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PRESIDENT ROOSEVELT.

Treat each man according to his worth as a man. Distrust all who would have any one class placed before any other. Other republics have fallen because the unscrupulous have substituted loyalty to class for loyalty to the people as a whole. —President Roosevelt's speech at Little Rock, Ark.

SATURDAY, MAY 12, 1906.

THE RACE AND THE MUCK RAKE.

Every Afro-American should feel deeply grateful to the President for the prominence he has given to the race with the rake. It is true that the President did not allude to the fact that races as well as individuals are the victims of the muck-raker, but nevertheless, such is the case, and the Afro-American, for a long period, has been the favorite victim of the members of the guild. In his case there has been for a long time an epidemic of indiscriminate assault upon character.

The mass of the Afro-American population is composed of honest, industrious, faithful workers, but the muck-raking Associated Press takes great pains to pass over every creditable characteristic of the better class and to give great prominence to every action of the loafers, bummers and vagabonds.

The race has given birth to artists, poets, orators and scholars, but their achievements receive very little attention while the evil deeds of the criminal class are exploited with hysterical exaggeration.

The President's scourging of the muck-raker is timely and needs to be applied in many directions not contemplated by him. For instance, how strikingly it applies to such a freak as Tompkins, when the President remarks: "The fool who has no sense enough to discriminate between what



HON. JOSEPH B. CANNON.
Celebrates His Seventieth Birthday at Washington.

Everybody who represents official life in Washington, from the President down, united in the great birthday party, which celebrated the seventieth anniversary of the Speaker of the House. The Speaker, standing at the head of the receiving line, and with the receiving line flanked by a display of flowers that covered the entire end of the receiving parlor, greeted probably a million of his countrymen who came to the celebration and their showers of congratulations.

The guests talked a good deal about the Speaker for President, and it was noticed that everything was for him

is good and what is bad is well nigh as dangerous as the man who does discriminate and yet chooses the bad.

THE RULE OF THE MOB.

Upon the subject of lynching, prominent Democrats entertain as widely divergent opinions as they do upon other questions of morals and politics. Senator Tillman arises in the Senate and unreservedly justifies this form of atrocious lawlessness. On the contrary Governor Folk of Missouri, denounces the Springfield lynchings as "cowardly assassinations upon whom the extreme penalty of the law against murder should be inflicted by the law." Commenting upon this utterance of Gov. Folk, the Chicago Inter-Ocean remarks: "Not one circumstance of the case justifies, excuses, or even palliates the murder that was done. Those who did the deed are simply murderers and brutal and cowardly murderers."

And it will be seen that the Democratic governor is as emphatic in denunciation of the crime as a strong Republican newspaper. This may be taken as an evidence that sensible men are rapidly coming to the conclusion that the country can no longer afford to be ruled by a mob of ruffians and thugs. Public sentiment is fast reaching the point when it will demand and enforce the hanging of a few lynchings.

ROSSWELL PAGE'S ROT.

At the Hampton commencement, Rosswell Page, a brother of Thomas Nelson Page said: "I stand here to congratulate you on being Negroes. You don't want to be white men. You want to be Negroes. I don't want the Negro to go. I want him to stay in Virginia and be a good citizen."

Why Afro-Americans who live in Virginia and are subject to the infamous class of that infamous commonwealth, should be congratulated on being "Negroes" is beyond the comprehension of THE APPEAL. As well congratulate a soul on residence in the regions of the damned.

In Virginia the Afro-American who is a good citizen is not nearly so well treated as a Caucasian. Criminal character in an Afro-American counts of nothing in Virginia.

If Rosswell Page were a true friend of the oppressed he would use his voice against the wrongs heaped upon the people he congratulates.

The Negro in Virginia is not a subject for congratulation.

A MODERN ANANIAS.

At the Virginia Day exercises at Hampton Institute, Governor Swanson of Virginia made a speech and had the supreme nerve to say:

"I feel kindly toward the colored race and I am anxious to see the race get along well in Virginia. And I want to say too that the people of Virginia have always felt kindly toward the colored race."

The people of Virginia who happen to be in control have shown their kindly feeling by endeavoring in every way possible to reduce to pariah the Afro-Americans who constitute about one-third of the population and contribute to the wealth and standing of the state. Swanson, has within three months as governor signed the infamous law which compels all of the common car-

riers in the state to provide Jim Crow cars for the people towards whom he "feels so kindly."

THE SUWANEER RIVER.

In a recent address Prof. Kelly Miller says:

"What song yet ascribed to the glory of Hall Columbia, equals in power of pathetic appeal and strength of local endearment the yearning quest of the slave for his home land, 'Way Down Upon the Suwanee River'."

If the professor had been properly informed, he would have known that "Way Down Upon the Suwanee River" is not a slave song, but was composed by S. C. Foster, an accomplished Caucasian musician of Pittsburgh, Pa. The song was closely related by marriage to President Buchanan. The song was played at Mr. Foster's funeral. To suppose an ignorant Afro-American or ignorant man of any race to have been the author of such a masterpiece is as reasonable as to suppose him to be the author of Newton's Principia, or of a treatise upon Integral Calculus.

PRESIDENT THIRKIELD.

The Rev. Wilbur P. Thirkield, D. D., has been elected president of Howard University to succeed Rev. John G. Donahoe who was allowed to resign several months ago.

Dr. Thirkield is well known in educational circles. He is the founder and former president of Gammon Theological Seminary for which institution he obtained an endowment fund of a half million dollars.

During the past four years Dr. Thirkield has been corresponding secretary of the Freedman's Aid and Southern Education Society of the Methodist Episcopal Church.

The trustees of Howard University are to be congratulated on the selection of Dr. Thirkield as he is a man of learning and character and is absolutely without race prejudice.

UNCLE JOSEPH CANNON.

Illinois is proud of her adopted son, Joseph B. Cannon.

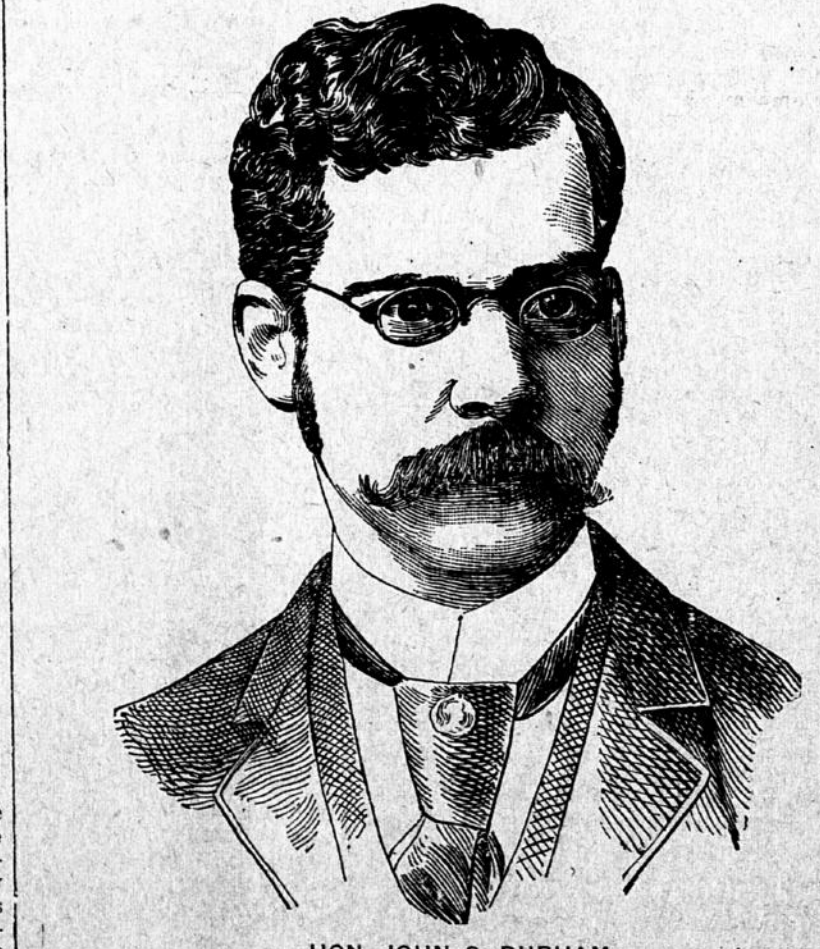
The reception tendered the Speaker in honor of his seventieth anniversary, Monday night at Washington, shows that the people of the whole country without regard to creed or party, love and revere our Uncle Joseph.

A man is as old as he feels; and judging by that standard, Uncle Joe is about forty.

Joseph B. Cannon is a type of the rugged honest American citizen.

If Uncle Joseph wants to be president, Illinois is with him.

A month ago, a lot of Italians and Greek laborers was imported from Chicago to Kentucky to construct the Hopkinsville branch of the Illinois Central Railway. At the end of the month a majority of the force struck for higher wages. They walked off in a body, leaving the company without sufficient number of men to prosecute the work. Such is the usual result of the attempts to displace Afro-American labor in the South. The business men of that section show very little sagacity by paying heed to the gab of a lot of two-by-four politicians.



HON. JOHN S. DURHAM.
Ex-Minister to Haiti—Owner of Immense Plantations in Cuba.

CULTIVATE REPOSE.

FRIENDLY ADVICE TO THE FIDGETY SCHOOLGIRL.

Serenity One of the Most Charming of Girlish Traits—Anger a Foe to Health and Happiness—The Art of Sitting Still—Gentle Courtesy Bids Life of Its Friction—As a Nation, We Are All Marching on the Double Quick.

BY MARGARET E. SANGSTER.

I doubt very much whether girls between 13 and 16 ever appreciate the importance of knowing how to sit still. This is one of the lessons we learn at school, and it is fully as valuable as any lesson in science or literature, or any other department in which we are instructed. Girls are often fidgety, jumping up and rushing about when there is no need for restless activity, and changing their posture until looking at them is fatiguing to other people. Unless we learn how to sit still when we are young, we seldom master the art successfully when we are older.

I can think of a famous man whose name is honored wherever it is heard. He has one fault of manner that he has never overcome; he cannot sit still. In a drawing room, he wriggles and fidgets and actually when excited bounces up and down like a ball, and wise hostesses invariably take the precaution to seat him in their strongest chairs. In church he slips down in front of the pew, leans his head on the railing, contorts himself in queer fashion, and furnishes entertainment for his neighbors and annoyance to the minister. All this could have been altered had anybody taken pains to teach the man how to sit still in his boyhood.

One of the most charming things in girlhood is serenity. It would pay a father should he spend much money in having his pretty daughter taught outward repose.

"How can I be calm and placid?" asks Josephine. "When I am bubbling up and effervescent inside? How can I look tranquil when I am angry and disturbed?"

The questions are well put, although they touch opposite aspects of the case. It is natural that girls should be bubbling up with gaiety and high spirits. A dull, stupid girl, who has no fun in her and who does not care about good times is so exceptional that we are sure she is ill and, if we are sensible, send for the doctor to look her over and tell us what to do. But one may be bright and cheerful, may laugh and be merry, and yet be so self-restrained that she will not let her fun break in upon the quiet of her friends, or so far forget herself as to force it upon them. If they are in a different mood, a girl who has learned to sit still controls her fun just as she does every other act and state of body and mind.

As to being angry and disturbed, I must say plainly that such tempers in girlhood are very unwholesome. Anger in most circumstances is a foe to health and happiness, and is like a snake in the grass or an enemy within the gates in its effect upon character.

Very few people can afford to indulge anger. It is the most poisonous and upsetting of passions, and leads to no end of misery. Neither should a girl let herself be disturbed when things go a little wrong. They are bound to go wrong now and then, and when they do we must be philosophical and make the best of it. You remember Charles Dickens and his "Five-and-Twenty Tattycorums." The absurd name belonged to a charity child, who lived in the house of a philosopher, and when she threw herself into a fit of frenzy, as she sometimes did, the good man told her to count five and twenty before she said a single word. Some of us would have to count five and twenty several times before we had quite conquered our vexation, especially if we had never learned how to wait and be patient.

The wise man said in the Proverbs, "Better is he that ruleth his spirit than he that taketh a city," and no truer word was ever spoken.

One advantage given to girls who learn to dance and to boys who are taught military tactics is found in the control they gain over their muscles, and the flexibility and poise that comes through movement in harmony with rhythm and law. An equal advantage would be gained should girls and boys practice sitting still. As, however, we hardly expect so much repose in the brothers as in the sisters, the latter must try to set the finer examples.

In the art of sitting still may be comprehended the low tone that is so delightful a thing in speech, and the gentle courtesy that robs life of friction. I am constantly hearing people say that they are too busy to do this or the other thing, that they are so hurried that they cannot rest through the day's tasks, and that they are tired before the day begins with the mere thinking of what they have to do.

Hurry has intruded into the air we breathe, and we go whirling through the world as if we were horses on a race track. When a ferry boat is about to arrive at the dock, or a train ap-

proaches the station, the passengers spring to their feet and hasten out pell-mell, as if life depended on their crowding out together and not losing an instant's time. As a nation we are all marching on the double-quick. It is fortunate for school girls that they are obliged to enter and leave class rooms with order and moderation. The good habit thus formed may stand them in stead by-and-by. A good deal of illness, headache, and nervousness would be saved if only we could take our time, wait a little, be considerate and win what a clever author has called "power through repose."

When I was a schoolgirl I had two intimate friends, one of whom was very beautiful and very merciful, with as many changes in her face as an April sky. Every passing emotion brought its corresponding facial gesture. She was never the same for two minutes. When she was talking her whole face seemed alive with movement. The other girl was quiet and dignified, not so responsive to every breeze as her companion. Yet, nevertheless, she was sympathetic and charming. She was a rather plain girl. No one thought of her as having any claim to beauty. Twenty years after we had all left school the first girl had grown thin, angular and homely; her brow had lines that ought not to have been there, and her eager eyes flamed in a hollow face. The other was by this time beautiful. She had gained something lovely from every year that had gone over her head. She had known how to sit still and let the repose of her spirit illuminate her countenance.

(Copyright, 1906, by Joseph E. Bowles.)

A SENSIBLE COSTUME.

Next Frock Made of Gray Tweed Trimmed with Red Velvet—The Hat a Red Straw.

A very dark gray tweed is employed for this costume. The skirt is cut with a narrow front and wide circular sides joining up the center back. The foot of the sides and back is trimmed with two shaped flounces, the upper one being sewn on under a stitched strap, the ends of which curve up each side the front.

The bolero is tight-fitting and double-breasted; it is trimmed with



FOR THE YOUNG GIRL.

stitched straps, and is fastened and ornamented with tiny gun-metal buttons.

The collar is faced with dark red velvet. The deep waistband is also of red velvet worn with a red silk blouse.

The hat is of red straw, trimmed with ribbon velvet.

Material required: Five yards tweed, three and one-half yards skirt lining, three yards silk for lining bolero, and three-fourths yard velvet.

ETIQUETTE FOR THE BRIDE.

Unless something prevents, a bride should return her first calls in two weeks after receiving them. If no "day" is given, suit your own convenience.

It is better form for a husband's and wife's cards to read the same way, but if expense is an item to be considered the cards may be used as they are, for everyone understands what makes the difference.

Two of the husband's cards are always left when it is a first call, after that, unless it is a party call, they need not be left.

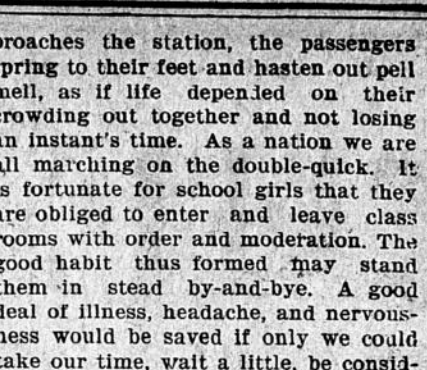
The cards from out-of-town people need not be returned.

The Big Leghorn.

One of the most welcome of the returned fashions is the big Leghorn picture hat, than which nothing better was ever invented. Such a beauty was seen this week. The wide brim was draped with a white gauze scarf, brocaded with a large gold figure, while the low crown was covered with shaded pink roses without foliage. The under brim was lined with pink satin ribbon. In the back was a huge bow of the ribbon.

JUST HER STYLE.

"Will you show me one of those straight-fronted corsets, please?"—Chicago Journal.



THE NEW STRAIGHT FRONT.

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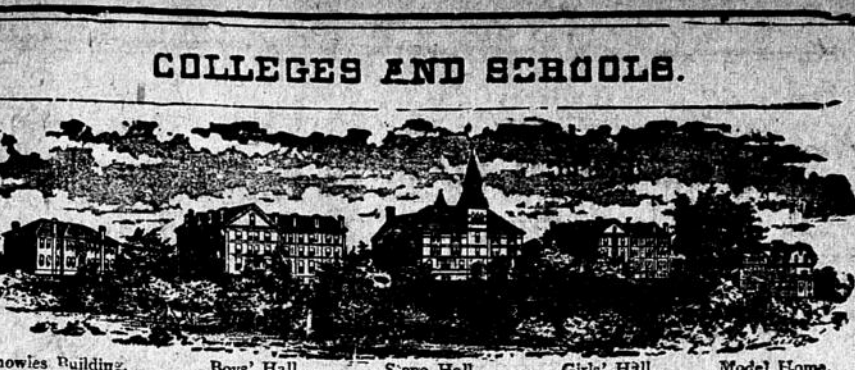
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COLLEGES AND SCHOOLS.

Knowles Building. Boys' Hall. Some Hall. Girls' Hall. Model Home.

ATLANTA UNIVERSITY, Atlanta, Ga.

An