

THE BIG STONE GAP POST.

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How Much Typhoid Does State Want?

Health Authorities Say Summer Scourge Will be in Proportion to Carelessness.

Richmond, Va., March 26.—Basing its question on the statement that Virginia will have much or little typhoid this summer as the people are careless or cautious, the State Board of Health in its first clean up notice of the spring, issued today, makes the somewhat startling inquiry,—how much typhoid does Virginia want in 1915.

"This question," the board continues, "may seem hypothetical but within certain limits, it is practicable for the State to determine its typhoid rate. The means of preventing this disease and the channels by which it is spread are so well-known that by the expenditure of reasonable money and energy, the typhoid appearing in a given year may be decreased to a negligible factor.

"Seven years ago, from October, 1908, to September, 1909, there were 14,395 estimated cases of typhoid fever in Virginia, primarily because the people of the State were unfamiliar with the simple methods by which the disease could be controlled. In the same twelve months of 1913-14 there were but 7,430 estimated cases of typhoid, or but little more than half as many as six years before. The reason was the application by the people of preventive measures.

"There is no reason why seven years from now, or in even a shorter time, the typhoid rate will not have declined as much again in proportion, provided the people are willing to exert themselves and to spend a little money in protecting themselves against it.

"Typhoid fever is primarily a question of sewage disposal. The germs that cause the disease in any person come in every instance from the body of someone who has or has had typhoid.

"In this climate, the carriage of typhoid is rendered easy by the breeding of flies, which make their appearance early and remain until the late autumn. It is necessary, therefore, to begin precautionary measures in March.

"The Virginia farmer or resident of a small town who wishes to protect his family from typhoid can usually do so by providing against the scattering of filth by erecting and using a sanitary outhouse. This will keep the filth from flies, will protect the well or spring, in large measure at least, and will in most instances solve the typhoid problem so far as its spread from that particular farm or house is concerned."

The Board of Health, in a titipation of the general clean-

up movement for the prevention of typhoid is preparing its literature and making its arrangements for the investigation of outbreaks. Detailed announcements of its plans are shortly expected.

MEASLES.

Every month a thousand children die in the United States from measles. Twenty per cent. of all the children under three years who contract measles die. In Virginia, measles killed 310 people last year—more than died from scarlet fever and whooping cough combined.

Please read the above paragraph again and grasp its significance. It probably repeats the ideas of every reader. Most of us have been taught to believe that measles was a necessary ill of childhood and that it was no more to be feared than a bad cold. Some of us may remember parents who even expressed the hope that their children would "have measles and be done with it."

The truth is that measles is one of the most serious diseases of childhood. It is the most contagious of all diseases, spreads very easily, and kills many children, especially those under three years of age. Worse still, measles is very often followed by serious and fatal complications. Hundreds of cases of broncho-pneumonia in children are due to measles. Ear troubles and weak eyes in hundreds and thousands of adults date back to a severe case of measles.

There are more than a million cases of measles every year in America—a million anxious mothers, a million suffering children, a million disordered homes and thousands of dollars loss. Twelve thousand little lives are sacrificed to a disease that should be only a name. How long will we neglect our children, when care and precautions will save many from the disease and most of them from serious effects?

There Is No Question but that indigestion and the distressed feeling which always goes with it can be promptly relieved by taking a Rexall Dyspepsia Tablet before and after each meal. 25c a box. Kelly Drug Co.

To Whom This May Concern.

We take this method of thanking the people in general who contributed to our cause Saturday, March 27th, known as tag day throughout Virginia, for the purpose of building a negro sanatorium for tubercular patients. We especially thank the white people who gave so liberal for this cause. The amount raised was \$20.42. This March 30, 1915.

Mrs. Ola Dykes, Prof. Johnson, H. Martin, Committee.

NOTICE!

The Sanitary Dry Cleaning and Pressing Company have sold their establishment to Buckner & Slush, who will conduct the business under the same name as heretofore. They solicit the patronage of the public, promising to do first class work in every particular.

Easter Service.

There will be Easter service at the Christian Church Sunday night. The pastor will give a brief history of Easter and will dwell on its significance. There will also be special music to harmonize with the occasion. Subject, "The Risen Lord." Public is cordially invited to attend the service.

NOTICE.

Circle No. 1 of the Woman's Missionary Society of the M. E. Church, South, will give a "Jonquil Tea," Friday, April 2nd, from 3 to 6 p. m., at the home of Mrs. J. H. Mathews. There will be a program and refreshments will be served. 9-13

When People Ask Us what is good for nerves and lost weight, we always recommend Rexall Olive Oil Emulsion containing Hypophosphites a food tonic and tissue-builder. Kelly Drug Co.

Notice Tennis Players.

There will be a meeting of the Cumberland Tennis Club on Monday night, April 5th, in Mr. Drennen's office. All members of the club are requested to be present at this meeting. All persons wishing to join the club this year are also invited to be present.

Rexall Orderlies

Sick, headache, biliousness, piles and bad breath are usually caused by inactive bowels. Get a box of Rexall Orderlies. They act gently and effectively. Sold only by us at 10 cents. Kelly Drug Co.

Eggs For Hatching.

I breed Barred Plymouth Rocks. Have a select pen of hens mated to a cockerel ordered from A. G. Caloway, of Louisville, Ky., that cost \$5.00. Eggs packed in patent shipping boxes at \$1.00 for 15. Address, Mrs. J. D. JOHNSON, 10-13 Dryden, Va.

FOR SALE:—Rhode Island Reds and Turkey Eggs. Apply to Mrs. J. P. Wolfe.

Mrs. J. W. Kelly left Friday night for Louisville where her daughter, Mary Elizabeth, was operated on in one of the hospitals for appendicitis Saturday. She stood the operation well and is getting along nicely.

Mr. and Mrs. W. Sherman Beverly left Tuesday morning for Richmond where Mrs. Beverly will undergo an operation in the Johnson-Willis Hospital there in a few days.

M. F. Hurd has been very ill for several days at his home in East Stone Gap.

A fire alarm was sent out from the residence of H. E. Fox yesterday afternoon at 5:30 o'clock. The volunteer fire department was on the scene early, but on investigation it was found soot had caught fire in the chimney which caused an unusually amount of smoke.

ANNOUNCEMENT.

To the Voters of Big Stone Gap: I take this method of announcing myself a candidate for the office of Town Sergeant at the election to be held Tuesday, June 8th. I appeal to all the voters, regardless of party, for their support, especially to those who are anxious to see our laws justly and impartially enforced. If entrusted with this office I shall certainly perform the duties thereof to the very best of my ability. Your obedient servant, MARSHALL BELCHER.

ANNOUNCEMENT.

To the Voters of Big Stone Gap: I hereby announce myself a candidate for the office of Treasurer of the town of Big Stone Gap, at the election to be held June 8th. I earnestly solicit the support of all voters, regardless of party affiliations. If elected to this office I will endeavor to perform the duties thereof to the best of my ability. Yours very truly, P. H. KENNEDY.

If You Are Losing Weight and your nerves are in bad condition, we recommend

Rexall Olive Oil Emulsion containing Hypophosphites a food and nerve tonic prescription. Kelly Drug Co.

Colds should be "tipped in the bud", for if allowed to run unchecked, serious results may follow. Numerous cases of consumption, pneumonia, and other fatal diseases, can be traced back to a cold. At the first sign of a cold, protect yourself by thoroughly cleansing your system with a few doses of THEOFORD'S BLACK-DRAUGHT the old reliable, vegetable liver powder. Mr. Chas. A. Ragland, of Madison Heights, Va., says: "I have been using Theoford's Black-Draught for stomach troubles, indigestion and colds, and find it to be the very best medicine I ever used. It makes an old man feel like a young one." Insist on Theoford's, the original and genuine. E-67

POPULARITY CONTEST.

HOW THEY STAND.

Table with 3 columns: Name, Location, and Votes. Includes Mrs. S. A. Bailey (182,700), Miss Cora Mahaffey (117,701), Miss Corrie Long (35,825), Miss Margaret Carnes (17,450), Miss Georgia Bostwick (15,100), Miss Thelma Baker (11,300), Miss Gladys Wolfe (8,750), Miss Mattie Brown (5,100), Miss Rebecca Wade, R.F.D. No. 2 (5,000), Miss Bessie Sheen, R.F.D. No. 1 (2,000), Miss Fannie Johnson (1,000), Miss Flora Bruce (1,000), Miss Addie Elenor (1,000), Miss Edna Catron (1,000), Miss Mary Kilbourne (1,000), Miss Gladys Lyle (1,000), Miss Arkie Witt (1,000), Miss Julia Bullitt (1,000), Miss Olivette Dalton (1,000), Miss Grace Gilly, R.F.D. No. 2 (1,000).

Table with 3 columns: Name, Location, and Votes. Includes Miss Mollie Hurd (16,800), Miss Edna Stewart (1,000), Miss Bessie Tate (1,000), Miss Virgie Neely (1,000).

Contest Closes April 7 11 o'clock p. m.

Next counting of votes will take place on Thursday morning, April 8th.

Mr. and Mrs. Addison Morris and children left Thursday for Jasper, where they will make their future home. Mr. Morris has a prominent position with the Lovelady Lumber Company at that place. Their beautiful home has been rented to H. L. Miller, president of the Interstate Railroad, who will move his family here from Knoxville this week.

Cut Flowers For Easter.

Carnations, Roses, Violets, Sweet Peas, at J. E. HOBBSMAN, The Florist, West Norton, Va. Phone Norton

Easter Opening We will exhibit Forty-Five Exclusive and Authentic Patterns for Spring and Summer Wear commencing Thursday Morning next You are Invited to Attend THURSDAY APRIL FIRST Fuller Brothers The Quality Shop Big Stone Gap, Va.

RADFORD NORMAL SCHOOL The State Normal School for Women at Radford is open forty-eight weeks each year. The Summer Normal opens June 14. Courses for Summer School, Professional Certificate, for the renewal or extension of certificates, and for First, Second, or Third grade Certificate. Tuition is free. Radford is in the pleasant Upland Region of Virginia, 1800 feet above the sea. For catalogue and full information write J. P. MCCONNELL, East Radford, Va.

SPECIAL SALE! \$5000 STOCK OF GENERAL MERCHANDISE TO BE CLOSED OUT AT COST SALE STARTS Thursday Morning April 1st

Nothing reserved or kept back. Everything must go at once. Be the first to come on opening day and get first choice of the wonderful bargains. My store is well supplied with General Merchandise and this Special Sale will surprise everyone in this section. Easter is near and you should prepare for it by buying of my new spring stock. Don't wait a minute. Be ready when the doors open on Thursday morning, April 1st.

Table with 2 columns: Item and Price. Includes Calico, per yard (5c), Gingham, per yard (8c), SUITS FOR MEN AND BOYS, LADIES HATS, DRY GOODS, SHOES and OXFORDS, NOTIONS, Men's Pants.

I have failed to mention some of the real values that I am going to offer you during this Special Sale. I just want to surprise you when you come to my store. Be sure to come. NOTICE.—Everything will be sold strictly for Cash.

MRS. G. W. KILBOURNE, Cadet, Va.