

SAVED BY A BASEBALL

Play is doing its part in the reconstruction that always follows war. It is one of the chief agents in the cure of the wounded fighting men—play that restores suppleness to stiff muscles; play that awakes thought and intellect in minds dulled by shell shock; play that bids the red corpuscles race as they have never done before, bringing the glow of health to wan cheeks and the light of youth and vigor to young eyes.

The Red Cross is in charge of athletics and diversion in most of the hospitals. Down at Camp Pike, Ark., there is a case of shell shock that has yielded readily to the curative power of play. The patient was a professional ball player. He came back from France badly wounded and suffering that peculiar mental affection that follows days lived under the screaming shells, the incessant pounding of heavy guns and has been called "shell shock." It was a new thing four years ago and baffled the army physicians; but doctors have learned a lot in the last four years.

One day after the wounds of the Camp Pike patient had healed and his body and limbs were once more strong and whole, a Red Cross man placed a ball, an "indoor baseball," in his hands. The man held it indifferently, looking at it with unknowing eyes. He passed it from one hand to the other, not knowing what to do. The Red Cross man stood by. Then suddenly, a light broke on the soldier's face; his eyes danced and his body and limbs flung themselves into an old-time attitude and the ball went sailing through the air in its wonted curve. The miracle had worked. The instrument of the game had touched a smoldering spark of memory and had rekindled the flame of his intellect. He was discharged cured not long ago.

There is another similarly interesting case, that of a young colored soldier, paralyzed on one side. He runs the bases in one foot and plays with one hand. There is no more enthusiastic player on the cripple's team. Play has done more to raise the morale of the disabled men than any other one thing.

The Red Cross man in charge of the work is busy 12 hours a day keeping the men going, even the bed patients, who use exercisers attached to the foot of their beds. Such efforts create good-fellowship among the patients as well as hastening the healing of their wounds, and spell "morale" in capital letters in the life of the hospital.

Quite True

In a garage at Albuquerque is posted: "Don't smoke round the tank! If your life isn't worth anything, gasoline is!"

SUMMONS IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF COLUMBIA.

Jeanette R. Reardy, Plaintiff, vs. Irvine W. Reardy, Defendant. To Irvine W. Reardy, Defendant: In the Name of the State of Oregon, You are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before the 21st day of June, 1919, said day being after the expiration of six weeks from the date of the first publication of this summons, and if you fail so to appear and answer said complaint, for want thereof plaintiff will apply to the Court for the relief prayed for therein, to-wit:

For a decree dissolving the bonds of matrimony existing between plaintiff and defendant, and for such other and further relief as to the Court may seem just and equitable. This summons is published by order of the Honorable J. A. Eakin, Judge of the above entitled Court, which order was made and entered on the 5th day of May, 1919, and the time prescribed for publication of summons herein is six weeks, beginning with the 9th day of May, 1919, and ending with the 20th day of June, 1919.

JAMES W. MOTT, Attorney for Plaintiff. Scandinavian-American Bank Building, Astoria, Oregon.

NOTICE

My wife, Zora L. McCallum, having left my bed and board, I will not be responsible for any debts incurred by said Zora L. McCallum, after this date.

Dated at St. Helens, Oregon, this 16th day of May, 1919.

22-26-5t N. D. McCALLUM.

NOTICE OF ESTRAY CATTLE

Taken up at my place near Warren, Oregon, two heifers, one yearling, dark brown and some white on body. One two-year old, red and white. These cattle have been around my place since October, 1918. Unless owner calls and pays charges, cattle will be sold on Monday, June 30, 1919, to satisfy charges.

J. VANDERSHURE, 25-28-4t Warren, Ore.

Chronic Constipation

Perhaps you have never thought of it, but this disorder is due to a lack of moisture in the residual matter of the food. If you will drink an abundance of water, eat raw fruits and take lots of outdoor exercise, you may be able eventually to overcome it entirely. In the meantime use the most mild and gentle laxatives. Strong and harsh cathartics take too much water out of the system and make a bad matter worse. Chamberlain's Tablets are easy and pleasant to take and most agreeable in effect. Give them a trial.

NOTICE OF SHERIFF'S SALE IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR CLATSkanie COUNTY.

W. W. Seymour, Plaintiff, vs. Clatskanie Light & Power Company, Defendant.

Whereas under and by virtue of an execution issued out of the above named Court, in the above entitled suit, on the 13th day of May, 1919, in pursuance of a judgment, decree and order of said Court, and entered in said Court, on said 13th day of May, in a foreclosure suit wherein the plaintiff, W. W. Seymour, re: covered judgment against the defendant, Clatskanie Light & Power Company, for the sum of \$12,016.04, principal and interest, for \$250 attorney's fee, and \$16.50 costs and accruing costs, I am commanded to make sale of the following described real and personal property, as one parcel, in the manner provided by law; said property being located in said county of Columbia, to-wit:

1st. That certain indenture of lease dated February 26, 1918, by and between Nancy A. Tichenor and W. K. Tichenor, parties of the first part, and F. C. Barton, party of the second part, therein for the following described premises situate in Columbia County, State of Oregon, to-wit:

Beginning at a point in the center of the County road leading from Clatskanie to Marshland, Columbia County, State of Oregon, which point of beginning is the most northerly point of that certain three and thirty one hundredths (3.31) acre tract of land heretofore deeded by lessors herein to Silve and J. T. Graham, in the north half of the E. G. Bryant D. L. C. in Township 7 North of Range 4 West of the Willamette Meridian; running from thence south 50 degrees 31 minutes E, tracing the northeasterly side line of said Graham tract of land, one hundred (100) feet, more or less, to a point in the center of Fall Creek; thence northeasterly tracing the center line of said Fall Creek, one hundred (100) feet to a point; thence north 50 degrees 31 minutes W, parallel with said northeasterly side line of said Graham tract of land one hundred (100) feet, more or less to the center of said County road; and thence southerly tracing the center of said County road to the place of beginning. Also a right of way twelve (12) feet wide and the right to build, erect and maintain a flume, ditch or pipe line from said premises hereinabove described over and across the lands of lessor herein, being the north half of the E. G. Bryant D. L. C. and Lot 4 of Section 8, said Township 7 North of Range 4 West of the Willamette Meridian, together with the right to divert the water of said Fall Creek and to flume or pipe the same over said lands as above set forth, and right of access to the same at a reasonably convenient place across the lands of lessors, subject, however, to all the rights and privileges of said Silve and J. T. Graham, their heirs and assigns, and the extension of said lease.

2nd. Also that certain lease dated June 7, 1908, by and between Edward Bergman and the said F. G. Barton.

3rd. All the rights, franchises and privileges granted to one P. R. Reiboldt, his heirs and assigns, under and by virtue of the terms, conditions and provisions of Ordinance No. 35 of the City of Clatskanie, dated the 11th day of June, A. D. 1906, entitled "An Ordinance Granting to P. R. Reiboldt, his Heirs and Assigns, the Right and Privilege to Erect in, over and upon Streets, Parks and other Public Grounds and Property of the City of Clatskanie, Oregon, Poles and Wires for the Transmission of Currents of Electricity for all Purposes for which Electric Current May be Used, or for Which the Same May be Accepted, and to Place and Instal in Connection Therewith all Manner of Electrical Apparatus, Devices, Machinery and Fixtures and Transmit Electrical Currents in, upon and by means thereof, for All Purposes for which the Same May be Adapted; and to Conduct and Carry on the Business of Generating, Selling and Furnishing for Hire, Light and Power for All Purposes, and also the Business of Transmitting and Receiving Telephone Messages, in the City of Clatskanie, Oregon, and All Other Business for which Electrical Currents or Electrical Power May be Adapted, or for Which the Same May be Used," which said rights, franchises and privileges were by the said Reiboldt duly assigned and transferred to John D. Wilcox and by him to the Company.

4th. Also all the rights, franchises and privileges granted to one A. B. Kurtz, his administrators or assigns, under and by virtue of the terms, conditions and provisions of Ordinance No. 38 of the said City of Clatskanie, which ordinance duly passed the Council and was approved by the Mayor of the said City of Clatskanie on the 18th day of February, 1908, said ordinance being entitled as follows: "Authorizing the Erection and Maintaining of the Poles and Supports to Carry Electric Wires and the Operation of a Complete Light and Power System in the City of Clatskanie, Oregon," which said rights, franchises and privileges were by the said A. B. Kurtz duly assigned and transferred to John D. Wilcox and by him to the Company.

5th. That certain electric light and power plant and the name and good will connected with the operation of the same, situated in the City of Clatskanie, Columbia County, Oregon, now owned and operated by the Clatskanie Light and Power Company, together with all the machinery, flumes, boilers, engines, poles, fixtures, transformers, wires and all other supplies, apparatus and appurtenances of whatever kind and nature used for or in connection with the said plant, and all other property of said Company which it now has or may hereafter acquire.

Now, Therefore, Notice is hereby given that on the 14th day of June, 1919, at 11 o'clock in the forenoon, of said day, at the front door of the Court House, in St. Helens, Columbia County, Oregon, I will, in obedience to said execution, decree and

order of sale, sell at public auction (subject to redemption) in one parcel, to the highest bidder for cash, all the right, title and interest which the above named defendant has, or had on the 10th day of October, 1916, the date of the said mortgage upon said real and personal property, to satisfy said execution, judgment, attorney's fee and accruing interest and costs.

Dated, May 13, 1919. E. C. STANWOOD, Sheriff of Columbia County, Oregon. First publication, May 16, 1919. Last publication, June 13, 1919.

ST. HELENS-PORTLAND AUTO LINE

FRANK SHEPARD, Prop. SCHEDULE

	A. M.	P. M.
Lv. St. Helens	7:30	1:30
Warren	7:45	1:45
Scappoose	8:00	2:00
Ar. Portland	9:20	3:20
Lv. Portland	10:00	4:00
Ar. St. Helens	11:50	6:50

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