-18

for the

**Midland
 Empire
 Fair**

Final return limit September 21. No stopovers. For details ask your Northern Pacific Railway agent.

Plan NOW to
 Attend the Fair at Billings

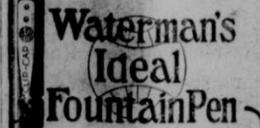
**NORTHERN
 PACIFIC RY.**

A Handicap

Secretary of Golf Club: "Colonel Cayenne complains that you've been very slow today, Biggs."

Caddie: "I couldn't help it, sir—'is langwidge just made me creep!"—London Opinion.

The Pen for School College and After Years



The New "Pocket Self-Filler"

This little lever has been added to the World's Standard Pen to help you to refill the pen. Simply raise and lower the lever with point in ink and it refills almost instantly.

Beartooth Jewelry Company

SCHOOL SUPPLIES

SCHOOL OPENS
 TUESDAY, SEPT. 8.

- Tablets
- Composition Books
- Pens and Pencils
- Rules and Compass
- Everything for the Student.

Start the new school year with a good Parker fountain pen. We can supply you.

RED LODGE DRUG COMPANY
 Phone 25.

FOR YOUR LUNCHES IN THE MOUNTAINS

and on the streams, there is nothing more refreshing than a nice cool dish of Ice Cream. Try some on your next trip. We have it put up. Two quarts or more, in small iceless containers for these trips.

CARBON COUNTY CREAMERY COMPANY

Plan Your Next Motor Trip to

DeMaris Needle Bath Springs

At Cody

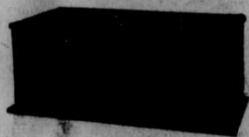
Three hours ride. Free camp grounds. Tent houses for rent. \$1.00 per day per guest. Tent and baths included. This is the busy season. Be sure and phone or write for reservations.

GROSLEY

Crosley's New Coast-to-Coast Radios

BETTER-COST LESS

Super-Trirdyn Special



Announcement of the new Crosley Super-Trirdyn Special has met nationwide approval. Tuned radio frequency, Armstrong regeneration and reflex amplification are combined in the Trirdyns in such a manner as to permit the three tubes to do the work of six. Stations from coast to coast are tuned in with ease on the Musicone. The beautifully designed cabinet, the attractive panel with the very latest style knobs, dials, etc., and the new and highly efficient parts used combine to place the Super-Trirdyn in a class by themselves, head and shoulders above anything on the market. Order your Trirdyns immediately.

\$60

The Musicone



Crosley Musicones have revolutionized radio reception. They have been proclaimed to be the best radio reproducers on the market. They are growing in popularity daily and are in demand everywhere. There is no distortion—every possible note being reproduced perfectly.

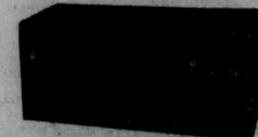
\$17.50

Super-Trirdyn De Luxe Combination



The super-trirdyn De Luxe Combination consists of the Super Trirdyn Special, the Musicone De Luxe and a very neatly designed table. This combination forms a radio receiver so attractive that it is welcomed immediately into the parlor, the living room, the library and corresponds favorably with the finished article of furniture in the home. The finish is simple, elegant, rich—the finest ever given to Crosley merchandise—truly de luxe in appearance and performance. Naturally the three units that form this combination can be purchased separately. The Super-Trirdyn Special at \$60.00, the Musicone De Luxe at \$27.50 and the console type table at \$25.00, or the three for \$112.50. These units were designed for those men and women who demand the very best in appearance and quality.

Super-Trirdyn Regular



The Crosley Super-Trirdyn Regular is a three tube radio but gives the same results as those using six tubes. Radical changes in the parts used, the cabinets, panels, etc., greatly improve the appearance and quality of the Trirdyn, making it a mighty attractive receiver at a very modest price. In the new Trirdyns all wiring is concealed under the sub-panel. Also incorporated in these radios are the following features: the new control system for the new vernier plate condensers; new indicator for the tickler, which is of the rotary type; new rheostat controls; new filament switch with far better grip; new and neat flat knobs, slide adjustment for antenna circuit, newly redesigned transformers, etc. All these add greatly to the efficiency of the Trirdyn and combine to make it the most popular radio on the market.

\$50

The Musicone De Luxe



Here we have the Crosley Musicone in an artistic clock case of beautiful mahogany. There is a gridded screen, which adds a charming effect and a real finishing touch to the Musicone. Compare the eye-value unsightly horn, compare the tonal qualities of the various types—and you will know why the Musicone is destined to be so nationally popular this winter.

\$27.50

INSURE

and

Be Sure

O. J. SIMMONS

Abstract and Insurance Service

Jeffery Hardware Co.

Exclusive Crosley Agents