

ONE IDEA CAMPAIGN.

The present presidential campaign is bound to crystallize around one idea, and that is the money question. It is in vain to attempt to divert public attention to any side issue.

This fact puts McKinley at a great disadvantage. He is probably armed at all points on the tariff question.

The republicans of the Eleventh district are a good set of people and number among them men of sense and standing, but they simply beat the world for falling out among themselves.

The campaign mathematician has resumed business. There is one thing about this peculiar character who makes himself known in every presidential contest and that is that he figures things out to his own satisfaction and is therefore happy.

TOM REED, in his speech opening the campaign in Maine, said his party was in a bad fix and something must be done. It is a fact. Thomas is not a fool.

SINCE Bob Stayton quit, the question is, who will be on the slate for land commissioner? Has Baker made up with the administration?

THE safest place for a soldier in battle is in the ranks. This fact has significance in politics also.

VICTIMS OF INDIGESTION.

Rules that Have Been Tested and Found to Be of Service.

From the Philadelphia Record.

The number of people afflicted with this peculiar and uncomfortable sensation after eating is by no means small. It means simply that either because the person is fatigued or because the food is indigestible, or because the nervous system which controls the digestive processes is out of order, the act of digestion is either wholly arrested or is very improperly carried on.

First, eat nothing until there is a positive appetite for food. It will be far better to skip one's dinner entirely, and far less injurious to the general health, than to eat when weary, when excited, when nervous or when the appetite is not present.

Second, eat something which requires considerable chewing, especially at the beginning of a meal. This involves the use of dry foods, but it does not mean the entire absence of liquids from the meal.

If liquid is desired at meal time it is not likely to do great harm if it is not too cold, provided it is not swallowed at the same time the dry food is put in the mouth. The man who washes down each mouthful of bread with a swallow of milk, tea or coffee has no saliva mixed with his food; whereas, if he thoroughly masticates his mouthful of dry food, swallows it, and then takes his swallow of milk, he will interfere far less with the proper processes of digestion.

Dr. J. H. Kellogg has made some interesting experiments, showing the amount of saliva secreted by the glands of the mouth while dry food is being chewed. A piece of paraffin chewed for five minutes produced two-thirds of an ounce of saliva; 1 ounce of granose, a dry food prepared from wheat, increased in weight to 2 ounces; 1 ounce of bread chewed for five minutes caused the production of 1 ounce of saliva; 1 ounce of raw apple produced 1 1/2 ounces.

Third, eat digestible food only. Digestible food is a variable term; and is determined by the individual. Articles which are perfectly harmless for one individual are very serious hindrances to the physical well being of another.

Dr. Price's Cream Baking Powder

OFFICER AND PRISONER DEAD.

A California Sheriff Fights a Highwayman to Death.

Nevada City, Cal., Aug. 1.—The dead body of Sheriff David Douglass and the corpse of an unknown highwayman were today found lying a few feet apart in the woods two miles from town. There were five empty chambers in the pistol of the Sheriff, who had been shot through the heart and in the right eye and hand. The bullets of the Sheriff had gone through the robber's heart, abdomen and hip. The unknown man had a rifle, but it had not been used.

It is supposed Douglass was shot by an unseen and unknown confederate of the highwayman.

A number of bold highway robberies recently reported in this neighborhood have all seemed to be the work of one man, who stopped coaches and private conveyances on the roads near Nevada City. The Sheriff and his deputies had been untiring in their efforts to capture the highwayman. Finally Sheriff Douglass, believing that a large squad of deputies served to put the highwayman on his guard, determined to attempt the chase single-handed. He started out yesterday, accompanied only by his dog. The dog returned at midnight, and at daybreak searching parties tracked the Sheriff to the spot where officer and prisoner lay dead side by side.

HAVANA PAPER'S COMMENT.

Havana, July 31.—La Lucha has a comment upon the report from Washington that President Cleveland's proclamation of warning to filibusters is designed to fulfill all necessary formalities on the part of the United States government as to claims for indemnity which the United States intends to make on Spain for losses suffered by Americans during the war in Cuba. The paper observes that such a course might not be so bad for Spain as it appears, and might even be in her favor, because the Madrid government would come back with refutable proofs of claims for all damages caused by the negligence which has always been displayed by the United States government toward the prevention of filibustering.

Additional details have been received here of the manner in which the insurgent leader Bruno met his death. It seems that Captain General Weyler had received confidential information that Sayay and other insurgent leaders had effected a junction and were on their

way to protect the landing of an expedition. General Weyler thereupon detailed three columns of Spanish troops, under Colonel Perol, who formed an ambush in the narrow pass at Callejonyaya, near Gabriel, Havana province, through which Zayas would pass. The main force of the insurgents was received with two volleys of rifle shots and then charged with the bayonet, after the squadron of Allmanza had charged. The insurgents were taken wholly by surprise, and General Zayas fell at the first volley with a ball through his left eye, coming through the left temple. Fifty five insurgents were killed, the bodies of ten being found in the neighboring fields. Among them were Captain Julio Plansas, the leader Perpunan, and a lawyer named Navarette. The body of Zayas was found to be well dressed in the uniform of a general.



SUFFERING IN SILENCE.

Women are the real heroes of the world. Thousands on thousands of them endure the dragging torture of the ill peculiar to womankind in the silence of home. They suffer on and on—weeks, months, years. The story of weakness and torture is written in the drawn features, in the sallow skin, in the listless eyes, in the lines of care and worry on the face.

Laborer modestly seals their lips. They prefer pain to humiliation. Custom has made them believe the only hope of relief lies in the exposure of examination and "local treatment."

Take ten cases of "female weakness" and in nine of them "local treatment" is unnecessary. There is no reason why modest, sensitive women should submit to it.

WINE OF CARDUI

is a vegetable wine. It exerts a wonderfully healing, strengthening and soothing influence over the organs of woman-kind. It invigorates and stimulates the whole system. It is almost infallible in curing the peculiar weakness, irregularities and painful derangements of woman. Year after year, in the privacy of home—away from the eyes of everybody—it effects cures.

WINE OF CARDUI is sold for \$1.00 a bottle. Dealers in medicine sell it. Five bottles usually cure the worst cases.

A DEFENSELESS POSITION.

Notwithstanding the unparalleled ignorance of the gold bug press of New York City, in the discussion of the financial question, light is breaking throughout the Empire State and we hazard the opinion that the National democratic ticket for the first time at a presidential election will sweep the Hudson in November with a majority of not less than 50,000 anticipated in the metropolis, and will give Bryan and Sewall 100,000 majority over the McKinley plutocratic, trust monger combination.

The New York gold bug papers put forth any quantity of negative arguments on the financial issue, that is, they damn and denounce the silver side, but advance no positive argument for gold monometallism. They dare not do it. Take the New York World, for instance. It declared last Saturday for the odious gold monometallic plank as adopted by the fragment of the republican party at St. Louis, as follows:

"While on the subject of the first St. Louis convention we do not mind saying, however, that the financial plank which it adopted, and which Mr. Mc

Kinley had accepted, is extremely clear and sensible. It is the one plank in that platform that we approve."

That plank declared for gold monometallism until bimetalism can be reached by international agreement. In the same issue the World retreats as follows:

It is a common carelessness of speech to refer to the sound money democrats as 'gold men' and to characterize republicans as 'gold bugs.'

"This is an error that should be avoided. There no gold bug party in this country in the sense of a party favoring gold monometallism. All sound money men, unless it be a few bankers or doctrinaires and their echoes, are for bimetalism—the coinage and use of both gold and silver at an honest ratio as money of equal value and necessity."

The republican party clearly favors gold monometallism, as expressed in the St. Louis platform, and although the World has given in its adhesion to gold monometallism it does not and can not make an argument in defense of it that can not be blown to pieces.

The gold bugs may denounce silver coinage and the National democratic platform; call the Chicago convention a gathering of cranks and anarchists, and prophesy all manner of evil if Mr. Bryan is elected, but they dare not defend gold monometallism as it exists in the United States today under present conditions.

Under this "campaign of education" the people are gradually getting their eyes open to the idiotic position that republican financiering has finally landed the country and which is being defended by certain newspapers of both parties. As Senator Blackburn said in his Chicago speech: "Christ drove better men from the temple than many of those who have been managing the financial affairs of this Nation for the past thirty years."

HIS EASTERN TRIP.

Programme of the Visit of Mr. Bryan to New York.

Lincoln, Neb., July 31.—Mr. Bryan today announced his itinerary for the Eastern trip to meet the notification committee of the democratic National convention in Madison Square Garden, New York, August first.

Mr. and Mrs. Bryan will leave Lincoln on the Burlington at 6 p. m., August 7, arriving in Chicago Saturday afternoon. They will stop over Sunday, leaving Chicago on the Pennsylvania road about midnight Sunday night, reaching Pittsburg Monday night. They will stay over night in Pittsburg and leave for New York Tuesday morning, arriving there about 6:30 Tuesday evening. The national committee will meet in New York at the time of the notification and important campaign work will be discussed.

Mr. and Mrs. Bryan will then go to Bath, Maine, and spend a few days with Mr. and Mrs. Sewall.

The return trip will not be arranged until after the New

Nervous

People find just the help they so much need, in Hood's Sarsaparilla. It furnishes the desired strength by purifying, vitalizing and enriching the blood, and thus builds up the nerves, tones the stomach and regulates the whole system. Read this:

"I want to praise Hood's Sarsaparilla. My health run down, and I had the grip. After that, my heart and nervous system were badly affected, so that I could not do my own work. Our physician gave me some help, but did not cure. I decided to try Hood's Sarsaparilla. Soon I could do all my own housework. I have taken

Cured

Hood's Pills with Hood's Sarsaparilla, and they have done me much good. I will not be without them. I have taken 13 bottles of Hood's Sarsaparilla, and through the blessing of God, it has cured me. I worked as hard as ever the past summer, and I am thankful to say I am well. Hood's Pills when taken with Hood's Sarsaparilla help very much." Mrs. M. M. MESSINGTON, Freehold, Penn.

Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists, \$1. Prepared only by C. I. Hood & Co., Lowell, Mass.

Hood's Pills act easily, promptly and effectively. 25 cents.

York meeting. Mr. Bryan is not making any dates for speeches at this time and will not do so until after the National committee has been consulted. He has received a large number of invitations to speak in almost every State in the Union. Most of them have come by mail or wire, but many have been extended by men who have come in person for the purpose. To each he has given the same answer, that he would make no appointments until after the meeting of the National committee. A dispatch received this evening from Amos J. Cummings of New York says: "The Tammany executive committee has just unanimously endorsed your nomination. My personal congratulation."

For your Protection.—Catarrh "Cures" or Tonics for Catarrh in liquid form to be taken internally, usually contain either Mercury or Iodine of Potassa, or both, which are injurious if too long taken. Catarrh is a local, not a blood disease, caused by sudden change to cold or damp weather. It starts in the nasal passages, affecting eyes, ears and throat. Cold in the head causes excessive flow of mucus, and, if repeatedly neglected, the results of catarrh will follow: severe pain in the head, a roaring sound in the ears, bad breath, and oftentimes an offensive discharge. The remedy should be quick to allay inflammation and heal the membrane. Ely's Cream Balm is the acknowledged cure for these troubles and contains no mercury nor any injurious drug. Price, 50 cents.

Advertisement for the highest of high grades bicycles, featuring the Indian Bicycle Company and Indianapolis, Indiana.

Advertisement for Ely's Cream Balm, a local disease remedy for colds and catarrh.