

What Shall I Do With My Daughter?

III. INFANT WELFARE NURSING

By ROSE WESTON BULL.
NOTE: Questions on the occupations of women will be carefully answered by Mrs. Bull. Address her in care of this paper.—Ed.

One baby out of every eight born in the United States dies before it is one year old.

It was formerly thought that this was a provision of nature to prevent children who were sickly, and who had delicate constitutions, from growing up into weaklings. Today we know that most of these deaths are unnecessary, that they are the result of ignorance, carelessness, and failure on the part of the public to recognize that they can be prevented.

It is only in the past decade or so that the government has begun to feel responsibility for keeping alive the children who are born in the United States, and that it has begun to make a study of causes which lead to their deaths. Birth registration is comparatively new, and on the whole America has

seemed to know more about, and care more for her live stock, and her farm animals than she has for her future citizens. This attitude of indifference is giving place, however, to one of intense concern. Special child hygiene departments are being established in state and city departments of health and innumerable private agencies are co-operating with public authorities in demonstrating the need for infant welfare work.

The first step taken in cities, towns and counties where a real fight is being made against infant mortality is to appoint child welfare nurses who under the direction of physicians are responsible for the care of mothers and babies who cannot afford private nurses, and who, because of ignorance and poverty, are likely to be neglected.

Every city which claims to have the welfare of its inhabitants at heart is today making an effort to study home conditions under which its babies live, and to see that they are given proper care. Infant Welfare stations and Baby Clinics are multiplying in all parts of the country, and the baby welfare nurse has come to be a recognized institution. She is a student of conditions which are responsible for the high infant death rate, and as a collector of information and statistics she has already proved invaluable to local governments. She not only knows why so many children die in their first year, but she can and does prevent deaths which would occur if it were not for her watchfulness.

Whether the baby welfare nurse is employed by the Division of Child Hygiene of a city government, whether she acts for a hospital or baby clinic, or is engaged by a woman's club or a Visiting Nurse society her service is that of investigator, advisor and educator. She is bound to become one of the most important factors in the campaign for better babies, and for more live babies and fewer dead ones.

The work of the infant welfare nurse is very much like that of any other public health nurse except, of course, that she specializes and devotes her entire time to the care of mothers and babies, and directs all her efforts towards making and keeping them both well.

The baby welfare nurse has a tremendous responsibility. Her daily routine demands faithfulness and close attention. In cities where the board of health works in close connection with physicians and where prenatal care is provided the nurse is given the names of all expectant mothers in her district. She keeps them under supervision until the children are born and then assumes responsibility for the babies as well as for the mothers. She makes weekly visits to their homes, shows them how to prepare the baby's food, under the doctor's instructions. She is constantly, though unobtrusively, teaching lessons of hygiene and sanitation and helping in a thousand ways, little and big, so that not only the mother and the

baby but the entire family profit by her visits.

As a rule the mothers bring their babies each week to a mothers' conference station or baby clinic where they can be examined by a physician, and where the baby can be weighed. The nurse keeps a card record of the child from the day of its first visit to the clinic. If she is conscientious and if the mother co-operates with her, this card is marked each week with the baby's weight, its physical condition and growth. It furnishes a complete record of its first two years of life.

The work of the baby welfare nurse is full of delightful opportunities to meet people on terms of the utmost confidence and helpfulness and to be of service to them in a thousand different ways. The importance of this branch of nursing cannot be overestimated because it is at the root of all social reform. The baby welfare nurse is engaged in building up a better and healthier citizenship.

All the little things which mean so much to the health and comfort of the baby are taught by the nurse. She is an authority on the bathing and the dressing of the child and her advice is sought in the solution of many family problems which are really outside her province. But she is recognized as a friend and as one who has valuable information to give.

Dr. J. H. Mason Knox, late president of the American Association for Study and Prevention of Infant Mortality, has stated: "In the last analysis all our work hinges upon the better care of individual babies coming under our influence, and it is here that the trained nurse should be given the first place, both because of her unique opportunity and because of the good results which she has and does accomplish. It is she who enters the home, a welcome visitor, but one armed with expert knowledge and kindly act. It is she who can open the closed windows, remove superfluous

WEAR RIBBON SKIRTS AND SPORT WALKING STICKS

Margaret Mason Tells of Gotham's Latest Fashion Fads

By Margaret Mason.
"My skirt's in ribbons," sobbed poor Sue.
"What ever am I going to do?"
"Just calm yourself," Dame Fashion said.
"For I've fixed that. So toss your head, and wear your skirt with haughty smile—
A ribbon skirt's the latest style!"

New York, April 21.—With fickle and ingenious fashion handling the ribbon's the result is bound to be racy. Consequently the new "ribbonette" skirts are sure to win in a walk. To begin with the wonderful new ribbons are quite the most beautiful creations in the fabric field—to end with they are the same. Therefore if you use a width of Persian ribbon to begin a skirt as a yoke and another width of Persian ribbon to end it at the hem the answer is a bit of Persian perfection.

A pleated skirt of oyster white tussor with a 10-inch band of rose, blue, gold and green plaid ribbon around the hem doesn't force it's wearer to enunciate "Ahem, Ahem" to attract attention. A stunning skirt has perpendicular stripes of vivid Roman stripe ribbon, 10 inch width alternating with plain emerald green ribbon of equal width. The effect of the plain toned ribbon of course accentuates the fact that the entire skirt is formed of ribbon lengths alone.

Gorgeously flowered ribbons alternating with the one toned stripes are as effective as the Roman striped ones and you are sure to go dotty over white khaki-kool skirt with huge pockets, hem and girle of cerise satin ribbon spotted with silver disks, big as dollars.

In many of the ribbon skirts the plain and fancy ribbons are used in alternating strips running around instead of up and down. These are forsooth for the willowy woman while the perpendicular strips bring joy to the portly persons who are short of stature and breadth and long only on Emboipoint.

Another method of applying the wider 12 and 15-inch fancy ribbons is as a panel in the front and back of the skirt with a width of pleated plain lined silk on the sides.

Though ribbon skirts are positively the most novel of all the new skirt conceits a plain one which shows your true mettle is a glowing garment of lustrous silver cloth. These metallic skirts are

clothes, prepare the baby's feedings, give it a bath as an object lesson to the mother, and perform a hundred other services which together mean the difference between life and death."

BELL-ANS Absolutely Removes Indigestion. One package proves it. 25c at all druggists.

wonderful worn with a slip over blouse of vivid tint, bright with varied beadwork or embroidery.

Indeed the slip-over or chemise blouses vie with the skirts for very gorgeoussness. It is true some carrying critics (mostly ones husband and his ilk) seem to look upon these new blouses as glorified dressing sacks. But wait till they get the bills and they will see the big difference.

One lovely chemise blouse smacking of a Chinese tendency is of citron colored Georgette bound around the low round neck, loose bell sleeves and peplum with an inch band of Chinese blue Georgette. A Chinese medallion sparsely done in blue, gold and black beads appears, two in front, two in back and one on each sleeve. A girle of the citron edged with blue is finished with a beaded tassel in the gold, black and blue.

This also comes in different color combinations but the citron and blue is more distinctive and Chinese.

Flesh color, white or gray Georgette make lovely slip-over blouses and ones of embroidered net or voile are less expensive by half or more but not that less attractive by any means.

When walking out in your ribbon walking skirt and your slip-over blouse if you want to walk away with all the smartest sartorial honors you positively must carry one of the fetching new walking sticks. They are much like the long Directorio canes that have tried for so many reasons to be taken up. No board walk or any other fashionable walk of life is now quite correct without them.

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Musterole is recommended by many doctors and nurses. Millions of jars are used annually for bronchitis, croup, stiff neck, asthma, neuralgia, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet, colds of the chest (it often prevents pneumonia),



Copy of Washington's Call for Recruits

When George Washington was in command of the armies in Massachusetts, shortly after the Declaration of Independence in 1776, he found it necessary to send out recruiting officers with posters and brass bands.

By a special poster he made the announcement of recruiting as follows: "For the purpose of enrolling such youth of spirit as may be willing to enter into honorable service. The encouragement to enlist is truly liberal and generous, namely, a bounty of \$12 and an annual and fully sufficient supply of good and handsome clothing and a daily allowance of large and ample supply of provisions, together with \$60 a year in gold or silver, the whole of which the soldier may lay up for himself and friends, as all articles for his subsistence and comfort are provided by law, without expense to him. After a few years he can return to his friends with his pockets full of money and head covered with laurels. God save the United States!"

The war department has printed on placards Washington's call for volunteers and Sergeant Toy the local recruiting officer, has distributed several in the city.

New Books Received at Public Library

The Salem public library is in receipt of a number of interesting books this week. "Social Insurance," can now be studied by those interested. Then there is a book on "How to Conduct a Sunday School" and one on "The Business of Being a Friend."

The complete list of new books is as follows, and they will be found on the shelves Saturday:

- Miscellaneous.
 - Arnold—Essays in criticism.
 - Blackman—Elements of sociology.
 - Bolen—Plain facts as to the trusts and the tariff.
 - Goode—The business of being a friend.
 - Cromwell—Agriculture and life.
 - Elson—Book of useful knowledge.
 - Ely—Monarchies and trusts.
 - Fibre—The life of the caterpillar.
 - Fowler—A history of sculpture.
 - Lawrence—How to conduct a Sunday school.
 - Masson—Best stories in the world.
- out one.
 - They come enameled in any shade to match up or accentuate the color scheme of your costume. Some of them have gay corals and tassels tied around their knob tops and others more elaborate have coquettish bags of silk, beaded or gold lace trimmed, attached midway of their slender length.
 - I have no doubt that these fascinating sticks will stick this season and that soon no chic charmer can even step down to the corner drug store for an ice cream soda without this newest staff of fashionable life to lean on.
- Paton—John G. Paton, missionary to the New Hebrides.
- Simons—American literature through illustrative readings.
- Thurston—The art of looking at pictures.
- Westervelt—Legends of old Honolulu.
- Wilson—The motivation of school work.
- Sherrill—Modernizing the Monroe doctrine.
- Lowell—Evolution of worlds.
- Metchnikov—Nature of man.
- Rubinow—Social insurance.
- Fiction.
 - Brown—The prisoner.
 - Cournd—Victory.
 - Fox—Heart of the hills.
 - Hawkins—A young man's year.
 - Robius—Magnetic north.
 - Stapole—The gold trail.
 - Street—Need of change.
 - Widdemer—Why not?

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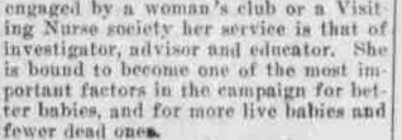
Ask Your Grocer

FOUR WEEKS IN HOSPITAL

No Relief—Mrs. Brown Finally Cured by Lydia E. Pinkham's Vegetable Compound.

Cleveland, Ohio.—"For years I suffered so sometimes it seemed as though I could not stand it any longer. It was all in my lower organs. At times I could hardly walk, for if I stepped on a little stone I would almost faint. One day I did faint and my husband was sent for and the doctor came. I was taken to the hospital and stayed four weeks but when I came home I would faint just the same and had the same pains.

A friend who is a nurse asked me to try Lydia E. Pinkham's Vegetable Compound. I began taking it that very day for I was suffering a great deal. It has already done me more good than the hospital. To anyone who is suffering as I was my advice is to stop in the first drug-store and get a bottle of Lydia E. Pinkham's Vegetable Compound before you go home."—Mrs. W. C. Brown, 2844 W. 12th St., Cleveland, Ohio.



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- Extra Special--300 pairs of Shoes selected from our stock that sold at \$4.00 to \$4.50, to be closed out this week only at the ridiculous price of **\$2.95**
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- Other styles from **\$2.95 to \$5.95**
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- Extra Special--Men's Army Shoes, tan only, MUNSON LAST, sold everywhere at \$6.00; we have all widths, and the price is only **\$4.95**

\$2.95 Extra Special--Ladies' Cloth Top Patent and Kid Vamps, Turn Shoes, in all Sizes, Regular \$4.00 and \$4.50 Grades, to go on sale now, for only **\$2.95**

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| <p>Extra Special--Men's \$3.50 and \$4.00 Light Work Shoes in tan leather, a good, serviceable Shoe \$2.65</p> <p>Extra Special--Ladies' Tan Button Shoes and Oxfords, all sizes and all widths, in \$5.00 and \$6.00 grades, all go at \$2.95</p> <p>Children's Tennis Shoes, black and white, all sizes, now go at 50c</p> | <p>MEN'S DRESS SHOES</p> <p>Men's \$5.00 Dress Shoes, button and lace, black and tan, go at \$3.95</p> <p>Men's \$6.00 Dress Shoes, button and lace, black and tan, go at \$4.95</p> <p>Men's \$7.00 Dress Shoes, button and lace, black and tan, go at \$5.95</p> | <p>LADIES' DRESS SHOES</p> <p>Ladies' \$3.50 and \$4.00 Dress Shoes, button only, now go at \$2.95</p> <p>Ladies' \$5.00 Dress Shoes, button and lace, good styles, all leathers, go at \$3.95</p> <p>Ladies' \$6.00 Dress Shoes, button and lace, good styles, all leathers, go at \$4.95</p> | <p>Men's Tennis Shoes, black and white, all sizes, now go at 75c</p> <p>Ladies' and Boys' Tennis Shoes, black, white, all sizes, now go at 60c and 65c</p> <p>Men's Work Shoes, up to \$6.00 grades, black and tan, go at \$2.65, \$2.95, \$3.95</p> |
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