

IMPROVED UNIFORM INTERNATIONAL  
**SUNDAY SCHOOL LESSON**

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LESSON FOR APRIL 10

BIBLE TEACHINGS ABOUT THE  
CHRISTIAN'S BODY (HEALTH).

LESSON TEXT—I Cor. 6: 19, 20; 9: 24-27;  
Gal. 6: 7, 8.

GOLDEN TEXT—Every man that striveth  
for the mastery is temperate in all  
things.—I Cor. 9: 25.

REFERENCE MATERIAL—Prov. 23:  
29-35; Isa. 28: 1-8; Gal. 5: 19-21.

PRIMARY TOPIC—Taking Care of Our  
Bodies.

JUNIOR TOPIC—Growing Strong.

INTERMEDIATE AND SENIOR TOPIC  
—The Value of Health.

YOUNG PEOPLE AND ADULT TOPIC  
—Public Health Problems.

The teachings of this lesson have an important bearing upon physical health, but the primary reference is moral. The sin with which Paul was dealing was fornication, not matters of hygiene. That physical health may be included we do not question, but sad and serious will be the blunder if that only is taught.

I.—Glorifying God in Your Body (I Cor. 6: 19, 20).

It should be noted that the last clause of verse 20 is omitted in the Revised Version and the best manuscripts. The conclusion of Paul's argument is, "therefore glorify God in your body."

1. The Christian's body is the temple of the Holy Ghost (v. 19). God's dwelling place on earth is now the redeemed human body instead of the temple at Jerusalem. If the sinless Spirit is to dwell in the body it must be kept clean. To defile or abuse the body in any way is to insult the Spirit and commit the most awful sacrilege. This truth apprehended solves forever the problem of licentiousness, gluttony, use of tobacco, the abuse or neglect of the body in any way whatsoever.

2. The Christian's body is God's property (v. 19). Being God's temple, the proprietary right is in God and not man. Being the property of the Lord, the Christian's motto is, "Whether therefore ye eat or drink, or whatsoever ye do, do all to the glory of God (I Cor. 10: 31). "Holiness unto the Lord" ought to be written over our bodies.

3. The Christian's body has been bought (v. 20). The price paid to redeem the body was the precious blood of the Christ (I Peter 1: 18, 19). We estimate things by what they cost. When we estimate our bodies in that light we will be very jealous of their purity. Guarding our health is part of our religion.

II.—Keeping the Body Under Control (I Cor. 9: 24-27).

The Christian's life is more than mere existence, there is something to do—to be accomplished.

1. It is a race (vv. 24, 25). In order to win a prize there must be self-denial and definite exertion. The Christian obtains life by contact with Jesus Christ through faith (John 3: 16; 3: 36; 5: 24). This he possesses before he can begin the race. While he gets salvation (life) at the beginning, God places before him definite rewards as incentives to exertion. The Christian believes to get life, but works for rewards. In the Olympian games only one could hope to get the prize, but in the Christian race there is a reward waiting for every one who disciplines himself and runs. As the racer in these games mastered his desires and abstained from everything which might hinder him to win the prize, so the Christian will make any sacrifice to win. The prize in the Grecian games was corruptible, but the prize of the Christian is incorruptible. If the heathen would practice such self-denial regardless of its pain for a garland of pine leaves, shall not the Christian turn from bodily indulgences of every kind so as to obtain the crown of righteousness which fadeth not away?

2. It is a fight (vv. 26, 27). The Christian's efforts are not mere beatings of the air. He has a real antagonist. His fight is not a sham conflict. He should exert himself with all his energy, and strike to hit his enemy. In order to win success the body must be kept under. In this case the antagonist is the body. It should be so dealt with as to bring it under subjection. All the evil propensities of his nature should be brought under control.

III.—Reaping What You Sow (Gal. 6: 7, 8).

God has established a law in the world that whatsoever a man sows that shall he also reap. To go on sowing with the expectation of not reaping is to mock God. The world is full of examples of those who thus mocked Him. This text has primary reference to giving to the support of ministers of the gospel; its real bearing is upon the believer for his singleness rather than upon the sinner for his meanness, but it has a bearing on all that we do.

**Condensed News Items**

SHORT STORIES TERSELY TOLD FOR THE BENEFIT OF BUSY READERS.

MISCELLANEOUS.

News of the death of Cardinal Gibbons was received in Washington with universal sadness. Officials from President Harding down expressed sorrow at the death of the primate of the American Catholic hierarchy and paid tribute to him.

The story of a pathetic failure—Edward Tuck French, son of Amos Tuck French, banker—was told in the surrogate's court at New York in a suit brought against the father of John J. Walsh, a lawyer. Walsh seeks to recover \$200 in payment for the care he bestowed on the young man.

Denial that Japan is "mobilizing for war" in the Pacific by fortifying Yap or any of her mandate islands, was made to the United States by Baron Shidehara, Japanese ambassador.

The giant transatlantic liner Imperator, recently purchased by the Cunard line from the British government, has been renamed the "Berenaria."

Joe Zimmer, 8 years old, was instantly killed; his father, Tels Zimmer, sustained a fractured leg, and the latter's brother, Will Zimmer, and a neighbor, Herman Steen, were seriously injured by the explosion of a traction engine at the Zimmer home, near San Jose, Cal.

LABOR.

A bitter attack upon William Randolph Hearst is made by Samuel Gompers, president of the American Federation of Labor, in an editorial entitled "Heart's Animus," which is published in the April issue of the American Federationist, the official organ of the American Federation of Labor.

The Illinois Central Railroad announced at Bloomington, Ill., that a new scale of wages approximating a reduction of 25 per cent would become effective April 17, to include all section and roundhouse labor and freight handlers, truckers, watchmen and janitors, minimum to be 25 cents an hour.

CRIMINAL.

Former Patrolman Cornelius J. Flood was sentenced by Judge Nott in general sessions at New York to three to seven years in the state prison. Flood was indicted for first degree murder for the killing of James Cushing, 15, on an apartment house roof in 1918 while the boy was flying pigeons.

Traced by wireless, Franz Xavier Ruesch, who is alleged to have fled with \$7,000 belonging to a Chicago hotel, has been arrested in Carona, Spain, according to cablegrams received at Chicago. The police have been seeking him for several weeks.

Two masked bandits boarded the Missouri, Kansas and Texas Railroad's "Texas Special" at Denison, Tex., and robbed every passenger in three sleepers, escaping at McAlester in a waiting automobile. The loot was estimated at more than \$3,000, all in cash.

DOMESTIC.

Because their precious liquor is leaking and evaporating at the rate of two or more gallons every year in a government bonded warehouse, Charles Cornell and George J. Ghio, both of St. Louis, begged the United States supreme court to set their case for argument April 25.

The use of the word "cigarette", on a tobacco container will be unlawful in Utah after June 8, according to an opinion by the Attorney General of that state.

The Allied Amusement Industries of California, composed of representatives of motion picture theaters, is on record as opposing the appearance in films of Clara Smith Hamon, recently acquitted of the killing of Jake L. Hamon in Ardmore, Okla.

Neither Chief Justice White nor any Associate Justice of the United States Supreme Court contemplates retirement at this time. No eligible member of the tribunal has suggested any future date as being the possible limit of his service, says a Washington report.

President Harding favors passage of a "brief, concise" emergency tariff bill, applicable only to a small number of farm products," Senator Willis, Republican, of Ohio, declared after a 45-minute conference with the President.

An unidentified man, who shot and killed himself on a lumber pile at San Francisco, Cal., after calling a small crowd to witness his death, left a recipe for "Jackass Brandy," which the coroner's office made public.

Figures compiled by the registrar's office in the University of Illinois show that twenty-eight foreign nations are represented by students at the state institution, China leading with 78, followed by India with 31 and Japan with 19.

A campaign by the Women's Christian Temperance Union for strict Sunday observance and against tobacco was announced at Chicago by Miss Anna M. Gordon, national president, to start April 3. "That week," the announcement said, "will be made a week of prayer for the success of the campaign, and Sunday, April 10, is designated as antitobacco Sunday.

A permit to manufacture wine out of strawberries for nonbeverage purposes was issued at Washington to the Strawberry Growers' Association of Louisiana by the bureau of internal revenue. The permit specifies that no sugar shall be added to increase the alcoholic content of the product.

Matewan, W. Va., called a holiday to greet the 16 mountaineers, defendants in the Matewan battle trial, who were found not guilty by a circuit court jury at Williamson.

Mrs. Stoughton A. Fletcher and her mother, Mrs. Eva Henley, committed suicide at the Fletcher estate north of Indianapolis, Ind., according to a coroner's verdict. Stoughton A. Fletcher, the husband is a prominent capitalist and horseman.

John Williams, a white farmer of Jasper county, was indicted by the Newton county grand jury at Covington, Ga., charged with murder in connection with the deaths of three negroes recently found in a river there, and, according to Deputy Sheriff Johnson, a negro employe of Williams, has confessed that 11 negroes in all had been killed.

John Brown, negro, was shot to death with a hairpin at Memphis, Tenn. Physicians found the hairpin after the bullet was removed. They believe the pin was lodged in the barrel of the revolver at the time the shot was fired.

PERSONAL.

Former President Wilson was said to be recovering satisfactorily from an acute attack of indigestion which he suffered at his home in Washington. Admiral Cary T. Grayson, the former President's physician, said it probably would be a few days before Wilson could be considered as entirely recovered.

President Harding has accepted an invitation to attend ceremonies to be held April 19th at New York in connection with the unveiling of a statue to Simon Bolivar, the Venezuelan patriot.

Dwight Davis, of St. Louis, Mo., was given a recess appointment by President Harding as a director of the War Finance Corporation.

Pretty 15-year-old Dorothy Miller, of Trenton, N. J., who wrote to the papers offering to marry any man who would give \$1,000 for an operation to save her mother's life, is beginning to lose her faith in the power of the press. She said that not a single suitor had called and that her only male visitors were reporters.

Clara Smith Hamon has signed a contract with the Oklahoma Motion Picture Company, with headquarters at Oklahoma City, Okla., and studios at Los Angeles, Cal., to produce pictures for the next two years, she said in an interview at Ardmore, Okla.

Rev. Maurice Bodine, 52, Chicago, the so-called dream husband of Mrs. Ida Glasshagen Bodine, 49, an Aurora dressmaker, was held to the grand jury at Aurora, Ill., in bail of \$3,000 on charges of theft and marrying in Illinois in less than a year after he had been divorced. Mrs. Bodine did not appear against the clergyman and he waived examination.

FOREIGN.

Queen Amelie of Portugal has decided to desert England and live in Paris henceforth. A deal was closed whereby the Queen became the owner of the Chateau de Bellevue, formerly the home of M. Rigault, president of the Bon Marche department stores.

Important discoveries of ruins of a highly developed Greco-Roman civilization have been made at Palmyre, about 35 miles east of Homs, by the high commissioner's archeological service, says a Beirut (Syria) report.

Amina Niazzy, native Egyptian woman, wants facilities for educating Egyptian women. She has asked permission for native women to attend the monthly lectures at the Egyptian University, says a Cairo, Egypt, report.

Communist disorders in Central Germany are increasing and large sections of industrial regions are actually in the hands of the insurgents, says an Exchange Telegraph Company dispatch from Amsterdam to London.

Once the chief producer of radium, Germany now has barely enough to meet the medical needs of the great universities. There is only one gram of radium in all Berlin, and proportionately even less at Heidelberg and other university cities.

**TENNESSEE EVENTS**

Gathered from All Corners of the State and Told in Briefest Form

Knoxville.—Surroundings are expected to be made more attractive at the old tailor shop of Andrew Jackson, former president of the United States, in Greenville, Tenn., as a result of the property being acquired by the state. The building is located on East Depot street. The old board fence which was originally around the shop has been torn away and a wire fence has been put in its stead, but aside from this there has been no noticeable change. A little sign with the words, "A Jackson, Tailor," is still over the door of the old tailor shop.

McMinnville.—This town was greatly shocked over the tragic death of James Hamilton. Mr. Hamilton was building a new home on his farm in West Riverside, and had come to town for a load of shingles. As he was returning home he had to cross the bridge at Walling's mill, and just as he was driving off the bridge, the team became frightened by some shingles falling from the wagon, and gave a quick plunge, throwing Mr. Hamilton off the wagon. His skull was crushed and the wagon ran over his neck and shoulders.

Knoxville.—Maurice Mays, the negro convicted here of the murder of Mrs. Bertie Lindsey, in August, 1919, which crime brought on the race riots and storming of the Knox county jail, was brought here from Nashville, where he has been confined since his first trial. The supreme court granted a new trial on the grounds that the trial judge failed to charge the jury to fix the punishment in the event of finding the defendant guilty of first degree murder.

Clarksville.—Among the true bills found by the Montgomery county grand jury, four are against Silas and Bennie Finney, three on housebreaking and larceny charges and one on the charge of breaking jail. J. T. North, who escaped from the county jail with the Finneys, was also indicted on charges of public drunkenness and breaking jail. All three of the men are still at large and practically all trace of them has been lost.

Chattanooga.—The excitement caused by the run on the Citizens' Bank of Fort Payne seems to have subsided without involving any other banks in that section of the state. In anticipation of probable trouble all the other banks prepared themselves to stand firm. One bank, the First National, had arranged to have a large sum of money brought to Fort Payne by airplane should an attempt be made to run on the bank.

Benton.—M. V. Davis, member of the Polk county court, his brother, E. L. Davis, postmaster, and prominent merchant of Conasauga; Bob and Ed McCamy, charged with the killing of Deputy Sheriff Tidker Headrick after an affray over the transportation of liquor a few months ago, were acquitted by a jury here following a trial lasting several days.

Hartsville.—Dr. Byron W. King, president of the King School of Oratory, Pittsburg, has been here lecturing under auspices of the local high school. The first entertainment of the series was a lecture-sermon delivered at the Methodist church, this being followed by other features and readings three times daily at the church and the school building.

Winchester.—The Twentieth Century club celebrated its seventeenth anniversary with a birthday party at the home of Mrs. B. G. Slaughter second vice-president. The following members were joint hostesses with Mrs. Slaughter: Mrs. J. Robert Parsons, Mrs. W. M. Porter, Mrs. J. B. Calhoun, Misses Ola V. Anderson and Irene Shook.

Memphis.—Held at bay by drawn pistols in the hands of Police Sergeant Cleary and Detective Sergeants Will Griffin and D. E. McClenahan, a mob of approximately 400 negroes in South Memphis failed to take John Powell, another negro, whom the police had arrested for the murder of his wife.

Union City.—Street building plans approximating a quarter of a million dollars for Union City, Tenn., have been placed in the hands of Weatherford & Harris, Memphis engineers.

Knoxville.—Ninety-three candles were in the birthday cake of Mrs. Saraphine Baxter at a celebration held at her home at Washington college, Johnson City.

**WOMEN WHO CANNOT WORK**

Read Mrs. Corley's Letter and Benefit by Her Experience

Edmund, S. C.—"I was run down with nervousness and female trouble and suffered every month.



I was not able to do any work and tried a lot of medicine, but got no relief. I saw your medicine advertised in a little book that was thrown in my door, and I had not taken two bottles of Lydia E. Pinkham's Vegetable Compound before I could see it was helping me.

I am keeping house now and am able to do all of my work. I cannot say enough for your medicine. It has done more for me than any doctor. I have not paper enough to tell you how much it has done for me and for my friends. You may print this letter if you wish."—ELIZABETH C. CORLEY, care of A. P. Corley, Edmund, S. C.

Ability to stand the strain of work is the privilege of the strong and healthy, but how our hearts ache for the weak and sickly women struggling with their daily rounds of household duties, with backaches, headaches, nervousness and almost every movement brings a new pain. Why will not the mass of letters from women all over this country, which we have been publishing, convince such women that Lydia E. Pinkham's Vegetable Compound will help them just as surely as it did Mrs. Corley?

The Fashions.

Lady Duff-Gordon said at a luncheon:

"The fashions are gradually becoming more modest. They are nothing like so shocking as they were last year.

"A young woman went into a very smart shop one day last year and said to the saleswoman:

"I want to buy an afternoon gown of the very latest fashion."

"Yes, madam," said the saleswoman. "And does madam prefer a gown that is altogether too short or one that is altogether too transparent? We stock both kinds."

Insects Worse Than Fire.

Of the 10,700,000 feet of yellow pine in Klamath and Lake counties, Oregon, fully 8 per cent has been killed during the past five or six years, or is now infested by beetles, says a report to the American Forestry association at Washington. The average annual loss has been about 150,000,000 board feet, worth at least \$250,000, or 300 times as much as the average annual fire loss in the two counties.

One of the favorite reminiscences of the elderly well-to-do is of the times they "went hungry."

On the whole, it would seem that an overdose of dignity is preferable to entire absence of it.

It surprises a man the first time his wife loses her temper. After that he is surprised when she doesn't.

**HOW DOCTORS TREAT COLDS AND THE FLU**

First Step in Treatment is a Brisk Purgative With Calotabs, the Purified and Refined Calomel Tablets that are Nausealess, Safe and Sure.

Doctors have found by experience that no medicine for colds and influenza can be depended upon for full effectiveness until the liver is made thoroughly active. That is why the first step in the treatment is the new, nausealess colomel tablets called Calotabs, which are free from the sickening and weakening effects of the old style calomel. Doctors also point out the fact that an active liver may go a long way towards preventing influenza and is one of the most important factors in enabling the patient to successfully withstand an attack and ward off pneumonia.

One Calotab on the tongue at bed time with a swallow of water—that's all. No salts, no nausea nor the slightest interference with your eating, pleasure or work. Next morning your cold has vanished, your liver is active, your system is purified, and you are feeling fine, with a hearty appetite for breakfast. Druggists sell Calotabs only in original sealed packages, price thirty-five cents. Your money will be cheerfully refunded if you do not find them delightful.—(Adv.)

**Cuticura Soap**  
IS IDEAL  
**For the Hands**  
Soap 25c, Ointment 25 and 50c, Talcum 75c.