

## Sleeves and the New Frocks

BY MARY MARSHALL.

Sleeves are cast for a far more important role in the play of fashion this season than they have been for many years. They are no longer the negligible quantity that they had to remain so long as skirts were extremely short. There would have been some-



LACE-COLLARED BLACK SATIN FROCK. MADE WITH ELBOW SLEEVES, WORN WITH OR WITHOUT THE LONG DETACHABLE LACE CUFFS THAT MATCH THE COLLAR.

thing absurdly top-heavy about a knee-length dress provided with sleeves of importance.

The revival of interest in slender waistlines has made it desirable to give some emphasis to the shoulders. Sleeve-

less dresses are provided with shoulder capes or cape collars or are worn with scarves arranged to give the desirable shoulder breadth. Some women still prefer the sleeveless frock for sports wear, but the very short shoulder sleeve is making rapid headway as a rival. Short puffed sleeves and short cap sleeves are found on many of the Summer dresses for evening and late afternoon and elbow sleeves no longer look old-fashioned.

It is a fairly safe prediction to make—that if skirts become fuller, sleeves also will become broader.

The task of giving an up-to-date look to the sleeveless dress is not a particularly difficult one. Cape collars of contrasting material—chiffon, georgette or fine lingerie—may be added. Or you may set flowing or puffed sleeves of chiffon or other light fabric into the armholes of the sleeveless dress. The sketch shows a new Spring dress made with removable sleeves of lace to match the collar.

This week's circular shows how to make a number of nautical emblems which are embroidered in red, blue or white on sleeves of new middie blouses or jackets. If you would like a copy, please send your stamped, self-addressed envelope to Mary Marshall, care of this paper, and it will be forwarded to you.

(Copyright, 1930.)

## ABE MARTIN SAYS



## NANCY PAGE

Messages Should Not Be Yelled.

BY FLORENCE LA GANKE.

"Please, Joan, will you tell your cousin Peter that lunch is ready?" Aunt Nancy had no sooner spoken the words than Joan went to the stairway and yelled at the top of her lungs. "Come on, Peter, lunch is ready." Joan's voice had been bothering Aunt Nancy for some time. She decided that now was the time to start correcting it.

"Would you mind, Joan, going upstairs to tell Peter? I don't like to hear little girls yelling. If you do it when you are a little girl, you will do it when you are a big girl and then when you are a grown-up lady. Remember that lady we heard scolding her little



boy yesterday? We could not see her when we passed the house, but we heard her. I felt so sorry for the little boy because every one on the street knew he had been naughty. Suppose we make it a rule to go upstairs or into the room where the person we want to speak to may be. Will you remind me when I forget?"

Joan smiled and said she would, and then, cheerful little cherub that she was, she went up the stairs to get the baby. By that time his fat, chunky legs could be seen descending the stairs. Nancy made it a point never to stand on the porch and call the children in. She learned that a child usually responded quickly to voices. If he was



spoken to in a scolding, petulant tone he answered back in kind. Nancy tried to keep her voice low, no matter how exasperated she was. And she found that the scheme worked with both children. There were no screeching, yelling or high pitched voices in the Page home.

Write to Nancy Page, care of The Star, including a stamped, self-addressed envelope, asking for her leaflet on Table Etiquette.

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## NO TROUBLE AT ALL NOW

Kellogg's ALL-BRAN Has Benefited This Woman

Millions today are eating Kellogg's ALL-BRAN—guaranteed to relieve both temporary and recurring constipation.

The cause of constipation is the lack of roughage in food. Add sufficient roughage and constipation disappears. Kellogg's ALL-BRAN is nearly all roughage.

Here is a letter from Mrs. H. Gilbert, 107 E. Knight Ave., Collingswood, N. J., which will be interesting to many sufferers:

"I had a very serious operation in October and when I came from the hospital my main trouble was constipation. One day I said to the doctor, 'I am going to eat ALL-BRAN,' and since I started I have no trouble what-so-ever. So you see I can't praise it enough and am always telling my friends what it did for me."

You will enjoy the nut-like flavor of this delicious, ready-to-eat cereal. It is rich in iron, and when eaten with milk or fruit juices, adds important vitamins to the diet.

Kellogg's ALL-BRAN is an essential in any reducing diet. It means every-day health to people all over the world. Your grocer has it in the red-and-green package. Served everywhere. Made by Kellogg in Battle Creek.

**Kellogg's**  
ALL-BRAN  
Improved in Texture and Taste

## LITTLE BENNY

BY LEE PAGE.

Pop was smoking and thinking and ma sed, Gladia is feeling quite concerned about letting the baby go much longer without a name, and yet she feels the same way as I do, she feels that a poor name would be worse than none. After all, there's nothing so important to a child as his name, unless perhaps it's his health, she sed.

I can settle that difficulty for you with one word, pop sed. Call him Willyum, he sed.

Being pops name, and ma sed, Now Willyum, don't bring that up again. He's an unusual child and it's no more than our common duty to give him an unusual name, she sed.

How the dooce can a muntch old baby be unusual? pop sed. It seems to me we awt to be thankful if he's even usual, he sed, and ma sed, He's unusual in a hundred ways.

Well just name me 3 and I'll be satisfied, pop sed, and ma sed, Well, in the first place take his sense of cheeking. He can be sleeping like the Rock of Gibraltar, and at the faintest shadow of a whisper he's wide awake as a lark. Duzent that indicate a remarkable degree of sensitiveness? ma sed.

Perhaps it does, but I'd prefer a child would sleep even in the mist of a loud game of poker and thereby indicate a remarkable degree of consideration for the feelings of others, pop sed, and ma sed, That's a purely selfish viewpoint, I must say. And while we're on the subject of his senses, take his sense of site. That child knows his own bottle as well as he knows his own mother. In fact, he greets it with exactly the same glad expression of recognition, ma sed.

How can you be so sure? pop sed. Have you ever tried him with some other baby's bottle? he sed, and ma sed, O, your nothing but a doubting Thomas, that's a trouble with you. I was going to go into his sense of touch, but just for that I won't, she sed.

That's too bad, pop sed. And he got in back of the sporting page with a ixpression as if he was glad of it.

## Piquant Salad Dressing.

Two egg yolks, one tablespoon flour, three tablespoons sugar, one-half teaspoon salt, one-quarter teaspoon dry mustard, one-quarter teaspoon paprika, four tablespoons lemon juice, one-half cup water, three tablespoons chile sauce, two tablespoons catsup and one tablespoon horseradish. Beat egg yolks and add flour, sugar, salt, mustard and paprika. Mix well and add the lemon juice and water. Cook slowly, stirring constantly, until the dressing thickens a little. Beat for one minute. Cool and add the rest of the ingredients. Chill and serve on vegetable or head lettuce salads.

## Eggs in Potato Nests.

Add one tablespoon minced parsley and pimento to mashed potato. Make nest of potatoes and drop in egg. Sprinkle with cheese. Bake in moderate oven about 20 minutes.

## Historic Failures at Assassination

All-Night Drinking Bout Kept Alexander From Bedchamber Where Assassins Lurked.

BY J. F. GLASS.



"Seeing a wild boar charge up to attack the King, he darted his javelin and killed the beast."

The character of Alexander the Great underwent a great change in the six years that elapsed after his first landing in Asia. His tremendous successes had flattered his egotism. He demanded much flattery. He wished to be worshipped as a god.

The literary Greeks whom he had brought with him to commemorate his deeds, with the exception of Kallisthenes, the historian and philosopher, sought to gratify him. But Kallisthenes was too sober and sedate—and, perhaps, too conscious of his own dignity—to cater to the conqueror. He not only disapproved, but publicly stated his disapproval, thus winning the active dislike of the King.

Among those who admired Kallisthenes was Hermolaus, one of the pages selected from noble Macedonian families, who did duty about the King. Hermolaus was moved to a dislike of Alexander through listening to the conversations of Kallisthenes; dislike grew to hatred as the result of an incident that came up during the campaign in Sogdiana.

Hermolaus accompanied Alexander one day in the chase. Seeing a wild boar charge up to attack the King, he darted his javelin and killed the beast. His only intent had been to save Alexander from injury. But the King, in his overweening vanity, reckoned only that Hermolaus had anticipated him in killing the boar.

"How dare you kill the beast I had reserved for myself?" he shouted at the page. Purple with anger, he compelled his attendants to seize the poor youth and scourge him before all his comrades.

Hermolaus was wild with humiliation. No wonder, he thought, that the wise philosopher, Kallisthenes, criticized Alexander. The man was changing to a monster.

His soul swelled with desire for revenge, and he set afoot a plot to assassinate his master.

His intimate friend, Sostratus, and several other pages joined in the conspiracy. They, too, had felt the grinding heel of Alexander.

"The first night that we are all together on guard," said Hermolaus, "we

most beardless youths if fate had not protected him.

Instead of going to bed that night he sat up drinking with his officers until daybreak. And so the scheme fell through.

Unfortunately, on the next day, one of the pages lapsed. Alexander had the conspirators arrested. They confessed and were stoned to death by the soldiers of the King.

Alexander suspected Kallisthenes of complicity. The pages absolved him, but that made no difference. The philosopher was first put to the torture and then was hanged.

(Copyright, 1930.)

## Delicious Cheese Dish.

Put half a pound of full-cream cheese into a baking dish in a warm oven. When soft, add a cupful of cream and a sprinkling of cayenne pepper. Blend thoroughly with a silver fork. Break over this five eggs, sprinkle with salt, cover with a plate, place in the oven for a few minutes, and when the whites begin to set, beat briskly for several minutes, then put back in the oven and cook for three minutes. If properly cooked, it will be light and fluffy like an omelet. Serve immediately when done. Heat some buttered crackers in the oven and serve with this.

More than 300 American motorcycles were imported into Italy last year.

## Rich-cream flavor a new flavor!

It's the rich cream flavor which makes "Chateau"—the new delicious cheese food—so different from ordinary cheeses. And it's this same richness—mellow yet delicate—its sweet, sharp flavor which makes it literally melt in the mouth. Delicious with bread and crackers. Marvelous in any cooked dish. Spreads like butter. Cuts trimly. Its extra food value makes it economical to use. Ask at your favorite store for "Chateau"—A Borden Product.

Try this famous palate test

(As suggested by leading authorities on cheese)

Cut a thin slice of "Chateau." Let it melt slowly on your tongue. Notice its extraordinary smoothness, its mild full flavor, suggesting the finest Cheddar. Yet with a new and entirely different taste. Remember no ordinary cheese is quite like "Chateau."



**"Chateau"**  
The Aristocrat of all Cheese Foods

## A cup of noble Coffee drew them to Nashville

It was only natural that in the days of the Old South, people of wealth and leisure should include Nashville in their travels, and dine at the old Maxwell House—for of all the fine hotels of Dixie, this was the most famed.

Especially was its fragrant coffee a celebrated and tempting attraction—the high grace note of an epicurean cuisine.

So rich and satisfying was its aroma, so rare and mellow its flavor, that each year this special blend has been sought by more and more people. Today Maxwell House Coffee is prized in millions of homes. There is only one blend of Maxwell House Coffee. Why don't you try it tomorrow? The quality that has made it famous is always the same and there is always the same net weight of coffee as specified on the friendly blue tin, no matter where or from whom you buy it. You can try Maxwell House Coffee without risk of disappointment—if you are not fully satisfied, your grocer will unhesitatingly return your money.



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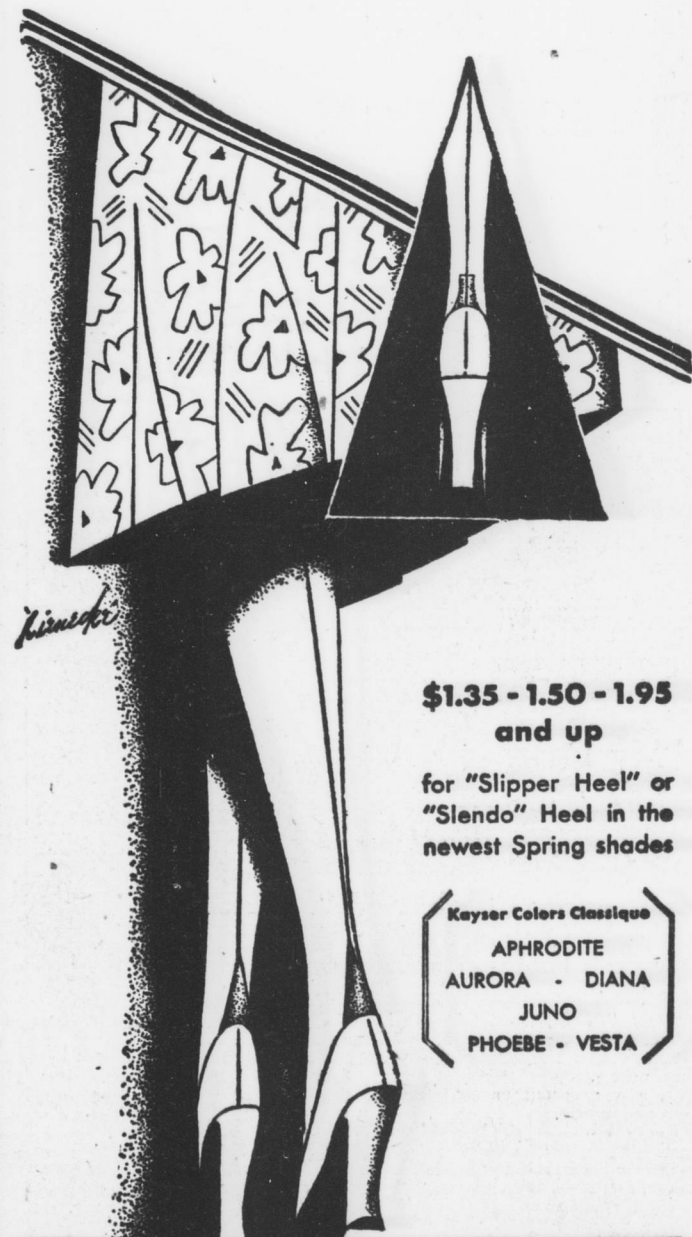
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