



SUNSEAL PREPARED BROWN BREAD FLOUR

Bought by particular people

Made by the Millers of SUNNYCORN

If you love good brown bread—you will welcome this new food product that has scored an instant success in American homes.

This delightful ready mixed Brown Bread Flour means uniformity in your baking—it gives you better brown bread; moist without being soggy, rich and nutritious.

One package makes four big ten cent loaves of appetizing brown bread. The best you ever tasted.

Try Sunseal Prepared Brown Bread Flour today. And you will always have it ready within reach.

Get Sunseal Prepared Brown Bread Flour at your grocer's today!



The Patent Cereals Co. (Established 1883) New York, N. Y.

SUNNYCORN is a SUNSEAL eatable

LYNCHED NEGRO WAS NOT GUILTY

One of Three Hanged at Duluth Had no Part in Attack on White Girl

ISAAC MCGHIE WAS ONLY WITNESS

According to Report by a Special County Investigation

Duluth, Minn., July 20.—The special county investigation into the lynching of three negroes here on July 15 last declared, in its final report, that Isaac McGhie, one of the negroes hanged, had no part in the attack on a white girl, which brought about the trouble. Evidence brought before it convinced the grand jury, the report said, that McGhie was merely held by the police as an important witness.

TO FACILITATE THE DISTRIBUTION OF COAL

Coal Operators and Railroad Executives Present Plan to I. C. C.—Will Benefit New England.

Washington, D. C., July 20.—Coal operators and railroad executives presented to the Interstate commerce commission yesterday a plan agreed to by them to facilitate the distribution of coal to the northwest, New England and Canadian territory. Details of the proposal were withheld until the commission has an opportunity to study it.

Sufficient coal is being mined in the eastern territory, it was said, to meet current needs, but unless transportation arrangements are modified enough of it will not be moved into the northern districts named to prevent winter shortages.

ROCHESTER

Rochester troop, No. 1, boy scouts, has over 40 boys enrolled as scouts or club members. They are now working to earn money to buy their uniforms and equipment, which will be required on their camping trip, which they plan to spend at Lake Dunmore last of August. The townspeople could help out if they would notify Wallace Bailey or Storrs Slough when they want work done, as a scout will do the work well and only ask a fair price.

Everett Pierce, bookkeeper for the American Realty company, has finished work here and gone to Warren, N. H.

Mrs. Romaine Holland is at the Mary Fletcher hospital for an operation for appendicitis.

Mr. and Mrs. F. A. Guernsey and Mr. and Mrs. Richard Hubbard and daughter were in Burlington recently. Miss Grace Cleveland of Boston, Mrs. Holden and Miss Vanderbilt of New York and Miss Leavens of Norwich, Conn., are at Mountain View for the summer.

Mrs. Ripley of Boston is a summer guest at George Newton's.

A. P. Wade has returned from his visit to Bristol, N. H., where he went to see a brother who is in very poor health.

Miss Louise Bailey of Buffalo, N. Y., is visiting her parents, Mr. and Mrs. Luther Bailey.

W. H. Campbell and company have purchased Frank Kennedy's interest in the hardware block.

Joseph Hill and James Manning were at home from White River Junction over Sunday.

Mrs. Newton of New Hampshire is a guest of her cousin, Mrs. Hester Dunham.

Mr. and Mrs. Eugene Brooks have been spending the past week in Canada. Mr. and Mrs. Wallace Bailey were in Pittsfield Saturday evening to attend the 50th wedding anniversary of Mrs. Bailey's parents, Mr. and Mrs. Harris Ranney.

The game of baseball between Bethel and Rochester resulted in a score of 7 to 6 in favor of Bethel at the close of the 14 innings.

Rev. and Mrs. Ira Priest of Mount Holly have been recent guests at the Pierce home. Mr. Priest was pastor of the Universalist church here 23 years ago.

CARE OF THE BABY

A Series of Articles Prepared Especially for the Barre Daily Times

By the U. S. Public Health Service, Washington, D. C.

(Questions relating to baby care and to problems of maternal and child health will be answered by experts of the U. S. public health service. Address Baby Health Editor, U. S. Public Health Service, Washington, D. C. Please mention this newspaper.)

9.—Breast Feeding.

Mother's milk—Mother's milk is the best and cheapest food for the baby. It will make the baby strong and healthy. Mother's milk is always ready and it never sours. It does not need to be prepared or measured. It is practically always safe. Mother's milk contains the proper elements of food in the right proportion for the growing child.

The baby will have the best chance of living if he is breast-fed. Ten bottle-fed babies die to one that is fed at the breast. It is seldom that breast-fed babies have bowel trouble, which is so fatal in bottle-fed babies, especially during hot weather.

Rules for nursing—The newborn baby is put to the breast when he is five or six hours old. During the first 24 hours he should nurse no more than four times, but at both breasts each time. A newborn baby may be given plain cool boiled water at regular intervals between nursing. Do not give him any kind of tea or other other mixtures.

Beginning with the second day, baby should nurse every two and one-half to three hours. On the three-hour schedule he nurses at 6, 9 and 12 o'clock a. m., until four months old. Alternate each breast or let him take both breasts at each time, according to his appetite and the amount of milk. In the event the milk is delayed longer than the third day, baby should be fed from the bottle at three-hour intervals; but he should be put to the breast regularly in order to stimulate the flow of milk.

The average healthy baby, until it is four months old, nurses every three hours. When he is six months old, nurse every four hours, usually giving both breasts each time. This makes five nursings in 24 hours—four during the day and one at night, as follows: 6 a. m., 10 a. m., 2 p. m., 6 p. m., 10 p. m.

It is necessary to follow regular hours for nursing. If baby is fed every time he cries, his digestion soon will be upset. If he cries between feedings, given him plain, cooled boiled water. Babies are as likely to cry from over-feeding as from hunger. (If the breast milk seems insufficient for your baby do not give up nursing him, but after each feeding give him what he wants of properly modified milk. Every breast, feeding and every ounce of breast milk is just that much gained for your baby.)

REDUCES WORKING FORCES.

A Ten Per Cent Reduction to Be Made on Pennsylvania R. R.

Philadelphia, July 20.—A ten per cent reduction in the working force of the Pennsylvania railroad will be made this week, it was announced here yesterday at the company's office.

In the eastern region alone, which takes in the territory east of Altoona, between 11,000 and 12,000 workers will be laid off, it was stated. It was stated the reduction was rendered necessary by the fact that expenses have been exceeding income for some time past. In view of this condition, the verbal announcement said, it was decided to "trim sails" and put economics into operation. The reduction affects the entire system. A formal announcement will be issued later.

SPECIAL COURSES AT SCHOOLS.

For the Training and Development of National Guard Officers.

Washington, D. C., July 20.—Further opportunity for the training and development of officers of the National Guard is offered through a war department order yesterday providing special courses at service schools for officers below the grade of major. The adjutant general of the various states have been instructed to submit to the militia bureau the names of those recommended for the schools. Five medical officers also will be permitted to attend the army medical school in Washington.

BRYAN MAY BE THE NOMINEE

Is Said to be in Receptive Mood for Prohibitionist Choice

DELEGATES ARE NOW ASSEMBLING

Virgil G. Hinshaw of Illinois Delegation Also Said to be Receptive

Lincoln, Neb., July 20.—Early arrivals to-day among the delegates to the prohibition party's national convention, which opens to-morrow, were discussing chiefly the attitude of William J. Bryan should the convention offer him the leadership of the Prohibition ticket next fall.

"Mr. Bryan's recent statement in the Commoner that a man must accept such an honor if it is offered," said W. G. Calderwood, vice-chairman of the national committee, "is looked upon by us as tantamount to a declaration that he will accept. We are preparing to go to the mat in this campaign and we are going to nominate a ticket that will draw hundreds of thousands of votes."

Among the delegates arriving to-day were Virgil G. Hinshaw, chairman of the national committee, one of those said to be in a "receptive" mood concerning the nomination, with the Illinois delegation.

Daniel H. Poling, for many years a leader in the party, Representative Charles H. Randall of California, and Clinton N. Howard of Rochester, N. Y., are others discussed as possibilities if the Bryan "boom" fails to develop.

ANTI-TOBACCO PLANK

Is Being Carried to Prohibitionist Convention By Colorado Delegate.

Denver, Colo., July 20.—Colorado's delegate to the national prohibition convention will carry a plank calling for prohibition of the manufacture and sale of tobacco products, it was decided at the state convention here last night. The state is entitled to 13 delegates, but Edgar Wilkinson of Delta was the only person who could attend and he was named.

BILLY SUNDAY WILLING.

Would Take Nomination For Vice-President from Prohibitionists.

Hood River, Ore., July 20.—If William J. Bryan deems such a move advisable and if Mr. Bryan accepts the nomination for president on the prohibition platform, Rev. W. A. (Billy) Sunday declared to-day, that he stands ready to accept the nomination for vice-president.

"I have not heard from Mr. Bryan," said Mr. Sunday, "but have been in communication with the prohibition party committee. If Mr. Bryan thinks it necessary that the prohibitionists put a ticket in the field or that existing circumstances point to a possible undermining of the purposes of the 18th amendment then you may count on us getting into effective action."

PALESTINE PROPERTY OWNERS.

Zionists Declare for Possession of All Land and Property in Palestine.

London, July 20.—The Zionist conference yesterday adopted the recommendation of the commission of forty on the Palestine property ownership question, providing that all the land and property in Palestine be declared the property of the Jewish people, and that the control of this property be gradually assumed by the Palestine state.

This recommendation, made in the majority report of the commission, submitted yesterday morning, was amidst a great uproar raised by the socialists in the conference, who favored the minority report. The minority recommendation was that the land and property be declared immediately the property of the Jewish state and that private ownership and speculation be forbidden.

Whittemore's Shoe Polish—It has all colors including cord-tan for cowboys

YOU never lose the original color and newness of your shoes if you use superior shoe polish.

Whittemore's 1. Preserves the 3 big points of leather.

Whittemore's 2. Gives a more lasting shine.

Whittemore's 3. Keeps shoes looking new.

Whittemore's Shoe Polish ARE SUPERIOR

Just say Hires if you want the genuine—in bottles for the home at soda fountains and on draught

Children Like Grape-Nuts

The flavor appeals and the food builds. Needs No Sugar Give the youngsters Grape-Nuts at least once each day. "There's a Reason"



BEST IN THE LONG RUN

EVER walk on a deep, velvety carpet? Ever ride on a Goodrich Silvertown Cord Tire?

The feeling is just the same.

Goodrich Silvertown

America's First CORD TIRE

The Goodrich Adjustment Basis: Silvertown Cords, 8000 Miles; Fabric Tires, 6000 Miles

Topics of the Home and Household.

Keep the water constantly at the boiling point for 30 minutes then remove the jars from the water at once, move the jars from the water at once, complete the sealing, and cool. If the storage is exposed to light, wrap the jars in paper." Dorothy Dexter.

Yes Sir-ee!

We made this cigarette to meet your taste!

Camel CIGARETTES

CAMELS have wonderful full-bodied mellowness and a flavor as refreshing as it is new.

Camels quality and Camels expert blend of choice Turkish and choice Domestic tobaccos win you on merits. Camels blend never tires your taste. And, Camels leave no unpleasant cigarettey aftertaste nor unpleasant cigarettey odor!

What Camels quality and expert blend can mean to your satisfaction you should find out at once! It will prove our say-so when you compare Camels with any cigarette in the world at any price!

Camels are sold everywhere in scientifically sealed packages of 20 cigarettes, or ten packages (200 cigarettes) in a glass case-covered tins. We strongly recommend this tins for the home or office supply or when you travel!

R. J. REYNOLDS TOBACCO CO.
Winston-Salem, N. C.

