

Gail Borden Eagle Brand Condensed Milk HAS NO EQUAL AS AN INFANT FOOD. "INFANT HEALTH" SENT FREE ON APPLICATION.

WORKED THE HARVESTER.

How Four California Girls Ran the Machine Without Male Help. Man has heretofore been lord of the harvest field. To be sure, there are records of feminine intrusions on that domain, but it was only in a supplementary sort of way.

It would be interesting to know what motives led these adventurous girls to brave the heat and discomfort of their morning's enterprise. Was it just for fun, for a bark? Or did they by any chance think that woman was not holding her own in Lassen county as vigorously as in the rest of the state?

Pickled Peaches and Pears. Fruits for pickling should be fully ripe. They need no cooking. After skinning or paring a hot sirup is poured over them; the following day it is poured off, reheated and returned; again the following day the sirup is brought to the boiling-point, the fruit is dropped in, to be thoroughly heated through, when it is ready to be sealed.

Corn Butter Cakes. One and one-half cups white cornmeal, sifted with a teaspoonful of sugar and a level teaspoonful of salt. Add one cup of boiled rice and a teaspoonful of lard. Mix all together and scald with two cups of boiling water, stirring constantly.

CASTORIA For Infants and Children. In every mile of railway there are seven feet four inches not covered by the rails, the space left for expansion.

FOR WINTER WEAR. Items of Dress for the Coming Season.

Braiding will be a pronounced feature of fall and winter dressing. An effort is being made to turn all the energy that has been expended in summer frolics into braiding for the late seasons.

Hearts will again be dangled from neckchains this winter. The latest heart is crystal bound in gold, inclosing a four-leaf clover in the middle. Another novelty is the introduction of a mirror into this modern acceptance of the once universal locket.

The tendency of the winter jacket is toward the blouse-effect, which is obtained by darts, yokes, collars, cuffs, piping in fur, whether it be mink, Persian lamb, ermine, sable, silver and black fox or monkey, will be popular.

POLITE TO A FAULT.

Woe of a Near-Sighted Man Who Tried to Do the Right Things. He is near-sighted and has always refused to wear glasses, in consequence of which fact he has got into more scrapes than he cares to acknowledge, and his wife and intimate friends are seldom without a good story to tell at his expense.

"I met a woman on the street to-day whose face is familiar as my own, and yet I can't remember her name or where I met her." "O, Henry!" cried his wife, "doubtless it was one of my friends, and I shall have a time explaining it. You really ought to wear glasses."

Very true. By the way, Mrs. Knowlton happened in while we were eating our cream and I thought she looked rather queer. Some one he dislikes, I suppose.

Southern Rice Bread. Put two cupfuls of boiled rice into a bowl, add two cupfuls of milk and the well-beaten yolks of two eggs. Sift in gradually one cupful of flour, add one-half a teaspoonful of salt, two tablespoonfuls of butter (melted) and the whites of the eggs, whipped to a stiff froth.

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BANANA GROWING.

The Native of Central America Depends on It for His Living.

But He Has to Work But a Fortnight to Secure Food for a Whole Year—How the Fruit is Grown.

The headquarters of the banana trade in Nicaragua is Bluefields, until recently the capital of the Mosquito reservation, whence about 1,000,000 bunches are, or were, annually exported to the United States.

But for the banana and the plantain the natives of Central America would have to live by the sweat of their brows; possessing the banana and plantain, they may toil or not, as they please. There is no necessity. A fortnight's intermittent labor will supply a man and his family with food for a year.

For the planter with small means—that is with a capital of \$1,000 upward—I know of no occupation so certain to realize a decent income as growing bananas, provided that the plantation is within easy reach of the sea, and there are steamers to carry his produce to New Orleans, New York or London.

The banana is cultivated from suckers springing from the roots of an existing tree, generally known as the "stool." These suckers are detached and planted. They strike and shoot up so fast that it is no great exaggeration to say that you can see them grow. In a year or less the planter harvests the first crop.

The banana has no trunk, but a soft, fibrous, so-called stem, composed of the leaf stalks rolled one over the other, which grows to from ten to twenty feet in height, and withers after the fruit has ripened. The tree is seldom known to seed. The roots, however, furnish shoots or suckers year after year, until the stool is exhausted. The purple flower blossoms on long spikes, springing from the cluster of leaves which appear to open out from the stem.

In preparing a plantation the trees and brushwood should be cut down, and after lying a month to dry, burned and the ashes spread over the land. The suckers, which, being very abundant, may be purchased at a low price, are then planted at a distance of from 12 to 15 feet apart, or say 200 to the acre. In Mexico, as will be seen presently, they are often planted much more closely, 1,000 trees to the acre being common.

AVERAGE HEIGHT OF MEN

Natives of the United States the Tallest of All Caucasians.

During the war measurements were made of over 1,000,000 men in the United States army, and it was found that the average height of men born in the United States was 67.8 inches. According to Topinard, the average height of Englishmen, Scotchmen and Swedes is 67.4 inches; Irishmen, 67; Germans, 66.2; Frenchmen, 65; Danes, 68.2; Russians, 65.4; Chinese, 64; Bushmen, 62; Laplanders, 60.7; American Indians, 68.2; Patagonians, 70.2. Taking these measurements as a basis, the average for the world would be about 65.8.

Polished Celluloid Surfaces. To obviate the rough or dull surface resulting from coating paper, wood, etc., with varnish, the objects, before or after mounting, are brought into contact in a heated condition and under high pressure, with highly-polished metal surfaces, the celluloid coating being softened and pressed closely against the polished surface and allowed to remain under pressure until cool.

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BICYCLE INSURANCE.

It Is Not Always to Be Implicitly Relyed On.

There is a lawyer in New York who has no patience with the fakir who resorts to the old confidence games when the popularity of the bicycle offers such a wide field for genteel swindling operations. In conversation with a bicycle dealer the other day, the lawyer told of one form of swindling. Said he: "A man came into my office the other day to see what I could do for him. He had insured himself and his bicycle in a western concern. The policy cost one dollar a year. He insured the bicycle for \$100. He was to get six dollars a week if he was laid up by injuries received in an accident not due to his own negligence while riding on a bicycle, and if he died within 30 days of the effects of the accident his heirs were to receive \$300. And there were various other clauses in the policy which promised him sums ranging from \$2 to \$200 for permanent injuries. He said his wheel had been damaged about \$16 worth, the concern wouldn't pay, and he was hot about it because he had been told that the concern never did pay anything to anybody—only took in money from bicyclists at the rate of one dollar a piece. Well, I wrote on to the concern in the west, calling on them to settle up, and they simply wrote back that they weren't satisfied that the accident wasn't due to his own negligence, and if he thought he had a good case, why he could come on and sue and welcome to do it."

"There was no way of reaching the concern in this state, it would have cost \$200 or \$300 to go out west and sue for the \$16, and there didn't seem to be anything more to do. My client was simply out one dollar, and had gained some experience. But the affair struck me as exhibiting an easy way of making money."

"There are bicycle insurance concerns like that," said the bicycle dealer. "I know of another that does pay sometimes, just the same as a customer makes a hit. This concern issues a policy that purports to insure against damages to the bicycle caused by collisions. It seems to read all right, but when a friend of mine called upon the concern to do some fixing to his wheel, made necessary by a pile-up on the Coney island cycle path, they asked him: 'Were you in collision with a public vehicle?' and when he asked what they meant they showed him a clause in the policy which limited it to collision with public vehicles, and explained that a public vehicle was a trolley car, for instance. 'But you pretend to insure against collisions of any kind,' my friend remonstrated. 'So we do,' they replied. 'We will insure you against collisions with public vehicles, hansom cabs, cows, single wheels, tandems, or anything you like to choose. But you have to choose your accidents in advance. You couldn't expect us to insure you against everything for a dollar, you know.' And that appeared to settle it."—N. Y. Sun.

STAFF OF LIFE IS IN DANGER.

Doctors and Others Now Claim That Bread Is Bad for the Health.

And now the doctors and other people who think for us and tell us what to do and what not to do have begun an attack on bread, the one thing which has always been considered impervious to the doctor's probe and the microscopist's instruments. In London the war has been started and the wise ones are coming out in the magazines and newspapers declaring that bread, far from being the staff of life, might almost be considered the staff of death.

"It is a question," says O'Connor, "which lies at the basis of the health of every person in the community. If the balance of expert opinion should prove that bread is a destructive agent to digestion and health, as so many people think, is it not time that the nation should be told so authoritatively and that another system of dietary should be recommended for adoption? To persist in the use of an unhealthy diet is ethically as great an offense against ourselves as the absorption of gin by the sots of the west or the eating of opium by the wretches of the east."

The contention of those who are opposed to the eating of such large quantities of bread is that since it contains so much starchy matter it is very difficult of digestion and imposes a great and unnecessary strain on the digestive apparatus. O'Connor declares that a number of people have come under his notice who have abstained from bread for years and they have retained their faculties unimpaired to a ripe old age. The late Sir Isaac Holden is perhaps one of the best examples of this theory. He lived to be 91 years old and retained every faculty until the very last. He was very active in and out of parliament and smoked and drank in moderation.

Coal Not a Munition of War. In time of war a neutral may allow a belligerent's warship to enter its ports, and may give it water and provisions enough to let it reach its own nearest port, but it may not provide munitions of war. Coal originally was not a "munition of war," because when the principle of international law became settled there were no steam vessels. Probably a man-of-war could obtain coal enough to enable her to reach her nearest home port by the nearest route; she certainly could not get any more.

Corsets. Hamilton Aide corrects the impression that Corsets are full of bandits. Murder is not uncommon from love quarrels or the vendetta, but a traveler may go from one end of the island to another, unarmed and unescorted, without fear of violence or pillage.

Will You Shake Him Or Let Jack Shake You. We are showing some of the New Styles in Ulsters and Storm Coats THIS WEEK. PRICES \$7.00 to \$19.00 For Men, all Sizes. PRICES \$2.49 to \$7.00 For Boys, ages 4 to 16.



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We are showing some of the New Styles in Ulsters and Storm Coats THIS WEEK.

So that you may get an idea of what they look like and what they cost

PRICES \$7.00 to \$19.00 For Men, all Sizes.

PRICES \$2.49 to \$7.00 For Boys, ages 4 to 16.

Pick one out any time, we will save it for you and guarantee you will not have to pay as much as others ask for same quality.

Lots of Overcoats sold last week. When you get one remember

THE UPSON, SINGLETON & CO.

Main Entrance, 89-91 Bank St

ELEVATOR ENTRANCE, 84-86 South Main Street.

FEEDING THE CHILD.

The Food Has Much to Do with the Temperament.

That imperfect nutrition is the cause of much of that emotional estrangement in childhood which is called irritability, ugliness, viciousness, or something of that sort, has been satisfactorily evidenced to the writer as the result of a number of observations which he has been able to make upon young children. The following case is typical of many others: It was a well-formed child at birth, and continued to develop normally during her first five months. Throughout this time she slept very well, and for the most part seemed happy and contented.

The making of a voltaic pile is a simple thing and when it is completed the current produced may be allowed to pass through a dozen or more person seated in a room. All the paraphernalia necessary will not cost a quarter. Ten or more pieces of zinc an inch square and the same number of pieces of copper of the same size should be used and with them the same number of pieces of paper, the latter soaked in vinegar. When these are at hand arrange the pile in alternate layers of zinc and copper with vinegar-soaked paper between—that is, first lay down a piece of copper and on it a piece of paper; then place a piece of zinc and on that a piece of paper; then copper and paper and so on alternately, separating the metals with the paper each time and being sure that at either end of the pile is a piece of zinc and a piece of copper.

When the pile is completed it should be soaked in vinegar a moment and then wiped dry. Then the experimenter by placing a forefinger at either end of the pile can easily feel the current passing through his body. In a number of persons sit in a circle and clasp hands and those at either end of the line touch respectively one of the voltaic pile, the current will pass through the entire party.

A thermopile, in which the current is produced by heat, is made by fastening the ends of six-inch strips of German silver and copper wire in Y shapes, joining them until a succession of V's or W's is produced. Then the string of wire lengths should be bent into the form of a star and the inner points will be close together. A lighted candle placed in the center, equidistant from each point, will produce a current which can be plainly felt.—Chicago Chronicle.

AMATEUR WORK IN ELECTRICITY. Anyone Can Produce the Mysterious Force by Following the Formulae. Few things are so interesting for a family group as experiments in an amateur way with electricity and the mysterious forces which can be easily produced by following certain scientific formulae.

WATERBURY FURNITURE CO.

135 TO 169 EAST MAIN ST.

JOHN MORIARTY Replies to Miss Sarah J. Pritchard and the Enemies of Progress

To the Editor of the "Democrat": The building operations which I have on hand, together with my other duties, leave me little time in which to reply to the distinguished an actress who did me the honor of mentioning my name in last Monday's American, and taking exception to the work which I think ought to be done at Library park.

It is the most natural thing in the world for those who delight in living for the dead to be opposed to those who delight in promoting the welfare of the living.

Those of us who are Christians believe that this world is made for the living and NOT for the dead. Those who have worked well for the living, and were buried many years ago where Library park now stands, have got their reward among the elect, and have nothing but pity for poor sinners like Miss Pritchard and myself, who are struggling here below. My letter will not be in vain if I can only interest our distinguished authoress in caring for the living.

She has very valuable property in this city, for which she has refused fabulous prices, while constantly asking aid from the city fathers, in the way of reducing her taxes for the sake of a "little gain."

If the venerable lady was not opposed to progress, her tenants would not be leaving her buildings, a-rats do a sinking ship. The property of the rich should not be an eyesore to the community.

But the funniest thing of all is to find the Hon. S. W. Kellogg on the side of the enemies of progress, after all we have done for him in sending him to Congress three times.

Well, we shall remember the aged statesman for what he HAS done. He was useful once, but alas! 70 years have done their work. Let us contract the spirit of the dead with that of the living. Listen to the American Eagle screaming to-day with delight over the possibility of Waterbury having a new opera house! And in connection therewith a magnificent brick block, 125 feet front, four stories high, where the hustlers of the community are running over each other to get seats. Yes! and the hustlers are welcome; none others need apply.

One hundred thousand dollars thrown into the caps and pockets of the people after a bitter four years' panic! And then to make still further improvements, the Waterbury Furniture Company gives its magnificent stock over to the people at half price. Wonderful phenomena! This is the kind of blood which has made the name of the Waterbury Furniture Company dear to the hearts of the great masses who have made us what we are.

Very respectfully, JOHN MORIARTY.

Cut Price Sale of Carpets and Draperies now in progress. All Carpets purchased at the sale will be Made, Laid and Lined Free of Charge. DESCRIBED in a few words, its up-to-date in every respect, good quality and sold everywhere at \$200.

Our Furnished Four Room Flat Complete \$139.

The Waterbury Furniture Co.

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LOSING FLESH

Then something is wrong. No matter what the cause, this going the wrong way must be stopped. You must stop that little hacking cough. You must eat well. You must sleep well.

PANGIER'S PETROLEUM EMULSION

will help you to do all this. Perhaps you thought cod-liver oil was necessary, and have had the necessity of taking it. Your sensitive stomach rebelled. Cod-liver oil is not necessary. Our Petroleum is far better and has no objectionable features. Do not invite consumption by keeping thin.

To Dry Wet Shoes. First wipe off gently with a soft cloth all surface water and mud; then, while still wet, rub well with paraffin oil, using for the purpose the furred side of flannel. Set them aside until partially dry, when a second treatment of oil is advisable. They may then be deposited in a conveniently warm place, where they will dry gradually and thoroughly. Before applying blacking or kid dressing, give them a final rubbing with the flannel, still slightly dampened with paraffin, and your boots will be soft and flexible as new, and be very little affected by the path in the rain.—N. Y. Tribune.

It is no unusual thing for a vessel plying between Japan and London to carry 1,000,000 fans of all kinds as a single item of its cargo.

The Modern Cleaner will not cause the hands to redden or chap. It leaves them smooth and soft. All Grocers.