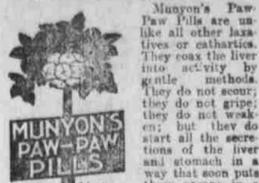


CONSTIPATION MUNYON'S PAW-PAW PILLS



Munyon's Paw-Paw Pills are unlike all other laxatives or cathartics. They coax the liver into activity by the most effective methods. They do not scour; they do not grip; they do not weaken; but they do start all the secretions of the liver and stomach in a way that soon puts these organs in a healthy condition and corrects constipation. In my opinion constipation is responsible for most ailments. There are thirty-two feet of human bowels, which is really a sewer pipe. When this pipe becomes clogged, the whole system becomes poisoned, causing biliousness, indigestion and impure blood, which often produces rheumatism and kidney ailments. No woman who suffers with constipation or any liver complaint can expect to have a clear complexion, or enjoy good health.

Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weakening; they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it.

These pills contain no calomel, no dope, they are soothing, healing and stimulating. They school the bowels to act without physic. Price 25 cents.

Is Your Health Worth 10c?

That's what it costs to get a week's treatment of CASCARETS. They do more for you than any medicine on Earth. Sickness generally shows and starts first in the Bowels and Liver; CASCARETS cure these ills. It's so easy to try—why not start tonight and have help in the morning?

CASCARETS are a box for a week's treatment, all druggists and grocers sell in the world. Million boxes a month.

ROYAL COMPOSERS.

Henry VIII's Anthems Sung by Cathedral Choirs.

"The first of the English sovereigns who won fame as a composer was Henry VIII. Many of his anthems are sung to-day by cathedral choirs. He also wrote a melodious effusion. 'Now Fayre, Fayrest of Every Fayre,' to quote the original title, for the marriage of his sister, Margaret, with James IV of Scotland," said Miss Alys Lorraine, in the London Chronicle.

"Charles I was another composer, and I am including in my program his effective setting of Thomas Carew's poem 'Mark How the Bushful Morn.' 'I think everybody knows that Queen Victoria was a fine singer and a good pianist, and the late Prince Consort was most zealous in popularizing the art in this country. The majority of Prince Albert's compositions have been collected and published. Of the present members of the royal family the most distinguished as a composer is Princess Henry of Battenberg.

"Turning aside to foreign courts, the German emperor has won some fame for his 'Song of Aegle,' which is included in my program. The late Duke of Devonshire composed a number of songs for the prince consort, composed several operas.

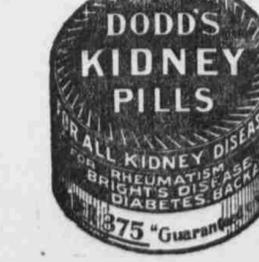
"Marie Antoinette will be represented in the program by her setting of Florian's 'C'est Mon Ami,' and from the many works of the Saxon monarch Anthony the Good, who died in 1836, I have chosen a song he composed in celebration of the birth of his nephew, Prince Clement.

"Who was the greatest royal composer? Well, I should think that honor might fall to the nephew of Frederick the Great, Prince Louis Ferdinand of Prussia, who was killed at the battle of Saalfeld."

He Knows.
"Why is it," asked the teacher of the class in chemistry, "that there is more nutrient in beans, for example, than there is in pork?"
"Because," answered the boy with the bad eye, "when you order 'em at a lunch counter you get a plateful of beans and only half a bite of pork."—Chicago Tribune.

Breaking Up Colds.
A cold may be stopped at the start by a couple of Lane's Pleasant Tablets. Even in cases where a cold has seemed to gain to strong a hold that nothing could break it, these tablets have done it in an hour or two. All druggists and grocers sell them at 25 cents a box. If you cannot get them send to the proprietor, Orator F. Woodward, Le Roy, N. Y. Sample free.

China, a Collection of Nations.
China is not a nation in the sense in which we ordinarily use the word. If we picture to ourselves the countries of Europe, with their different languages and different customs, drawn together into a loose confederation under the government of a conquering race, we shall have some small conception of what this Chinese "nation" really is. The peoples of these different European countries are all Caucasians; the different peoples of China are all Mongolians. These Chinese peoples speak eighteen or twenty distinct languages, each divided into almost innumerable dialects and sub-dialects. They are governed by Manchu, or Tartar, conquerors who spring from a different stock, wear different costumes, and speak among themselves a language wholly different from any of the eighteen or twenty different native tongues.—Success Magazine.



A DEPARTMENT FOR WOMEN

Long, languid lines unbroken by a writh, Superfluous festoons reduced to nil, A figure like a seal reared up on end And poking forward with a studied bend:

The Diacritae Frook.
A shortish neck imprisoned in a ruff, Skin-fitting sleeves that show a stat of stuff,
A waist promoted half way up the back, And not a shred that's comfortably slack;

A multitude of buttons, row on row, Not there for business—merely made for show,
A skirt whose noisier gores necessitate The waddle of a Chinese lady's gait.

A "bushy" tangle extinguishing the hair As if a giant hand had crushed it there— Behold the latest mode! and write beneath,
"A winter blossom bursting from its 'neath."
—Punch.

Comb That Won't Fall Out.
There is no longer any reason for women losing their backcombs. A Massachusetts man has devised a comb that "stays put" and will not come out unless the hair comes off, so women with detachable puffs must anchor it securely. This comb is made in two parts, one of which is a plain comb with apertures at the top, and the other a



new comb, plate, on which is carrying the gold or silver mounting or whatever there is of ornamentation. This plate has projections on it that fit into the apertures in the top of the comb proper, and by catching a few strands of hair, between the parts before they are joined the whole will be kept in place. Many a valuable comb, jewel-studded or otherwise costly, has been lost through working its way out of the hair and falling to the ground or floor unnoticed. With this new device in use there will be no danger of such misfortune, and my lady may wear the most costly hair ornament without fear.



MILLINERY

For the most part hat shapes are towering.

Among the small hats are turbans of silver with colored aigrettes.

There is a fad just now for making the color of the hat plus contribute to the trimming of the hat.

Some of the smartest of the new hat-pins are small enameled plaques in all tones of color.

The lavender sweet pea is new and is seen only on the most expensive hats.

Grapes are used as millinery trimmings and in iridescent colorings, chiefly greens, they are beautiful.

Handsome Evening Toilet.



One of the richest as well as the most beautiful gowns seen this season is an empire model of rose pink chiffon with low corsage and sleeves of wide bands of Irish lace. It is extremely simple in construction, but every line and fold is perfectly hung. This outfit, of course, he carried out in any of the soft clinging materials with equally good results.

Caring for the Patterns.

To keep paper patterns from being mused take a strip of denim four feet long, twenty-seven inches wide; band or hem edges. Take narrow elastic webbing and make loops just as wide as pattern envelopes, running across denim. Make other rows of these loops below the first about six inches apart, sew a large ring or loop to each of the four corners of cloth, fold through middle and hang on two small screws in back of machine or sewing screen. Your patterns are in neat rows and the elastic holds them securely.

For the Bath.

One athletic young woman indulges frequently in what she calls her "home-made Turkish bath." It is a fact, as she says, that one cannot always cleanse the skin thoroughly with only soap and water and comparatively smooth cloth. A cold-cream bath on the face will prove that. Therefore she takes a small scrub brush, of the sort sometimes sold in drug stores for nail brushes, and first wetting the body with a sponge and hot water, the brush and a thick soap lather. This



A stunning creation in coral satin, with pointed design in front of skirt and bodice embroidered in small jet and gold beads. The Greek key on hem of skirt and on bodice is done in jet beads. A band of Irish crochet lace

goes down into the pores and cleanses them, carries off more old skin and particles of dust and waste than the ordinary wash cloth, and stimulates the circulation. The soap is next thoroughly rinsed off with hot water, and the bath followed by a cold shower and a brisk rub. For the not too vigorous person, a slight rest adds to the beneficial effect, but whether with or without the concluding soap, the treatment will be found both refreshing and invigorating.

The Home Hospital.

The hospital drawer should be fitted up with the following articles:
Two large and four small bed pads. To make these use two old bed quilts, one cut in two pieces and the other in four. Fold these together, the best side out, and quilt on the machine. Have two covers for each pad. The best is cheap unbleached canvas, as it washes white and looks well.
Three packages of thin cloth. This is to be used for mustard plasters. Cut in various sizes, some square and some longer than wide.
One roll of old linen. This cloth is used for bathing the face or for burns, cuts or sores, where lint or cotton cloth would be harmful. Save for this purpose all old tablecloths, napkins and handkerchiefs.
One roll of long strips of muslin and flannel. Use this for sore throats and sprains, cuts and abscesses.
One roll cotton.
One package large, square, soft cloths. Sew on two sides for making braud, slippery elm, hop and flaxseed meal poultices.
One package small sacks for dry, hot poultices, such as salt or hops.
One and one-half yards of rubber sheeting.
One box mustard.
One cake pure castile soap.
One hot water bag.
One bottle smelling salts.
One small jar of air-slaked lime and linseed oil, as it affords instant relief for burns.
Pin a label on the rolls so that no matter who goes to the drawer they can lay their hands on just what is wanted and not keep the suffering one waiting.

Take Exercise.

It will be good news to the stout woman to know that what she cuts is now thought to have little to do with obesity, and that if enough exercise is taken even a fleshy woman may eat what she wants. To half starve oneself means to look haggard and altogether unlovely. Don't drink while eating, even water. Don't drink alcoholic stuff at any time.

Remedy for Nose Bleed.

For obstinate and persistent nose bleeding either put an ice pack or a cloth rung out of ice water at the back of the neck just at the base of the brain, or drop cold water from a sponge held well above the head so that it will strike the crown of the head with considerable force.

The Child's Bath.

Some children are timid about venturing into a bath tub. Often the fright comes from being plunged bodily into water that is either too cold or too warm. Sometimes this plunge is accidental. One woman solved the problem by laying a large Turkish towel in the tub and providing a small stool on which the child could sit part of the time. This was found very convenient when the little girl was having her hair washed. Instead of filling the tub with water, put a little in. The use of the bath towel to prevent slipping is also suggested for elderly persons, especially if you do not have a gum mat for this purpose.

The Grind That Dulls.

If the scissors grinder kept his blade on the whetstone unnecessarily the scissors would soon be useless. The grind that dulls women is not daily household duties, but never tarrying on those duties. The housewife who is knowing keeps herself sharpened with frequent change and recreation.

PAINT EVERY YEAR.

No One Wants to Do It, but Some Paint Will Wear No Longer. When you have a job of painting done, you don't expect to have it done over again very soon. But to make a lasting job, several things must be taken into consideration—the proper time to paint—the condition of the surface—the kind of materials to use, etc. All these matters are fully covered in the specifications, which can be had free by writing National Lead Company, 1902 Trinity Building, New York, and asking for Houseowner's Painting Outfit No. 49. The Outfit also includes a book of color schemes for both interior and exterior painting, and a simple instrument for detecting adulteration in the paint materials. The outfit will solve many painting problems for every house-owner. No matter when laying paint see that every white lead has been the famous Dutch Boy Painter trademark, which is an absolute guarantee of purity and quality. If your paint dealer cannot supply you National Lead Company will see that some one else will.

Too Suggestive.

The prospective purchaser was taking a trial trip in the motor car that had been the most highly recommended to him, and was speeding along in the country.

"What clump of buildings is that over there on the right?" he asked.

"That's the county poorhouse," answered the chauffeur.

"Well, don't stop here," he rejoined nervously. "I don't want to add another to the list of men whose automobiles have taken them to the poorhouse!"—Chicago Tribune.

Right There.

Stranger (in Druryhurst)—Where is the town pump?
Uncle Wesley Gosh—In the town pump. Who be yer, mister? What business are ye fellerin, an' how long are ye goin' to stay in town?

DOLLAR WHEAT HAS COME TO STAY.

In Less Than Five Years Central Canada Will Be Called Upon to Supply the United States. A couple of years ago, when the announcement was made in these columns that "dollar wheat" had come to stay, and that the time was not far distant when the central provinces of Canada—Manitoba, Saskatchewan and Alberta—would be called upon to supply a large part of the wheat consumption in the United States, there were many who laughed at the prediction and ridiculed the idea of wheat reaching the dollar point and staying there. Both of these predictions have come to pass. Dollar wheat is here—and it is not only here, but is here to stay; and at the same time, whatever unpleasant sensations it may arouse in the super-sensitive American, Central Canada is already being called upon to help keep up our bread supply, and within the five years will, as James J. Hill says, literally "become the bread-basket of our increasing millions."

There are few men in the United States better acquainted with the wheat situation than Mr. Hill, and there are few men, if any, who are inclined to be more conservative in their expressed views. Yet it was this greatest of the world's railroad men who said a few days ago that "the price of wheat will never be substantially lower than it is to-day"—and when it is taken into consideration that at that time wheat had soared to \$1.20, well above the dollar mark, the statement is peculiarly significant, and doubly significant is the fact that in this country the population is increasing at the rate of 65 per cent, while the yield of wheat and other products is increasing at the rate of only 25 per cent. For several years past the cost of living has been steadily increasing in the United States, and this wide difference in production and consumption is the reason.

This difference must be supplied by the vast and fertile grain regions of Manitoba, Saskatchewan and Alberta. There is now absolutely no doubt of this. Even the press of the country concedes the fact. Results have shown that no other country in the world can ever hope to equal these provinces as wheat producers, and that no other country can produce as hard or as good wheat. Said a great grain man recently, "If United States wheat maintains the dollar mark, Canada wheat will be well above a dollar a bushel, for in every way it is superior to our home-grown grain."

With these facts steadily impinging their truth upon our rapidly growing population, it is interesting to note just what possibilities as a "wheat grower" our northern neighbor possesses. While the United States will never surrender her prestige in any manufacturing or commercial line, she must very soon acknowledge, and with as much grace as she can, that she is bound to be beaten as a grain producer. It must be conceded that a great deal of the actual truth about the areas of Canada's grain producing areas has been "kept out of sight," as Mr. Hill says, by the strenuous efforts of our newspapers and magazines to stem the exodus of our best American farmers into those regions. It is a fact that up to the present time, although Canada has already achieved the front rank in the world's grain producers, the fertile prairies of Manitoba, Saskatchewan and Alberta have as yet scarcely been scratched. Millions of acres, free for the taking, still await our American farmers; and when these millions are gone there are other millions in regions not yet opened up to immigration. A few years ago the writer, who had been through those wheat provinces several times, laughed with others of our people at the broad statement that Canada was bound to become "John Bull's bread-basket." Now, after a last trip (and though he is a staunch American) he frankly believes that not only will Canada become John Bull's bread-basket, but it will within the next decade at least become "THE BREAD-BASKET OF THE UNITED STATES." Perhaps this may be a hard truth for Americans to swallow, but it is a truth nevertheless. And it is at least a partial consolation to know that hundreds of thousands of our farmers are profiting by the fact by becoming producers in this new country.

The papers of this country have naturally made the most of the brief period of depression which swept over Canada, but now there is not a sign of it left from Winnipeg to the coast. Never have the three great wheat raising provinces been more prosperous. Capital is coming into the country from all quarters, taking the form of cash for investment. Industrial concerns are seeking locations, and, best of all, substantial and sturdy immigrants come to help populate the prairies. Towns are booming; scores of new elevators are springing up; railroads are sending out their branch lines in all directions; thousands of prosperous farmers are leaving their prairie shelters for new and modern homes—"built by wheat"; everywhere is a growing happiness and contentment—happiness and contentment built by wheat—the "dollar wheat" which has come to stay. Notwithstanding this, the Canadian government is still giving away its home-lands and selling pre-emptions at \$3.00 an acre, and the railway and land companies are disposing of their lands at what may be considered nominal figures.

It has been frequently noted by aviators that the barking of a dog is always the last sound they hear from earth, and it has been discovered that this can be heard under favorable circumstances at an elevation of four miles.

The way Hamilton Wizard Oil soothes and allays all aches, pains, soreness, swelling and inflammation is a surprise and delight to the afflicted. It is simply great to relieve all kinds of pain.

A leading Swiss scientist declared that the Roentgen rays can be so applied that white horses become black. He is now experimenting on old gentlemen's beards.

Take Garfield Tea! Made of Herbs, it is pure, potent, health-giving—the most rational remedy for constipation, liver and kidney diseases. At all drug stores.

The amount of money in circulation per capita in the United States is a little over \$35.

RASH ALL OVER BODY.

Awful, Crusted, Weeping Eczema on Little Sufferer—A Score of Treatments Fiasco. Pleasant Pastures—Cure Achieved by Cuticura. "My little boy had an awful rash all over his body and the doctor said it was eczema. It was terrible and used to water awfully. Any place the water went it would form another sore and it would become crusted. A score or more physicians failed utterly and dismally in their efforts to remove the trouble. Then I was told to use the Cuticura Remedies. I got a cake of Cuticura Soap, a box of Cuticura Ointment and a bottle of Cuticura Resolvent. In about two months he was entirely well. George L. Lambert, 139 West Centre St., Mahanoy City, Pa., Sept. 20 and Nov. 4, 1907." Potter Drug & Chem. Corp., Sole Proprietors, Cuticura Remedies, Boston.

The Pope has given an order to revise the catalogue of lace in the Vatican. This catalogue was started under Pius IX, and Leo XIII. continued it.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels; cleanses the system effectually; assists one in overcoming habitual constipation permanently. To get its beneficial effects always buy the genuine. MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. SOLD BY LEADING DRUGGISTS 50¢ A BOTTLE

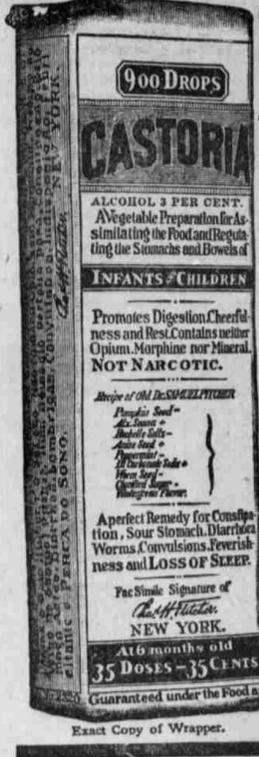
45 to 50 Bushels of Wheat per Acre

have been grown on Farm Lands in WESTERN CANADA. Much less would be satisfactory. The general average is above 20 bushels. "All are land in their praise of the great crops and that wonderful country."—Extract from correspondence, National Educational Association of August, 1906. It is now possible to secure a Homestead of 160 acres free and another 160 acres at \$3.00 per acre. Hundreds have paid the cost of their farms (if purchased) and then had a balance of from \$10.00 to \$12.00 per acre from one crop. Wheat, Barley, Oats, Flax—all do well. Mixed Farming is a great success and Dairying is highly profitable. Excellent Climate, splendid Schools and Churches, Railways bring most every district within easy reach of market. Railway and Land Companies have lands for sale at low prices and on easy terms. "Last Best West" Pamphlets and maps sent free. For these and information as to how to secure lowest Railway Rates apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 35 Jackson St., St. Paul, Minn., and J. M. MacLachlan, Box 111, Waterville, So. Dakota. Authorized Government Agents. Please say where you saw this advertisement.



This Trade-mark Eliminates All Uncertainty in the purchase of paint materials. It is an absolute guarantee of purity and quality. For your own protection, see that it is on the side of every keg of white lead you buy. NATIONAL LEAD COMPANY 1902 Trinity Building, New York

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CASTORIA
For Infants and Children.
The Kind You Have Always Bought Bears the Signature of J. C. Ayer & Co. Lowell, Mass. In Use For Over Thirty Years **CASTORIA**

For Croup, Tonsillitis and Asthma

A quick and powerful remedy is needed to break up an attack of croup. Sloan's Liniment has cured many cases of croup. It acts instantly—when applied both inside and outside of the throat it breaks up the phlegm, reduces the inflammation, and relieves the difficulty of breathing.



Sloan's Liniment
gives quick relief in all cases of asthma, bronchitis, sore throat, tonsillitis, and pains in the chest. Price, 25c., 50c., and \$1.00. Dr. Earl S. Sloan, Boston, Mass.