

BACK HURT ALL THE TIME

Mrs. Hill Says Lydia E. Pinkham's Vegetable Compound Removed The Cause.

Knoxville, Tenn.—"My back hurt me all the time, I was all run down, could not eat and my head bothered me, all caused by female trouble. I was three years with these troubles and doctors did me no good. Your medicine helped my sister so she advised me to take it. I took Lydia E. Pinkham's Vegetable Compound and the Liver Pills and used Lydia E. Pinkham's Sanative Wash and now I am well, can eat heartily and work. I give you my thanks for your great medicines. You may publish my letter and I will tell everyone what your medicines did for me."—Mrs. PEARL HILL, 418 Jacksboro St., Knoxville, Tennessee.

Hundreds of such letters expressing gratitude for the good Lydia E. Pinkham's Vegetable Compound has accomplished are constantly being received, proving the reliability of this grand old remedy.

If you are ill do not drag along and continue to suffer day in and day out but at once take Lydia E. Pinkham's Vegetable Compound, a woman's remedy for woman's ills.

Wretchedness OF Constipation

Can Be Quickly Overcome by

CARTER'S LITTLE LIVER PILLS.
Purely vegetable—act sure and gently on the liver. Cure constipation, biliousness, headache, dizziness and indigestion. They do their duty.



Small Pill—Small Dose—Small Price
DR. CARTER'S IRON PILLS. Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness.

"Hatching Dollars"

is a book that tells you how money makes money—it tells you about high-class securities from which big men get their incomes—how you can buy these same safe securities by small payments. Send for your free copy today to Investment Department MORGAN, LIVERMORE & CO. 71 Broadway - New York City (Members N. Y. Stock Exchange)

FREE SHEET MUSIC
One Complete, Regular Copy of our "36" grade" latest New York International Popular Song "100," with beautiful cover pictures of famous stars. Includes in value, together with Special Popularization Introductory Offer Coupon, \$1.50 worth for 30c. Send to secure promptly.

METROPOLITAN MUSIC PUB. CORP., 1400 BROADWAY, N. Y. CITY.

No Call.
"I saw an auto-jack at work today."
"Did you call the police?"
"No; they were only using it to put on a new tire."

Important to Mothers
Examine carefully every bottle of **CASTORIA**, that famous old remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Williams** In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Well Matched.
"She has dyed her hair a raven hue." "I suppose that is to match her crow's feet."

WATCH THAT COLD!

Colds and chills leave thousands with weak kidneys and aching backs. The kidneys have to do most of the work of fighting off a cold and they weaken—slow up. You feel dull and irritable and have headache, dizziness, backache, and irregular kidney action. Give the kidneys quick help with **Doan's Kidney Pills!** Doan's are used and recommended the world over for weak kidneys and bad backs. Ask your neighbor!

A Nebraska Case
Mrs. M. L. Sallor, Ponca, Neb., says: "My back was weak and it pained almost constantly. I had sharp twinges through my body and puffy spots appeared under my eyes. My head ached terribly and my kidneys acted irregularly, causing annoyance. I used Doan's Kidney Pills and in a short time the backache and weakness disappeared. I continued taking them until I was greatly benefited, and the benefit has been permanent."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Irritating Coughs
Promptly treat coughs, colds, bronchitis, laryngitis and similar inflamed and irritated conditions of the throat with a tested remedy

PISO'S

NATIONAL CAPITAL AFFAIRS

Latin America Wants the Monroe Doctrine Defined

WASHINGTON.—Latin American countries which participated in the peace conference and also those invited to join the League of Nations are watching the request of Salvador that the United States define the Monroe doctrine so that they will know just what they are agreeing to if they join the league.



The state department has acknowledged receipt of the request from Juan Franco Paredes, minister for foreign affairs of Salvador. His note says, among other things: "The text of the treaty contains one article which has awakened warm discussion throughout the whole American continent, including the United States, due no doubt to its brevity and lack of clearness. I refer to article 21: "Nothing in this covenant shall be deemed to affect the validity of international engagements, such as treaties of arbitration or regional understandings like the Monroe doctrine, for securing the maintenance of peace."

"Stop Throwing Forests Into the Waste Baskets!"

"STOP throwing the forests of the country into your waste basket," is the message sent to the business houses of the country by the American Forestry association, which is enlisting the aid of the schools, business houses, and women's organizations in a paper conservation campaign.

Charles Lathrop Pack, president of the association, has given out figures which show the tremendous increase in pulp wood consumption. In congress the subject has come up for frequent discussion. Here are the figures submitted by Mr. Pack, who calls for a national forest policy and for better protection for the forests, in cords consumed and value:

1889	1,986,310	\$ 9,877,516	1917	5,480,075	\$60,815,057
1909	4,001,067	24,477,540	1918	5,250,794	72,167,110
1916	5,229,208	45,785,682			

"A look at those figures will cause some deep thinking on the part of publishers," said Mr. Pack. "We must stop throwing our forests into the waste basket. Business houses can bring about a great saving if they will write the carbon of the letter they are answering on the back of the letter received. This will save paper and cut filing expenses, too."

The situation, Mr. Pack declared, will not improve until there is greater production of raw material. One of the pressing problems before the American Paper and Pulp association, which met recently in New York city, was the future raw material supply. It recommended a nation-wide forest survey, better fire protection, and increased planting of trees. One of the first organizations to join the American Forestry association in its campaign for paper conservation is the National Woman's Association of Commerce of Chicago. Miss Florence King, the president, has issued a call to all members connected with business houses to start the agitation at once.

"Boiling" Senators Give Soldier a "Square Deal"

SENATORS got excited the other day over the matter of soldiers and the loss of their private property. In consequence the senate passed a bill to amend the act now in force and give the soldier a better chance to recover from Uncle Sam. Senator Wadsworth said the present situation was "perfectly absurd" and read these paragraphs from a letter from the secretary of war:



The original act was intended to provide a simple and expeditious method of settling the claims of officers and enlisted men for reimbursement for personal property lost, damaged, or destroyed in the military services of the United States through no fault of their own. However, a series of decisions by the officials of the treasury department have placed such restrictions on the law as to preclude favorable consideration of a majority of the claims which have been filed. These decisions are briefly summarized as follows:

The auditor has disallowed all claims for property lost by fire unless claimants can certify that the loss occurred while the claimant was engaged in saving government property. The comptroller has ruled that "money" is not an article of property. The comptroller has recently decided that property lost in France cannot be considered as having been lost "in the field during campaign," unless the claimant was actually in the battle line. This decision will affect practically all losses of personal baggage in the field other than that in course of transportation. Senator Wadsworth said the committee on military affairs "boiled with indignation," and its purpose was to give the soldier a "square deal."

Great War Makes Many Millionaires in America

AMERICA'S millionaires increased by 1,470 in the first year of the war in Europe. During the second year the increase was twice as great, for in 1916 there were 2,800 more millionaires than in 1915. And in 1918, while the net growth was only 31, the true situation rests in the old saying, "Him who has—gets!" The increases of that year were in increased incomes of those included in the totals of years gone by.

Distribution of these new millionaires throughout the country shows them thickest where war activities were greatest, with New York state alone having 2,388. Nevada was the only state that didn't claim a millionaire resident in 1917, but her millionaires live elsewhere, that's all. Of American millionaires, capitalists as a group made up 3,383 of the total; manufacturers who made war material 920, and the producers of food, 120. Corporation officials numbered 716 millionaires.

The largest income in 1917 was \$34,936,604. The man claimed to be unmarried, which makes him appear to be Standard Oil's daddy, J. D. Rockefeller. A "single woman" received \$5,794,550. She may have been Mrs. E. H. Harriman. In the great group of excessively rich over the United States there were 227 classed as "single women."

From these latest available figures it is shown that individuals through the income tax returns contributed in 1918 on their 1917 incomes a great total of \$361,486,177, while corporations in the same period yielded Uncle Sam's strong boxes just \$2,142,445,709.



ROAD BUILDING

DIRT ROADS CARE IN SPRING

Proper Drainage is Chief Essential in Maintenance—Road Drag is Especially Useful.

The cardinal essential in spring maintenance of earth roads, especially those on heavy soils, is good drainage. So long as the water can be kept from penetrating deeply into these roads they will remain at least fairly passable. To accomplish this on average earth roads, however, is far from easy. During the early part of this season of the year rains are often of long duration and tend to saturate the soil. Water from melting snows is perhaps even more penetrating than long-continued rains, while alternate freezing and thawing of the wet surface tends to increase the porosity of the soil and permit even more ready access of water into the foundation.

The chief attention of the road man must therefore be directed toward getting and keeping the water away from the road. So long as the foundation can be kept dry, even a heavy freeze followed by a rapid thaw will do little or no real damage to the road surface. A dry soil does not heave. The foundation will therefore still be solid, and the road will be able to sustain the traffic without serious rutting. On the other hand a saturated soil expands greatly on freezing, and when it thaws out has not only lost practically all power of sustaining the weight of traffic, but also is in an ideal condition for taking up or absorbing still more water, and thus forming still more mud.

During the early part of the season, as long as the weather is very rainy or there is melting snow on the ground it will pay to have the road man go over the road daily to see that the drains and side ditches do not become clogged and to note the need of any necessary repairs. A few minutes' work with a shovel may prevent a serious washout or damages, which, if not promptly checked, might make the road practically impassable.

The road drag or some other similar device finds its greatest usefulness during this season. It may be used to good advantage to clear the roadway of slush and melting snow and so prevent this water from soaking into



Drag Most Useful in Spring.

and softening the subgrade. To fill ruts, smooth the surface and maintain the crown of the road, the drag is unexcelled when in the hands of a skilled operator. An unskilled man may do more harm than good. Furthermore, the actual condition of the road during this period will depend very largely on the knowledge of the road man as to just when to drag, as well as his skill in the operation of the implement.

In addition to the maintenance, provision should be made for doing all necessary grading or earth work as early in the spring as possible, in order that it may become thoroughly consolidated before the dry weather of summer. If the work is done too late the road will not only probably become very dusty in dry weather but will need additional attention later in the fall. Where the soil is a heavy clay or gumbo the condition of the road may be very materially improved by adding sand from time to time as that already on the road is worked in by the passing traffic and the drag.

PROVIDE RUNWAY FOR WATER

Plenty of Space Should Be Allowed in Rebuilding Bridge or Culvert—Repair Costs Cease.

Whenever a bridge or culvert is rebuilt use some form of permanent construction, seeing to it that plenty of runway is allowed for the water. Then repair costs will virtually cease, and the money now wasted will begin to show in roads that are good 12 months in the year.

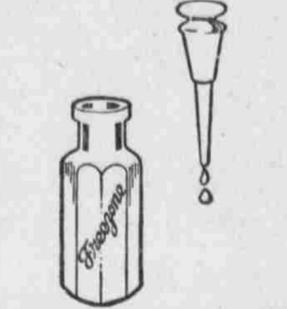
KEEP UP FARM APPEARANCE

Unightly Features May Be Unseen by Farmers, But Passerby is Keen to Discern Signs.

The farmer interested in attracting trade in his farm products should look well to the appearance of his place. Perhaps old, unightly features of which he is not conscious exist, but the passerby is keen to discern these signs of farm management and hesitates to purchase at a place showing neglect.

LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with fingers—No pain!



Doesn't hurt a bit! Drop a little Freezone on an aching corn, instantly that corn stops hurting, then you lift it right out. Yes, magic!

A tiny bottle of Freezone costs but a few cents at any drug store, but is sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

Freezone is the sensational discovery of a Cincinnati genius. It is wonderful.—Adv.

Unapproachable Fishing.

The angler tackled the manager of the country hotel angrily. "What do you mean by luring visitors here with the promise of fine fishing?" he said. "There isn't a bit of fishing here. Every brook has a sign warning people off."

"I didn't say anything about fine fishing, sir," said the manager calmly. "If you will kindly read my advertisement again with more care you will see that what I said was 'Fishing unapproachable.'"

DRUGS EXCITE YOUR KIDNEYS, USE SALTS

If Your Back Hurts or Bladder Bothers, Drink Lots of Water.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.—Adv.

Observing.

She was reading Cobb's amusing story, "Speaking of Operations." Being interested she took it to business with her and read it on the car. A woman next to her observed the title and inquired:

"Studying to be a nurse?"

STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Balm at any drug store. Apply a little of this fragrant, antiseptic cream into your nostrils and let it penetrate through every air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant relief.

Ah! How good it feels. Your nostrils are open, your head is clear, no more hawking, snuffling, blowing; no more headache, dryness or struggling for breath. Ely's Cream Balm is just what sufferers from head colds and catarrh need. It's a delight.—Adv.

Thirty Days!

Friend (entering show manager's office)—Hello! What's all this! Manager—A voice trial. Friend—H'm! I should say conviction is certain to follow.—Boston Transcript.

For your daughter's sake, use Red Cross Ball Blue in the laundry. She will then have that dainty, well-groomed appearance that girls admire. 5c. Envy is poor ammunition. The only thing dangerous about it is its backfire.

Well Known Kansas Woman

Nortonville, Kans.—"During middle life became all run-down, weak and nervous. I took Dr. Pierce's Favorite Prescription and it brought me through this critical period as splendid health. I have also taken the Dr. Pierce's Golden Medical Discovery as a blood tonic and for the liver and found it equally as good. I am always glad to recommend Dr. Pierce's Remedies."—MRS. WM. OCKER.

A Nervous Breakdown

Kansas City, Kans.—"Dr. Pierce's Favorite Prescription brought me through a very critical period for which I shall always be very grateful and I am glad to tell of it that other suffering women may take my advice and try the 'Prescription.' I had a severe nervous breakdown, caused by woman's trouble. Doctors called it inflammation. I doctored for about five years with very little help. I saw Dr. Pierce's medicine advertised and was so discouraged that I was ready to do anything for relief. I at once got both the 'Favorite Prescription' and the 'Golden Medical Discovery.' I think I took about a dozen bottles but it was surely worth it as it restored me to good health, curing me of all my ailments."—MRS. LUCY FOREMAN, 514 S. Packard St.

Remarkable Case of a Kansas Woman

Atchison, Kans.—"About twenty years ago I first commenced taking Dr. Pierce's Favorite Prescription for displacement and other feminine weaknesses. The first half dozen doses gave me great relief, and by the time I finished the first bottle I felt stronger than for a long while. Since then I have taken this medicine whenever I have felt run-down, weak or nervous and it has always given me the desired result. I am very glad to recommend 'Favorite Prescription' as a woman's real friend."—MRS. IDA TICKNER, 1118 N. 10th St.

Same as Now. "Where did you first meet your wife?" "I don't remember now, but I'll bet I don't wait for her."

Coated tongue, vertigo and constipation are relieved by Garfield Tea.—Adv.

It isn't what you pay, it's what you get that counts.

MAN'S BEST AGE

A man is as old as his organs; he can be as vigorous and healthy at 70 as at 35 if he aids his organs in performing their functions. Keep your vital organs healthy with

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles since 1895; corrects disorders; stimulates vital organs. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

Bad Sickness Caused by Acid-Stomach

If people only realized the health-destroying power of an acid-stomach—of the many kinds of sickness and misery it causes—of the lives it literally wrecks—they would guard against it as carefully as they do against a deadly plague. You know in an instant the first symptoms of acid-stomach—pains of indigestion; distressing, painful bloating; sour, gassy stomach; belching; food repulsing; heartburn, etc. When your stomach feels this way you should lose no time in putting it to rights. If you don't, serious consequences are almost sure to follow, such as intestinal fermentation, auto-intoxication, impairment of the entire nervous system, headache, biliousness, cirrhosis of the liver; sometimes even catarrh of the stomach and intestinal ulcers and cancer.

If you are not feeling right, see if it isn't acid-stomach that is the cause of your ill health. Take EATONIC, the wonderful modern stomach remedy. EATONIC Tablets quickly and surely relieve the pain, bloating, belching, and heartburn that indicate acid-stomach. Make the stomach strong, clean and sweet. By keeping the stomach in healthy condition so that you can get full strength from your food, your general health steadily improves. Results are marvelously quick. Just try EATONIC and you will be as enthusiastic as the thousands who have used it and who say they never dreamed anything could bring such marvelous relief. So get a big 10-cent box of EATONIC from your druggist today. If not satisfactory return it and he will refund your money.

EATONIC FOR YOUR ACID-STOMACH

Nebraska Directory

Creamery and Cream Station Supplies
Milk Bottles and Dairy Supplies; Egg Cases and Chicken Coops
KENNEDY & PARSONS CO.
1309 Jones St. OMAHA 1901 E. 4th St. SIOUX CITY

THE SOLAR SANITARIUM
Maneille Temple Bldg. 19th and Douglas Sts., Omaha
Solar Baths FOR RHEUMATISM
Write for booklet.

Colorado Land for Sale

NEAR BURLINGTON, perfect 100 acres, fine location, ideal farming or investment, \$32.50 per acre, \$1,500 cash, balance easy terms. Owner, Frank Gass, 4005 No. 25th St., Omaha, Neb.

BE A NURSE

Exceptional opportunity at the present time for young women over nineteen years of age who have had at least one year in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address: Dept. of Nurses, Lincoln Sanitarium, Lincoln, Neb.