

criticism is just or unjust. If just, he must learn to accept and act upon it; if unjust, he must learn to classify the critic as unreasonable, thoughtless or ill-natured, place him in the appropriate mental compartment, throw the criticism into the intellectual waste-basket and proceed upon his way. This practice, difficult at first, will, if assiduously cultivated, become more and more automatic, and will materially modify a fruitful source of worry.

We all make mistakes sometimes, and we may expect criticism. The man who does nothing at all may escape criticism, but such as he never contribute anything to the world's progress. The point is not to allow criticism to drive one's mind in on itself. Criticism is healthy if taken in the right spirit. It can be classified and used or rejected as the chooses. It is not the criticism that hurts; it is the way it is taken.



Endeavor always to talk your best before your children. They hunger perpetually for new ideas. They will learn with pleasure from the lips of parents what they deem it drudgery to study in books. And even if they have the misfortune to be deprived of many educational advantages, they will grow up intelligent if they enjoy in childhood the privilege of recipient listening daily to the conversation of intelligent people.

We sometimes see parents who are the life of every company which they enter, dull, silent and uninteresting at home among their children. A silent home is a dull place for young people—a place from which they will escape if they can.

How much more useful information, on the other hand, is often given in pleasant family conversation, and what unconscious but excellent mental training is lively social argument! Cultivate to the utmost the graces of conversation.

