

# DARLING BABY BRIGHTENS HOME

Children's Laughter a Pleasing Sound



Altoona, Pa.—"I am writing to tell you what Lydia E. Pinkham's Vegetable Compound has done for me. We had six children die almost at birth. From one hour to nineteen days is all they have lived. Before my next one was born I took a dozen bottles of your Vegetable Compound, and I can say that it is the greatest medicine on earth, for this baby is now four months old, and a healthier baby you would not want. I am sending you a picture of her. Everybody says 'That is a very healthy looking baby.' You have my consent to show these few lines to anybody."—Mrs. C. W. BENZ, 181 3rd Avenue, Altoona, Pa.

**Mrs. Janssen's experience of interest to childless wives.**  
Millston, Wis.—"I want to give you a word of praise for your wonderful medicine. We are fond of children, and for a considerable time after we were married I feared I would not have any. I began taking Lydia E. Pinkham's Vegetable Compound, and it strengthened me so I now have a nice, strong, healthy baby girl. I suffered very little at childbirth, and I give all the credit to your medicine, and shall always recommend it highly."—Mrs. H. H. JANSEN, Millston, Wis.

**Mrs. Held of Marinette, Wis., adds her testimonial for Lydia E. Pinkham's Vegetable Compound. She says:**

Marinette, Wis.—"I was in a nervous condition and very irritable. My doctor advised an operation. My husband brought me one of your booklets and asked me to try Lydia E. Pinkham's Vegetable Compound. It overcame my weakness so that I now have a healthy baby girl after having been married nine years. I am glad to recommend your medicine, and you may use my letter as a testimonial."—Mrs. H. B. HELD, 830 Jefferson St., Marinette, Wis.

There are many, many such homes that were once childless, and are now blessed with healthy, happy children because Lydia E. Pinkham's Vegetable Compound has restored the mother to a strong and healthy condition, as it acts as a natural restorative for ailments as indicated by backache, irregularities, displacements, weakness and nervousness.

Women everywhere should remember that most of the commoner ailments of women are not the surgical ones—they are not caused by serious displacements or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative. It can be taken with perfect safety and often prevents serious troubles.

Therefore if you know of any woman who is suffering and has been unable to secure relief and is regretfully looking forward to a childless old age, ask her to try Lydia E. Pinkham's Vegetable Compound, as it has brought health and happiness into so many homes once darkened by illness and despair.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

## What to Do for CONSTIPATION



Take a good dose of **Carter's Little Liver Pills**—then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and **Regulate Your Bowels**. Mild—as easy to take as sugar. *Genuine bear signature—Bentley*  
Small Pill. Small Dose. Small Price.

**Just as Bad.**  
Art Critic—"Have you ever been done in oil?" Vanderlop—"No; but I have in steel common."

**Important to Mothers**  
Examine carefully every bottle of **CASTORIA**, that famous old remedy for infants and children, and see that it bears the *Signature of J. C. Fletcher*. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

**Behind the Times.**  
"Flubdub says he'd like to take the road to yesterday."—"Well, he's all fixed for it, with his ancient silver."

**Rather Mixed.**  
"What is his walk in life?"  
"He is demonstrator for a new automobile."

**Freshen a Heavy Skin**  
With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Readers other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

**Cruel.**  
Miss Muggins—"I'd just like to see a man kiss me."  
Miss Pert—"What a hopeless ambition."

# WARNING

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years, and proved safe by millions.—Say "Bayer"!



**SAFETY FIRST!** Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents—Larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

## The Kitchen Cabinet

(© 1921, Western Newspaper Union.)

Christianity wants nothing so much in the world as sunny people, and the old are hungrier for love than for bread.

The oil of Joy is very cheap, and if you can help the poor with a Garment of Praise, it will be better for them than blankets.—Henry Drummond.

### SEASONABLE GOOD THINGS.

The following suggestions may be helpful in using up ham in various quantities:



**Ham Cakes.**—To three cupfuls (more or less as to size of the family to serve) of hot-mashed potato well seasoned add from one-half to one cupful of minced ham. Beat well and add a beaten egg. Form into flat round cakes and brown in bacon fat, ham or pork fat. Serve piping hot.

**Apricot Charlotte.**—Soak one-fourth pound of apricots in cold water to cover over night. Cook in the same water until soft, adding more water if needed. Soak one tablespoonful of gelatin in one-third of a cupful of cold water, add one-third of a cupful of boiling water, the juice of a lemon, one cupful of sugar and one cupful of the apricot put through a puree strainer. Cool and when the jelly begins to thicken beat until light, then add the stiffly beaten whites of three eggs and continue beating until the mixture holds its shape. Chill and serve with whipped cream.

**Banana Pudding.**—Grate fresh coconut, pour over it a pint of milk, and cook twenty minutes in a double boiler. Drain in a cheesecloth bag, pressing out all the liquid possible; return the liquid to a double boiler and add one-third of a cupful of cornstarch mixed with cold milk to a smooth consistency; stir until the mixture thickens; add half a cupful of sugar and one-half teaspoonful of salt; mix well. Slice five peeled and scraped bananas into a buttered baking dish, pour over them the juice of half a lemon, add the mixture from the double boiler and let bake fifteen minutes. Serve hot with cream and sugar.

When men and women are rightly occupied, their amusement grows out of their work as the color petals out of a fruitful flower.—John Ruskin.

### SEASONABLE FRUIT DISHES.

Canned cherries lend themselves to a variety of tasty dishes. Cherry pie is hard to equal when well made and baked.



**Cherry Pie.**—Take two cupfuls of stoned and stewed cherries, one cupful of water, one-half cupful of sugar, three tablespoonfuls of cornstarch mixed with three tablespoonfuls of cold water. Cook together the cherries, sugar, water and cornstarch paste. Pour into a lined pastry plate and cover with lattice strips and bake in a hot oven.

**Cherry and Pear Cocktail.**—Dice two canned pears, mix with one-half cupful of pitted cherries, pour one cupful of juice over all and chill. Serve in long-stemmed glasses, ice cold.

**Rhubarb Sherbet.**—Take two pounds of rhubarb, cut fine, add two cupfuls of water, two tablespoonfuls of ginger root, chopped, two and one-half cupfuls of sugar. Cook until soft. Add one teaspoonful of gelatin, stir until well dissolved. Strain, cool, add two tablespoonfuls of lemon juice and freeze. This makes two quarts.

**Rhubarb and Raisin Cocktail.**—Boil one-half cupful of large seeded raisins in one cupful of water until plump. Cover with one-fourth of a cupful of orange juice and let stand two hours. Add one cupful of stewed, strained rhubarb and more water if desired. Mix well and serve ice cold with a slice of orange as a garnish for each cocktail.

**Creamed Dates.**—Boil one cupful of sugar with one-third of a cupful of water until it threads. It should take about eight minutes. Beat the whites of two eggs until stiff, adding one-eighth of a teaspoonful of cream of tartar. Prepare one-half pound of dates by removing the stones and stuffing with blanched almonds. Put these into the hot syrup, immediately adding the beaten whites. Stir very rapidly until just creamy, removing from the fire. Serve as a compote with whipped cream or as a garnish for tart baked apples, custard or a gelatin jelly.

*Nellie Maxwell*

# MRS. BARRETTE TELLS OF SPLENDID RESULTS

Prominent New Hampshire Woman Says Tanlac Brought About a Wonderful Change in Her Condition.



MRS. AURORE BARRETTE of Manchester, New Hampshire

"Tanlac is a grand medicine, and I think every suffering woman ought to know about it," was the statement made recently by Mrs. Aurore Barrette, at her residence, 133 Second Street, Manchester, New Hampshire. Mrs. Barrette is a well known and highly respected resident of that city.

"I have not felt at all well for the past year or more," she continued. "I haven't been sick enough to be in bed, but I was far from being a well woman. At times I thought I had kidney trouble, for I suffered almost constantly from severe pains across my back, just over the kidneys. Whenever I tried to do any housework at all that dull pain would be there, and if I attempted to stoop over it just felt as though my back would break. I would get so weak and worn out I would have to sit down and rest several times a day, and I felt tired all the time."

"This condition made me awfully nervous, so that I rarely ever slept well at night, and every now and then I would jump in my sleep, as if in a fright, and my condition was really becoming serious."

"Only two bottles of Tanlac have brought about a wonderful change in my condition. In fact, the results I have received from this medicine have really surprised me. Those terrible

pains in my back which used to trouble me every day have almost disappeared, and I am going to keep on taking Tanlac until they leave me entirely. I have lots of energy now, and am not only able to do my housework, but I get through the day without feeling the least bit tired. I am no longer nervous like I was, and I sleep well at night.

"I shall always be thankful for what Tanlac has done for me."

Tanlac is sold by leading druggists everywhere.—Adv.

FOR THE BEST TABLES  
**MAXWELL HOUSE**  
**COFFEE**  
"GOOD TO THE LAST DROP"  
SEALED TINS AT GROCERS

### WHEN JEFFERSON TOOK OATH NOT REALLY SCARCE ARTICLE

Early Presidential Inauguration at Which There Was an Abundance of Ill Feeling.

Material Called Lamb's Fleece in Syria Merely Went by Another Name in England.

The first Jefferson inauguration had more drama about it than its three predecessors. The President-elect was received upon the portico of the newly completed north wing of the capitol by Aaron Burr, whom Jefferson cordially distrusted. And the oath of office was administered by one of his bitterest enemies, Chief Justice Marshall, who had been appointed to office by Adams in the closing days of the administration, an act which Jefferson regarded as not only an impropriety but a personal affront. Jefferson's feelings toward Burr and Marshall were well known.

Then the new president was escorted to the senate chamber, where he delivered his inaugural address, one of the most notable of all such speeches. He was afterward escorted to his boarding house, where he received the congratulations of the foreign diplomats and of the leaders of the popular party, who rejoiced over the defeat of the Federalists.

A certain young globe-trotter, possessed of more money than brains, was recently traveling in Syria. While journeying through the interior he was prevailed upon by one of the sons of the prophet to purchase at a very large price a quantity of what was described as Syrian lamb's fleece.

This, when he returned to London, he sent to his tailor with orders to line an overcoat with it. A few days after he called to try on the coat.

"You didn't send us quite enough material, sir," remarked the tailor, "and I had to get some more to line the sleeves."

"But," remarked the traveler in surprise, "it's impossible to obtain that fleece in England, it's only to be obtained in Syria."

"Not at all, sir," was the reply. "In England we call it rabbit skin."—Montreal Herald.

### Indispensable Things.

The wonderful new inventions and conveniences are fine, but the world cannot get along without such indispensable old-fashioned things as kindness, courtesy and hands held out to help.

## Youngsters grow husky on Grape-Nuts

The great body-building values which Nature stores in wheat and barley, are retained in this easily digestible food.

The unique, sweet flavor of Grape-Nuts makes it a big favorite with both children and adults.

"There's a Reason"

SOLD BY GROCERS EVERYWHERE

