MRS. WILSON GIVES RECIPES FOR CANADIAN PANCAKES

With Various Kinds of Filling These Delicious Concoctions Can Be Used for All Meals

By MRS. M. A. WILSON

Copyright, 1920, by Mrs. M. A. Wilson. DANCAKES play an important part in the menu of the Canadian housewife. The chief attractiveness of the Canadian housewife varies her pancakes by using different fillings,

To serve paneates for dessert, use filling of jelly, marshmallow, fruit whip, pure of thick fruit, pineapple sustard, choco'ate cream filling or with well-crushed and sweetened fresh fruits.

Or the frugal housewife may feel that many leftovers can be used to form attractive fillings for these pancakes and in this way replace the meat in the ment with a pancake a la jardiniere. Leftover meats and vegetables was been been to be supported to the mean of the support Leftover meats and vegetables may be utilized this way and thus help to form

The following is a suggestive menu replace meat content of the menu:

LUNCHEON Salpicon of Fruit Corn Pancakes Creamed Peas Lettuce

DINNER

Cream of Tomato Young Onions Paneakes with Minced Giblets Baked Potatoes Cabbage Salad Tapioca Cream

SUPPER Clear Tomato Soup Broiled Lamb Chops Braised Cabbage Lettuce

The placing of the pancakes in the above menus fully explains its use in the meals so that the woman who is entirely interested in economy in her household can use the pancake occa-

donally in her menus. Before starting to prepare the pan right kind of pan for cooking the panright kind of han for cooking the pan-enke. The old-fashioned heavy steel or eastiren frying pan or the spider will give you the best results. When ready to cook the pancakes place two tablespoons of sait in the pan and then with a dry cloth or a piece of soft tissue paper scour the bottom of the pan until it is smooth. Turn out the sait and wipe the pan with a dry cloth. Place three tablespoons of cooking fat in the on, and when it is smoking hot you are

An everyday paneake mixture : Two cups of nifted flour.

One tublespoon of sirup, Two level tenspoons of baking powder, Beat to a smooth batter and then set batter away in a cool place for one

r to form a large cake. Reduce the eat and then with a spatula loosen it

Corn or Vegetable Filling

Piace in a saucepan fine and one-half cups of milk. Eight tablespoons of flour

then bring to a boil and cook for I have

One cup of corn, One well-beaten egg. Two tablespoons of butter, One teaspoon of salt.

One half teaspoon of pepper. One quarter teaspoon of grated onion Beat hard to mix and then lift the

meake to a hot plate and spread with he prepared filling. Dust with paprika then roll and pour one tablespoon the filling over the rolled pancake. prinkle with finely chopped parsley, Pers, tomatoes, asparagus, spinach ad cheese may all be used to provide

To Prepare the Meat Fillings

Place in a saucepan One cup of gravy or stock, One cup of milk, One half cup of flour, One onion grated, Two tablespoons of finely minced

Stir to blend thoroughly and then

ring to a boil and cook Our traspoon of Worcestershire sauce

Our tenspoon of salt, Our traspoon of paprika.

Three-quarters cup of finely chopped cold cooked meat,

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tions with pay.

One-quarter cup of finely chopped One green or red pepper, chopped fine. Mix and then heat to the scalding

And now to prepare the batter for the pancake is its desirable lightness. The Place in a bowl One and one-half cups of milk.

Yolks of two eggs, One and three-quarters cups of flour, One-half teaspoon of salt,
Two teaspoons of baking powder.
Two tablespoons of sirty or sugar,
Four tablespoons of shortening.

Beat with a Dover egg beater until the surface is covered with large bub-bles and then cut and fold in the stiffly beaten whites of two eggs. Bake in the same manner as for the corn paneakes and then spread with the desired filling. Serve at once and dust the top wit pulverized sugar.

Please Tell Me What to Do

By CYNTHIA

He Broke Engagement Blue Eyes-There are plenty of other

oung men in the world who, you will find, will keep their engagements or send word if they cannot. You would do well simply to be polite to this young me some suggestions for decorations. toward friendship.

you should make an engagement with games for a party of from thirty to a young man on such short ac- forty people, from fifteen to twenty-

"Fusser" Marries First Dear Cynthia-In answer to A's and B's question, I would say that the twenty years of age? READER.

one who runs around is always the first. A GIRL FROM SOUTH PHILLY.

They'll Get Over It Dear Cynthia-This is the first time

we have written to your column and we would like to ask you and some of your readers a question. We are four girls. considered good-looking, good dressers, can dance well and in for all kinds of This is our problem : When the boys

no in long trousers they seem to forget their old friends and seek the older girls. We have found this to be the One eyg.

One and three-quarters cups of milk, girls. We have found this to be case with many of our boy friends.

Ruck Private, we would like to kn Buck Private, we would like to know if you did this when you were "sixteen"? We would like to have your opinion, especially on this matter,

M. I. C. K. When the fat in the prepared pan smoking hot pour in sufficient bat-

heat and then with a spatula loosen it around the edge and shake the pan to be loosen the whole cake. When ready turn the cake and let the other side brown. It is now ready to spread with alling.

All boys want to feel old when they put on long trousers, and they fear they will be called "young" if they dance or go about with girls whose hair is still down their backs. Cheer up. dears, they all get-over it. All boys want to feel old when they

Do Not Listen to Tales Dear Cynthia-I do wish you would

help me in this heart-nehing problem for eight mouths, and I think he loves me, though I am not sure. He is away

and writes to me every day unless it impossible, then he excuses himself. There is a young girl he used to go with and he writes to her often. She has told all our friends she is going marry this young man, and I am sure

t is not so. He always says he loves me, and if we have a quarrel he says he will not dop writing, because he loves me.

I love him and I am sure it would lo me great harm to give him up. This gir! has gone with several other young men I know, and she said she was to marry them, too, but the boys did not know a thing about it them-

I don't know whether I should give bim up or still continue. I have told Lim several times, but he denies it. He claims he does not write to he:

Why should you not believe this young man, if you have no proof but her word that he writes to her? He says he does not, and that he loves you. Why on earth give him up? There are plenty of silly girls who like to make rouble by saying things which are not Never listen to tales without



hote by Zamkey and Phillips MISS GEORGIANA GRANT Daughter of Mr. and Mrs. U. S. Grant, of Sharon Hill, whose engagement to Mr. Edward P. Ruton, of Wilmington, was recently announced

The Woman's Exchange

Dear Madam-Will you kindly send man, but to make no further advances games and refreshments for a leap-year party of about six couples, twenty to It seems to me strange, however, that twenty-four years of age? Also some five years of age?

Could you also give me a list of name for a club of about fifteen girls around

I am sending you some games which girls would marry sooner than the one I hope will be helpfui, also suggeswho didn't, because the one that goes with only one girl hasn't really made up his mind until somebody else comes along and wants the girl, too. But the "Quindecam." (the Latin word for fif-teen): "Fifteen Girls," "The Friend-ship Circle," "Young Women's Club," "Good Times Association." If you would just tell me a little more about the purpose of the club I could give you more names, but these are the only ones I can give you offhand.

Removing Clinkers

Dear Madam-Will you please let me know in your valuable paper what will keep the fire brick from having clinkers stick to it? I have great trou-

If you pull the coals away from the fire brick and drop in about a quart of oyster shells or a pint of lime, close the door and keep the fire hot, the lime in the oyster shells will cause the clinkers to break off, or to be very easily impred off with the poker when the fire

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same old drab, uninteresting streets every day. There's nothing new to think about, nothing different to look at; it's just the same old humdrum

What a dull, tiresome routine it gets to be, the same walk to the train or trolley every morning at the same time —unless she oversleeps—the same peo-ple waiting at the station or the cor-ner. Then the same passengers at the same stops, wearing the same clothes. The only excitement that occurs is when one of the woman retrims her same old hat and forgets to take out one of the red-headed pins used in the remodeling. Sometimes one of the reg-ulars lets his watch go back on him and has to run to make the car. That's very interesting. But aside from these little variations, it's always the same dull, uninteresting, tiresome trip-it to let it confine you to within its commonplace limits. It needn't hold your mind in, you know. That's free to roam all over the universe.

THERE are several games you can I play during these stupid repetitions of an uninspiring routine. They all require imagination, but they all serve to take you far, far away from mere facts. One of the games consists in transport-ing yourself to some levely place where there are neither trains nor trolleys where people wear different clothe you like-and still get to your office

on time. It's a refreshing game. Another one brings in your companions in boredom. All you have to do is to ignore the scenery as it goes past-Is to ignore the scenery as it goes past— you know it backward anyhow—and de-liberately turn your attention to the side, the noise and bustle of people liberately turn your attention to the people. That desperately cheerful girt who wears such atrociously brilliant hats and laughs in such a determined way—is there a sorrow that she's trying to cover, some trouble that is concealed behind that laugh which sometimes rings so hollow? That man who is so scholarly and so lacking in anything scholarly and so lacking in anything side, the noise and bustle of people settling themselves for the trip washed up to the door like little waves, but here they were entirely alone.

Laurel looked up at her husband suddenly and their eyes met. His were strangely brilliant, hers deep and inscrutable.

"Thank you for being so consider-

OH, I wish the scenery would be changed by some kind of miracle when I go back to work on Monday!" sighed the business girl on Saturday. "I get so sick of sceing the same old people, the same old stores and the girl who always wears such good-look-ing clothes, such next veils—what does or has his heavy intellect, his lack of spontaneity, weighed her down until she is just a dreary housewife? That girl who always wears such good-looking clothes, such neat veils—what does she do and how does she manage to keep her things looking so new?

Oh, there are lots of things you can find to take your mind away from the sameness of every day. You can have He held out his hand, and she put her cold, trembling fingers in his. He held them for a moment, crushing them in his palm, and she thought for a mo-ment that he was going to draw her to him. A sudden faintness came over her but his release of her hand brought

"I will."

was gone.

sameness of every day. You can have lots of fun with your imagination if you take off its check rein and let it stretch. And you won't mind the "same oldness" of things at all, because you'll be far, far above them.

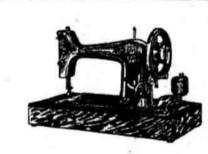
The Glad Surrender

By HAZEL DEYO BATCHELOR

Laurel Stone's interview with Granville Burton brought about her marriage to him. Granville did not morry Laurel for love. He married her for practical reasons—to be the mother of his two motherless children and to take charge of his house. A year after the marriage a son is horn, and Laurel's attitude son is born, and Laurel's attitude toward her husband changes. She becomes impersonal. Laurel's mother, who has been visiting at the Cedars, is called West because of the illness of her husband, and Laurel makes up her mind suddenly to go with her.

AT THE station Granville attended to everything. He bought their three times a day, where the landscape is always new, and all you do is go swimming in the warm sunlight, or skating in the cold air, or whatever you settled them comfortably in the train. like best to do, all day long. Or you can go back to that place where you lad such a good time last summer, and dance and dance and dance. You can go anywhere you like and do whatever the Cedars, but she crushed back her weakness furiously.

For a time, just before the train started she was alone with Granville in one compartment. Mrs. Stone was



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Them Forget It

OH, I wish the scenery would be changed by some kind of miracle wife look like? Is she just like him, when I go back to work on Monday!" or has his heavy intellect, his lack of the country of t

morning. It had stopped raining, but the skies were still heavy and there was a murky moisture in the air that was hard to breathe. No one was at the station to meet them and they were driven up to the old home in the town bus. Several other people drove with them and looked curiously at Laurel's little party. They were strangers going to the hotel.

The door was opened to them by Mary, the old cook. In Westbury servants were looked upon almost as personal friends. Mary had been with the Stones for fourteen years. She prompt-

"Good-bye, Laurel," he said and Stones for fourteen years. She prompt-iy kissed Laurel and bustled about with She swayed and her eyes closed wear-

She swayed and her eyes closed wearily. Then she had a mad impulse to call him back. Then the train gave another lurch and began to move creakingly. They were off. Tears sprang to her eyes and began to roll slowly down her cheeks as she sank into the seat. The train gathered momentum and moved quickly out of the station. She could hear her mother moving in the next compartment and the wail of the baby quickly hushed by the nurse. Everything, about her seemed blurred and only one thing stood out clearly—the fact that Granville had said nothing about his drive up from the station with Marion Worth.

Laurel put this out of her mind instantly as a thought unworthy. Could she descend to petty jealousy? Was her mind so warped that she could see a wrong where none was intended? She rose to her feet and went into the next compartment. The baby was asleen and told him scoffingly that she was ashamed of him.

Stones for fourteen years. She promptivity kinsed Laurel and bustled about with true hospitality, looking out for every true hospitality. It was hop true hospitality, looking out for every true. Laurel felt comforted in spite of herself. Mrs. Stone, true hospitality looking out freve true hos rose to her feet and went into the next compartment. The baby was asleep and

(To be continued)

Adventures With a Purse

QUITE some time, ago, I told ye about a bath strap made of a rought material resembling Turkish towelling only somewhat rougher and coarse Well, now I have found bath mitts the same material. One places one on each hand, and then what an invigorating soaking and washing there is, to be sure! The blood starts circulating rapidly, and one comes out of one's bath fairly glowing with health. I think you would enjoy a pair of these—which may be had for fifty cents—even more than an ordinary brush.

sale of drop-stitch stockings, in tan and green, red and black, green and black, and gray and black for \$1.50. In order not to misrepresent, I am obliged to tell you that they are a mixture of cotton and silk. But I assure you that when you see them you will think as I did, that they are pure It appears, however, that this bit of cotton in them makes them wear ever so much better. They will be very nice for spring when you wear low shoes without spats.

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