

FACTS IN NATURE.

Not Only Do We Get Inspiration From Nature, But Health as Well.

For people who are run-down and nervous, who suffer from indigestion or dyspepsia, headache, biliousness, or torpid liver, coated tongue with bitter taste in the morning and poor appetite, it becomes necessary to turn to some tonic or strengthener which will assist Nature and help them to get on their feet and put the body into its proper condition. It is becoming more and more apparent that Nature's most valuable health-giving agents are to be found in forest plants and roots.

Nearly forty years ago, Dr. R.V. Pierce, now consulting physician to the Invalids' Hotel and Surgical Institute, at Buffalo, N. Y., discovered that by scientifically extracting and combining certain medicinal principles from native roots, taken from our American forests, he could produce a medicine which was marvelously efficient in curing cases of blood disorder and liver and stomach trouble as well as many other chronic, or lingering ailments. This concentrated extract of Nature's vitality he named "Golden Medical Discovery." It purifies the blood by putting the stomach and liver into healthy condition, thereby helping the digestion and assimilation of food which feeds the blood. Thereby it cures weak stomach, indigestion, torpid liver, or biliousness, and kindred derangements.

If you have coated tongue, with bitter or bad taste in the morning, frequent headaches, feel weak, easily tired, stitches or pain in side, back gives out easily and aches, belching of gas, constipation, or irregular bowels, feel flashes of heat alternating with chilly sensations or kindred symptoms, they point to derangement of your stomach, liver and kidneys, which the "Golden Medical Discovery" will correct more speedily and permanently than any other known agent. Contains no alcohol or habit-forming drugs. All its ingredients printed in plain English on wrapper.

The sole motive for substitution is to permit the dealer to make a little more profit. He gains; you lose. Accept no substitute for "Golden Medical Discovery."

Constipation causes and aggravates many serious diseases. It is thoroughly cured by Dr. Pierce's Pleasant Pellets. One a laxative; two or three are cathartic.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 8-oz. packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Every woman feels she knows just how far to go in the matter of assisting nature with her face and figure.

Insist on Getting It.

Some grocers say they don't keep Defiance Starch. This is because they have a stock on hand of other brands containing only 12 oz. in a package, which they won't be able to sell first, because Defiance contains 16 oz. for the same money.

Do you want 16 oz. instead of 12 oz. for same money? Then buy Defiance Starch. Requires no cooking.

Don't tell your intended that she is an angel unless you can keep up the bluff after you are married.

All Up-to-Date Housekeepers

use Defiance Cold Water Starch, because it is better, and 4 oz. more of it for same money.

The trouble with taking a day off is that you can't put it back.

Defiance Starch

should be in every household, none so good, besides 4 oz. more for 10 cents than any other brand of cold water starch.

A train of thought isn't always on time.

THE BEST COUGH CURE

A well-known Rochester lady says: "I stayed in the Adirondacks, away from friends and home, two winters before I found that by taking

Kemp's Balsam

I could subdue the cough that drove me away from home and seemed likely to never allow me to live there in winter."

Kemp's Balsam will cure any cough that can be cured by any medicine.

Sold by all dealers at 25c. and 50c.

HE ATTENDS TO BUSINESS

who goes straight to work to cure Hurts, Sprains, Bruises

by the use of **St. Jacobs Oil**

and saves time, money and gets out of misery quickly.

It Acts Like Magic. Price, 25c. and 50c.

WINCHESTER

"NEW RIVAL" BLACK POWDER SHELLS The most successful hunters shoot Winchester "New Rival" Factory Loaded Shotgun Shells, blue in color, because they can kill more game with them. Try them and you will find that they are sure fire, give good pattern and penetration and are satisfactory in every way. Order Factory Loaded "New Rival" Shells. Don't accept any substitute. ALL DEALERS SELL THEM

More Men Than Women. There are 1,840,280 more men than women in the United States, the same proportion prevailing in almost every other country. The only exception is in Paraguay, where there are more than twice as many women as men. This is due to the fact that some years ago, in a political revolution and a war with Brazil and the Argentine Republic, the men were almost exterminated.

Furnace Ventilation in Mines. The furnace as a means of ventilation is said to be more economical in deep mines than in shallow ones, as it acts by heating a column of air; the higher that column the greater will be the difference in the weight of air in the upcast and downcast shafts, and consequently the greater the motive power.

Africa's "Sneeze-Wood" Tree. One of the natural curiosities of South Africa is the "sneeze-wood" tree, which is so-called because one cannot cut it with a saw without sneezing, as the fine-rust has exactly the effect of snuff. No insect or worm will touch it; it is very bitter to the taste, and when placed in water it sinks.

New Species of Bird. Dr. E. A. Mearns, an authority on ornithology, recently discovered several new species on the summit of Apo, a volcanic mountain of the island of Mindanao, in the Philippine group.

LOST 72 POUNDS. Was Fast Drifting Into the Fatal Stages of Kidney Sickness.

Dr. Melvin M. Page, Page Optical Co., Erie, Pa., writes: "Taking too many iced drinks in New York in 1895 sent me home with a terrible attack of kidney trouble. I had acute congestion, sharp pain in the back, headaches and attacks of dizziness. My eyes gave out, and with the languor and sleeplessness of the disease upon me I wasted from 194 to 122 pounds. At the time I started using Doan's Kidney Pills an abscess was forming on my right kidney. The trouble was quickly checked, however, and the treatment cured me, so that I have been well since 1896 and weigh 188 pounds."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

A Heavyweight. They say a Greenland whale weighs as much as 88 elephants or 440 bears.

Shake Into Your Shoes Allen's Foot-Ease, a powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

It is hard to work up much confidence in a man who wears a ring on his middle finger.

A GUARANTEED CURE FOR PILES. Hebling, Bland, Bleeding, Itching Piles. Druggists are authorized to refund money if **PAIN-OINTMENT** fails to cure in 5 to 14 days. 50c.

Quarrelsome people are always satisfied with a fighting chance.

Worth Knowing —that Allecock's are the original and only genuine porous plasters; all other so-called porous plasters are imitations.

A friend in word is not always a friend indeed.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. bottle.

The henpecked man has to do all his crowing away from home.

Why It Is the Best Is because made by an entirely different process. Defiance Starch is unlike any other, better and one-third more for 10 cents.

In shaping his career a young man shouldn't depend entirely on his tailor.

KNEW LINCOLN IN YOUTH

Aged Lady Now Living in California Recalls Times of Long Ago

Twenty miles out from Los Angeles, Cal., on the seashore road, in a humble, four-roomed house, is an old woman who Abraham Lincoln was very fond of and who he teasingly named "Quinine" 70 years ago, when, a store clerk in New Salem, he boarded for \$1 a week under her father's roof.

Mrs. Vienna Lyster has just celebrated her 89th birthday. A stately old woman, she is still free of step and straight of vision, though her memory has begun to falter, recollection to waver and down the long vista of years and day-marks of her girlhood are blurred.

This long-ago friend of Lincoln sits in her son's home at Burnett and tells many stories of the Great Commoner. With a quaint tenderness comes the thought that this is the cousin, the girlhood friend, of fair Ann Rutledge, the dead love of Lincoln's youth.

For twenty years, "like to fortune and to fame unknown," the recipient of Lincoln's whimsical nickname has made her home in the whitewashed cottage in the little town of Burnett. Seventy-five years ago, in the summer of 1830, Lincoln released himself from parental care and started out to make his own way. This was soon after his people had removed to Illinois, and the future President was then a gaunt, tall lad of little more than 21. The following year, just after his famous fatboat trip to New Orleans, he made his second and "permanent" appearance in New Salem, on the banks of the Sangamon river. Its population at that time probably did not exceed seventy-five men, women and children. It was one of the many



"boom" towns of what was then the Far Western State of Illinois. The ensuing five years, 1831 to 1836, cover one of the most interesting periods of Lincoln's early life, when he learned the lessons of love and death and to rise above the bitterness of despair. It was during this period that Mrs. Lyster (then Vienna Cameron) knew him, received at his hands the odd nickname of "Quinine," and became a quiet observer of his courtship of her beautiful cousin, Ann Rutledge.

One of the foremost men of the New Salem neighborhood was the Rev. John Cameron, Mrs. Lloyd's father. He preached in the Presbyterian church on Sundays, and, after the custom of those sturdy times, turned a shrewd eye to business during the week. He it was, indeed who, with his wife's brother, the James Rutledge mentioned by historians in connection with the lustrium of Lincoln's life, laid out the town site of New Salem.

CAUGHT BY THE GRIP-- RELEASED BY PE-RU-NA

Pneumonia Followed La Grippe— Pe-ru-na the Remedy That Brought Relief.



Mr. T. Barneott, West Aylmer, Ontario, Can., writes: "Last winter I was ill with pneumonia after having la grippe. I took Peruna for two months, when I became quite well, and I can say that any one can be cured by it in a reasonable time and at little expense."

Systemic Catarrh, the Result of La Grippe. Pe-ru-na Receives Credit for Present Good Health. Mrs. Jennie W. Gilmore, Box 44, White Oak, Ind. Ter., writes: "Six years ago I had la grippe, which was followed by systemic catarrh. The only thing I used was Peruna and Manalin, and I have been in better health the last three years than for years before. I give Peruna all the credit for my good health."

Pe-ru-na—A Tonic After La Grippe. Mrs. Chas. E. Wells, Sr., Delaware, Ohio, writes: "After a severe attack of la grippe, I took Peruna and found it a very good tonic."

"Most Effective Medicine Ever Tried for La Grippe." Robt. L. Madison, A. M., Principal of Cullowhee High School, Painter, N. C., is chairman of the Jackson County Board of Education. Mr. Madison says: "I am hardly ever without Peruna in my home. It is the most effective medicine that I have ever tried for la grippe."

Mrs. Jane Gift, Athens, O., writes: "I had la grippe very bad. My husband bought Peruna for me. In a very short time I saw improvement and was soon able to do my work."

Mrs. Victor Patneunde, 328 Madison St., Topeka, Kas., member of Knights and Ladies of Security, writes: "Twenty years ago I had a severe attack of la grippe and I never really recovered my health and strength—but grew weaker every year until I was unable to work."

"Two years ago I began using Peruna and it built up my strength so that in a couple of months I was able to go to work again."

"This winter I had another attack of la grippe, but Peruna soon drove it out of my system."

"My wife and I consider Peruna a household remedy."

TWENTY-FIVE BUSHELS OF WHEAT TO THE ACRE Means a productive capacity in dollars of over \$16 per acre. In Oklahoma, Indian Territory and Texas are vast areas of unimproved land—land now yielding the crops of which it is capable. The same conditions apply to the towns. Few lines of business are adequately represented. There are openings of all sorts—for mills and factories, for small stores, for banks, newspapers and lumber yards. You have only to get on the ground to prove this. To enable you to do so the Missouri, Kansas & Texas K'y offers

Rates Cheaper Than Ever February 20th and March 6th and 20th

On above dates most lines will sell both one-way and round trip tickets at exceptionally low rates. If your nearest railroad agent cannot give you the rates, write me for particulars.

If you're in any way interested in the Southwest, I'd like to send you my paper "The Coming Country." Address

G. A. McNUTT Blossom House, KANSAS CITY, MO. Tickets on sale everywhere, via

GREGORY'S SEED Catalogue of tested and warranted seeds—full of wise instruction—sent FREE. J. J. H. Gregory & Son, Marblehead, Mass.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 16 oz. pkg. 10c. When Answering Advertisements Please Mention This Paper.

READ 136-2106 **THIS COUPON IS GOOD FOR \$1.00 ON PURCHASE** FREE Upon receipt of your name Address Druggist's Name His Address

And the stamps or silver to pay postage we will mail you a sample free, if you have never used Mull's Grape Tonic, and will also mail you a certificate good for one dollar toward the purchase of more Tonic from your druggist. Address MULL'S GRAPE TONIC CO., 148 Third Ave., Rock Island, Ill.

YOU WRONG YOURSELF TO SUFFER from Constipation and Stomach Trouble. Why suffer or take needless chances with constipation or stomach troubles when there is a perfect, harmless, natural, positive cure within your reach?

CONSTIPATION AND STOMACH TROUBLE cause blood poison, skin diseases, sick headaches, biliousness, typhoid fever, appendicitis, plus and every kind of female trouble as well as many others. Your own physician will tell you that all this is true. But don't drug or physic yourself. Use

MULL'S GRAPE TONIC the natural, strengthening, harmless remedy that builds up the tissues of your digestive tract and puts your whole system in splendid condition to overcome all attacks. It is very pleasant to take. The children like it and it does them great good. 25 cent, 50 cent and \$1.00 bottles. The \$1.00 bottle contains about six times as much as the 50 cent bottle and about three times as much as the 25 cent bottle. There is a great saving in buying the \$1.00 bottle.

MULL'S GRAPE TONIC CO., 148 Third Ave., Rock Island, Ill.

WANTED. "There comes an opportunity in every life." Perhaps this is your chance:—

Special Representative wanted (man or woman) in this community. Must have good references and be willing to work. Address H. S. HOWLAND, 1 Madison Avenue, New York City.

PRICE, 25 Cts. TO CURE THE GRIP IN ONE DAY ANTI-GRIPINE IS GUARANTEED TO CURE GRIP, BAD COLO, HEADACHE AND NEURALGIA. E. W. DICKEY, M. D., Manufacturer, Springfield, Mo.