

Tips Hints Helps

FOR WOMEN

By Mary Moore

Keeping Ahead of the Times

DO YOU KNOW? . . .

Summer heat and cotton dresses go hand in hand. Do you know that Galveston and Houston, Texas, are the two greatest cotton shipping ports in the world?

Because German occupation of northern France cut the American tobacco industry from its source of cigarette papers, cigarette manufacturers turned the problem over to research experts who discovered that cigarette paper could be made from flax straw. The French had used linen rags.

Since Minnesota is the nation's leading flax producer, mills there are now working 24 hours a day to meet the sudden demand for the by-product of straw that farmers often burned.

The war has brought a revival of many of Britain's rural industries. Today powder puffs are being made from English instead of Polish or French goose skins; iodine is being made from the unlimited supplies of seaweed found around the coasts of Britain. Seaweed is also being used to replace potash fertilizers that came from Germany. Charcoal kilns of a modern type have revived charcoal burning, the product of which is used for ammunition burning.

Glamour

Our beauty experts now tell us that fat diets are not necessary for reducing, but continue to repeat that if we cut down our daily intake of food—eating smaller portions of everything, and replacing desserts with fresh fruit we will slenderize automatically and without pain or discomfort. It is possible to lose a great deal of weight by this method, but it won't keep the muscles firm, and unless they are kept firm, any girl who sits for many hours a day will, within a few years, have thighs and a hip line which are anything but streamlined. Exercise is the only answer to avoid flabbiness and as little as ten minutes a day will suffice.

This is a good time to make a note of poison ivy and sumac treatment. During the summer months people who go on hikes or camp will face the dangers of the ever-present poison ivy. As a prophylactic measure for those who may be exposed to these injurious plants, this solution may be used as a protective application for exposed parts of the body:

Glycerine—½ pint.
Water—½ pint.
Iron chloride—¼ oz.
Let this mixture dry on the skin.
If exposed the following solution may be used to relieve the poison ivy dermatitis:
Ferric chloride—2.5 gm.
Sodium chloride—2.5 gm.
Glycerine—25.0 cc.
Distilled water to make 100.0 cc.

Buy yourself an eyecup and a mild solution of boric acid and enjoy the luxury feeling that comes after an eye wash at least twice a week. Your system needs vitamins to produce long silky lashes and hair, but stimulating the roots of your lashes by grasping them between thumb and forefinger and gently tugging at them will help

them grow. Closing your eyes and brushing your lashes with a vaseline lubricant will do much to improve and enhance their appearance, but care must be taken not to get anything into your eyes while massaging them. A good rich eye wrinkle cream used at night will pay dividends by warding off those tiny crows' feet.

Women in Industry

Women wage earners in England call for governmental consideration that make some of our own Department of Labor output seem more or less trashy in comparison.

Of course we have women workers in almost every occupation, but that is a far cry from the floods of women who have been called into munitions work and into auxiliary services in England.

Driven by the pressure of war, the British government has faced the problem forced upon it as a practical matter, calling for practical measures. The British government offers, among other things, literature on personnel management, amounting to a real course of instruction. And this is a real problem in plants that have been accustomed to employing men, but which must now employ women almost exclusively.

It is interesting to note that the government warns against "unproductively long" hours of work per day. Both Sir Walter Citrine and Ernest Bevin lend their experience and their backing to the work of the Ministry of Labor's work in smoothing the employment relations by factual, practical educational work so that industries, swinging over to women workforces because men are unavailable, may move on in the nation's war work with continuing full productivity.

The United States will face this same problem shortly and it would be a welcome sign to see the beginnings of intelligent work toward readjustment. It is not to be questioned that wholly different employment relations methods must be used where most of a work force is women than are required where the work force is all or nearly all male.

For Better Homemaking

Save much summer laundry by using straw table mats or those new plastic mats which are transparent and vividly painted. They may be wiped off with a damp rag and are definitely work-savers for summer.

If you'd like to make some summer

table mats buy some of the lovely hand-blocked linens in colors and patterns inspired by tropical gardens. The edges may be bound in plain colors contrasting with the design, or more simply finished by just fringing all around.

Pantry Palaver

Chef's Hints: Have you tried scrambled eggs and bananas? Dice two bananas and simmer for a few minutes in 2 tablespoons butter. Turn at once into scrambled eggs just as they are about to thicken. Finish cooking and serve at once.

To slice a ham smoothly and evenly remove from hot liquid as soon as finished cooking and drop it in a vessel of cold water sufficient to cover. Let stand until cold. It will be moist and lose none of its flavor and be firm and easy to slice.

Another interesting treat—mix ¼ as much crushed pineapple as shrimps, blend in a savory white sauce and bake in a shallow, buttered baking dish. Crab flake may be substituted for shrimp.

Sprinkle potato chips lightly with grated cheese and put in the oven to crisp. Nice with drinks.

Salmonburgers are just your regular recipe for salmon patties but shaped oblong to fit hot-dog buns. A nice change for picnics.

Franks are also good split halfway through and stuffed with sweet pickle relish, wrapped with bacon and broiled over that out-door grate.

Since we're in a picnic mood, how about mincing some skinned, boned, sardines into the egg yolk mixture when stuffing your next deviled eggs. Very tasty.

For those summer salads here's a slenderizing salad dressing: 1 scant teaspoon sugar, ¼ teaspoon each of salt and paprika, 3 tablespoons mineral oil, 2 tablespoons garlic vinegar, 2 tablespoons salad herbs mixture. Blend all together, put in bottle and shake well. Store in refrigerator until needed.

Cantaloupes are now plentiful. Have you diced one in small cubes and served with cream and sugar? Try it.

One of our most successful women restaurant operators says that "every woman can be a success in the kitchen if she applies technical knowledge and good common sense to her cooking. And there's no trick to making a food business pay if you run it as you do your own kitchen, just multiplying everything to fit a large-scale kitchen."

Sportsmen Draw 1,500 To Outing Last Sunday

More than fifteen hundred persons attended the seventh annual outing of the Butler County Sportsmen, Sunday afternoon and evening, in Seever's Park, Millville Pike.

HORACE C. SHANK, LAWYER, PASSES



HORACE C. SHANK

Horace C. Shank, 67, Hamilton's first municipal judge, died Sunday morning in his home, 930 Dayton Street. He served as municipal judge from 1914 to 1918 and was associated with his brother, Robert J. Shank, in the law business. He is survived by his widow, Mrs. Bonnie Shank; a son, William Shank; two daughters, Mrs. Florence Lemert and Miss Mary K. Shank, and the brother, Robert Shank, all of Hamilton. Services were conducted Tuesday at 3 o'clock in the Klaus funeral home, with burial in Greenwood Cemetery.

COUNTY TO BENEFIT IN NEW LEGISLATION

Butler County officials this week tried to estimate the financial benefits which will accrue by reason of recent legislation of the Ohio General Assembly by which the state is to give credit for transportation and criminal costs (in state cases) for the years 1935 to 1940 inclusive.

Conrad C. Stroh, Butler County clerk of courts, estimated the indebtedness of the state to Butler County on these items for the years cited will amount to more than \$8,000. Of this perhaps less than \$3,000 will go into the county treasury for clerk's and sheriff's fees.

The remainder will go to municipal courts, justice of the peace courts, constables and others.

FISHING SPOTS FOR SONS OF WALTON

Symmes Lake

Take Pleasant Avenue, Route 127, to Symmes Corner. Turn right on Nollis Road to lake. Blue and channel cat, bass, crappies, bluegills. \$1 day fishing, 12 hours, limit 12 fish. Five

acres of spring-fed lake. 40 feet deep. Eli Woods, proprietor.

Lake Gloria

Hamilton Pike to New Burlington, Ohio. Right on Struble, 1 mile to Pippin Road, on right. 1,000 feet to lake. Bass, pike, crappies, channel, blue and mud cats, brim, sunfish, rock bass, jack salmon and white perch. Fishing 50c day. Boats 50c a day, 5 lbs. edible fish, limit. 20 acres of spring-fed lake.

Keller's Lake

South on Hamilton Avenue to Van Zandt. Left on Van Zandt to Pippin. Right on Pippin to the lake. Perch, bass, cat, crappies. \$1 per day, 10 fish, not over 4 to be bass. Day and night. Bait.

Brickyard Lake

On Forest Avenue, Mt. Healthy. Turn right at green light. Bass, pike, channel cat, bullhead, perch. 50c for six hours. Five fish limit. Open all day, all year.

NEW BOARDS FOR PENSION SYSTEM

Hamilton's firemen and policemen's pension funds must have new boards of trustees, Millikin Shotts, director of law, informed city councilmen in caucus Monday night.

Shotts said the new boards would have to be named to comply with a recent decision of the District Court of Appeals. He indicated that legislation establishing the new boards would be introduced at Wednesday night's meeting, July 16.

According to Shotts, the new boards must consist of two members of the respective departments and two Council members and two city residents for each board. The residential members will be named by the four other members of each board.

Shotts said establishment of the new boards would not affect pension payments for retired members of the two departments. Previously the two boards have consisted of R. P. Price, city manager, and five members of the respective departments.

Industry Takes Copper From Middletown Force

Middletown, Ohio.—Private industry claimed the second member of the Middletown police force within a month with the announcement by Patrolman Marion J. Mehl that he would resign, effective July 6, and become a millwright for the American Rolling Mill Company.

Mehl, a nine-year veteran on the force, had been an Armco employee for five years before he became a patrolman.

Last month, Patrolman William Pond resigned to return to his former post as a draftsman for a West Virginia firm.

Oxford Council, Kiwanians Plan To Entertain Soldiers

Oxford, Ohio.—Council and the Kiwanis Club, both meeting Tuesday, discussed an entertainment program for troops of the Fifth Division who will camp near Oxford on the afternoon and night of July 3.

On May 22, when the column passed through Oxford on its way to maneuvers in Tennessee, the municipal pool was thrown open and Withrow court was placed at the disposal of those who wished to take showers.

It is believed that the same offer will be made at this time. If, as has been reported, the encampment is extended over the week-end, further measures of entertainment and recreation may be taken.

PRESIDENT CREATES O. P. M. COMMITTEE

Washington, D. C. (ILNS).—Acting to prevent discrimination against negroes and others in defense industries, President Roosevelt has set up machinery in the Office of Production Management to stop such discrimination. "The democratic way of life within the nation can be defended successfully only with the help and support of all groups," he said.

The President created a Committee on Fair Employment Practice in the O. P. M. to investigate complaints of discrimination and to redress grievances; ordered all federal departments and agencies dealing with vocational and training programs to take special measures to avoid discrimination, and ordered all agencies henceforth to include provisions in all defense contracts obligating the contractor to avoid discrimination against any workers.

The order was issued principally because the government's attention had been called to cases of discrimination against negroes in some defense industries and labor unions, it was said.

The teacher was testing the power of observation of a class. Slapping a half-dollar on the desk, she said sharply: "What is that?"

Instantly a voice from the back row called: "Tails!"

Read The Press.

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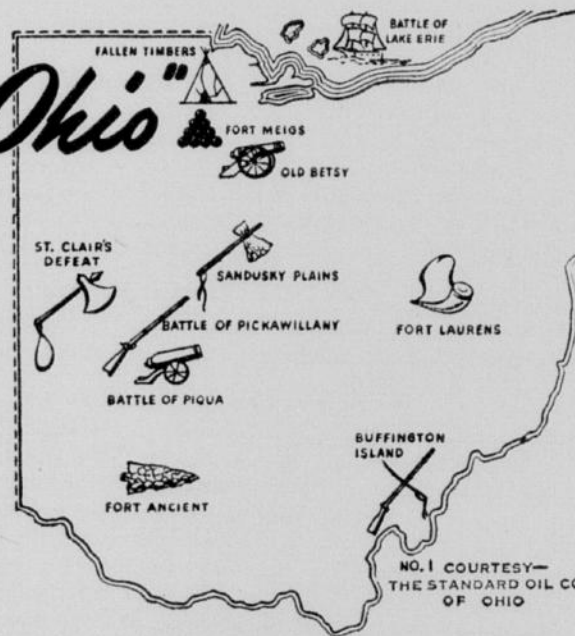
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"Let's Explore Ohio"



FAMOUS OHIO BATTLEFIELDS

Eleven famous Ohio battlefields
are shown on this map



Ohio—The Gateway of a Nation

To a much greater extent than most of us realize, Ohio has been a battleground.

From 1745 to 1813, except for one period of nearly 20 years of unbroken peace, Ohio saw nearly a score of campaigns and battles, all fought for the control of this rich and strategic region that stretches from Lake Erie on the north to the Ohio on the south.

In rapid and deadly succession, Indians fought Indians, the French and Indians fought the English, the English and Indians, the United States.

It was no accident that Ohio should have been a battleground. On its northern and southern borders were unimpeded waterways to the West. Connecting these water highways were rivers whose sources were only a few miles apart. The Maumee led to the Miami; the Muskingum to the Cuyahoga.

Nor had nature erected barriers to make land travel difficult. Important trails crisscrossed the state in all directions.

Ohio was truly a gateway—a gateway to the West and a gateway from the West back to the East.

In addition, Ohio's soil was rich, the climate moderate. Her hardwood forests teemed with game, her streams with fish. As the frontier was pushed westward, to own Ohio farmland was the ambition of thousands of pioneers.

It is only natural that men should have fought over this rich prize.

Great cities, peaceful villages

and farms are on the sites of yesterday's battlegrounds. But these battlegrounds are all a part of Ohio's history.

A list of the more important of the battles and campaigns follows. Each was a dramatic story vital not only to Ohio but in some cases to the world itself.

1745—First English trading station erected at Sandusky Bay.

1748—French destroy Sandusky Bay station.

1749—Celeron journeys around Ohio reasserting French claim to territory.

1750—Christopher Gist explores Ohio for Virginia's Ohio Company.

1752—French invade Ohio and destroy "Old Britain's" village, Pickawillany.

1763—Massacre at and destruction of rebuilt Fort Sandusky during Pontiac Conspiracy.

1763—Captain Dalyell destroys Indian village on Sandusky River to revenge destruction of Fort Sandusky.

1764—General Gage orders Colonel Bouquet to proceed against Ohio Indians from Fort Pitt and Colonel Bradstreet along the Lake Erie road.

1774—Colonel Angus McDonald invades Ohio and burns Shawnee villages near what is now Coshocton.

1774—Lord Dunmore and General Lewis conduct campaign against Ohio Indians (Dunmore's War).

1778—American Colonies build Revolutionary War Fort Laurens at what is now Bolivar.

1779—Colonel John Bowman leads 160 Kentuckians against the Indians at Little Chilliocthe.

1780—Colonel George Rogers Clark destroys old Chilliocthe and Piqua, villages of England's Indian allies.

1782—Christian Indians massacred by militiamen led by Colonel David Williamson.

1782—Colonel Crawford leads campaign against Indians in Sandusky Valley; is captured and burned at stake.

1782—Colonel George Rogers Clark with 1500 mounted Kentuckians destroy Pere Laramie's mission and store.

1791—General Harmar unsuccessful in invasion of western Ohio.

1791—General St. Clair's army defeated by Indians at Fort Recovery.

1794—General Wayne defeats Indians at "Battle of Fallen Timbers" and clears Ohio frontier.

1813—English unsuccessfully besiege Forts Meigs and Stephenson.

1813—English defeated by American squadron in Battle of Lake Erie.

1863—General Morgan, Confederate leader, and his raiders invade Ohio.

Next Week—The Mound Builders defend Fort Ancient.

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