All Played Out at Quitting Time?
You Need
TANLAC
The World's Greatest Tonic

The Hardest Ever.

The Professor—"The diamond is the hardest known substance, inasmuch as it will cut glass." The Cynic—"Glass! My dear sir, a diamond will even make an impression on a woman's heart."—Town Topics.

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the *result* of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be despondent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.—Advertisement.

Lots more people would want to live in the suburbs were it improper to do it.

Pat. Process Lloyd LOOM Products
Baby Carriages & Furniture
Ask Your Local Dealer
Write Now For 32-Page Illustrated Booklet
The Lloyd Manufacturing Company
(Heywood Wakefield Co.)
Dept. 1
Menominee, Michigan (17)

Catch Fish, Eels, Bass and Starfish in large numbers SURE with our new fishing automatic STEEL WIRE TRAP. It catches them like a fly trap catches flies. All sizes. Write for descriptive price list and free booklet on best bait ever discovered for attracting all kinds of fish. Agents wanted. WALTON SUPPLY CO., B-97, St. Louis, Mo.

42 years manufacturing the only high grade, low priced wagon in the world. Capacity 3500 annually.
One-Horse Wagons at $38.00
Two-Horse Wagons at $56.00
C. H. Russell & Son, Clarksville, Va.

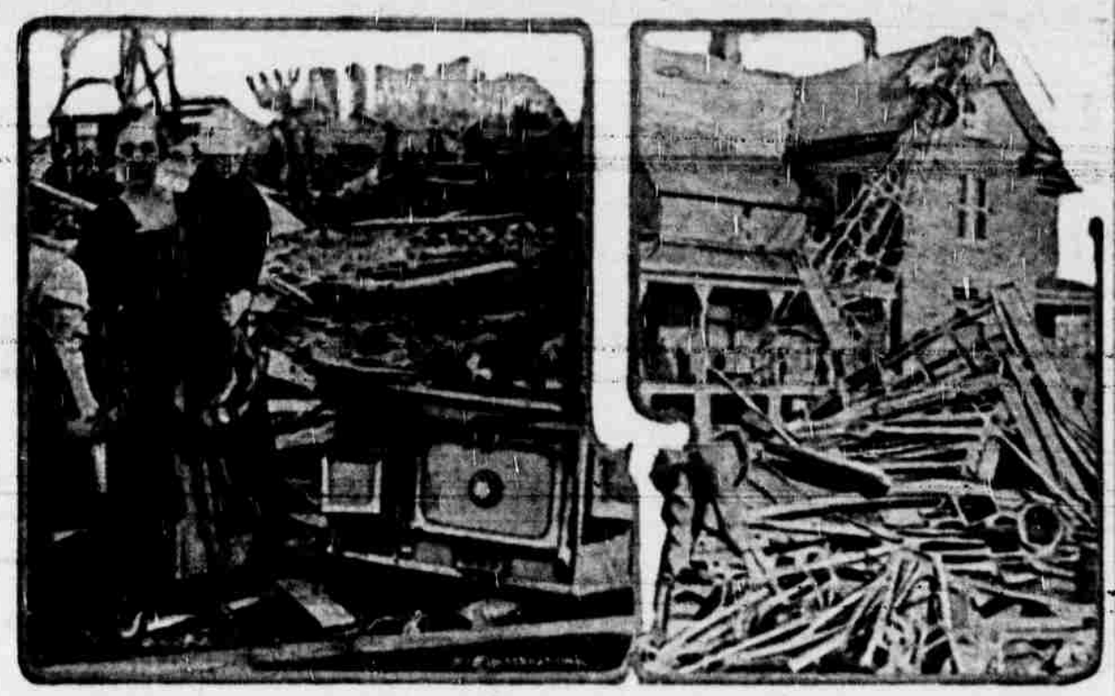
DROPSY TREATED ONE WEEK FREE
Short breathing relieved in a few hours; swelling reduced in a few days; regulates the liver, kidneys, stomach and heart; purifies the blood, strengthens the entire system. *Write for Free Trial Treatment.*
DULLUM DROPSY REMEDY CO., Dept. W.G., ATLANTA, GA.

SQUEEZED TO DEATH
When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking
GOLD MEDAL HAARLEM OIL CAPSULES
The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1696. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented.
Look for the name Gold Medal on every box and accept no imitation

Liggett & Myers
KING PIN
PLUG TOBACCO
Known as
"that good kind"
Try it—and you will know why

STANDARD FOR 50 YEARS
WINTERSMITH'S CHILL TONIC
NOT ONLY FOR CHILLS AND FEVER, BUT A FINE GENERAL TONIC.

Indiana Town Is Demolished by Terrible Tornado



Tornadoes that swept through southern Illinois and southern Indiana a few days ago killed about 50 persons and did terrific damage. The town of Hedrick, Ind., was almost demolished. The illustration shows a view of the main street, and a house upon which a windmill fell.

Another Royal Wedding Coming?

Announcement of another royal engagement is expected soon. It is reported that Albert, duke of York, brother of the prince of Wales, is to marry Lady Rachel Cavendish, daughter of the duke of Devonshire.

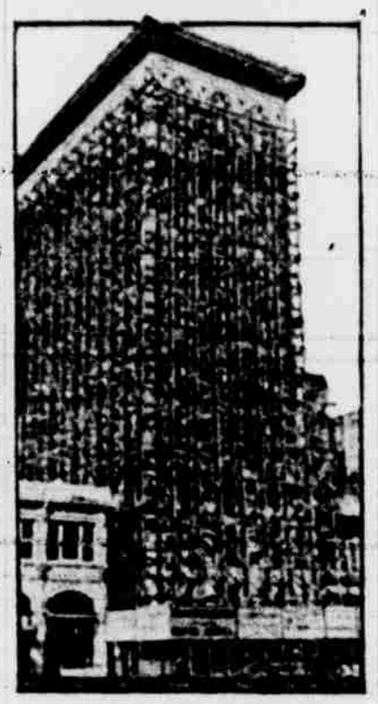
BIBLES FOR THE BLIND

This is a Bible for the blind printed in American Braille by the American Bible society. It required 19 volumes, weighs 150 pounds and costs $75 to produce. In comparison is shown a condensed Bible, held by the young lady in the photograph, which contains selected passages. The condensed version weighs but one pound and is small enough to be carried in the coat pocket and sells at a price within the reach of anyone.

Now the Blind Can Hear Print

Originally invented in England about ten years ago by Dr. E. E. Fournier d'Able, but more recently developed by an organization of technical men and business experts of this country, a device known as the optophone has been perfected by means of which, for the first time in the history of the world, the blind may enjoy at their leisure the full benefits of the world's printed word in books, magazines and newspapers. The photograph shows it being used by Miss Margaret R. Hogan, who was the first blind woman to graduate from Columbia university. In the optophone light projected by a tiny photograph lens streams through five rows of oblong perforations in a revolving disk and is reflected back and transformed into sound by means of selenium cells.

BUILDING IN A CRATE



A building on Broad street, Augusta, Ga., which was "crated up" for repairs after a big fire had gutted the interior recently. Some of the humorists insisted that the building was "going to be shipped to a place where fires don't happen."

Gift for National Woman's Party

Miss Lelia Usher, sculptress, standing beside the bas-relief of Susan B. Anthony, pioneer suffragist, which she has presented to the National Woman's party. This work of art will be installed in the national headquarters of the party, which overlooks the capitol of the nation.

An Always Timely Fable.

J. M. C. contributes the following: The lazy man came to a tree laden with luscious fruit and threw himself down in its broad shade. "Why bother to pick any," he mused. "If I wait long enough it will fall of its own accord, and waiting is such an easy job."

So the lazy man waited and in due time the fruit fell. He crawled about in the grass and picked it up, only to find that it was so decayed as to be unavailable as food.

Moral—The fruit of today is the garbage of tomorrow.—Boston Transcript.

Why Coconuts Thrive in Raratonga.

This is the time of year in Raratonga, an island nine days' voyage east of New Zealand, when the island government makes its annual inspection and fines those who have not complied with the island law which provides that the head of each family shall plant and cultivate a coconut tree for each year of a child's age until he is old enough to plant them himself. The island is noted for its fine and abundant coconuts, many of which are brought to this country.—New York Evening Post.

The KITCHEN CABINET

Copyright, 1923, Western Newspaper Union.

A soothing stream of sweet content
Ran through my plains of thought all day,
Caressing, blessing as it went,
The banks of deeds upon its way.
I sought at night to trace its source,
Following back its beck and nod,
Diverting, skirting all its course,
To find at last, it came from God.
—Harriet H. D'Autremont.

WHAT TO EAT

A particularly good sandwich for the children's luncheon is prepared as follows: Spread brown or whole wheat bread with butter, then sprinkle lightly with minced water cress. One may spread the bread with cream cheese after spreading with butter, then add the cress. This will make a more nourishing sandwich.

Roasted Turnips.—Small peeled turnips parboiled until half cooked are drained and then placed in the roasting pan with the roast of mutton. Baste with the roast and serve around the roast on the platter.

Mutton stewed with turnips is a good dish. Boil one and one-half tablespoonfuls of butter and when bubbling hot add eight diced turnips, season with salt and cayenne and let cook a few minutes, then add one and a quarter cupfuls of weak stock and boil gently until the turnips are tender, then the mutton and turnips are put together when the meat is nearly cooked. Add a tablespoonful of flour browned in a little butter, boiling five minutes.

Cracked Wheat Bread.—Boil one cupful of cracked wheat in three cupfuls of boiling water for one hour, then add when cool one-half cupful of molasses, two tablespoonfuls of salt, a yeast cake dissolved in one-half cupful of tepid water, two tablespoonfuls of butter and sufficient flour to make a dough to knead. Knead until well mixed, divide into two loaves and place in buttered pans. Let rise again and bake for forty to fifty minutes in a moderate oven. Another good bread is made by adding a cupful of cooked cracked wheat with a cupful of cornmeal, two teaspoonfuls of baking powder, a teaspoonful of salt, a tablespoonful of butter, two beaten yolks and one and one-half cupfuls of milk. Fold in the beaten whites and bake in a baking dish. Serve from the dish.

Jean Billings says we all desire
To ultimately go up higher,
But as to the time of starting
None seems in haste about departing.

For whether one goes straight to glory
Or pines away in purgatory
Is a question that's not yet decided
At least the doctors are divided.

For me, I'm far from in a hurry
To find out what's in purgatory;
And so I keep a watchful eye
On every aisle that goes by.
—John T. Smith

WHAT TO PUT INTO THE COOKY JAR

Is there any sweet which takes the place of a nicely made cooky? If so we hope to hear about it. In the making and baking of any kind of cookies, care must be taken to make them according to directions and use great care in the baking.

Old-Fashioned Ginger Snaps.—Bring to the boiling point one cupful of molasses, add one-half cupful of sugar and two-thirds of a cupful of butter or good shortening, one tablespoonful of ginger, one-half teaspoonful of salt, and one teaspoonful of soda. Beat and mix well and set on ice after adding enough flour to roll. When well chilled, roll and cut. Bake in a moderate oven.

Grandma's Cookies.—Cream one cupful of butter and add two cupfuls of sugar and three well-beaten eggs. Dissolve a teaspoonful of soda in a tablespoonful of hot water, add two tablespoonfuls of cream and mix all the ingredients together. Add one and one-half tablespoonfuls of ginger and flour to roll (three or four cupfuls). Place in the ice chest over night. In the morning roll very thin, cut out and bake.

Honey Ginger Snaps.—Take a pound of honey (one pint); three-fourths of a pound of butter (one and one-half cupfuls); two teaspoonfuls of ginger; boil together for five minutes. When cool add enough flour, using one teaspoonful of baking powder to each cupful, to make a stiff dough. Roll very thin and bake quickly.

Sugar Cookies.—Cream one cupful of butter and three cupfuls of sugar together, add three well-beaten eggs, one cupful of milk in which one teaspoonful of soda has been dissolved, one small nutmeg grated, and flour to roll. One may vary this recipe by adding grated orange or lemon peel, nuts, or seeds of various kinds. This makes a large quantity, but they are so good that they do not last long.

The secret of good cooky making is to use as little flour as possible in rolling out. By chilling the mixture well, the rolling out is very easy.

Nellie Maxwell

Sure Relief FOR INDIGESTION
6 BELL-ANS Hot water Sure Relief
BELL-ANS
25¢ and 75¢ Packages, Everywhere

If You Need Strength and Reserve Power Take
TANLAC
The World's Greatest Tonic

CANCER Hospital
Serum Treatment.
Booklet upon request.
Lock Box No. 2127, ATLANTA, GA.

MITCHELL EYE SALVE
Helps WEAK SORE EYES

"A God-sent Blessing"
is what one mother writes of Mrs. Winslow's Syrup. Thousands of other mothers have found this safe, pleasant, effective remedy a boon when baby's little stomach is upset. For constipation, flatulency, colic and diarrhoea, there is nothing like
MRS. WINSLOW'S SYRUP
The Infants' and Children's Regulator
It is especially good at teething time. Complete formula on every label. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients.
At all Druggists
Write for free booklet of letters from grateful mothers.
ANGLO-AMERICAN DRUG CO.
215-217 Fulton St. New York
General Selling Agents
Harold F. Ritchie & Co., Inc.
New York, Toronto, London, Sydney

Comfort Baby's Skin With Cuticura Soap And Fragrant Talcum
Soap 25c, Ointment 25 and 50c, Talcum 25c.

DAISY FLY KILLER PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Neat, clean, ornamental, convenient, cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed satisfactory. Sold by dealers, or 5 by EXPRESS, prepaid, $1.25.
HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

He who works when he does not have to work, will not have to work when he does not want to work.

For your daughter's sake, use Red Cross Ball Blue in the laundry. She will then have that dainty, well-groomed appearance that girls admire.—Advertisement.

People who have plenty of strawberries and cream can't understand why anybody should starve.

A Prominent Nurse Tells Her Experience
Something Worth Reading

Athens, Tenn.—"I suffered from chronic bronchitis for six years and when I had the 'flu' in 1919, my cough grew worse. I soon developed asthma. I suffered terribly and was sure I had consumption. I had a very bad color, could not sleep at night and had pains in my breast and shoulders. Also my arms would be numb. I began taking Dr. Pierce's Golden Medical Discovery and was cured of my cough. I worked all last winter—was up at night with my patients and did not have a cold all winter. Would ask all who suffer from weak lungs or throat trouble to try Dr. Pierce's Golden Medical Discovery."—Mrs. W. C. Carter, Route 2.

Obtain the Discovery in tablets or liquid at your nearest drug store or send 10c to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for trial pkg., or write for free medical advice.

New Shoes
Old Shoes
Tight Shoes
all feel the same if you shake into them some
ALLEN'S FOOT-EASE
The Antiseptic, Healing Powder for the Feet
Takes the friction from the shoe, freshens the feet and gives new vigor. At night, when your feet are tired, sore and swollen from walking and dancing, sprinkle ALLEN'S FOOT-EASE in the foot-bath and enjoy the bliss of foot comfort as never before.
Over 1,000,000 pounds of Powder for the Feet were used by our Army and Navy during the war.
In a Pinch, Use ALLEN'S FOOT-EASE