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Mothers Know That Genuine Castoria

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CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.



FRECKLES
W. N. U., OMAHA, NO. 48-1919.

Rather Hard on Him.
Hubby—It's a wonder to me you didn't marry the first bonehead that proposed to you.
Wife—Well, I did.—Boston Post.

Both Right.
Phillip, I think you married me for money. "Well, dear, I believe I earned it, don't you?"

Is it news that a dress suit is sometimes the livery of a crook?

OLD AGE STARTS WITH YOUR KIDNEYS

Science says that old age begins with weakened kidneys and digestive organs. This being true, it is easy to believe that by keeping the kidneys and digestive organs cleansed and in proper working order old age can be deferred and life prolonged far beyond that enjoyed by the average person.

For over 200 years GOLD MEDAL Haarlem Oil has been relieving the weaknesses and disability due to advancing years. It is a standard old-time home remedy and needs no introduction. GOLD MEDAL Haarlem Oil is included in odorless, tasteless capsules containing about 5 drops each. Take them as you would a pill, with a swallow of water. The oil stimulates the kidney

action and enables the organs to throw off the poisons which cause premature old age. New life and strength increase as you continue the treatment. When completely restored continue taking a capsule or two each day. GOLD MEDAL Haarlem Oil Capsules will keep you in health and vigor and prevent a return of the disease.

Do not wait until old age or disease have settled down for good. At the first sign that your kidneys are not working properly, go to your druggist and get a box of GOLD MEDAL Haarlem Oil Capsules. Money refunded if they do not help you. Three sizes. But remember to ask for the original imported GOLD MEDAL brand. In sealed packages.

POOR ENGLISH PLACE-NAMES

Pessimistic and in Many Cases Derogatory Appellations Given for No Apparent Reason.

For a people upon the whole cheery and possessed of much homely philosophy, the English have shown a surprising amount of pessimism in their choice of place-names, remarks a Canadian soldier now in England. Withal, their Mount Pleasant and the like are a good deal rarer than their Coldharbours, Starvecres, Starvecrows, and so forth. But for stark pessimism the writer knows no place-name to beat that of a northern farmstead situated at the exposed end of a bleak, unkindly valley which always seems much colder and more foggy than any of the near-by heights. The name is Bad End—simply. One of its occupants was hanged, but so far as the name goes this must have been effect rather than cause, for the hanging was recent, while the name antedates the oldest inhabitant's recollections. Cackle Street, Darwell Hole, Old Hole, Bugshill, Poppinghole, Frogshole, Pigstrod, Platnix, Kitchenhour, Grandtuzel, Little Nineveh, Tubslake, Brownbread Street, are a few merely old place-names recalled at random, and all to be met with in a day's march along the beautiful Sussex-Kent border country.—Montreal Herald.

Some men use all the material they have at hand in making fools of themselves.

An Oversupply.
The help problem bothers them in the Orient also, but in a different way. A gentleman who had returned from India remarked, "The worst thing about the place is the nuisance of numerous servants. Why, when I was at Bogglywallah I had four servants to look after my pipe alone."
"Four servants to attend to your pipe?"
"Yes. The first one brought it to me; the second filled it; the third lit it."
"And the fourth?"
"Oh, he smoked it. I never could abide tobacco in any form, you know."

Must Have Had It All.
"I understand you have had a slight operation?"
"That's what I thought I had, but I got the bill for it yesterday and I'm inclined to think now that while I was under the ether the surgeon gave me everything he had in stock."

Uncle Eben.
"A man dat keeps talkin' 'bout his self," said Uncle Eben, "sometimes surprises you by de way he manages to make a purty good speech on a mighty slim subject."

First Impression.
"Well, I must be off."
"I thought so the first time I met you."—Baltimore American.

"Radical." The fellow who does not agree with us.



Uncle Sam Is to Expand Chemical Warfare Service

WASHINGTON.—Announcement by the war department that will enlist and concentrate at once at the Lakehurst proving grounds 1,000 men from the chemical warfare service indicates Uncle Sam will not neglect the development of this branch of the modern army.

When the war ended America had made wonderful advancement in the methods of chemical warfare. There have been prominent army officers who have suggested that the conflict was forced to a quicker conclusion by the work that was done at Lakehurst, expressing the belief that German spies may have carried information as to the efficiency with which the United States employing these new devices could exterminate armies and cities. The recruits will be enlisted in the infantry and immediately assigned to the chemical warfare service. Only white men will be accepted.

Lakehurst was selected by the government after a countrywide search for sites as the most available place for its tests of ordnance and chemical warfare materials.

One of the most famous gases developed there was a mustard variety ten times stronger than that employed by the Germans against the Americans. Experiments showed that it frequently killed on contact. Another gas, which the country has already learned could have wiped out Berlin life in a night, was perfected in a remarkable series of tests.



King Albert Makes History by Visiting Congress

HISTORY is being made rapidly these days. When Albert, king of the Belgians, paid homage the other day in congress to the United States army, which he said was "the decisive factor in determining the victory," he was making history. Greeted as "our friend, our defender and ally," King Albert stood before the senate of the United States and later before the house of representatives to fulfill the main purpose of his long journey to American shores—the expression of Belgium's gratitude for American aid during the great war.

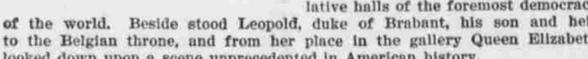
For the first time in history the crowned head of a monarchical government was an honored guest in the legislative halls of the foremost democracy of the world. Beside stood Leopold, duke of Brabant, his son and heir to the Belgian throne, and from her place in the gallery Queen Elizabeth looked down upon a scene unprecedented in American history.

Cheers and a thunder of handclapping rang through the staid chamber of the senate as the king entered, escorted by Senator Lodge, while Senator Hitchcock walked beside Prince Leopold. Queen Elizabeth and Mrs. Marshall, wife of the vice president, entered the executive gallery at the same moment.

King Albert was seated beside Senator Cummins, presiding over the senate, with the youthful prince at his right. Senate and galleries rose and cheered again when Senator Cummins presented the king, paying tribute to the high courage of the man who had led the heroic little kingdom in its struggle against a mighty foe.

The queen was first to appear on the house side. Members rose and applauded as she entered the executive gallery.

The formal announcement of the king's coming was drowned in a wave of applause as he was recognized at the door. When he walked down the aisle, escorted by former Speaker Champ Clark, there was a roar of cheers. He was greeted by Speaker Gillett, beside whom he took his seat.



U. S. Soldiers Gain Weight During the Great War

UNCLE SAM'S soldiers grew fat during the war, gaining an average of ten pounds a man between enlistment and demobilization, according to Dr. William Darrach, dean of the faculty of medicine at Columbia university. Dean Darrach points out that the better health strides in the army were made in spite of unfavorable conditions of war, and credited the achievement to the marvelous development of the science of medicine and hygiene in recent years.

"While we may not expect to attain 'perfect health,' we certainly are headed in that direction," Doctor Darrach said. "We no longer merely are checking disease or curing and alleviating the ills of mankind. We are preventing them. Preventive medicine is making tremendous strides. Vaccination has made smallpox a rarity; inoculation has brought typhoid under possible control; diphtheria and hookworm are taking cover; elimination of the louse has put trench fever and typhus to rout; destruction of the mosquito checks malaria and virtually all other contagious or infectious diseases are being stamped out.

"Public hygiene has made great strides also, especially in the larger cities. The decrease in infant mortality statistics, where parental clinics and milk depots have been established, is startling. From the cradle on through the public schools children are watched carefully and their health safeguarded by the community.

"The greatest example of the progress made by surgery and the medical profession is in connection with the war. For the first time in history an army grew fat. The American soldiers averaged a gain of ten pounds in weight from the time of mobilization until the army disbanded. All other armies in history have lost weight."

These men, the army of about 4,000,000 men, which participated in the war at home or abroad, will go to make up a healthier coming generation.



Works Council Growing Popular in U. S. Industry

THE rapid growth in America of the works council system, which the employers' group in the defunct labor-capital-public conference insisted must be written into any pronouncement on collective bargaining is shown in a survey just finished by the national industrial council board.

Up to the war period the works council was comparatively unknown, although the basic idea is old as the hills, the "chapel" in printing establishments, for example, running back almost to the days of Gutenberg. But as a development in industrial organization the system is among the newcomers, and few other plans for improving shop relations are attracting more widespread interest. The works council may be described as a collective dealing plan, under which plant employees, through representatives chosen by themselves from among their own number, share with the management in adjusting conditions of employment.

The first known American example of a works council, the survey disclosed, dated back only to 1904. Up to January, 1918, only 29 such organizations had been established. But during the last 20 months the growth has been so fast that now there are known to be 225 works councils in 176 corporations and companies, in addition to many that have not been disclosed.

Nearly all of them are located east of the Mississippi; the largest number is found in the branches of the metal trades, and the next largest in the ship-building industry.



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5c a package before the war
5c a package during the war
5c a package NOW

THE FLAVOR LASTS SO DOES THE PRICE!



WILL NOT USE GERMAN DYES GREAT SECRET OUT AT LAST

Real Reason Why the Red Trousers of the French Infantryman Have Been Discarded.

The red trousers of the French army are to be no more. There is a political and economical tragedy about it with which very few people are familiar. The originator of the red trousers was Napoleon, who was prompted in his "reform" by a desire to help the native cultivation of madder root against the Dutch and Italian rivals.

But then came the Graebe-Liebermann discovery of the alizarine dyes, and in less than ten years, between 1870 and 1878, the production of madder root in France shrank from 25,000 to 500 tons, and then it disappeared. This was a great German victory. Nevertheless, the army trousers continued to be dyed red, only this time the dyes had to be imported from Germany. It evidently required a great war to put an end to this humiliation.

Something to Boast Of.
"I'm not bragging or anything."
"Yes, yes, go on."
"But I do want to say that I have been a landlord for 17 years and in all that time I haven't had a single complaint filed against me by a tenant."

A man who courts and runs away may be hailed to court some day.

A childless marriage is not a howling success in one sense of the term.

Observing Intellect Has Discovered How the Brain That Names Sleeping Cars Works.

I used to be awed, writes Inobetta, at the thought of the intellectuality of the man who names the Pullman cars. To what storehouse of classical or historical lore did this mentality have access, that he could exclaim therefrom such names—names that seemed to mean something, but yet just eluded analysis? I used to think I'd like to meet that bird.

But I've pegged him at last! He's no giant intellect at all. He's just a pathological specimen—one of those wrong-foot cases the medical journals have been discussing lately, whose cerebral or spinal connections seem to be crossed. Their handwriting goes from right to left—it's called "mirror writing." Their co-ordinating mechanism is constantly in reverse gear. And how do I know that the nomenclator of Pullman cars is one of these? Simply this:

The sleeper in which I rode from Cincinnati to Atlanta the other day was named "Klimwock"—Cleveland Plain Dealer.

Take strict heed to thy ways; set a watch over thy actions; and govern the thoughts of thy heart.—Dorothea Dix.

Some puns are almost as pointless as women's pencils.

A Health-Building Food

Grape-Nuts

A blend of wheat and barley prepared to digest easily and make and keep people strong.

"There's a Reason"

If you want to make good health a habit—and coffee interferes, try a change to

POSTUM

—the wholesome table-drink with a rich coffee-like flavor. You'll find Postum satisfies without any penalty. Boil for fifteen minutes after boiling begins.

Delicious. Refreshing. Economical.
Two sizes, usually sold at 15c and 25c

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