

Woman's Page

The Picnic Luncheon—Many Things May Be Cooked on Campfire—Good Spring Water Need Not Be Boiled—Frankfurters Easiest of All to Cook on Campfire—Bead Ornaments to be in Vogue All Summer—Pearl Necklaces Abound—Beads Uniform or Irregular in size—Ribbon Necklaces Very Good—Systematic Physical Exercise for Women Who Lead Sedentary Life.



THE PICNIC LUNCHEON.

The idea that a meal eaten in the open air must consist entirely of sandwiches is the cause of much week-end indigestion and many blue Mondays throughout the warm season. Sandwiches are all very well in their place on the bill of fare, but that place should be subordinate and inconspicuous, as is the place of bread and butter at the ordinary meal, says an exchange.

The real pivot point on which every successful picnic is built is the camp fire. And merely because the camp fire is the promoter of cheer, as it throws its banners of sparks up into the twilight sky, is no reason why it should not work for its keep. It is no less a camp fire for the intrusion of a frying pan for the merriment of the party.

The dry branches of which the camp fire must be built are quickly reduced to coals, and upon these a few chops may be browned in a hot pan. The handle of the pan sometimes needs to be reinforced with a long stick, but the men of the party will have a much better time if they are allowed to do something.

Slices of bacon are never so good as when they are roasted before the fire on long sticks, as the camp fire girls have found out in the "bacon bits." What would a real Indian male think of a sandwich? It takes real art to bake a hotcake on a board before the fire, but a Mexican tortilla, a round corn cake like a pancake, can easily be managed in a frying pan, and will prove much more savory than any slice of cold bread and salad dressing.

Fried chicken, which should be taken along cut up and boiled, is another happy possibility of the camp fire. Frankfurters are perhaps the easiest of all to cook. A thick slice of boiled ham, which costs no more than smoked ham is quite better than.

For vegetables nothing is quite so good as a roasting ear, as our grandfathers very well knew when they cooked their green corn on long stalks before the open fire. Plenty of butter and salt is all that is necessary to give an inimitable camp fire flavor. Another tempting dish is tomatoes and eggs stirred up together and scrambled in the pan. The tomatoes should, of course, be taken along in their own can. Potatoes, too, may be roasted in the ashes.

We are fortunate in having plenty of good spring water but where the water is the least bit doubtful it should be boiled or cooled or made into coffee. It is a great mistake to think that coffee cannot be settled without egg; a dash of cold water will attend to the grounds in an instant.

Where an automobile or any other conveyance is to be used to take the party to its destination the possibilities of the menu are infinitely multiplied. For instance a crock of baked beans will keep hot a long time if carefully wrapped in newspapers. Scalloped potatoes have the same faculty of holding the heat. None of these things is much more trouble to prepare than the ubiquitous sandwiches.

A few sandwiches should, of course, be included, notably some of the wet variety. These may be made of slices of tomato spread with boiled French dressing, which is much better than mayonnaise for this purpose. Oranges and dates chopped up together make an agreeable combination. Chopped beets with salad dressing are also a good filling. Where ham is to be used it should be chopped up with sweet pickles. Boston-brown bread sandwiches

spread with cream cheese of the home-made Dutch variety with chopped nuts are also palatable. For dessert a box of berries with a little sugar in which to dip them forms an agreeable change. And when the camp fire has died down marshmallows may be roasted over the coals.

BEAD ORNAMENTS. Although it has been in vogue for a number of seasons as an effective dress accessory, the bead necklace has never before been so distinctive a feature of the fashions as this spring and summer.

The combination of beads of strikingly contrasting colors is one of the new notes. The combination of amber and pink coral is especially popular. Some models show the beads strung alternately, while others have alternate groups of the two hues. One woman has acquired a pretty necklace with no outlay save that of a little of her time by restringing an amber necklace and a coral necklace.

"It will be the season of restringing old necklaces," she says, and tells of a friend who has had a pretty necklace made out of a string of gold beads she wore as a child and a discarded old-fashioned short watch chain and of another who had restringed a necklace of gold beads and one of jade to restring them together, setting a gold bead between groups of five jade beads.

Beads may be uniform in size or irregular sizes may be used. Some of the most taking necklaces are formed of big and little beads. Strands of simple bead, which are used with jet, with beads in brilliant Prussian blue and with carved wood Indian beads. These necklaces of carved wood beads often carry a dash of color in a brilliant tassel finish.

One of the pretty models is made of pink coral and cut jet beads arranged alternately. Jet combined with color, as it is in many of the necklaces, loses all hint of sedateness.

One of the season's special notes is the use of beads as large as robins' eggs. These are strung in loops of fuchsia lengths. They are made of wood finished with a hard fine glaze, and come in every color under the sun. Scarlet, green and yellow abound in these big bead strings, which are usually one-toned. In spite of their size, the beads are very light in weight.

Judging from the number of strings of Oriental prayer beads seen in the displays there is a decided vogue for them. They are gorgeous affairs, with beads of translucent rich colors and a ray silk tassel finish.

Italian porcelain beads, white or colored, decorated with gay floral designs, are used for entire necklaces or in combination with one-toned beads that harmonize or contrast well. Clear crystal beads, cut or plain, are used in strings of opaque beads to give a touch of lightness and gleam.

Tango necklaces persist and come in new conceits. They are the necklaces composed of ribbon links, separated by groups of beads, which are usually of different colors, arranged to give as an effect as possible. These tango necklaces are bust length and are finished with a tassel of silk or one of strings of small beads.

Some of the newest ribbon necklaces are simply plain long loops of finished ribbon, about an inch wide, finished with a head tassel, fastened to the ribbon with a gilt ornament or a huge bead.

Pearl necklaces abound. Nothing shakes their popularity. Right through

THE PANNIER AGAIN.

A modern adaptation of the pannier is shown in the picture of this gown, which is made of dark green gabardine, and is without trimming except for the black silk tassel on the skirt. The striped crepe is black and white with bright green fern leaves in the design and is used in a double puff around the back and sides of the skirt.

DAVID E. THOMAS BURIED. Spanish Fork, July 13.—Funeral services were held yesterday for David E. Thomas, who died last Wednesday at his residence in the Second ward. The services were presided over by Bishop Argyle. The invocation was offered by John Hayes and the speakers were Senator Henry Gardner, Nathaniel Ludlow and Charles Booth. The choir of the Second ward sang a number of hymns. The closing prayer was offered by Joseph Brockbank. Mrs. Thomas is survived by his wife, three sons and four daughters.

REAL ESTATE DEAL CLOSED. Provo, July 13.—A deal has been closed whereby the Knight investment company becomes the owner of the remaining vacant property in block 28, formerly owned by the Brigham Young university. During the past year three large parcels of land have been sold by R. E. Allen, acting for the Brigham Young university. The entire property including what Mr. Allen has sold, will net the university about \$30,000.

MOTHER AND BABY INJURED BY AUTO. Salt Lake, July 14.—Mrs. Ethel Salisbury, 657 Park avenue, and baby, were struck and seriously injured by an automobile on Fifth East near Seventh South street at 11 o'clock last night. The automobile was driven by John Jenson, Jr., 2626 East Sixth South street.

WHAT DYSPEPTICS SHOULD EAT. A PHYSICIAN'S ADVICE. Indigestion and practically all forms of stomach trouble are, nine times out of ten, due to a weak stomach. Sufferers should, whenever possible, avoid eating food that is acid in its nature, or which by chemical action in the stomach develops acidity. In such a rule eliminates most foods which are rich in blood. Fresh animal building properties. This is the reason why dyspeptics and stomach sufferers are usually so thin, emaciated and lack vitality that they can only eat a small amount of food. For the benefit of those who are obliged to exclude from their diet all starchy, sweet or fatty food, and are trying to keep up a moderate amount of food, I would suggest that you should eat a meal of any food or fruit which contains a moderate amount of bisulphated magnesia in its composition. This will neutralize any acid which may be present, and the usual feeling of flatulence, and a sense of fullness, will disappear. Bisulphated magnesia is a perfectly safe and reliable antacid. It has no direct action on the stomach, but by neutralizing the acidity of the food, and thus removing the source of the acid irritation which inflames the delicate stomach lining, it does more for the relief of the patient than any other medicine. It is a natural product of the earth, and is obtained by a process which does not require the use of any chemicals or drugs. It is a safe and reliable antacid, and is the only one that I can recommend for the relief of stomach trouble. It is a natural product of the earth, and is obtained by a process which does not require the use of any chemicals or drugs. It is a safe and reliable antacid, and is the only one that I can recommend for the relief of stomach trouble.

JAPANESE TAKEN ON LARCENY CHARGE. Salt Lake, July 14.—T. Samechi, a Japanese, 22 years old, is in the city jail charged with grand larceny. He is accused of stealing jewelry and money amounting to about \$275 from T. Richards, a Japanese woman living at 27 1/2 Richards street.

GAME WARDEN'S REMOVAL. Idavasi, Ida., July 13.—It has been strongly intimated that one of the causes for the removal of State Game Warden Barber by Governor Haines was that he was interested in the manufacture of a fish screen which he insisted should be used by all the canals of this section of the state. Many protests were filed with the governor by the canal men of this section, claiming that the cost was too great and that they were unnecessary. The expense, they said, of placing those screens in some of the large canals would be very great, and especially those leading out of Snake river, where they are from seventy-five to 150 feet in width.

SEVEN PERSONS ARE MURDERED IN ITALY. Bergamo, Italy, July 12.—Simone Planetta, a peasant of the village of Garameta Cornello, today killed seven persons, presumably to satisfy old grudges in the case of some of them. He took refuge in the mountains, where carabinieri are hunting him. Planetta appeared in the neighbor-



GOOD RETURNS ON MY INVESTMENT

Madison, Wis., Jan. 1, 1913. This is to certify that I have been a great sufferer from Rheumatism since 1894. Contracted the disease while working with a gang of plow on the railroad. For several years I have been obliged to use crutches a great part of the time. Having used three boxes of the



I have thrown away the crutches and am now almost fully recovered. It certainly has done wonders for me and I heartily recommend it. Signed, M. D. Reynolds. Price 50c. For sale by CULLEY DRUG CO. Exclusive Meritol Agency.

him a dose of the medicine he deserves." The wife climbed upon the judge's bench, picked up the gavel turned and asked: "What's the limit, your honor?" "Fifty days," came the answer. "Then that's it. So long, Mr. Thomas," said the skirting justice. "Take him below," ordered Judge Kaffer, and below went Brennan to await transportation to the county prison.

BRITISH BARRISTER DIES AT AGE OF 103. London, July 13.—William Augustus Gordon Hake, the oldest barrister in England, died at Brighton today. He was born in 1815 and was called to the bar in 1835.

ATTORNEY VEEDER DEAD. Chicago, July 13.—Albert H. Veeder, one of the oldest and most widely known attorneys in this city died tonight after an operation. He had been general counsel for several of the big packing companies for many years and was chief counsel for the defense in the government suit to dissolve the National Packing company in 1911. Mr. Veeder was born in Fonda, N. Y., in 1844.

RASH SPREAD OVER HANDS AND FACE. In Great Pain, Itched Terribly. Caused Disfigurement. Unable to Do Work. Used Cuticura Soap and Ointment. Not a Scar Left. Pennington, Cal.—"A few months ago I was poisoned. It came on my hands first in a rash and in two days it had spread all over my hands and face. It gradually got worse day by day and I was in great pain. My hands and face were mass running sores and itched something terrible. I did not dare to scratch as it pained me so. I could not sleep at night. The eruption caused disfigurement. I was unable to do my work at all, it pained me so.

"I tried medicine but it did not help me. I had been out for four weeks since I got poisoned when a friend asked me why I didn't try Cuticura Soap and Ointment. I sent for some right away and began using them following directions. Inside of two days I began to see a great change and in seven days after I began to use the Cuticura Soap and Ointment there was not a scar left." (Signed) Miss Edna Rogers, Apr. 30, 1914.

Samples Free by Mail. Why should I use Cuticura Soap? There is nothing the matter with my skin and I thought Cuticura Soap was only for skin troubles. True, it is for skin troubles, but its great mission is to prevent skin troubles. For more than a generation its delicate emollient and prophylactic properties have rendered it the standard for this purpose, while its extreme purity and refreshing fragrance give to it all the advantages of the best of toilet soaps. Cuticura Soap and Cuticura Ointment are sold everywhere. Liberal sample of each mailed free with 82-p Skin Book. Address post-card "Cuticura, Dept. T, Boston."

LEGAL NOTICES. DELINQUENT NOTICE. New York & Great Western Mining, Smelting & Development Company. Principal place of business, Ogden, Utah. Notice. There are delinquent upon the following described stock on account of assessment No. 12, levied May 21, 1914, the several amounts set opposite the names of the respective shareholders, as follows:

Table with columns: No. of Shares, Name, No. Shares, Am't. Includes Elizabeth S. Shields, Fred A. Shields, 1007 Dennis J. Sheehan, etc.

DELINQUENT NOTICE. Ogden Canal & Water Co. Location of business Ogden, Utah. Notice: There are delinquent upon the following described stock on account of assessment No. 12, levied May 21, 1914, the several amounts set opposite the names of the respective shareholders, as follows:

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More Vacuum Cleaners. We Rent Them as well as Sell Them. OGDEN ELECTRIC SUPPLY COMPANY. 2448 Washington Avenue. Phone 693.

Table of names and amounts, likely a list of shareholders or donors. Includes names like George M. and Jane Kerr, 1113 Job Road, etc.

NOTICE OF INTENTION. Notice is hereby given by the Board of Commissioners of Ogden City, Utah, of the intention of said board to make the following described improvements, to-wit: To create both sides of Washington avenue between Twelfth and Second streets as a curb and gutter district, and to construct therein concrete curbs and gutters according to the standard form adopted and used in Ogden City, and to together with all intersections and necessary grading therefor, and to defray the whole of the cost thereof, estimated at \$14,500, by a local assessment upon the lots and pieces of ground lying and being within the following district, being the district to be affected and benefited by said improvement, to-wit: All the land lying between the outer boundary lines of said avenue on both sides thereof, and a line drawn fifty feet outward from and parallel to the said outer boundary lines, being part of the N. E. 1/4 of Section 2, and part of the east one-half of Section 17, all in Township 6 north, Range 1 west, Salt Lake Base and Meridian; also Lots 1 to 10, inclusive, Block 1, Lots 1 to 10, inclusive; Block 6, all in Terrace Subdivision; Lots 12 to 22, inclusive; Block 2, Lots 10 to 20, inclusive; Block 4, all in Monterey addition; lots 8 to 16, inclusive, Block 5, Lots 7 to 9, inclusive; Block 4, all in Orchard Grove addition; lots 1 to 6 in Garfield Subdivision; lots 1 to 8, inclusive, Block 1, Myers addition; Lots 1 to 4, Wedell's Five Point Addition; Lots 1 and 2, Block 1, Le 2 and 2, Block 1, in Drummer's Addition; and Lots 1 to 8, inclusive, Block 1, Orchard Grove Annex.

All protests and objections to the carrying out of such intention must be presented in writing to the City Recorder on or before the 17th day of July, 1914, at 10 o'clock a. m., and being the time set by said Board of Commissioners when they will hear and consider such objections as may be made thereto, at the Mayor's office at the City Hall, Ogden City, Utah. Dated this 22nd day of June, 1914. FLORENCE O. STANFORD, City Recorder.

NOTICE OF INTENTION. Notice is hereby given by the Board of Commissioners of Ogden City, Utah, of the intention of said Board to make the following described improvements, to-wit: To create both sides of Washington and Grant avenues, also the east and west sides of Grant avenue between Fifteenth and Seventeenth streets; and the north side of Seventeenth street between Washington and Grant avenues as a sidewalk district, and to construct therein five (5) foot concrete sidewalks four (4) inches thick, together with all intersections and the necessary grading therefor, and to defray the whole of the cost thereof, estimated at \$2,500.00, by a local assessment upon the lots and pieces of ground lying and being within the following district, being the district to be affected and benefited by said improvement, to-wit: All the land lying between the outer boundary lines of said streets and a line drawn fifty feet outward from and parallel to said outer boundary lines on the south side of Fifteenth street between Washington and Grant avenues, on the east and west sides of Grant avenue between Fifteenth and Seventeenth streets, and on the north side of Seventeenth street between Washington and Grant avenues in Ogden City, Utah, being part of Lots 23, 24, 25 and 26, in block 7, Five-Acre Plat "A", Ogden City Survey.

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Advertisement for Tree Tea, featuring an illustration of a hand holding a tea box and the text 'Always the best-always the same'.

Advertisement for Ogden State Bank, highlighting a 4% savings rate compounded quarterly and services for business women.

Advertisement for How English Beauties Keep Faces Youthful, featuring a testimonial from Christian Miller, F. C. J.

Advertisement for Dr. T. Felix Gouraud's Oriental Cream, describing it as a magical beautifier for the skin.

Advertisement for Seven Persons Are Murdered in Italy, a news story about a peasant named Simone Planetta.

Advertisement for More Vacuum Cleaners, from Ogden Electric Supply Company.

Advertisement for Legal Notices, including delinquent notices from Ogden Canal & Water Co.

Advertisement for Fraternal Societies, listing various organizations and their meeting schedules.