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NASHVILLE, TENN.

ILLINOIS EDITOR BANQUETED.

Former Louisville Boy Speaks on "Journalism."

Special to the Globe: Louisville, Ky., June 27.—James R. Harris and T. H. Goodall, editors and publishers of the Louisville Defender, tendered a banquet last Saturday night to Cary B. Lewis, managing editor of the Illinois Chronicle, formerly of Louisville, but now of Chicago.

Mr. Lewis was given quite a number of social functions during his stay in the old home city, but the most enjoyable was a stag given him on Saturday night by the Defender, at 822 West Walnut street.

It was an unusual gathering of brilliant young men. From 9 until 12 o'clock in the evening, there was a feast of oratory, wit and humor. A delicious menu was served. Toasts were delivered in honor of the guest who did four years of newspaper work on the Courier-Journal and Louisville Daily Times, and is now staff correspondent on several leading papers of the country.

All phases of newspaper life were discussed, especially the outlook for the Defender. Mr. Lewis spoke on "Journalism of To-day." The other speakers were W. H. Goodall, Dr. J. A. C. Lattimore, Rev. Leroy C. Ferguson, Attorney W. H. Parker, Prof. James R. Harris, Albert Smith, Prof. S. O. Johnson, Len Haley, A. B. McAfee, Tom Cole, J. W. Kennedy and Geo. Kelly. Mr. Lewis left Monday for Indianapolis, Ind., on Pythian business, before returning to Chicago.

ADVISORY Board.

The Advisory Board of the Pythian Grand Lodge delegation, Mr. W. M. Allison, chairman, met Tuesday night at the Pythian Temple. Much important business was transacted. The best of feeling among the delegation was plainly in evidence. Harmony is the watchword.

Mr. W. M. Allison, assistant chairman of the delegation, has issued a call for a meeting for Friday night, June 30th, at the Pythian Temple. All delegates are urged to be on hand.

DEATH OF MRS. B. O. GAINES.

Mrs. Bennetta Douglass Gaines departed this life Saturday evening, June 24, at 4:35 o'clock, after an illness of nearly twelve months. She was the only daughter of Mrs. Beddie Douglass and a granddaughter of Mr. and Mrs. Bedford Hughes. She

was a loving mother, obedient daughter and granddaughter, and loved by all who knew her. A few years ago she was married to Mr. George Gaines, of this city, and one child, Rosa Bell was born to that union which now survives her. She leaves to mourn their loss a devoted mother, a loving and affectionate grandfather and grandmother, a little daughter and a host of friends. Funeral services were conducted from Gay Street Christian Church Monday morning at 10 a. m. by Revs. M. Keeble, Smith and Campbell. The following young ladies acted as pall bearers: Misses Mamie Lightfoot, Maud Johnson, Malvina and Martha B. King. Blessed are they that die in the Lord, from henceforth they rest from their labors and their works do follow them.

CARD OF THANKS.

We desire to thank our many friends for their tender sympathy and words of consolation, especially Mr. and Mrs. Wm. McGavock and Revs. Sam Bryant and Sampson Brooks. Words are inadequate to convey the gratitude we feel.

Family of the late Wm. J. Norman.

Mr. and Mrs. A. J. Norman,
Parents,
Mrs. W. J. Norman, Wife,
A. J. Norman, Son.

HOW TO CARE FOR BABY.

(Continued from Last Issue.)

milk yourself, you may be able to get along without it, but the baby needs it. If you cannot afford to drink good milk and the cleanest milk that can be obtained. Cheap milk is not clean. It is usually keeping milk from getting dirty that makes it expensive.

All babies should have milk that is clean enough to be certified.

All other milk should be heated to boiling as soon as it is purchased.

To keep milk sweet, get it from the milkman whose wagons, cans, and horses look clean. If you know where he keeps his cows, go and see if he keeps them clean.

Buy bottled milk only. Milk in cans exposed to flies and dust is unfit for babies.

Always keep the milk covered. Always keep it cold.

If you cannot get ice, keep it in cold running water, or if this is not possible, wrap a damp cloth about the bottle and set it in draft of air.

Feeding After One Year of Age.

Children should be weaned when twelve months old unless the weather

is very hot or a physician orders otherwise.

*To make barley water.—Have one pint of boiling water in a double boiler. Add a pinch of salt. Take one even tablespoonful of barley flour and add a few drops of cold water at a time, stirring until a smooth, thin paste is formed. Add this to the boiling water and stir well. Cook for twenty minutes in the double boiler and strain.

(Robinson's patent barley or the prepared barley of the Heath Food Company are standard preparations of barley flour and can be obtained at almost any drug store.)

Wean gradually. At first substitute one bottle for one nursing. After a few days give two bottles a day and so on.

Bottle-fed children at this age will require more milk, although this should still form the chief part of their food.

During the second year most children are badly fed.

Four meals a day should be given, selected from the following:

Soft-boiled eggs, strained broths of beef, mutton and chicken, containing small pieces of stale or toasted bread; stale bread or toast with milk; hominy (cooked six hours) with milk; oatmeal or rice (cooked three hours) with milk; corn meal (cooked two hours) with milk; farina (cooked one hour) with milk. The milk should be boiled unless it is certified milk. Do not feed meat, vegetables, candy, popcorn, sugar, bananas or anything else unless told to do so by a physician.

Summer Diarrhoea.

When the baby has loose, green passages, it means that the baby is sick and needs medical attention. The disease is mild at first, and often shows no other signs of illness than the diarrhoea. There may be no fever. Such a baby often becomes dangerously ill in a short time.

The simplest cases of vomiting and diarrhoea during the summer should not be neglected.

Stop the milk at once.

Give two teaspoonfuls of castor oil and feed nothing but barley water until the child can be taken to a doctor.

Do not give it any cordials or teas or "diarrhoea mixtures."

Flies.

Remember that flies are dirty and often carry diseases.

Keep milk or other food covered or where flies cannot get at it.

The fly that falls into the milk bucket may have just come from a privy used by a person having typhoid fever, and if so, the one drinking the milk may contract the disease.

Keep the soiled diapers covered so that flies cannot walk over them and then go to the food used in the family.

Windows and doors should be screened, especially if there is a baby in the family.

Give the Baby a Chance.

Do not get it into the habit of being held by its mother or by other children.

Most babies suffer because they are used to amuse older people, and are forced to laugh or are tossed about and excited when they need to be resting quietly.

Get it early into the habit of going to sleep without being rocked. It is much better for the baby to learn to go to sleep without this motion and to

have it do so will save much time for them other and enable her to do many more important things in the way of keeping things clean, and of resting herself.

Children often cry when put down to sleep. If they are left alone and not handled or talked to they will soon go to sleep.

Crying is one of the ways in which babies develop their lungs—a certain amount of it is "natural" and will do no harm. If you don't get nervous about it.

Try to get people to leave the baby alone. Think how tired and irritable you get yourself on a hot day and shield the baby as much as possible from excitement and "attention."

"Some of these things may seem like extra work, but they keep the baby well, and it is far less trouble keep a baby well than to take care of a sick baby."

A MOTHER.

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Bransford Realty Company

162 4th Avenue, North, Phones, Main 2323-2324

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