

DAILY CAPITAL JOURNAL

BY HOFER BROS.

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Give Them a Warm Reception.

Arrangements have been made by the commercial bodies of this city for a proper reception of the Portland business men's excursion Tuesday.

But these organizations must have the co-operation of every business man and professional man in the city to make the reception a success.

Every business man and professional man and capitalist who has the welfare of this city at heart should lay aside all other appointments for Tuesday evening and help give the visitors a royal welcome.

The personal element must enter into the situation. All of our business people have personal acquaintances among the visitors. Let the point of personal contact be made and let it be made hearty.

The committee of fifty or sixty persons appointed to go to the train and escort the city's guests to the Hotel Willamette should find the hotel crowded with Salem people when they return at 7:30 o'clock with the visitors.

All who have flowers to spare should bring them to the hotel on Tuesday afternoon—especially chrysanthemums—so that they can be used in the decorations. Bring great masses of them if possible.

These Portland business men represent millions of wealth and business and property. They represent railroads, steamboat lines, manufacturers and jobbing houses, grain warehouses, and banks.

Let us impress them all with the sincerity and cordiality of our welcome. Let us make them all friends of Salem. Let them all go from here talking about our city and its people in a favorable way.

For a time quit knocking, criticizing and fault finding with others, or with the committees, and throw good will, cordiality and enthusiasm for your city into the situation personally.

A State Where Women Vote.

It seems in a state where women vote the newspaper politicians who edit papers treat the subject of woman suffrage very softly.

The Capital Journal is ready to admit that if the women were voters in Oregon it might take a different view of woman suffrage.

Most men would. But the men are not chivalrous enough to give up a monopoly of voting which they have so long enjoyed. They had to give up a monopoly of school teaching and

All Humors

Are impure matters which the skin, liver, kidneys and other organs can not take care of without help, there is such an accumulation of them.

They litter the whole system.

Pimples, boils, eczema and other eruptions, loss of appetite, that tired feeling, bilious turns, fits of indigestion, dull headaches and many other troubles are due to them.

Hood's Sarsaparilla and Pills

Remove all humors, overcome all their effects, strengthen, tone and invigorate the whole system.

"I had salt rheum on my hands so that I could not work. I took Hood's Sarsaparilla and it drove out the humor. I continued its use till the sores disappeared." Mrs. Ida O. Brown, Rumford Falls, Me.

Hood's Sarsaparilla promises to cure and keeps the promise.

Your Idle MONEY

Don't pay dividends. Why not make it earn something. A savings bank account affords an investment that is PROFITABLE, SAFE AND CONVERTIBLE into cash when wanted. You can increase or decrease the amount invested as circumstances require. There is no other investment that combines these features in such convenient form.

Interest paid at the rate of three per cent, compounded semi-annually.

Savings Department,  
CAPITAL NATIONAL  
BANK

Buy Hair at Auction?

At any rate, you seem to be getting rid of it on auction sale principles: "going, going, gone!" Stop the auction with Ayer's Hair Vigor. It checks falling hair, and always restores color to gray hair. A splendid dressing also. Sold for over sixty years.

may have to give up preaching, but they are going to hang tenaciously to the ballot.

The Idaho Daily Statesman in an editorial comment upon the setting apart of a day at the Lewis and Clark Exposition in honor of Abigail Scott Duniway, paid a warm tribute to this noted pioneer of Oregon. Referring to Mrs. Duniway's work in behalf of woman suffrage, the editor said in part: "Who are better entitled to a place at the ballot box than the women who shared the hardships and dangers of founding the state? Who are better entitled to have a voice in the government of the state than the mothers who carried their children in wagons across the continent to assist in building up the commonwealth? Who are better entitled to the ballot than the daughters and grand-daughters of these heroic women." \* \* \* With the ballot, women will make conquests that men are incapable of achieving, and she will contribute immeasurably toward building a greater Oregon; a grander Oregon; an Oregon that will stir greater pride in the breasts of those coming generations than is felt by those of this time for the Oregon we now know." As a champion of development this paper would almost be willing to give women the ballot if it would be the means of awakening this commonwealth. But would it? Women have voted in Idaho since 1896. The editor of the Statesman, therefore, in advocating woman suffrage, is giving voice to conclusions which are based on experience. An ounce of experience is worth a ton of prejudice on almost any subject.

Smiles From the Typewriter

Toledo Reporter: The aeroplane hats worn by the ladies this fall may lead to some startling results when the November winds come sweeping along.

Harry Murphy hasn't begun his series of cartoons of prominent Oregon journalists. Will he head the list with John F. Carroll of the Portland Journal.

Marshfield Mail: Salem is making well directed efforts to become the flower-city of Oregon, and 1000 rose-bushes will be planted on one avenue there.

Silverton Appeal: W. H. Cherrington of Salem announces—privately—that he will be a candidate for nomination on the Republican ticket for representative in the lower house. Why not?

The next session of the farmers' congress and shippers' convention being conducted by the Willamette Valley Development league will be held at Woodburn. Isn't there any way to stop Walter Toose's candidacy?

According to the New York Sun Professor R. L. Garner is going again to West Africa with his gramophone to study the ape language. He should study the bids of some of the aspirants for office.

The old-fashioned meaningless convention of politicians has been supplanted by mass conventions of the farmers and business men where the politician must catch on if he can.

Forest Grove Times: It is becoming more and more evident that the man who is to become the next United States senator from Oregon must come out into the open field and submit his name to the consideration of the people at the polls.

There is a general prediction in the valley that the Willamettes will defeat Multnomah tomorrow by two or three touchdowns. The Democrat's prediction is that Willamette does not defeat Multnomah.—Albany Democrat.

The Democrat has ceased to be a football prophet.

The rumor that Governor Chamberlain would appoint Jeff. Myers United States senator was started by some enemy of the governor to kill him off for re-election. Myers for the presidency of the Lewis and Clark fair was about as much as the people would stand, even from Chamberlain.

There were quite a number of politicians at the farmers' congress and shippers' convention held at McMinnville Saturday. The politician thinks the farmers is easy game, but the shippers know a thing or two. They understand the importance of rates and the potency of the pass.

The politicians are not figuring on Eastern Oregon. Indications are if they get the nomination for state treasurer and for United States senator over there they will be pretty well satisfied. But with less than that there will be hell to pay in the Republican camp.

Of course, the Oregonian and a little bunch of cold-footed Portland corporation boosters who belong to the plutarian age, can tell that Washington railroad commission just what to do. A state with four cities all rivals of Portland and which has two miles of railroad to our one, and double the population of Oregon at half our age, needs to be instructed from up-to-date sources on state building and corporation management.

THEORIES ABOUT FOOD

Also a few Facts on the Same Subject. We hear much nowadays about health foods and hygienic living, about vegetarianism, and many other fads along the same line.

Restaurants may be found in the larger cities where no meat, pastry or coffee is served and the food crank is in his glory, and arguments and theories galore advanced to prove that meat was never intended for human stomachs, and almost make us believe that our sturdy ancestors, who lived four-score years in robust health on roast beef, pork and mutton must have been grossly ignorant of the laws of health.

Our forefathers had other things to do than formulate theories about the food they ate. A warm welcome was extended to any kind, from bacon to acorns.

A healthy appetite and common sense are excellent guides to follow in matters of diet, and a mixed diet of grains, fruits and meats is undoubtedly the best.

As compared with grains and vegetables, meats furnishes the most nutriment in a highly concentrated form and is digested and assimilated more quickly than vegetables or grains.

Dr. Julius Remson, on this subject, says: "Nervous persons, people run down in health and of low vitality should eat meat and plenty of it. If the digestion is too feeble at first it may be easily corrected by the regular use of Stuart's Dyspepsia Tablets after each meal. Two of these excellent tablets taken after dinner will digest several thousand grains of meat, eggs or other animal food in three hours, and no matter how weak the stomach, may be, no trouble will be experienced if a regular practice is made of using Stuart's Dyspepsia Tablets, because they supply the pepsin and diastase necessary to perfect digestion, and every form of indigestion will be overcome by their use.

That large class of people who come under the head of nervous dyspeptics should eat plenty of meat and insure its proper digestion by the daily use of a safe, harmless digestive medicine like Stuart's Dyspepsia Tablets composed of the natural digestive principles, pepsin, diastase, fruit acids and salts, which actually perform the work of digestion. Cheap cathartic medicines, masquerading under the name of dyspepsia cures, are useless for indigestion, as they have absolutely no effect upon the actual digestion of food.

Dyspepsia in all its many forms is simply a failure of the stomach to digest food, and the sensible way to solve the riddle and cure the dyspepsia is to make daily use at meal time of a preparation like Stuart's Dyspepsia Tablets, which is indorsed by the medical profession and known to contain active digestive principles.

Richard W. Bills, a native of New York, aged 73 years, a Scott's valley pioneer, who owns a ranch near Ashland, died last Thursday. He was a prominent member of the I. O. O. F. lodge.

For Destitute People. Any one having any cast-off clothing for destitute families will kindly leave them at Mrs. R. A. Crossan's, 420 Winter street, for the Woman's Relief Corps, to distribute.

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OVERCOATS, \$10 TO \$25. SUITS, \$10 TO \$25.

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Should be faultless if you are to meet well-bred people at dinner or reception, and above all your linen should be snowy white and immaculate as that which caps the snow-clad Alps. There is no outward mark of gentility that tells the tale so plainly as irreproachable linen, such as we send home in perfect condition and with a color and finish that only the artist can reach. Our methods on woollens are up-to-date. We return them soft, sweet and full-size as sent. Family work, rough dry, 5 cents per pound.

Salem Steam Laundry

Colonel J. Olmsted, Prop. Dorous D. Olmsted, Manager. Phone 25, 230 Liberty St.

Bandon has completed a new shingle mill, which will begin operation about December 1st. The mill will manufacture white and red cedar shingles, and expects to branch out in other lines soon.

IF YOU EAT AT

Strong's Restaurant

SMITH & BEFFERT, Props.

You will always be satisfied. Everything first-class. Regular 25c dinner from 12 to 6:30. Merchant's 20c lunch from 11 to 2. SHORT ORDERS SERVED FROM 6 A. M. TO 9 P. M.



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Of all kinds and the right kind can be found at our yards. We sell only the best lumber, and those who have used our building material have always been satisfied. Let us figure on your next bill of lumber.

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In Ladies' and Men's Dress Shoes. Nothing ever better shown in Salem.

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Warranted water-proof.

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USE IT ONCE AND YOU WILL NEVER USE ANY OTHER—IT IS THE ABSOLUTELY PURE KIND SOLD BY ALL GROCERS.

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