

# HOW TWO WOMEN ESCAPED OPERATIONS

## Doctor Advised Use of Lydia E. Pinkham's Vegetable Compound

### Happy Results in Both Cases

St. Joseph, Missouri.—"Both of my sides swelled and hurt me so that I could not move or do any of my work. There was heavy pressure and pains through my lower organs and the doctor told me to try Lydia E. Pinkham's Vegetable Compound for these troubles. He said I had this one chance, and if the Vegetable Compound did not help me nothing but an operation would. After taking several bottles I felt it was helping me and now I am able to do my own work. If my testimonial will help others I shall be glad for them to read it and hope your Vegetable Compound will do them as much good as it did me." —Mrs. Wm. Lockman, 513 N. 4th St., St. Joseph, Mo.

White Plains, N. Y.—"I had such a pain that I could hardly walk and the doctor said that I needed an operation. I was sick for a year before I started taking your medicine and I could not work. I saw your advertisement in a little book and that is how I came to take Lydia E. Pinkham's medicine. I have been taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine, also Lydia E. Pinkham's Liver Pills and used Lydia E. Pinkham's Sensitive Wash and the capsules and prescription recommended. I am doing all my work and have gained twenty pounds. I am taking the medicines still, but I feel fine. You have my permission to use this letter for the good of others." —Mrs. MARY MARR, 37 Hamilton Ave., White Plains, N. Y.

Some female troubles may through neglect reach a stage when an operation is necessary. But most of the commoner ailments are not the surgical ones; they are not caused by serious displacements, tumors, or growths, although the symptoms may appear the same.

When disturbing ailments first appear, take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

Quite True.  
Howell—"Do you think the wrist watch has come to stay? Powell—"I hope not. I want mine to go."

## Sure Relief FOR INDIGESTION

**BELLANS**  
FOR INDIGESTION  
25 CENTS

6 BELLANS  
Hot water  
Sure Relief

# BELLANS

25¢ and 75¢ Packages, Everywhere

"Vaseline" Carbulated Petroleum Jelly is an effective, antiseptic first-aid dressing for cuts, wounds and insect bites. It helps prevent infection.

CHESEBROUGH MFG. CO.  
(Incorporated)  
State Street New York

# DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

## GOLD MEDAL MARBLE OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1695. Three sizes, all druggists.

Look for the name Gold Medal on every box and accept no imitation

*Genuine*



# Aspirin

WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for

Headache	Colds	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monastereich, Germany.

## Southwest News

From All Over  
New Mexico  
and Arizona

(Western Newspaper Union News Service.)  
Santa Fé will have a teachers' institute in June. So Prof. J. D. Silva, principal of the school at Olesaga, stated recently, stating that a sufficient number of teachers had been signed up.

"The Colorado and Gila rivers must be dammed by holding back in reservoirs their destructive strength," he asserted. These floods and their force can be utilized for power and land reclamation."

The Tucson High School baseball team captured the high school championship at Tucson by defeating the Gila Academy nine, 2 to 1, in the third and deciding game of the University Week tournament staged at Tucson.

The work of clearing the ground for the new First National Bank building in Albuquerque has been started and actual construction will be started soon. When completed the new building will cost over half a million dollars.

The summer conference of the Protestant Episcopal missionary district of New Mexico and West Texas will be held in Las Vegas July 5-15. Decision to hold the conference there was made at the convocation, held in Las Vegas last February.

Manganese shipments from the Boston Hill district near Silver City have been heavy recently, most of the ore going to the plants of the Colorado Fuel & Iron Company at Pueblo, Colo. A large force of men is now employed at the mines.

A prairie fire, which started in one of the cañons of Roy, N. M., burned over several sections recently, and came near destroying the homes of several ranchers. The fact that there was little wind probably saved the homes of many of the ranchers.

Thousands of little trout will be placed in the streams of Colfax county this spring by the sportsmen of Hutton, N. M. A shipment of 10,000 was placed in the streams in the Cimarron country. All were from the hatchery on the Pecos and arrived in good condition.

At the request of the mothers of the city, the Hot Springs, N. M., council has passed a curfew ordinance and in the future all the kiddies must be off the streets by 9 o'clock in the evening. Several of the mothers have offered to act as night marshal of the town to see that this is enforced.

A new western empire with an assemblage of industries that will astonish the world will result from harnessing of the Colorado river, Colonel William A. Glassford declared at a dinner in Phoenix of the National Reclamation Association. He is chairman of the association's committee on organization.

The progress of Arizona can be traced with accuracy by the development of her road building, Governor Thos. E. Campbell told delegates to the United States Good Roads Association in an address of welcome which featured the opening program of the national convention recently held in Phoenix.

Selection of Greenville, S. C., as the 1923 convention city of the United States Good Roads and the Bankhead National Highway Associations; re-election of all national officers of the Bankhead Association, and adoption of a report recommending extension of the Bankhead system to Mexico City were features of the closing session of the two good roads organizations' annual joint meeting at Phoenix.

Plats have been filed in Lordsburg, N. M., for the new town of Virden, located in some of the best farming country of the upper Gila river country. There are already several houses on the new site and streets have been laid out running east, west, north and south. A tree planting campaign will be started soon.

Nogales recently entertained one of the largest crowds of out-of-town visitors in its history. Fully 2,000 people visited from Phoenix, Tucson and other points, attracted by a bull fight, held in Plaza Reforma in Nogales, Sonora. In honor of delegates to the United States Good Roads and Bankhead National Highway Associations' conventions, concluded at Phoenix.

Hugh Kennedy, 17, of Mayfield, Okla., died while en route to a Prescott hospital from Ash Fork, as a result of gunshot wounds and injuries sustained in a fall from an east bound Atchison, Topeka & Santa Fé freight train near Seligman, Ariz. Kennedy, who partially recovered consciousness before his death, told officers that he had been thrown from the train after having been shot twice by an unknown traveling companion.

From \$8.50 to \$3.50 a ton on cotton seed from Las Cruces to El Paso is the reduction announced by W. R. Brown, general freight agent of the Santa Fé Railway Company at El Paso, in a letter to Robert P. Porter, head of the Porter Lumber Company at Las Cruces.

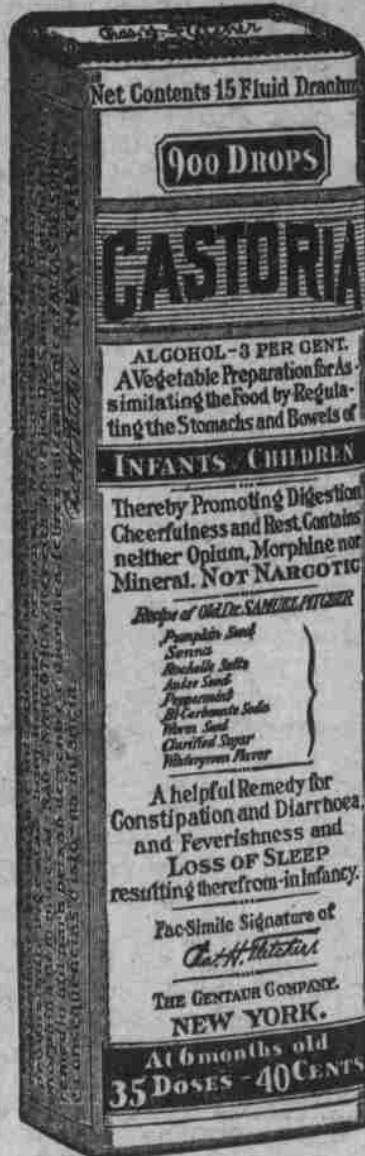
Articles of incorporation for the Copper Queen Extension Mining Company of Bisbee have been approved by the State Corporation Commission. The new company was incorporated with a capital stock of \$1,500,000, divided in 70 shares of the par value of \$1 each

## Why Castoria?

YEARS ago Castor Oil, Paregoric, Drops and Soothing Syrups were the remedies in common use for Infants and Children; Castor Oil so nauseating as to be almost impossible and the others all containing Opium in one form or another, but so disguised as to make them pleasant to the taste, yet really to stupefy the child and give the appearance of relief from pain.

It required years of research to find a purely vegetable combination that would take the place of these disagreeable, unpleasant and vicious remedies that from habit had become almost universal. This was the inception of, and the reason for, the introduction of Fletcher's Castoria, and for over 30 years it has proven its worth, received the praise of Physicians everywhere and become a household word among mothers.

A remedy ESPECIALLY prepared for Infants and Children and no mother would think of giving to her baby a remedy that she would use for herself, without consulting a physician.



# Children Cry For Fletcher's CASTORIA

Have You Tried It?

Everybody has read the above headline; how many believe it? Have you a little-one in the home, and has that dear little mite when its stomach was not just right felt the comforts that come with the use of Fletcher's Castoria? You have heard the cry of pain. Have you heard them cry for Fletcher's Castoria? Try it.

Just help baby out of its trouble tomorrow with a taste of Castoria. Watch the difference in the tone of the cry, the look in the eye, the wiggle in the tiny fingers. The transformation is complete—from pain to pleasure. Try it.

You'll find a wonderful lot of information about Baby in the booklet that is wrapped around every bottle of Fletcher's Castoria.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

**His Great Mistake.**  
Joseph Levenson, head of New York's motion picture censorship, said at a luncheon:  
"The movies do a lot of good. But they do harm, too, sometimes. Think of the love affairs they break off!"  
"It's all over," a young man groaned one day. "It's all over now between Mabel and me."  
"Sorry to hear that, old chap," said a second young man. "What caused the split, may I ask?"  
"I took Mabel to the movies last night, and she said that the heroine of the serial called 'The Pact of Death' was a beautiful girl."  
"Well?"  
"Well, I agreed with her."

**And the Discussion Ended.**  
Two little boys, living in different towns, one day were visiting an aunt in a distant city. A discussion arose between them as to the merits of their home towns. The heights of their respective churches became a part of the discussions.  
"Our church reaches above the tree-tops," said one.  
"Our church reaches to the sky," retorted the other.  
"Oh, but the steeple of our church reached clear above the sky and punched a hole through heaven," exclaimed the first boy, and this closed the argument.

**King George Democratic.**  
"When he is out of the public eye King George often sacrifices appearance for comfort—indeed, while in conversation with him not long ago I noticed that one of the shoes he wore was adorned with a patch!" This is one of many intimate anecdotes of his long connection with the royal family told by Ernest Brooks, O. B. E., the accredited royal photographer, in the Strand magazine. Queen Mary's favorite portrait of Princess Mary reveals something of the king's tastes in regard to feminine fashions. When Mr. Brooks showed the king the first print, his majesty raised an objection to the width of the panniers on either side of the princess' frock and ordered him to have them taken out of the negative.



## The Thrifty Citizen Who Caught the Plugged Nickel

MR. BROWN had swallowed his lunch and had paid his bill. Cautiously he counted his change. "Here!" he said, sharply. "Take back this plugged nickel and give me a good one!"

Mr. Brown walked proudly out. They couldn't fool old Brown.

But old Brown had fooled himself.

Brown's day was heavy and dull. He lacked "pep." There was a mid-afternoon drowsy spell when he needed to be awake—the direct and natural result of heavy, starchy breakfasts and lunches, taken on faith and without question as to value—just because the food looked and tasted like food.

Thousands of shrewd business men who count their change, take their food for granted.

That's what builds up the sanitarium business, and puts the tired "all-done" feeling into the mid-afternoon of a business day.

Grape-Nuts is a scientific food whose delicious, appetizing flavor and crispness are an introduction to well-balanced nourishment—a nourishment easily and quickly assimilated, so that body, brain and nerves are well fed and kept free of the stored up poisons left by so many ill-selected foods.

Served with cream or good milk, Grape-Nuts is a complete food, always ready, always a delight to the taste—and always a safe selection for the man who thinks his stomach is entitled to some of the same protection he gives to his pocket.

## Grape-Nuts—The Body Builder

"There's a Reason"

Made by Postum Cereal Company, Inc., Battle Creek, Mich.