

THE AMERICAN GIRL.

WARD McALLISTER WRITES OF HER AS SHE IS IN NEW YORK.

He Says She Learns to Be Self-Reliant, While English Girls Are Slaves of Their Mothers—No Girl in This Country Has to Marry to Be Free From Home Domination

I have often been asked whether knowledge or ignorance is more beneficial to a young woman. As far as regards the self-supporting class of women, I should most decidedly answer that it is better that she should know. Knowledge of life causes them to value themselves. They quickly acquire the ability to distinguish the right from the wrong, and their parents are therefore enabled to trust them anywhere. Circumstances force this knowledge on our self-supporting women.

There is probably no woman in any civilized country better able to take care of herself than the American. As a rule, she may be a little too eager to advance herself, for if nature has blessed her with good looks you may be sure that she is fully aware of it and will make the most of this rare gift. In this city, at least once a week, usually on Saturday afternoons, she makes it her business to appear, well dressed, on one of the principal streets and attracts the attention of the passers-by. Our young men, who are not slow to appreciate a pretty girl, are sure to take her in and ever after keep on the lookout for her.

She thus learns how to stand the fire from the battery of eager eyes in search of just such beauty as she possesses. She then takes her first lesson in captivating a man, and her battle of life begins in earnest. She goes into the fight single handed, as no mother or chaperon accompanies her. It is remarkable what wonderful results she accomplishes. Provided only with such stock in trade as she had acquired before leaving her mother's apron strings, she in most cases secures a fitting companion for life.

A girl of this sort, born and brought up in this city, becomes possessed of such an intuitive knowledge of the world and of man that the complete liberty of action allowed her is her safeguard, as it makes her wholly self-reliant. In some cases the self-supporting girl is better off than the young society woman, for this same self-reliance and knowledge of right and wrong carries her safely over the pitfalls of life.

To deny absolute freedom to young women will do in England, or rather it has done up to date, but it will not work in this country. English writers now tell us that their girls like ours must be trusted. Emerson says that self respect and self reliance in young women are the master keys to their lives. As to the liberty given young women of fashion, an English authoress tells us, "Two in a house must entirely sympathize, or one must rule." In England the mother is always the head of the house, but with us, from the hour when the fashionable daughter makes her debut into society, the head of that house is the daughter.

In most instances the mother is actually in the way of the daughter, who feels that her parents, having had their day, should now permit her to take charge of affairs.

In some cases the daughter is jealous of the mother, for it is not infrequently happens that the mother not only looks young, but is young. She cannot help it. She cannot help being merry and gay as long as her constitution is sound and her complexion provokingly clear. The daughter feels that she must be crowded out and made only a figurehead in the household. But here she should remember that fair and 40 is often preferred to half baked 18.

When the American young woman does not care to marry, but prefers to be independent, it often complicates matters. In England a girl rushes early into matrimony in order that she may have a good time. In this country our young women do not like to marry early, because the gay period of their lives comes to them when they are young girls. In old times flirting was done mostly before marriage, but as our women become more Europeanized they cling, even after marriage, to this delightful accomplishment.

We idolize our children and do not hesitate to make any sacrifices for them. In the summer a mother goes to Europe with the daughter to place her in the mother's hands, while the father is left to encounter the heat in a half shut up house, with usually one domestic to look after him. A man and his wife may have had a large circle of devoted friends. Their daughter, on coming out, finds them all intolerable bores and at once seeks substitutes for them in gay and more fashionable people.

A man or woman of middle age rarely makes new friends. But for the sake of their daughter they are willing to abandon the friendships of a lifetime and substitute

acquaintances. A man is often driven from the head of his own dinner table to see some empty headed nunsquill replace him there. The nunsquill is one of the gay young persons with whom the daughter wishes to surround her father's table, for they feel that they do not have the restraint imposed by middle age. Fortunately no girl in this country need plunge into matrimony or make a loveless marriage of convenience to free herself from the restrictions of home life, as there are none. English writers tell us that in England a young girl cannot walk the length of two or three streets to visit a friend without a maid as an attendant. She cannot take an early stroll in the park without a domestic walking gloomily by her side, while, on the other hand, the young married woman may walk through the streets alone and drive in a hansom alone.

The revolt of the daughters in England is now a fixed fact. It is a struggle against a bondage which they declare enslaves their whole lives. In other words, it is a strike for that liberty and independence which our American young women enjoy. The young English woman in the past belonged to her parents. Our American girl feels that she belongs to herself. In the past other people have decided for the English girl her destinies; now she asks that she may decide them for herself. The American girl quietly does it without petitioning anybody.—Ward McAllister in New York World.

Suicide in New York.

Suicide statistics covering a period of 25 years in this city offer some interesting deductions. They show, among other things, that the Irish and the negroes are not given to self destruction. The Germans show a much larger percentage of suicides than either of the races above mentioned. The prevailing idea that the hot months are the more fruitful of suicides than other portions of the year is not borne out by figures. In certain years during the last quarter of the century the oldest month has been the most productive of self destruction.—Exchange.

Health Giving Perfumes.

The art of perfuming in all its refinement came to us from the Italians, and it has remained for an Italian to discover also that perfumes are actually healthy. It is a very odd theory, but there is no reason in the world to doubt the correctness of the theorist's conclusions. He confines his theorizing largely to the domain of the vegetable kingdom, including the old fashioned sweet smelling herbs that the grandmothers loved to have about them. Among these are cherry, laurel, cloves, lavender, mint, juniper, lemons, fennel and bergamot. He says that these exercise a healthy influence upon humanity by converting the oxygen into ozone and thus increasing its oxidizing influence. In the perfumes just mentioned there is a large quantity of ozone. Among those which he also favors as aids in this manner, but in lesser degree, are anise, nutmeg and thyme. Among flowers that are medicinally qualified are the hyacinth, mignonette, heliotrope and lily of the valley, all of which have ozone inclosed vessels. He is of the opinion that flowers without perfume are destitute of those health giving qualities, and, on the contrary, absorb the ozone to the detriment of health. He recommends the cultivation of flowers in marshy districts and all places invested with animal odors on account of the powerful oxidizing influence of their ozone. The inhabitants of unhealthy regions should, he thinks, surround their homes with growing, sweet bearing flowers and the more odorous the better.—Washington Star.

Thirteen Years Experience.

MILLER'S FALLS, MASS.—"At different times during the past thirteen years," said Mr. W. A. Johnson of this place, "my wife has been sick from lung trouble, kidney and liver complaint, ulceration of the stomach and spring debility. At each time she has taken Dr. David Kennedy's Favorite Remedy, and it cured her. It is a family medicine with us and many of our neighbors."

Moslem Amelities.

From the earliest times Mohammedan historians, except when in subjection, in describing the death of a Christian, do not say "he died" or "he was killed," but he went to Jahanna. They do not say of a Christian that he was drowned, but they say, "The dog went through water to fire." Not that these elegant phrases are confined to Christians. It is sufficient for a man to be not a Mohammedan to entitle him to "pursue the road to the realms of perdition," or to have his head "struck from his filthy body, so that the world may be gladdened by being cleansed from his polluting existence."

When the army of Islam goes to war with the Sikhs, it is called "extermination of the hellish, good for nothing Gura." The faithful, when they die, drink the shamb (which they ought not to do), or sherbet of martyrdom. Sometimes they pluck fruit from the fig tree of immortality. On the contrary, their enemies (may their mouths be crammed with mud) are sent in swarms to hell, and the land purified of their existence. The fact is that the religion of Mohammed is a fighting religion. It is meant for conquerors and for conquerors in the act of conquering.—Saturday Review.

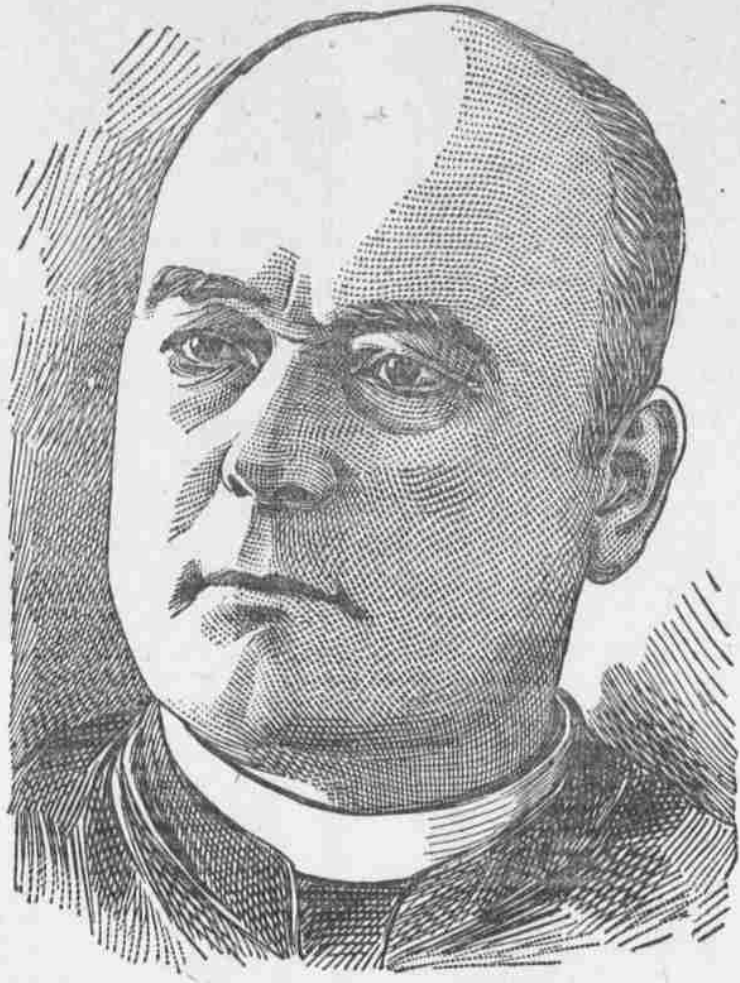
Soap Paper.

Travelers on the European continent know by experience that unless they take soap in their traveling bags they will, in all probability, have to make their toilet without any. A form of soap which will be appreciated by them is the soap paper, brought out in France. The paper is cut into pieces, slightly larger than visiting cards, and is covered on each side with a thin layer of ordinary soap or of soap variously colored and perfumed. These soap tickets are put into memorandum books, cardcases or pocketbooks, just as if they were business or visiting cards. Each piece serves for one toilet only and is used like an ordinary soap. In the manufacture of this new product, sheets of un-sized paper are immersed in a bath of coconut oil soap prepared in the same way as for the manufacture of toilet soaps. The strips of paper are dried, passed between two rollers, in order to render them smooth and slightly, and then cut to the proper dimensions and stamped with any desired mark.—Louisville Courier-Journal.

An Example of "Eternal Fitness."

In the Pennsylvania station at Jersey City a large number of waiting passengers were amused by the antics of a 16 months' old colored baby. It was one of those frowny handed little things, with bony eyes and a weazened, prematurely aged expression. Its parents were evidently "smart dummies," and the woman's sleeves were as ruffled up as a ward politician. It was not long before the baby became fretful, and the mother began a nervous search among her luggage for the bottle. Finally she produced it every body laughed. The bottle was black.—New York Mail and Express.

SICKNESS IS SIN. Rev. Father A. Ouellet Speaks for the Public's Benefit.



The question of protection against contagious and infectious diseases has always been of the most vital importance.

Modern medicine lays stress, not so much on disinfectants and deodorizers, as on fortifying the body against disease germs.

We all encounter every day disease germs enough to kill us; but while the body is robust, we throw them off; it's only when the system is sufficiently weakened and depressed that these deadly germs gain lodgement and the power of doing harm.

The Rev. A. Ouellet, an excellent likeness of whom is printed above, is one of the most popular and greatly respected priests in the lower provinces. His parish is in New Brunswick.

Like thousands of others he tried the great modern remedy first prescribed by Prof. Phelps of Dartmouth, the remedy that gives proper nourishment to ill-fed nerves; that procures the sleep that makes brain and nerves play their parts calmly and harmoniously; that drives the poison germs of deep-seated disease from the blood; that gives tone to the system, and consequent buoyancy of spirit and happiness. He writes: "Of Paine's celery compound I speak

from experience. I had been laid up with fever and rheumatic gout from Jan. 5th till the middle of June, hence my system was fearfully run down. I was very thin and so feeble that for several weeks I could not move alone without help. I then began to take Paine's celery compound according to prescription, and to-day I am as fleshy and strong as I was 10 years ago. "I do not say that I am radically cured as yet of my gout, but the attacks are much less frequent, in fact, I have not been one single day prevented from attending to my usual work since that time. I therefore take pleasure in certifying to the wonderful efficacy of that marvellous medicine.

"As a blood purifier it has no equal, and its beneficial influence on the digestive system cannot be questioned. In view of the facts I do not hesitate to advise sick persons to give Paine's celery compound a fair trial in the various ailments for which it is recommended." Paine's celery compound is unquestionably the greatest remedy of modern times. It is abreast of the most recent medical thought and investigation concerning dyspepsia, biliousness, liver complaint, neuralgia, rheumatism, kidney troubles, and nervous diseases.

—A Colonel of the English army has opened a school of cookery in London. Here is an example for Mr. McAllister. His skill is known, and he would then not find time for writing newspaper articles.

NOTHING STRANGE.

Intelligent people, who realize the important part the blood holds in keeping the body in a normal condition, find nothing strange in the number of diseases Hood's Sarsaparilla is able to cure. So many troubles result from impure blood, the best way to treat them is through the blood. Hood's Sarsaparilla vitalizes the blood.

Hood's Pills are the best after-dinner pills, assist digestion, prevent constipation.

—They seem to have a deep appreciation in Washington of the value of the services of Private Secretary Knowlton of the Boston Custom House. Otherwise he would hardly have had his salary raised these times.

—Pimples, boils and other humors of the blood are liable to break out in warm weather. Prevent it by taking Hood's Sarsaparilla.

—There seems to be a pretty general agreement that the hardest blow the woman suffrage cause has experienced in the East is its open alliance in Kansas with the Populists.

GUARANTEED CURE.

We authorized our advertised druggist to sell Dr. King's New Discovery for Consumption, Coughs and Colds, upon this condition. If you are afflicted with a Cough, Cold, or any Lung, Throat or Chest trouble, and will use this remedy as directed, give it a fair trial, and experience no benefit, you may return the bottle and have your money refunded. We could not make this offer did we not know that Dr. King's New Discovery could be relied on. It never disappoints. Trial bottles free at C. D. Gibson's Drug Store. Large size 60c. and \$1.00.

CHURCH CONVENTIONS.

The New York Central & Hudson River Railroad has been designated as the Official Route for delegates to the Thirtieth International Convention of the Young People's Society of Christian Endeavor at Cleveland, O., July 11th to 15th, 1894.

Also to the Fourth International Convention of the Baptist's Young People's Union of America, to be held at Toronto, Ont., July 19th to 22nd. Special rates and arrangements will be made for the transportation of delegates, and circulars giving complete information may be had upon application to Mr. F. J. Wolfe, general agent, Albany, N. Y.

—Since it embraced the Democratic faith the New York Times seems to be losing its senses. It now claims in substance that the Republicans are fighting the tariff bill and should they succeed in defeating it they will on their restoration to power introduce just such a measure as they are now fighting tooth and nail. We are afraid that some of the writers on the Times are suffering from the effects of the oppressive heat. The Republican party believes in a protective tariff and the maintaining of American markets and American wages and it will not abandon that policy. Many people who had been in the habit of supporting Republican nominations, deceived by the falsehoods and promises of the Democratic press and orators, deserted the Republican cause in 1892, but they were quick to discover that they had made a serious mistake and have returned to their allegiance to the party whose statesmen, by their wise legislation, have made this the foremost country on the face of the earth.

—Representative William Everett of Massachusetts delivered an address Monday to the Daughters of the American Revolution assembled at Marshall Hall on the Maryland shore of the Potomac, nearly opposite Mount Vernon.

CURE FOR HEADACHE.

As a remedy for all forms of Headache Electric Bitters has proved to be the very best. It effects a permanent cure and the most dreaded habitual sick headaches yield to its influence. We urge all who are afflicted to procure a bottle, and give this remedy a fair trial. In cases of habitual constipation Electric Bitters cures by giving the needed tone to the bowels, and few cases long resist the use of this medicine. Try it once. Large bottles only Fifty cents at C. D. Gibson's drug store.

—Seventeen-year locusts will be heard of no more in a short time. They have to live on something, and as the Democratic party was ahead of them the latter has left the locusts just about enough to last them over next Sunday.—Philadelphia Press.

TIRED, WEAK, NERVOUS.

Means impure blood, and overwork or too much strain on brain and body. The only way to cure is to feed the nerves on pure blood. Thousands of people certify that the best blood purifier, the best nerve tonic and strength builder is Hood's Sarsaparilla. What it has done for others it will also do for you—Hood's Cures.

—Hood's Pills cure constipation by restoring peristaltic action of the alimentary canal.

—Senator Peffer is not always prosy. In a speech the other day he said he had no more respect for the Chicago platform than the Democrats themselves.

FOR OVER FIFTY YEARS.

AN OLD AND WELL TRIED REMEDY.—Mrs Winslow's Soothing Syrup has been used for over fifty years by millions of mothers for their children while teething, with perfect success. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for Diarrhoea. It is pleasant to the taste. Sold by Druggists in every part of the world. Twenty-five cents a bottle. Its value is incalculable. Be sure and ask for Mrs. Winslow's Soothing Syrup, and take no other.

—It was Artemus Ward who said of a certain Congress years ago: "Go home, you miserable devils, go home." If Mr. Ward were alive it would be interesting to hear his comments on the present conglomeration at Washington.

Bucklen's Arnica Salve.

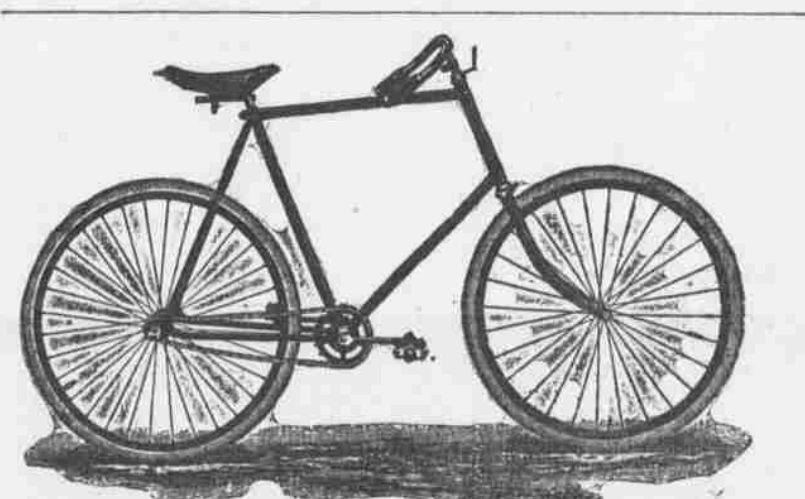
The best Salve in the world for cuts, bruises, sores, ulcers, salt rheum, fever sores, tetter, chapped hands, chilblains, corns and all eruptions, and positively cures piles or no pay required. It is guaranteed to give perfect satisfaction or money refunded. Price 25c per box. For sale by C. D. Gibson.

—Muscle prevails over brains even in the universities. A Law student at Yale, who was dropped, is now reinstated by the Faculty, so that he can run against an Oxford man and thus maintain the glory of Yale.

—For the relief and cure of a cold in the head there is more potency in Ely's Cream Balm than in anything else it is possible to prescribe. This preparation has for years past been making a brilliant success as a remedy for cold in the head, catarrh and hay fever. Used in the initial stages of these complaints Cream Balm prevents any serious development of the symptoms, while almost numberless cases on record of radical cures of chronic catarrh and hay fever after all other treatments have proved of no avail.

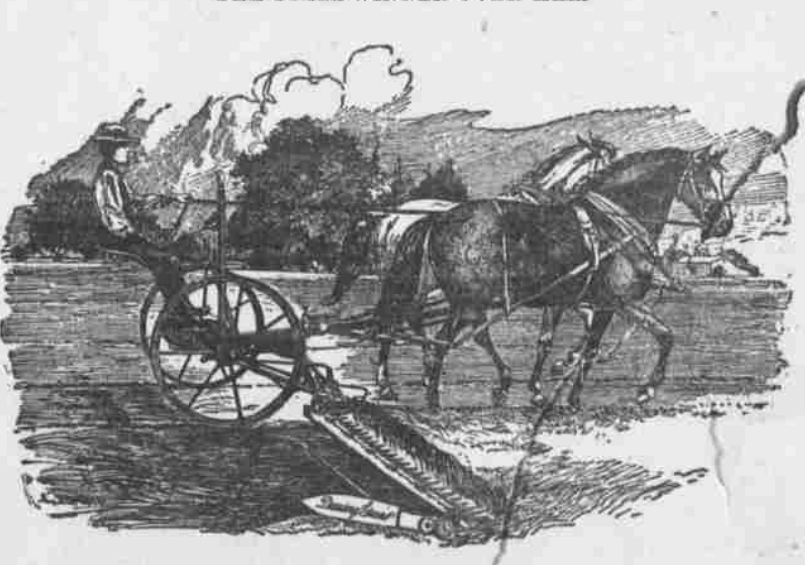
P. P. P. Pimples, Blisters and Old Sores Catarrh, Malaria and Kidney Troubles. Are entirely removed by P. P. P. Prickly Ash, Poke Root and Potassium. Makes Marvelous Cures in Blood Poison Rheumatism and Scrofula. P. P. P. purifies the blood, builds up the weak and debilitated, gives strength to weakened nerves, expels diseases, giving the patient health and happiness where sickness, gloomy feelings and lassitude first prevailed. For primary, secondary and tertiary syphilis, for blood poisoning, mercurial poison, malaria, dyspepsia, and in all blood and skin diseases, like blotches, pimples, old chronic ulcers, tetter, scald head, boils, erysipelas, eczema, we may say, without fear of contradiction, that P. P. P. is the best blood purifier in the world, and makes positive, speedy and permanent cures in all cases. Ladies whose systems are poisoned and whose blood is in an impure condition, due to menstrual irregularities, are peculiarly benefited by the wonderful tonic and blood cleansing properties of P. P. P.—Prickly Ash, Poke Root and Potassium. SPRINGFIELD, Mo., Aug. 15th, 1893. I can speak in the highest terms of your medicine from my own personal knowledge. I was afflicted with heart disease, pleurisy and rheumatism for 25 years, was treated by the very best physicians and spent hundreds of dollars, tried every known remedy without finding relief. I have only taken one bottle of your P. P. P., and can cheerfully say it has done me more good than anything I have ever taken. I can recommend your medicine to all sufferers of the above diseases. MRS. M. M. YEARY, Springfield, Green County, Mo. For Sale by C. D. GIBSON, Bennington, Vermont.

"HE THAT WORKS EASILY WORKS SUCCESSFULLY." 'TIS VERY EASY TO CLEAN HOUSE WITH SAPOLIO.



THE SPAULDING IS THE EASIEST RUNNING BICYCLE IN THE WORLD. IT HAS MORE NEW AND NOVEL IMPROVEMENTS THAN ANY OTHER WHEEL MADE. FULLY GUARANTEED THROUGHOUT! CHAS. MAC DONOUGH, Ag't. 450 MAIN STREET BENNINGTON, VT.

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A SPECIALTY, WEDDING STATIONERY, BANNER OFFICE.

Manifold Disorders. Are occasioned by an impure and impoverished condition of the blood. Slight impurities, if not corrected, develop into serious maladies, such as SCROFULA, ECZEMA, RHEUMATISM. Cured by S. S. S. Send for our Treatise mailed free to any address SWIFT SPECIFIC CO., Atlanta, Ga.

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