

**Why Is Cinderella**

**Of the Dairy Industry**

Cheese whey is the Cinderella of the dairy industry. For long centuries this by-product of cheese making was valued but little. More often than not it was only a nuisance and presented a disposal problem to cheese factories.

Today, whey or whey products have found many important uses in the food industry, in pharmaceutical laboratories and hospitals, in the confectioner's shop and the candy maker's kitchen. Amino acids obtained from whey helped save the lives of thousands of starving and undernourished people at the close of the war. And millions of pounds of dried cheese whey are mixed in poultry mash each year to help make chicks grow faster and hens lay more eggs.

All of this has come about as a result of scientific research which has disclosed that whey contains some very important nutrients.

When cheese is made, milk fat and casein are removed from whole milk and liquid whey remains. It's about 94 per cent water. Perhaps that's why realization of the true value of its nutrients came slowly. But when commercially dried, whey from cheddar cheese contains only 3.7 per cent moisture and is a concentration of a number of important milk nutrients, including lactose (milk sugar) proteins, milk minerals and water soluble vitamins.

**Capital of Riviera Has**

**Long Interesting Past**

Nice, the fourth largest city in France and the capital of the Riviera, has had a long and interesting past. Founded in the 6th century B. C., it still preserves the name Nice—Victory, bestowed on it then by the conquering Greeks.

The Greeks had their settlement on the water front, around the port, and on the slopes of Mont Boron and the hill on which the castle was built later. After the Greeks came the Romans, who further developed the town and established on the heights of wooded Cimiez a patrician colony, with a palace for the emperor, Julius Caesar, temples to Diana and Apollo, luxurious baths and an amphitheater, ruins of the latter still exist. After the fall of the Roman empire, Nice suffered many vicissitudes; it was pillaged, ravaged, taken and retaken by warring factions throughout the Middle Ages and the centuries following, until in 1800 it was definitely ceded to France by the House of Savoy.

As a holiday resort, both in summer and winter, Nice is ideal. Luxurious palace hotels are mostly to be found facing the lovely Belle des Anges.

**Have You Had Your Salt?**

It takes only 17 years for the average American to eat his weight in salt.

**Distribution Costs**

Nearly a third of the cost of distributing goods is accounted for by retail trade.

**Small in Size Only**

Smallest fish in Hawaii is called the Humuhumunukunuuapua.

**LOBLE OF LEWIS AND CLARK FOR SPEAKER**

Henry Loble, elected to the 1949 legislature from Lewis and Clark county, has announced he will be a candidate for Speaker of the House when the legislature meets January 3, 1949.

Loble, a democrat, received the highest number of votes from Lewis and Clark County in the general election. As a member of the 1947 House of Representatives Loble sponsored the Bill setting up the State Juvenile Delinquency Committee.

W. M. Williams received word Tuesday evening of the death of his five-year old niece, Linda Hoover, which occurred that afternoon in Kalispell. The child died during a tonsilectomy. Her mother is Mr. Williams' sister.

**Irrigation in Egypt**

Prior to the reign of Mohammed Aly, Egyptian agriculture depended mainly on winter crops irrigated by the annual Nile river flood. This great reformer brought about an agricultural revolution by introducing in Egypt an intricate system of perennial irrigation in order to increase those areas allocated to summer crops. Mohammed Aly's successors developed this method to such an extent that perennial irrigation alone now fills the needs of the rapidly increasing population of the Nile valley. This system necessitates the storing of an adequate supply of water in summer, which is possible only through the construction of a series of dams and reservoirs, many of which are, or will be, located in the upper regions of the Nile. The completion of future projects of this type will require enormous expenditures, which Egypt alone can afford to spend. The benefits of these expenditures, however, will go to Egypt and the Sudan.

**DR. RENNE TO INDIAN AFFAIRS COMMITTEE**

Dr. George A. Selke of the University of Montana System has announced that Dr. R. R. Renne, President of Montana State College at Bozeman, will become a member of an 11-man advisory committee on Indian affairs to the U. S. Department of the Interior.

In a letter to Dr. Renne, acting Secretary of the Interior, William E. Warne said:

"The purpose of the committee is to consult with and advise the Secretary of Interior and Bureau of Indian Affairs in administration of Indian affairs."

**THE WEATHER REPORT FOR THE PAST WEEK**

Following is the weather report as furnished through the courtesy of the Libby Ranger Station:

| Date    | H  | L  | Pr. |
|---------|----|----|-----|
| Nov. 10 | 43 | 17 | .00 |
| Nov. 12 | 44 | 27 | .00 |
| Nov. 15 | 49 | 22 | .63 |
| Nov. 16 | 39 | 27 | .17 |
| Nov. 17 | 42 | 28 | .11 |

**Libby News**

Tuesday evening the upholstery was burned from the Studebaker sedan belonging to Henry Hammer. Mr. Hammer had returned home from Libby and while eating the evening meal, his car was discovered on fire. Quick work saved the car and nearby buildings from destruction. The Hammers live on the old E. A. Rice ranch south of Libby.

George Baeth returned Tuesday from a two weeks trip through ten states and Mexico. He accompanied his son Russell of Troy and daughter Betty to Mexico where they will remain for some time. Mr. Baeth returning by bus. He enjoyed seeing the Great Salt Lake and the Mormon Temple while in Utah. The Grand Canyon in Colorado, the open spaces of Arizona and Texas and the Bull Arena's in Mexico.

D. A. Bollinger was one of Libby's lucky hunters who bagged his buck the last day of the season. The deer was a nice three-point muledeer from the Eureka section. Rev. B. H. Applegate was another "last day" sportsman, bagging a three-point whitetail early Monday morning on Jackson Creek.

Bazaar and Food Sale at Parker's Studio, November 27, beginning at 10 a. m.—Senior W. S. C. S.

Mrs. William Erickson took her public speaking class to Missoula last week. Those going were Bob DeRosia, John Petrusa, Mary Maurer, Peggy Damon, Thelma Rolseth and Jimmy Brown. They left Friday at 2:30 and returned Saturday night. While there they took in the football game between Gonzaga and Missoula.

Mr. and Mrs. Leonard Spencer returned to Libby November 2, from Greeley, Colo. Mr. Spencer is employed at the J. Neils Mill and Mrs. Spencer has a position in the County Treasurer's office.

Mrs. Wm. Baeth returned home last Thursday from Spokane where she had undergone a major operation at the Sacred Heart Hospital three weeks ago.

Mr. and Mrs. Paul Stamschror of Sunnyside, Wash., came over Saturday to visit friends in Libby. The Stamschrors left Libby in March of 1945. He has been engaged in the implement business at Sunnyside, but has recently sold out. They expect to visit here until after Thanksgiving.

Mr. and Mrs. Fred Robertson went to Spokane by train last Saturday, where Mrs. Robertson entered the Sacred Heart Hospital for a thyroid operation. Mr. Robertson returned home Monday evening.

Mrs. Joseph Reck of Spokane, came Monday to visit at the home of Mr. and Mrs. Harold Dutton. Mr. Reck is employed by Roy L. Blair & Co. of Spokane. Mrs. Reck, who is Mrs. Dutton's mother, expects to visit here for about a week.

**Your Best SALESMAN!**

That's the Classified Ad. Your representative in every business and home every day.

**The Western News**



**COMPLETE LINE OF EVERYTHING FOR THAT THANKSGIVING FEAST**

- I. G. A. Pints **SALAD DRESSING.... 35c**
- Ocean Spray - Whole or Jellied **CRANBERRY SAUCE. 43c**
- Roundup **PUMPKIN..... 27c**
- Del Monte **FRUIT SALAD..... 57c**
- Wyandotte **RIPE OLIVES..... 29c**
- Campfire **MARSHMALLOWS... 37c**
- No. 1's **SWEET SPUDS..... 29c**
- Fresh **CRANBERRIES..... 23c**

Nov. 19 thru Nov. 24

**Meal of the Week BY MARY E. TAYLOR**

- Roast Chicken or Turkey with Sage Dressing
- Glillet Curry
- Fluffy Mashed Potatoes
- Green Peas
- Orange and Grapefruit Salad with French Dressing
- Pumpkin Pie (Recipe below)

NOTE: Starred items (meal of the week specials) in ad will make the meal.

**Broadcast: November 13, 1948**

- 1/4 cup brown sugar
- 1/2 cups pumpkin, cooked or canned
- 1/2 teaspoon salt
- 1 1/2 cups Pet Milk
- 2 1/4 teaspoons pumpkin pie spice\*
- 1 slightly beaten egg
- 2 tablespoons dark molasses

Turn on oven; set at very hot. (450° F.). Mix brown sugar, flour, salt and spice. Stir in pumpkin, milk, egg and molasses. Pour into deep 9-inch pie pan lined with unbaked pastry. Bake 15 minutes, then reduce heat to slow (325° F.) and bake about 40 minutes, or until firm.

\*A mixture of 1 teasp. cinnamon, 1/4 teasp. cloves and 1/2 teasp. each of nutmeg and ginger can replace pumpkin pie spice.

**You Will Need:**  
Pet Milk, 2 for 31c

**THIS IS THE YEAR OF FINE WATCHES**

**Selections In Wonderful Styles of Gold and Gold Filled Cases**

**WATCHES FOR THE TEEN AGERS** from \$2.50 to \$10.00

**WATCHES FOR MEN** In Stainless Steel Cases Solid Gold and Gold Filled

**A WONDERFUL SELECTION NOW ON DISPLAY**

**BUCKINGHAM Jewelry Store**

Diamonds of Quality

**Bolyard's Better Meats**

Order your Thanksgiving Turkey or Chicken NOW!

- Fresh **TURKEYS**
- FRESH... **Hen Turkeys** A Grade - 14 to 16 lbs.
- FRESH... **Tom Turkeys** Cut in Half - 12 to 14 lbs.
- FROZEN... **Hen Turkeys** Ready For The Pan
- Fresh **OYSTERS.. 69c** Pint
- Armour's Star **HAM..... 69c** Half or Whole Pound
- Morrélls **BACON..... 69c** Slab Pound
- PORK Home Made For Dressing **SAUSAGE . 59c** Pound
- CHILI Morrélls **BRICKS.... 59c** Each
- FRESH... **CHICKENS**
- FRESH... **Roasting Hens** Fat and Tender
- FROZEN... **Roasting Hens** Ready For The Pan
- FROZEN... **Fryers** Cloverbloom Special

**BOLYARD'S GROCERY & MARKET**

PHONE 105 - FREE DELIVERY \* YOUR FRIENDLY IGA STORE

Freshest of VEGETABLES • Carnation ICE CREAM • Birds Eye FROZEN FOODS