

FRIENDS SET HIM ON RIGHT ROAD

Spent Hundreds of Dollars
Uselessly, He Says.

TANLAC THE ONLY THING THAT GAVE HIM ANY RELIEF

Gained Twenty-six Pounds
and is in Better Shape
Than in Many
Years.

"After I had spent hundreds of dollars trying medicines and treatments without finding anything that would relieve my trouble, I started taking Tanlac and I have gained twenty six pounds and am now in splendid shape.

"For four long years, I actually didn't see a well day. I was nearly always in misery from pains in my stomach, and sometimes it seemed like I had had a hard blow in that region. The food I ate soured and formed gas that would swell me up until I would nearly smother. I couldn't sleep at night and was just simply in torture all the time.

"A friend of mine set me on the right road when he recommended Tanlac to me. It was only a few days after I began taking it, until I could eat any thing I wanted without any trouble, and I started picking up. My pains are absolutely gone. I never have a smothering spell and besides gaining twenty six pounds I am in better shape than I have been for years."

The above statement was made sometime ago by J. T. Low, 1004 Ocoee St., Chattanooga, Tenn., and is signed and witnessed.

The genuine Tanlac is sold in Big Stone Gap by the Mutual Pharmacy, and also by the following agents in nearby towns: Old Dominion Drug Co., Appalachia, and E. C. Blair, Olinger.—Adv.

LIBERTY LOAN FEEDS AND CLOTHES OUR SOLDIERS

Since the beginning of the war, we have spent for Army use \$37,000,000 for flour; \$14,000,000 for sugar; \$43,000,000 for bacon; \$12,000,000 for beans; \$9,000,000 for canned tomatoes, and \$3,000,000 for rice. These are only some of the large items in our Army's bill of fare. We have spent \$126,000,000 for shoes, over \$500,000,000 for clothing, winter and summer; nearly \$150,000,000 for blankets.

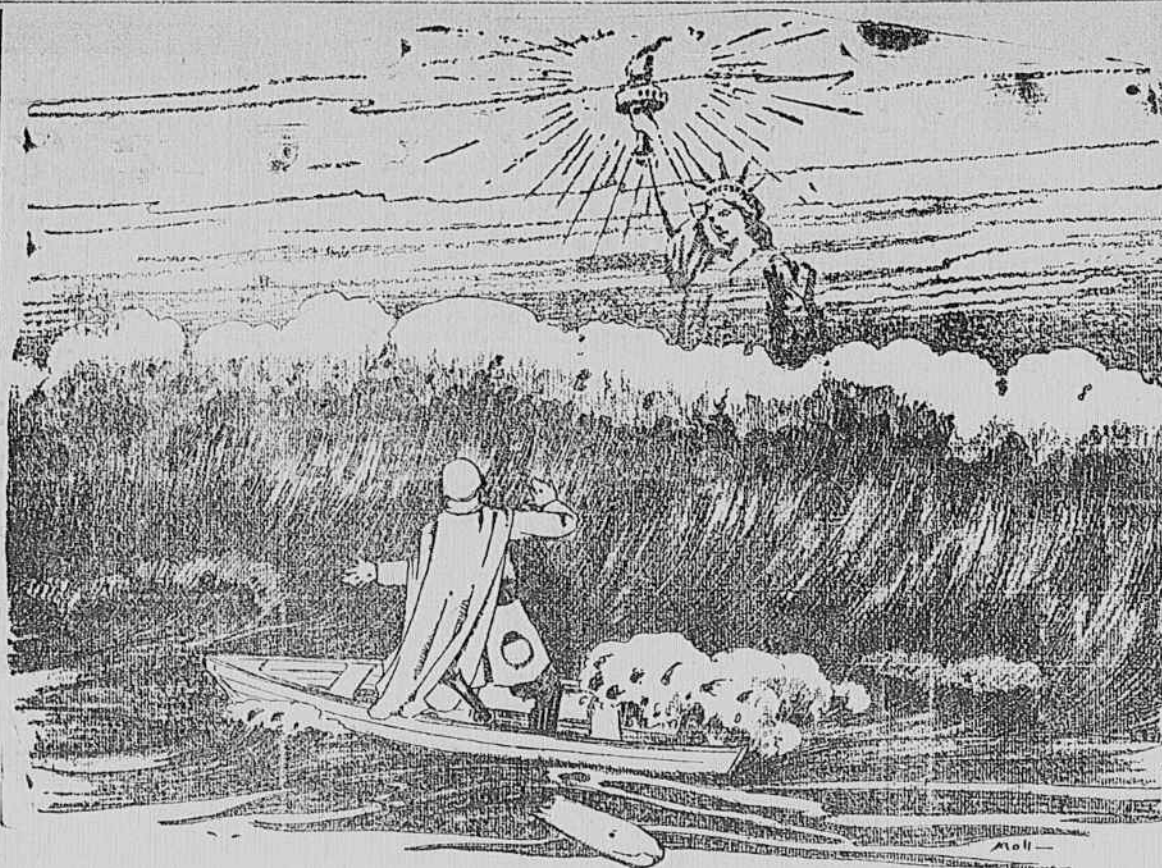
Our axes for the Army have cost over \$6,000,000; our rolling kitchens \$47,000,000 and field ranges \$1,500,000. The Army is using 2,500,000 shovels costing \$1 a piece. Our motor trucks to carry supplies and ammunition cost \$240,000,000, and for horse-drawn wagons and carts we have spent \$37,000,000. Our 279,000 horses and 132,000 mules have cost us nearly \$100,000,000; to feed them has cost over \$60,000,000 and the harness for them nearly \$30,000,000.

These figures are large, but we have nearly 2,000,000 men in France and nearly as many in cantonments here, and the United States and the people of the United States, through the Liberty Loan are making these soldiers as safe and comfortable, as powerful and efficient as possible.

Every subscriber to the Liberty Loan has helped, and every subscriber to the Fourth Liberty Loan will help to win the war.

Radford Normal Notes

The sixth session of the State Normal School at Radford opened September 17th, with the largest attendance in the history of the institution at the opening of the regular session. The



The Tidal Wave of Victory

Liberty Bonds Create the tidal wave of Victory in this war, - - - an early complete, triumphant victory.

If we are to win the war abroad - - if we hope to submerge the Kaiser - - we must first learn to spend wisely, to abandon selfishness, and invest every dollar we possibly can in bonds which provide materials and equipment, without which the war cannot be won.

Save and Serve! Go to Your Bank Today and Buy Liberty Bonds

preparation of the student body is very satisfactory. The Senior Class is largest in the history of the school.

Miss Myrtle Burnette, a graduate of the Pratt Institute, New York, and of several years' experience, has been added to the Household Arts faculty. The percentage of students taking Household Arts courses the present sessions is about the same that it has been for the last three years. The proportion of students taking the course for the training of high school teachers is a little larger than heretofore. A great majority of the Senior Class, however, are specializing in the elementary courses for teaching in the primary or grammar grades. A large number of Seniors will do practice and observation work in the rural schools, under the direction of the Supervisor of Rural Education. The teacherage or teacher's home is being equipped in connection with a one-room school in Pulaski County. In this school some members of the Senior Class will be associated with the teacher and live for a part of the session in the teacherage.

Miss Baird has been made Chairman of the Four Minute Songs which will be held during the Liberty Loan Drive. She will be assisted by local musicians and student of the Music

Department of the Normal School.

Both the Ingles and Pocahontas Literary Societies held attractive sessions and informal receptions on Saturday P. M. to welcome the new students. Both programs were greatly enjoyed and many new girls became affiliated with these organizations.

Miss Eloise Harrison has been made Normal School Chairman for the coming Liberty Loan Drive.

Miners'

Work Must Win or Lose for Us.

Before a meeting of mine workers and operators at Uniontown, Pa., Friday afternoon, September 20, called by James B. Neale, Director of Production, U. S. Fuel Administration, P. B. Noyes, Director of Conservation, spoke as follows:

"I passed a soldier in the street the other day. A friend whom was with me said 'That fellow has just come over from France. He has been four months in the front line trenches.' I turned around to look at him. That soldier was of tremendous interest to me. He from General Pershing's pile.

If you lay off one day a week next March, you must figure that your pleasure has cost General Pershing at least 500 shells and it is safe for you to figure that the loss of those 500 shells will be at least one young man dead who might have come back to your family or to your friend's family after the war.

"That is why I told you I felt the same thrill in looking into the faces of a bunch of miners like you, that I would in meeting a bunch of soldiers from the front line trenches."

ANNOUNCEMENT

The C. & P. Telephone Company, which has heretofore been giving the correct time over the telephone to any one who cared to call for it, now announces that it is obliged to stop this practice.

When times were normal, according to Local Manager, J. J. Brua, the company was glad to furnish a certain amount of information service of this kind, including calls for the location fires, football and baseball scores, and the time of the day. But now that the lines are everywhere congested with Government calls and war business, he states that it has been found necessary to relieve the operators of this burden.

The new ruling went to effect Sunday, September 22.

Your Money Should Not Be Neutral; Enlist It In The Fourth Loan.

Just now it requires about 1,500,000 pounds of fresh beef a day to feed the American Army in France, besides proportionate quantities of other meats, canned goods, potatoes, vegetables, bread, coffee and other foodstuffs, all laid down in France and all ready at the dot. And Uncle Sam is managing it all.

ORDER OF PUBLICATION

VIRGINIA.—In the Clerk's Office of the Circuit Court of the county of Wise the 13th day of September, 1918.

Corn M. Kelly, Plaintiff vs. Interpleader A. J. Sullivan, Defendant
The object of the foregoing suit is to recover the goods and chattels levied upon by E. T. C. Co., consignor, on a warehouse warrant issued by a Justice of the Peace at the suit of A. J. Sullivan vs. W. G. Kelley. And it appearing from affidavits on file in said office that the defendant, A. J. Sullivan, is not a resident of the state of Virginia; it is ordered that he appear here within 15 days after due publication of this order and do what is necessary to protect his interest in this suit. And it is further ordered that a copy hereof be published once a week for four successive weeks in the Big Stone Gap Post, and that a copy be posted at the front door of the court house of this county, as prescribed by law.
W. B. HAMILTON, Clerk
W. P. Higgins, Jr. 4.
Sept 18-33-1

Women!

Here is a message to suffering women, from Mrs. W. T. Price, of Public, Ky.: "I suffered with painful... she writes, 'I got down with a weakness in my back and limbs... I felt helpless and discouraged... I had about given up hopes of ever being well again, when a friend insisted I

Take

CARDUI

The Woman's Tonic

I began Cardui. In a short while I saw a marked difference... I grew stronger right along, and it cured me. I am stronger than I have been in years. If you suffer, you can appreciate what it means to be strong and well. Thousands of women give Cardui the credit for their good health. It should help you. Try Cardui. At all druggists. E-73

DR. THOMAS F. STALEY Refractionist.

Treats diseases of the Eye, Ear, Nose and Throat.

Will be in Appalachia FIRST FRIDAY in each month until 3 P. M. BRISTOL, TENN.-VA.

DR. G. M. PEAVLER,

Treats Diseases of the Eye, Ear, Nose and Throat, BRISTOL, TENN.

Will be in Appalachia Third Friday in Each Month. may 12-25-1

FOX & PECK,
Civil and Mining Engineers.
Big Stone Gap, Va. Harlan, Ky.
Reports and estimates on Coal and Timber Lands, Design and Plans of Coal and Coke Plants, Land, Railroad and Mine Engineering, Electric Blue Printing.

Dr. J. A. Gilmer

Physician and Surgeon
OFFICE—Over Mutual Drug Store
Big Stone Gap, Va.

Dr. G. C. Honeycutt DENTIST

BIG STONE GAP, VA.
Office in Willis Building over Mutual Drug Store.

J. C. CAWOOD BLACKSMITHING Big Stone Gap, Va.

Wagon and Buggy work A Specialty I have an Up-to-date Machine for putting on Rubber Tires. All work given prompt attention.

N. & W. Norfolk & Western

Schedule in Effect
May 19th, 1918

LEAVE NORTON, VA. 6:45 a. m. and 2:30 p. m. for Bluefield and intermediate stations. Connection at Bluefield with Trains East and West—Pullman Sleepers and Dining Cars.

LEAVE BRISTOL, VA. Daily 6:50 a. m. for East Radford, Richwood, Lynchburg, Petersburg, Richmond, Norfolk and Hagerstown. Pullman Car (Transfer) to Roanoke and Hagerstown. Pullman Sleeper Hagerstown to Philadelphia.

12:01 p. m. daily for all points between Bristol and Lynchburg, Connecticut. Walton at 6:20 p. m. with the Chicago Express for all points west and northwest.

5:15 p. m. for Norfolk and intermediate points. Pullman Sleepers to Norfolk 1:05 p. m. and 8:20 p. m. (limited). Solid trains with Pullman Sleepers to Washington, Baltimore, Philadelphia and New York via Lynchburg. Does not make local stops.

W. C. SAUNDERS, G. P. A.
W. B. BEVILL,
Pass. Traf. Mgr.,
Roanoke, Va.

J. E. HORSMAN, Florist,

DOOLEY, VA.

Telephone 1030 Norton, Va.
Another reminder not to forget us when in need of Flowers for any occasion, Roses, Violets, Sweet Peas, Orchids, Carnations, Chrysanthemums and Potted Plants. Corsage work and Floral Designs a Specialty. Out of town orders filled promptly by Parcel Post, Special Delivery, Express or Telegraph.

S. S. Masters & Co.

General Blacksmith
Repair Work.

Hoiler and Machine Repairing, Horse-shoeing a specialty. Wagon and Buggy Work. We make a specialty of putting on rubber tires. All work given prompt and careful attention.

Big Stone Gap, Va.