

FAMOUS ATHLETES PAY GLOWING TRIBUTE TO PE-RU-NA

As a Spring Tonic to Get the System in Good Shape.

"I advise all Athletes who are about to go in training to try a bottle of Pe-ru-na." -J. W. Glenister.



John Glenister, Champion Swimmer and Only Athlete to Successfully Swim Through the Michigan Whirlpool Rapids.

PE-RU-NA Renovates, Regulates, Restores a System Depleted by Catarrh.

John W. Glenister, of Providence, R. I., champion long distance swimmer of America, has performed notable feats in this country and England. He has used Peruna as a tonic and gives his opinion of it in the following letter:

ATHLETES realize the importance of keeping in good bodily trim. The digestion must be good, the circulation perfect, sleep regular and enough of it. If the slightest catarrhal condition of lungs or stomach is allowed to remain, neither digestion nor sleep will be strength-sustaining.

Those who lead very active lives, like athletes, with good muscular development, find the spring months especially trying.

Athletes everywhere praise Peruna because they, of all men, appreciate the value of a tonic that dispels physical depression. The vacation of some men may allow them to endure the depressing feelings incident to spring weather, but the athlete must never allow himself to get "under the weather."

He must keep in the "pink of condition" all the time.

In order to do this he must avail himself of a spring tonic upon which he can rely.

Therefore athletes are especially friendly toward Peruna. Peruna never fails them.

New York, Columbus, Ohio: The Peruna Medicine Company, Gentlemen—"This spring for the first time I have taken two bottles of Pe-ru-na, and, as it has done me a great deal of good, I feel as if I ought to say a good word for its worth. "During the Springtime for the last few years, I have taken several kinds of spring tonics, and have never received any benefit whatever. This year, through the advice of a friend, I have tried Peruna and it has given satisfaction. "I advise all athletes who are about to go in training to try a bottle, for it certainly gets the system in good shape." Yours truly, JOHN W. GLENISTER.

NO SUCH WORD AS FAIL.

Remark Attributed to Admiral Togo's Great Rival.

The Makaroff memorial just issued, says the Saturday Evening Post, recalls a visit to Washington paid by the stalwart admiral immediately before the outbreak of the war in the far East.

The part of Washington which pleased him best was the National Museum, where he was under the guidance of one of the best-informed anthropologists in America, the acting dean, Prof. Otis T. Mason. Prof. Mason is as small as he is mighty, but straight as an arrow, in spite of his white hair, and every inch of him a man. He looked like a picturesque pocket edition beside the magnificent Makaroff, with his broad shoulders and massive chest and huge beard.

They were standing before the incomplete Russian exhibit. Prof. Mason explained several reasons why the collector had failed to do his duty, according to his invariable maxims with the remark: "I suppose we must consider them as adequate excuse." Instantly Admiral Makaroff replied: "There are plenty of reasons, but there is never an excuse for any failure." His deep voice was like velvet thunder. It made whatever he said seem momentous. And he came by the principle honestly. It ran in the family. His grandfather once received a order from the czar direct, which was no difficult of execution that the collector closed with the unusual words:

"Can it be done?" he asked. "If it is possible it will be done. If it is impossible—it shall be done."

Against Rate Reduction.

Atlanta, Ga.—The recent proposition of J. Pope Brown, Chairman of the Georgia Railroad Commission, to reduce the passenger rate in Georgia from three to two cents a mile was protested against by the Brotherhood of Locomotive Engineers, the Order of Railway Conductors, and unions of the blacksmiths, machinists and telegraphers, boilermakers, railway train men, carpenters and joiners, clerks and carmen. These organizations employed an attorney especially to represent them, who urged that such a reduction would work against the prosperity of the State and lead to a reduction in the number of railroad employes as well as of their wages. The Travelers' Protective Association also protested that a reduction as proposed would result in fewer trains and poorer service.

Recent Wall Street Winners.

Among winners by the recent upward movement in Wall street William Rockefeller is said to take the lead. His profits in the last few months are put at \$15,000,000, chiefly made in the rise in Union Pacific. Charles M. Schwab, John W. Gates and E. H. Harriman also came out ahead, but did nothing like so well as Mr. Rockefeller.

Got Rich on Tips.

Francois Dumon, a French waiter, has just left Denver, on his way home to France, having made \$40,000 in tips in five years. Of this he made \$8000 last year at St. Louis. He speaks six languages. His father and grandfather were waiters all their lives, and he was brought up to the business. He is still a young man.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials to F. J. CHENEY & CO., Toledo, Ohio.

GRAIN MARKETS.

More.—FLOUR—Quiet and unchanged; receipts, 2,838 barrels; exports, 505 barrels.

WHEAT—Firm; spot, contract, 93 1/4 @ 93 3/4; spot, No. 2 red, Western, 93 3/4 @ 94; April, 93 1/4 @ 93 3/4; May, 92 3/4 @ 92 7/8; July, 83 3/4 @ 85 1/2; August, 82 1/2 asked; steamer No. 2 red, 85 1/4 @ 85 3/4; receipts, 1,381 bushels; Southern by sample, 75 @ 92; Southern on grade, 83 1/4 @ 83 3/4.

CORN—Firm; spot, 51 @ 51 1/4; April, 51 @ 51 1/4; May, 51 @ 51 1/4; July, 51 3/4 @ 51 1/2; September, 51 3/4; steamer mixed, 47 1/4 @ 47 3/4; receipts, 16,786 bushels; exports, 102,857 bushels; Southern white corn, 48 @ 51; Southern yellow corn, 49 @ 52 1/2.

OATS—Dull; No. 2 white, 36 @ 36 1/2; No. 2 mixed, 34 sales; receipts, 3,137 bushels.

RYE—Dull; No. 2 Western, 85 asked; receipts, 725 bushels.

HAY—Steady; No. 1 timothy and No. 1 clover mixed, unchanged.

BUTTER—Quiet; fancy imitation, 24 @ 25; fancy creamery, 29 @ 30; fancy lard, 22 @ 23; store-packed, 19 @ 20.

EGGS—Steady and unchanged; 16 1/2.

CHEESE—Firm and unchanged; large 13 3/4; medium, 14; small, 14 1/4.

SUGAR—Strong, unchanged; coarse granulated, 6.25; fine, 6.25.

New York.—FOUR—Receipts, 4,459 barrels; exports, 8,194 barrels. Dull and unchanged.

BUTTER—Unsettled; receipts, 10,000 lbs. unchanged.

Prices, creamery, common to extra, 23 @ 28; State dairy, common to extra, 21 @ 27; renovated, common to extra, 17 @ 26; Western imitation creamery, common to extra, 24 @ 26.

CHEESE—Steady, unchanged; receipts, 1,070.

EGGS—Steady, unchanged; receipts, 21,238.

LARD—Easy; Western steamed, 7.40; refined barely steady; continent, 7.50; South American, 8.25; compound, 5 1/4 @ 5 1/2.

SUGAR—Raw nominal; fair refining, 4; centrifugal, 96 test, 4 1/2; molasses sugar, 3 3/4; refined quiet.

POTATOES—Weak. Florida, new, 3.00 @ 5.25; State and Western, 75 @ 1.00; Jersey sweets, 2.50 @ 4.00.

PEANUTS—Quiet. Fancy hand picked, 5 1/4 @ 5 1/2; other domestic, 3 1/4 @ 5 1/2.

CABBAGES—Steady. Charleston, per barrel crate, 1.50 @ 1.75.

Live Stock.

Chicago.—CATTLE—Good to prime steers, 5.75 @ 6.50; poor to medium, 4.25 @ 5.40; stockers and feeders, 2.70 @ 5.25; cows, 2.75 @ 4.75; heifers, 2.50 @ 5.50; canners, 1.60 @ 2.40; bulls, 2.50 @ 4.75; calves, 3.00 @ 5.75.

HOGS—Mixed and butchers, 5.00 @ 5.30; good to choice heavy, 5.00 @ 5.32 1/2; rough heavy, 4.65 @ 4.95; light, 5.00 @ 5.27 1/2; bulk of sales, 500 @ 5.25.

SHEEP—Good to choice wethers, shorn, 4.60 @ 5.00; fair to choice mixed, shorn, 4.00 @ 4.50; native lambs, shorn, 4.00 @ 6.50.

New York.—BEEVES—Steers slow, 10c lower; bulls steady; medium cows 10c off; others steady to firm. Steers, 4.75 @ 6.35; bulls, 3.25 @ 4.75; cows, 1.90 @ 4.65. Exports tomorrow, 1,450 cattle, 540 sheep, and 4,300 quarters of beef.

CALVES—Veals, 3.50 @ 6.25; few tops, 6.50; dressed calves dull; city dressed veals, 7 @ 10c per pound; country dressed, 5 @ 8c.

SHEEP AND LAMBS—Lambs, 15 @ 25c. lower. Woolled lambs, prime to choice, 7.70 @ 7.85; good clipped do., 5.75.

HOGS—Good to choice State hogs, 5.70 @ 5.85.

MUCH IN LITTLE.

The Lieutenant Governor of South Carolina wears a purple robe of office when presiding over the Senate.

A London electrician has established the "wireless" in his house and summons the servant to his presence by means of it.

By the Bergsoe process (ferric chloride) for the recovery of tin, 40 pounds of the metal is extracted from one ton of tin-plate scrap.

The deepest sounding yet made in the oceans is said to be in the Aldrick deep, to the east of New Zealand. Here the sea is 30,930 feet deep.

A large mine containing a first-class quality of graphite was recently discovered in Siberia. The deposit is in the surroundings of Lake Baikal, and has been bought by the Fabers, the well-known pencil manufacturer of Nuremberg, Germany.

The finest groves of oil palm are found in Liberia at Cape Palmas, 100 miles from the coast.

...lassitude, excitability, nervousness, sleeplessness, "all-gone" and "blue" feelings, blues they should remember true remedy. Vegetable Compound such troubles. medicine in the widespread No other cures of from ... to ...

Let Common Sense Decide

Do you honestly believe, that coffee sold loose (in bulk), exposed to dust, germs and insects, passing through many hands (some of them not over-clean), "blended," you don't know how or by whom, is fit for your use? Of course you don't. But



LION COFFEE

Is another story. The green berries, selected by keen judges at the plantation, are skillfully roasted at our factories, where precautions you would not dream of are taken to secure perfect cleanliness, flavor, strength and uniformity.

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

This has made LION COFFEE the LEADER of ALL PACKAGE COFFEES.

Millions of American Homes welcome LION COFFEE daily. There is no stronger proof of merit than continued and increasing popularity. "Quality survives all opposition."

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ADVERTISE IN THIS PAPER IT PAYS

PIMPLES

"I tried all kinds of blood remedies which failed to do me any good but I have found the right thing at last. My face was full of pimples and blackheads. After taking Cascaris only 10 days I am continuing the use of whom and recommending them to my friends. I feel fine when I rise in the morning. Hope to have a chance to recommend Cascaris." Fred C. Witten, 25 Elm St., Newark, N. J.

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