

NOW ARE THE DAYS CHILDREN NEED CARE

Summer Heat Dangerous to Little Ones Whose Bowels Are Neglected.

A mother cannot do better for her children than to teach them from their earliest days regularly of the bowels. Regularity can be promoted without the child knowing it by watching his food and by so varying the food that all the elements of digestion are used, when nature will do the rest. The future health of the child depends upon this.

But try as you will there are times when the little one will become constipated and bilious. In hot weather immediate attention is necessary, as many serious diseases result from stuffed-up bowels. Don't give salts or cathartics or purgatives, as they are too harsh, but give a gentle, pleasant-tasting bowel stimulant like Dr. Caldwell's Syrup Pepsin. It has been used by the children of this as well as a former generation, and thousands of it, among whom we can mention Mrs. Louise Reynolds, 909 Jackson St., Lynchburg, Va., who is glad to recommend it, and Mr. Chas. W. Allen, Manor, Tex., who writes that he often felt 100 years old, but feels younger now than his years.

Every druggist sells Dr. Caldwell's



Syrup Pepsin, and the price is only fifty cents and one dollar a large bottle. It will cure constipation and biliousness in young or old, break up a cold and stop summer diarrhoea by ridding the bowels of the poisons and germs that cause the trouble. It is a grand family laxative, with valuable tonic properties.

Families wishing to try a free sample bottle can obtain it, postpaid, by addressing Dr. W. B. Caldwell, 418 Washington St., Monticello, Ill.

AMUSEMENTS

The Orpheum. Extra good program for Tuesday's change.

"The Silver Cigarette Case." Vita. Thinking to retrieve his fortune, Leslie Lorraine becomes engaged to Rita Patten. Lola di Paoli, a beautiful opera singer to whom Lorraine has promised marriage, hears of the engagement and tries to kill Rita at a masquerade ball. Lola is later prostrated by a nervous attack and sends for Dr. Hawley who is in love with Rita. He recognizes her by a silver cigarette case she had at the masquerade, and she confesses. On hearing of the double dealing of Lorraine, Rita breaks the engagement and later marries Dr. Hawley. The leading roles are taken by Leo Delaney and Norma Talmadge.

"A Stolen Identity." Kalem. A young spendthrift disowned by his father helps a young couple who married against their parents' wishes, and by his sacrifices reinstates himself in his father's favor.

"Religion and Gun Practice." Selig. A missionary's daughter in the west, falls in love with Kill Kullen, who has wandered from the straight and narrow path. She thoroughly reforms him, but her father objects to the marriage, but she persists and Kill receives spiritual advice while he instructs her in riding and shooting. Father, in time, relents and all ends well.

"Beau Crummel and his Bride." Edison. A young couple who have eloped make a violent effort to escape papa, who merely wants to add his blessing. A good comedy.

Pastime Theater. The home of good pictures, offers four full reels of excellent motion pictures for Tuesday's change: "Two Little Kittens." Edison. Featuring Mabel Trunnelle and Harry Beaumont. Two little kittens provide a means of reconciliation between a young widowed seamstress and her wealthy mother-in-law, but not until the former had undergone many humiliations even to the extent of being accused of theft in the hotel where she was forced to seek employment. Mabel Trunnelle has the role of Little Morris, the young seamstress and Harry Beaumont plays the lover.

"His Tired Uncle." Vitagraph. The many admirers of the jovial John Bunny will enjoy a hearty laugh at his latest predicament. He had refused consent to his nephew's marriage with a pretty widow. Taking advantage of an unfortunate mistake, his nephew places him in a false position where Bunny himself, a con-

Beautiful Women. Nothing adds more to the beauty of women than luxuriant hair. The regular use of Meritol Hair Tonic will keep the hair healthy, promote its growth keep it clean and bright, and gives it that wavy appearance so much admired.

The Skin and Not the Blood. Until recently it has been a generally accepted theory that eczema was a disease of the blood. Scientific investigations have taught us that eczema is positively a skin disease and curable through the skin alone. Meritol Eczema Remedy is applied directly to the diseased skin, the effect is marvelous and its results permanent. Do not delay trying Meritol Eczema Remedy.

TALLMAN & COMPANY
Exclusive Local Agents.

MAKE RICH BLOOD WITH WHITBREAD

Sleeplessness, Run-Down Condition

Read this Important Statement

Great English doctors have recommended for over 100 years the famous Whitbread English Ale or Stout to build up the system from its due to overwork. A glass of the Ale or Stout, taken with meals and at night time, will give that restful sleep. Do not accept any substitute, because Whitbread is totally unlike all other Ales or Stouts; being matured in the bottles it is most easily digested, in fact, a wonderful tonic for the stomach. A trial for one week will convince you of the wonderful effect of Whitbread Ale or Stout. It can now be obtained from your local dealer from ...

down drink Whitbread Stout. Doctors, clergymen and professional men drink Whitbread Ale or Stout to build up the system from its due to overwork. A glass of the Ale or Stout, taken with meals and at night time, will give that restful sleep. Do not accept any substitute, because Whitbread is totally unlike all other Ales or Stouts; being matured in the bottles it is most easily digested, in fact, a wonderful tonic for the stomach. A trial for one week will convince you of the wonderful effect of Whitbread Ale or Stout. It can now be obtained from your local dealer from ...

S. JAMES IMPORTING COMPANY
278 West Broadway, New York City.

CLOSELY GUARD SALE OF MILK

STRINGENT REGULATIONS IN FORCE TO PROTECT HEALTH

New Laws are Being Framed—Milk Must be Absolutely Pure Before it Will be Passed Upon for Sale—Skimmed Milk is Under the Ban—Must be Plainly Marked.

CALGARY Alta., July 15.—(Special)—Stringent regulations governing the sale of milk and cream in Calgary are being framed by the city solicitor and the medical officer of health. The new bylaw will be passed on the 15th and will probably go into force some time this month as its operation will be more beneficial than at any other time of the year.

Under new regulations inspectors from the health department are given authority to take a sample of milk offered for sale anywhere at any time in Calgary. Moreover anyone selling milk in Calgary, whether living outside the city or not, will be required to have a certificate from the medical health officer.

In regard to quality of milk the following clause of the bylaw is important:

"No person shall supply, sell or keep or expose or offer for sale or for consumption in the city any milk or cream which is unwholesome or unfit for human food, or any milk which has been adulterated or reduced or changed by the addition of water or other substances or by the removal of cream or from strippings which have been held back or which contain less than twelve per cent of solids, three per cent of which must be butter fat, or the temperature of which is higher than fifty degrees Fahrenheit or specific gravity less than 1.027, solids (or fat) less than nine per cent, nor milk known as swill milk nor cows fed upon distillery slop, garbage or impure drinking water."

Under the new regulations it will thus be impossible to palm off skimmed milk on the unsuspecting householder as the pure stuff. The bylaw provides that skimmed milk may be sold only from cans marked "skimmed" milk in letters not less than two inches long or from smaller measures similarly marked and it shall not be sold at all unless asked for specifically by the customer.

The new bylaw has the support of all the better class dairymen who do business in Calgary, and it is hoped that working in conjunction with the new milk dispensary which provides pure milk for infants, that great benefit will accrue from Calgary's new milk legislation.

ACTS OF BANDON MEN CONDEMNED

Portland Socialists Adopt Resolutions Asking Governor West to Intervene.

PORTLAND, Ore., July 15.—Local Portland socialists at a mass meeting adopted a set of resolutions condemning the citizens of Bandon who drove out Dr. B. K. Leach recently. The resolutions, which were mailed to Governor West, urge the governor to intervene in Leach's behalf and take steps to see that he is accorded constitutional rights, which are declared to have been denied him by the Bandon people, and also that he be awarded damages.

The resolutions follow: "Whereas, a mob of business men of Bandon have by force compelled Dr. Bailey K. Leach, of that city, and other citizens, to leave their homes and business, and

"Whereas, the only cause of their actions was that Dr. Leach held and expressed views not in accord with those of the aforesaid business mob, and

"Whereas, his property has been de-

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY.

stroyed, his life threatened, and his rights as a citizen denied, and

"Whereas, the business men's mob have not only done these things, but have also, with the connivance of the duly constituted authorities of Bandon and Coos county, violated the constitutional rights of free speech and free press, through the suppression of Dr. Leach's paper, 'Justice,'

"Resolved, That this meeting call upon the governor to see that Dr. Leach is protected in his constitutional rights and in his rights as a citizen, and that the community of Bandon and Coos county be required to pay to Dr. Leach all damages that he may have sustained either in his property or his person, even, if necessary, using the militia to that end.

"Resolved, Further, That, failing to get action by the governor and the state authorities, the socialist party take such political action as will bring about protection to the citizens of the state of Oregon."

CROPS NEAR ECHO BEST IN YEARS

(Special Correspondence) ECHO, July 15.—Farmers in town today from the belt of country east of the buttes and some eight miles southwest of Echo, report crops the best in years. The grains are plump and heads well filled.

James Ralph of Spokane, who with Mr. Roth was granted a franchise some time ago to put an electric light system in Echo, is here today and with a force of men has begun the work. They must have the work completed within sixty days, according to their franchise.

W. H. Gulliford shipped two carloads of beef cattle to the Portland markets on Saturday.

Mrs. J. F. Young returned Monday evening from a short visit in Pendle-

ton. She was accompanied home by Mrs. Jack Schellenburger, who will visit here the remainder of this week.

Mr. and Mrs. W. W. Whitworth were business visitors at the county seat on Monday and returned home in the evening.

Miss Opal Callison has resigned her position with the E. O. I. Telephone Co. at this place. The vacancy will be filled by Miss Irene Webb. Miss Callison expects soon to accept a position with a local business house.

Chas. Corder, who has been employed at the Echo flour mills the past year, left for Portland yesterday on a two weeks' vacation. He will spend the time with his mother, Mrs. Ira Smith.

Mr. and Mrs. J. G. Thomas returned home this morning from Portland where they visited the past week with their son, Raymond Thomas, and family.

Mother's Advice To Her Daughter

A Real Live Doll to Fondle Is Woman's Greatest Happiness.



One of the most important matters about which women concern themselves is their future status as a grandmother. And she is wisdom itself who knows or learns of that famous remedy, Mother's Friend. This is an external application for the abdominal muscles and breasts. It certainly has a wonderful influence, allays all fear, banishes all pain, is a most grateful encouragement to the young, expectant mother, and permits her to go through the period happy in mind, free in body and thus destined to anticipate woman's greatest happiness as nature intended she should. The action of Mother's Friend makes the muscles free, pliant and responsive to expansion. Thus all strain and tension upon the nerves and ligaments is avoided, and, in place of a period of discomfort and consequent dread, it is a season of calm repose and joyful expectation.

There is no nausea, no morning sickness, no nervous twitching, none of that constant strain known to so many women, hence Mother's Friend is really one of the greatest blessings that could be devised. This splendid and certain remedy can be had of any druggist at \$1.00 a bottle, and is sure to prove of inestimable value, not only upon the mother, but upon the health and future of the child. Write to Beal's Regulator Co., 132 Lamar Bldg., Atlanta, Ga., for their book to expectant mothers.

FOR SALE BY ALL DEALERS EVERYWHERE.

Made by Adam Appell Water Bag Co. Portland, Oregon

What kind of a meal would twelve ears of corn make?



Corn meal, of course!

There May Be GREATER HARDSHIPS

Than to be Obligated to go Without Good Wholesome Meat

For Even One Meal, But We Can't Think of Any Just Off Hand.

Don't Do It! It Isn't Necessary. We Sell The Best of Meat.

Empire Meat Co.

PHONE MAIN 18

For Sunburn

TRY

Mt. Hood PEROXIDE CREAM

Every Jar Guaranteed

For sale only by

Tallman & Co.

LEADING DRUGGISTS.

Ice Water In the Hot Sun



Appell's South African Water Bag

Guaranteed 100% efficient—take no substitute

Will positively keep water cool for 48 hours in the shade or sun. Constructed on a simple scientific principle. Will withstand the severest kind of field use. Is a boon to the stockman, surveyor, miner, farmer, prospector and traveler. Is used by the U. S. Gov't. Is durable—light—sanitary and convenient to carry.

FOR SALE BY ALL DEALERS EVERYWHERE.

Made by Adam Appell Water Bag Co. Portland, Oregon



Left to right: Lula Parr, Queen of Cowgirls; Montana Earl, Bronco Buster. Bottom: Auto Polo, the new sensational game of the dare men with Buffalo Bill's Wild West and Pawnee Bill's Far East, Pendleton, August 2nd.

Drink Pure Beer

Made in Pendleton by the City Brewery

It is pure, sparkling and refreshing; contains no preservative chemicals to injure your stomach, but gives you new life and stimulates lack of appetite.

By drinking PENDLETON BEER you assist in providing employment for home labor, building up your home city and supporting local institutions that place money in circulation here.

Boost your home town—give home products the preference over those shipped in.

When you drink beer, insist on CITY BEER—on draught at local saloons and bottled at both local bottling works