

MEN PAST THIRTY ARE URGED TO MARRY AND THUS HELP PERPETUATE THE RACE

Religious Authorities Say It Is Duty of All Not Serving the Colors to Desert Ranks of the Benedicts.

New York, April 8.—That the clergy of the United States should follow the principle of those adopted by Great Britain shortly after the war started and use their influence to induce the men not already enlisted to marry and thus help perpetuate the race, was the opinion expressed by several high authorities who gathered at the Waldorf here tonight.

While it was shown to be an anthropological fact that a race produced by the more mature type of men would undoubtedly be creative of a more brainy, intellectual species, it was pointed out that a sturdier, harder and more physically-perfect type is usually produced by a younger generation; and it was urged that care be taken to prevent, as far as possible, the progeneration of an undesirable, puny element, and to preserve, if possible, the standards of "the survival of the fittest" theorem.

Several speakers contended that there was no sound reason whatsoever to presuppose that children born of men up to the age of forty years would be productive of a race of physical weaklings, and others maintained that the race would be materially benefited by the induction of a more mentally-matured parenthood.

Anaemics and weaklings are not wanted by Uncle Sam, as experience has amply demonstrated that men without sufficient red blood in their systems fail to develop the proper degree of mental and physical power to prove valiant leaders.

Run-down, thin, emaciated creatures are no longer wanted—either in the army or civil life. Men of strong vitality and fully-equipped physical power and stamina are now required whether in the battle of business life or the more hazardous life of leading men "over the top" in the Flanderian trenches.

The human system requires a certain degree of iron to properly replenish the blood and tissues of the body, and the food of modern civilization is such that eighty per cent of the populace lack the proper amount of this necessary organic sulphate.

Thus we behold a race of prematurely old, bald-headed, false toothed victims, with begoggled, lack-lustre eyes and faltering step, instead of a sturdy, strong-limber people—as in

the iron-absorbing ages of Caesar and Cedric and Saxon.

The medical authorities have long been aware of this fact, but lacked the chemical knowledge of how to properly administer the prerequisite of nature. Armed with a non-soluble, unassimilable tincture of inorganic iron in the form of "blaud" pills or a tooth-destroying liquid astringent, they sought to incorporate into the human body a form of iron just about as digestible as a keg of nails.

The total result of their endeavors therefore, was invariably a toothless, decrepit victim with a badly-ruined stomach.

Nature, however, came to the rescue and put to shame the greatest chemists in the country.

In a natural mineral product were found all the ingredients necessary to revitalize the blood of mankind, in an easily digestible, fully assimilable form.

At last a purely organic iron had been found!

With thousands of testimonials from all parts of the country, and over thirty years of infallible success as a basis for their claims, the Ferrudine Chemical Corporation unqualifiedly guarantees its product to strengthen, build up and revitalize all those lacking body or nerve force—or to promptly refund the trifling cost of this wonderful vigorator.

A-I-M is on sale by all reliable drug gists. Do not accept any alleged substitute for A-I-M as there is nothing else even remotely similar to this remedy on the market.

Messrs. Froehling and Robertson, the famous chemists of Richmond, Va., officially state:

"The combination of the mineral constituents of A-I-M shows a most valuable preparation. It contains in addition to the large amount of iron sulphate, a very desirable quantity of aluminum sulphate and smaller amounts of magnesium and sodium sulphate. In our opinion the possibilities for this preparation are unlimited, and while we do not believe in a universal panacea we would expect a marked success by the use of this medicine. We would suggest its use in all cases of anaemia and general debility.—Adv.

LET THE SOLDIERS HAVE YOUR FLOUR

Estate Food Administrator Appeals to Loyal Tennesseans To Abstain from Using Wheat Flour and Give All To Feed Allies and Troops in France.

Nashville.—Through the county food administrators of more than half of the counties of the state, Dr. H. A. Morgan, federal food administrator in Tennessee, has issued an appeal to the people of Tennessee to turn over to the government, for the use of its army and navy and its allies, all the wheat flour that they can possibly spare. This flour will be paid for at a fair market price to be fixed by Dr. Morgan, after conference with those who are familiar with prices conditions. It is expected that the merchants of the counties will finance the proposition—that is, they will pay for the flour as it is turned in, and then they will be reimbursed when the flour is loaded on cars for shipment to the United States grain corporation.

In making this appeal Dr. Morgan said: "The people of Tennessee can spare from their stocks of flour, I am sure, a carload or two for our government, in this crisis, without making a very great sacrifice. It would not inconvenience us very much if we did without flour altogether until the next harvest. In Grimes county, Texas, nearly everyone responded to the appeal, and three carloads went forward. We can do the same thing here."

The hoarding of wheat will not be tolerated by the food administration. There is now, in the judgment of Dr. Morgan, no reason why any farmer in Tennessee should continue to hold his wheat. A list of those who still have wheat on hand has been secured by the food administration, and where they will not respond to appeals to their patriotism the wheat is being taken over under requisition papers, as provided in the food control act. One farmer had 2,000 bushels and refused to part with it, and requisition papers were issued and the wheat taken over for the government.

To Abstain From Wheat.

Following a number of inspiring appeals from eloquent speakers, the women war workers of Tennessee to the number of more than 1,000 assembled at the capitol at Nashville, adopted a resolution pledging themselves to abstain as far as practicable from the use of wheat flour products until the next harvest, and in no event to use during any one month more than one and one-half pounds of wheat flour per person, the same to be carefully weighed. At a meeting of the district demonstration agents and war workers at Chattanooga a resolution that went even further was unanimously passed pledging absolute abstention from the use of wheat products until the next harvest, and declaring that each person present would seek to influence others to make the same resolution.

The meeting of district agents and women war workers at Chattanooga was a decided success and the members pledged enthusiastic co-operation in all of the war activities. J. I. Finney of Columbia represented the United States Food Administration, delivering a strong appeal to the women for consecration and service to the nation in this crisis.

On the call of the war emergency council of the National Bakers and Dr. H. A. Morgan, federal food administrator, the bakers of Tennessee to the number of about 40, representing all sections, from Bristol to Memphis, assembled at the Commercial club in Nashville and perfected a state organization by the election of Charles K. Evers of the American Bread company, Nashville, as president. The bakers were addressed by Dr. Morgan and J. I. Finney of the food administration. Full co-operation with the food administration was pledged and a technical committee of five nominated to act with the food administration in the interpretation of rules and regulations governing the bakers of the state. A number have joined since the organization and it is now representative of that interest.

Patriotism of Hotels.

Five of the leading hotels of Chattanooga have voluntarily gone on a wheatless ration until the next harvest, having agreed to eliminate all wheat products from their menus. Houston R. Harper, hotel representative of the food administration in Tennessee, is confident that a large number of hotels in other places in the state will make a similar resolution. At a meeting held at Chattanooga the hotels of the state were organized and full and hearty co-operation pledged to the food administration in the execution of its rules and regulations.

Maj. Rutledge Smith's efficient work as chairman of the council of defense of Tennessee has been recognized by the council at Washington and he has been asked to bring the organizations of other southern states up to the high standard of that of Tennessee.

It is generally conceded at Washington that Tennessee has one of the best war organizations in the Union. Not only have the heads of all the war organizations made good, but their work has been materially aided by the cordial co-operation that they have received from Gov. Rye, heads of state departments and the city and county officials of the state. The governor has been especially active in war work and is always at the command of any of the war organizations for any service that he can render.

GROCCERS HELP IN 50-50 PLAN

SIGN PLEDGE TO CARRY OUT FOOD ADMINISTRATION PROGRAM.

POST CARDS IN STORES.

Explain New Wheat Ruling to Thousands of Customers—Insures Greater Food Saving.

Grocers of the nation have accepted enthusiastically the 50-50 basis for the purchase of wheat flour and are doing their utmost to explain the new regulation to the housewife. This ruling by the U. S. Food Administration requires each purchaser of wheat flour to buy one pound of cereal substitute, one kind or assorted, for every pound of wheat flour. It was necessary to restrict the use of wheat flour in order that the allies and our fighting forces abroad might be assured of an adequate supply of wheat to meet their vital needs. This supply must come from our savings because we have already sent our normal surplus.

Wheat saving pledge cards were forwarded by the Food Administration to all retail food merchants, and these are being signed and posted in stores throughout the country. This card states, "We pledge ourselves loyally to carry out the Food Administration program. In accordance with this order we will not sell any wheat flour except where the purchaser buys an equal weight of one or more of the following, a greater use of which in the home will save wheat:

"Cornmeal, corn flour, edible corn starch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soy bean flour, feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour."

Some confusion has resulted on the part of the consumer in construing this "50-50" ruling to mean that an equal amount in value of substitutes must be purchased with wheat flour. This is a mistaken idea. The ruling states that the consumer in purchasing flour shall "buy at the same time an equal weight of other cereals."

One exception to this ruling is concerning graham flour and whole wheat flour, which may be sold at the ratio of three pounds to five pounds of wheat flour. This provision is made because approximately 25 per cent more of the wheat berry is used in the manufacture of these flours than standard wheat flour.

Another exception is that concerning mixed flours containing less than 50 per cent of wheat flour, which may be sold without substitutes. Retailers, however, are forbidden to sell mixed flours containing more than 50 per cent of wheat flour to any person unless the amount of wheat flour substitutes sold is sufficient to make the total amount of substitutes, including those mixed in flours, equal to the total amount in wheat flour in the mixed flour. For instance, if any mixed flour is purchased containing 60 per cent wheat flour and 40 per cent substitutes it is necessary that an additional 20 per cent of substitutes be purchased. This brings it to the basis of one pound of substitutes for each pound of wheat flour.

A special exemption may be granted upon application in the case of specially prepared infants' and invalids' food containing flour where the necessity is shown.

Some misunderstanding seems to exist on the part of consumers in assuming that with the purchase of wheat flour one must confine the additional 50 per cent purchase to one of the substitutes. This is not the case. One may select from the entire range of substitutes a sufficient amount of each to bring the total weight of all substitutes equal to the weight of the wheat flour purchased. For instance, if a purchase of 24 pounds of wheat flour is made a range of substitutes may be selected as follows:

Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; corn starch, 1 pound; hominy, 2 pounds; rolled oats, 3 pounds.

These substitutes may be used in the following manner:

Cornmeal, 8 Pounds.—Corn bread, no flour; corn muffins or spoon bread, one-fourth flour or one-third rice or one-third hominy; 20 per cent substitutes in whole bread.

Corn Starch, 1 Pound.—Thickening gravy, making custard, one-third substitute in cake.

Corn Grits, 4 Pounds.—Fried like mush, used with meal in making corn bread.

Roller Oats, 3 Pounds.—One-fourth to one-third substitutes in bread, one-half substitute in muffins; breakfast porridge, use freely; oatmeal cookies, oatmeal soup.

Buckwheat Flour, 2 Pounds.—One-fourth substitute in bread, buckwheat cakes.

Hominy, 2 Pounds.—Boiled for dinner, baked for dinner, with cheese sauce.

Rice, 4 Pounds.—One-fourth substitute in wheat bread, one-third substitute in corn bread, boiled for dinner (a bread cut), as a breakfast food, to thicken soups, rice pudding instead of cake or pie, rice batter cakes.

Several grocers have stated that their customers who strictly observe the 11 wheatless meals each week find it necessary to buy substitutes in addition to those ordered under the 50-50 plan.

Great Wheat Stocks Isolated.

It's the shortage in ships that is putting the Allies and the United States on wheat rations. Great stocks of wheat are isolated in India, and Australia. At great sacrifice in ship space and use the Allies are forced to secure some wheat from Argentina.

On January 1, Australia had stored 100,000,000 bushels of wheat that was ready for export—but there were no ships. Then came the new crop with an exportable surplus of 80,000,000 bushels. Now Australia has approximately 180,000,000 bushels waiting for ships.

India, at the same time, had 70,000,000 bushels of wheat stored for export. During April 50,000,000 bushels more out of the new crop will be added to the pile.

Argentina closed the last shipping season with 11,000,000 bushels of wheat left in the stock available for export. The new crop will add 185,000,000 to the left over.

It is not a problem that the wheat does not exist in the world—it is entirely a problem of shipping, which has thrown on America the obligation of dividing our stock with the Allies.

ALLIED FOOD SHIPMENTS REACH LARGE TOTAL.

A general idea of the quantity of food sent to European allies by the United States from July 1, 1914, to January 1, 1918, is given by figures just announced by the U. S. Food Administration. In that period the United States has furnished complete yearly rations for 57,100,933 people. In addition there was enough extra protein to supply this portion of the diet for 22,194,570 additional men.

The total export of wheat and wheat flour to the three principal allies is equivalent to about 384,000,000 bushels. Pork exports for the 3 1/2 years amounted to almost 2,000,000,000 pounds. Exports of fresh beef totaled 443,484,400 pounds. The amount of food exported to Russia is negligible compared with that sent to the western allies.

 * ONLY AMERICA CAN HELP. *
 * "On your side are boundless *
 * supplies of men, food, and mate- *
 * rial; on this side a boundless de- *
 * mand for their help. *
 * "Our men are war-weary and *
 * their nerves have been strained *
 * by more than three years of *
 * hard, relentless toil. *
 * "Our position is critical, par- *
 * ticularly until the next harvest, *
 * but the United States can save *
 * us. *
 * "You Americans have the men, *
 * the skill, and the material to *
 * save the allied cause." *
 * SIR JOSEPH MACLAY, *
 * British Shipping Controller. *

We will send the Daily Sun to any address one year for \$2.00.



If you have followed a business for 50 years and don't understand it, would it not be good sense to quit it and go at something that you can learn? This is true of even plowing. I have been in the Sewing Machine business for 50 years, have sold and repaired almost all kinds. Surely I ought to know a good machine, and I DO. I can, and will sell you just as good a Sewing Machine as is made for much less than you can buy such a machine for anywhere else. Why not save money? You haven't it to throw away I don't suppose. Why pay peddlers \$20 to \$30 for bringing a machine to you, when you can save that by coming after it, or having it shipped to your nearest depot. This is no joke; come and see and be convinced, or send for Illustrated Price Lists. Shuttles and parts for all machines.

All kinds of Sewing Machines Thoroughly Repaired. My shop is now near Mohawk, Tenn. Any machines sent to me to repair should be sent to Mohawk, prepaid. Any machines brought to me to repair should be brought to me, near Mohawk, on Knoxville wagon road. My postoffice is Midway, Tenn., Rt. 1.

JOHN M. McKEE.

Our Cheap Column

A Little Advertisement in this Column Will Bring Quick Results—One Cent a Word.

The Hughes property, on West Maple avenue, is in the hands of S. B. LaRue & Co. for sale at a bargain. There are a number of choice building lots on this tract. See these people at once if interested.

Merchants and millers can get their necessary blanks at The Sun Office. These blanks have been printed by us by instructions from the Food Administrator and will be furnished in tablet form at 50c per hundred. Order yours today and let us send them to you by mail.

FOR SALE! FOR SALE!

Used Cars At Bargains If Sold At Once.

- One 7-passenger Studebaker.
- One 5-passenger Velie.
- One 5-passenger Maxwell.
- One 5-passenger Overland.
- One 5-passenger Grant.

I also have the famous line of Hudson, Hupmobile and Maxwell cars. Have samples of these cars in stock to show you, so don't hesitate to call on me at City Garage. New 'phone 311 at Garage, new 'phone 2062 at residence.

CLOYD F. PARMAN.

GREENEVILLE HIGH TRIMMED OUR BOYS

At the fair ground diamond Saturday afternoon the base ball team of Greenville high school got back at our boys with beautiful revenge for in the basketball series.

The game was called promptly at three o'clock. Greenville taking the bat. Click, who was on the mound for the home team, was as nervous as a two-year-old, and Warren, who is usually as steady as an old-timer, was completely up in the air. The first inning finally came to a close after three Greenville runners had romped across the home plate.

Taking the field, the Greenville boys worked like veterans and their southpaw had our boys reaching in all directions for imaginary strikes. Then when a fellow made up his mind to wait this left hander would cut one across the plate—bing—and then a fellow couldn't wait any longer. He had us on his hip and we never got off.

After the first inning Click settled down and pitched a pretty game, but had ragged support, and worked against hope. Even Burnett Boyer, the pride of the school, could not get in front of the balls at third. The final score was 8-1, but soon we are going to Greenville with blood in our eyes and war clubs as mean as they make them, and just a little tip for the enemy—they had better not try Mr. Southpaw on us again—Newport Plain Talk.

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 A Heart of Romance

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