

Nedicks
CONCENTRATE FOR
ORANGE DRINK
Delicious!
NOT FROZEN
VITAMIN B₁ added
ON SALE AT
NEIGHBORHOOD
STORES

Letter Perfect
from
Helen Stenson

Dear Mary,

It took some doing but I finally talked Ann out of her sauce recipe for cold roast lamb. And guess what—that marvelous flavor is simply 4 tbsps. mint jelly mixed with a spicy sandwich spread. You can get it at Safeway.

What a find—this Lunch Box Spread—and so inexpensive! We tried it on our special hamburger yesterday noon—and wait till you taste this combination inside a bun. First comes a sizzling hot hamburger patty, next an onion slice, then a tomato slice, topped with a heaping helping of Lunch Box Spread. Believe me, are the four friendliest flavors in the world. Try it and see what I mean.

If you think I've gone overboard for this Lunch Box Spread, you're right. And so will you when you taste it, for 's nothing like ordinary spreads made with paste or starch fillers. Lunch Box is all real mayonnaise with a tangy blend of pickle relish and sweet red peppers—the best sandwich spread I've ever tasted. You better buy the big quart jar for you'll want it for all kinds of fillings, spreads and sauces.

Sorry we can't make it for Sunday supper, but here's how to do up the deviled eggs. For each yolk (mix while hot) use 1 tbsps. heated Lunch Box Spread with salt, pepper and Worcestershire sauce to taste. Spicy Lunch Box gives eggs just the right "zing." Wish I could be there to help you eat 'em.

Love,
Helen

P.S. made exclusively with real mayonnaise
at
SAFEWAY



Farmers lining up their wares for a day's trade at the Municipal Farmers' Produce Market Eleventh and F streets S.W. The fruit will not be so neatly arranged later when the day's business gets under way and buyers start to pick over the food. —Star Staff Photo.

Rustic Atmosphere Vanishing From Produce Market Here

The rustic atmosphere is disappearing from the bustling farmers' produce market which sprawls over two city blocks at Eleventh and F streets S.W.

This is where three "market masters" of the District's Department of Weights, Measures and Markets have been keeping house for farmers since 1930, when produce growers had to move their stalls from Ninth street and Pennsylvania avenue N.W. to make way for the new Justice Department Building.

The market's just the same, but it's a different kind of farmer who comes these days to sell his fruits and vegetables in Washington, according to Julian K. Auffort, a market master at the Southwest site for 10 years. Giant trailers from distant points like New York and Florida, he said, are edging out the Potomac valley farmers who once had the Washington market all to themselves.

Busy growers from up and down the coast, said Mr. Auffort, have made Washington a stop-off in their marketing system, which has become a big business with the growth in cities and the improvements in large, refrigerated trucks. Potatoes and watermelons find their way here by truck from hundreds of miles away, said Mr. Auffort, when the price is low in other East Coast cities. While winter is keeping the nearby farmer indoors, he added, growers drive into the Southwest market with hothouse produce from New York and tomatoes, cabbages and citrus fruit from Florida.

Farmers from almost every Eastern State have applied for permits to sell at the Washington market, according to J. Thomas Kennedy, director of weights, measures and markets. But the number of permits issued in 1949—only 128—shows that the amount of business done by farmers here has dwindled, he said.

Mr. Kennedy pointed out that large food stores have had a hand in keeping Maryland and Virginia farmers away from Washington. To assure a steady supply for their shelves, he explained, the chain stores and super-markets deal directly with the farmer before his crop is harvested. Only the small retail grocers come to buy at the Southwest market now, he added.

Canneries and suburban grocery stores have been springing up in increasing numbers, all calling for fruit and vegetables, commented Mr. Kennedy. This, he explained, has given the nearby farmer another good excuse for not coming all the way into the city. But when business is at its best,

during mid-summer, the farmers crowd into the 150-stall market place in the early hours of the morning. Mr. Auffort reported. Heaviest trading is done between 4 and 5 a.m., he added, with prices fluctuating sharply after that. On a hot day Mr. Auffort said, a \$5 bushel of tomatoes can drop to \$2, and a whole cart load could rot if not sold and carted away by the end of the day.

The District charges the farmer 50 cents a day for the use of a stall. The money goes to police the market and keep it clean. A few rules, such as this traditional one, govern behavior:

"No person shall use any loud, vulgar, obscene, indecent or profane language or engage in any boisterous or disorderly conduct in the market premises."

The city owns three other produce markets, the operation of which is paid for by the merchants

who trade there: the East Market, Seventh and C streets S.E. and the West Market, Twenty-first and K streets N.W., both small indoor establishments, and the Municipal Fish Wharf and Market on Maine avenue S.W.



Summer Standby!

FAVORED FOR FLAVOR!

LET MCCORMICK MAYONNAISE put zip and tasty goodness into your summer menus. Everybody likes a cool, sparkling salad and smooth, creamy-rich sandwich spreads made with delicious McCormick Mayonnaise. Ideal too, for quick, easy picnic lunches. Get some today—and watch the family smile with satisfaction.

McCormick
WORLD'S LARGEST SPICE AND EXTRACT HOUSE

Postage-Free Air Mail Sought for GI Ballots

By the Associated Press

Legislation to permit ballots to be sent air mail postage-free to servicemen overseas was introduced yesterday by Representative Davis, Republican of Wisconsin.

Under present law, only the first ounce may be sent free. The Davis measure would remove this limitation. He said the Wisconsin ballot and accompanying instructions would weigh more than an ounce.

The old courthouse from which Billy the Kid made his famous escape in 1881 is now a New Mexico State Monument. It is in the little frontier town of Lincoln, N. Mex.

Woman Seeks Court Ban To Halt Goldfish Races

By the Associated Press

ASBURY PARK, N. J., Aug. 17. —Mrs. William Guillem, who feels sorry for tired fish, says a court ban will be sought against the goldfish-racing interests.

The new sport, which you might call fishstake, began in an amusement pavilion on the boardwalk of this seaside resort.

The track is made of several parallel, transparent water-filled tubes, with a live goldfish in each. Plastic fishes with big jaws pop up at one end of the tube to scare them—and they're off!

Mrs. Guillem, who heads the Monmouth County chapter of the Society for Prevention of Cruelty

to Animals, says the racers are overworked and in danger of becoming groggy. But Herman D. Post, who de-

signed the game, says, "The fish are required to do something that is only natural, and that's to swim."

Now!
A DELICIOUS CHOCOLATE CANDY
WILL NOT MELT IN SUMMER
Mrs. Cake's CHOCOLATE NUT Butter Fudge
INDIVIDUAL PIECES... READY TO SERVE
VACUUM SEALED IN AIRTIGHT, WATERPROOF CAN TO STAY FRESH! IDEAL FOR MAILING.
—BUY IT IN THIS AREA AT—
Giant Food Dept. Stores
S. Kann's Sons Co. (Candy Dept.)
Peoples Drug Stores
Woodward & Lothrop (Grocery Dept. Basement)
Community Rexall Drug Stores
Fairfax Super Markets

BETTER COOKS Buy BETTER Foods THEY KNOW IT Pays

FRUIT COCKTAIL
Libby's delicious blend of fine fruits in flavorful syrup 303 can **21¢**

SPAGHETTI
FRANCO-AMERICAN 15-oz. cans **29¢**
Ready to heat and serve

DONALD DUCK Grapefruit Juice 46 oz. can **39¢**

OVEN BAKED B & M BEANS 18 oz. jar **21¢**

Duke's MAYONNAISE Absolutely Pure and Uncooked 16 oz. jar **39¢**

GILL'S HOTEL SPECIAL COFFEE with Chicory 79¢ PER POUND

FRESH FRUITS and VEGETABLES

TOMATOES Home Grown Firm Red Ripe 2 lbs. **19¢**

APPLES 3 lbs. **25¢**

BEANS 2 lbs. **25¢**

Cantaloupes lb. **10¢** 10 lbs. **29¢**

GREEN GIANT Peas BIG, TENDER, SWEET 2 303 cans **39¢**

Hormel's CHILI CON CARNE WITH BEANS 1 lb. can **39¢**

KRISPY CRACKERS SUNSHINE 7 oz. pkg. **15¢**

POST TOASTIES CORN FLAKES 13 oz. pkg. **19¢**

BON AMI Powder 2 cans **27¢**

DASH DOG FOOD 1-lb. cans **27¢**

POMPEIAN OLIVE OIL 4-oz. bot. **17¢**

LAUNDRY STARCH 12-oz. bot. **17¢**

BLEACH OX-ZON 2 qts. **23¢**

Mason Jar Rubbers 2 pks. **9¢**

Mason Zinc Caps pkg. **31¢**

Mason Jelly Glasses one-third pints. doz. **53¢**

Mason Jar Tops TWO PIECE pkg. **23¢**

Mason Crown Lids 2 pks. **25¢**

CERTO SURE-JELL 2 pks. **23¢**

MASON FRUIT JARS qt. jars 12 for **84¢** pt. jars 12 for **75¢**

GERBER'S BABY FOODS STRAINED 3 jars **29¢**

It's Time to Can!

Just Arrived from California!

THEY'RE Cool AND Delicious!

They're here now—those easy to serve, delicious to eat, fresh California Bartlett pears.

Today—and all through the summer, plan your salads, desserts and lunches with fresh California Bartlett pears.

Fresh BARTLETT PEARS

Be Sure to Buy Cool and Delicious California Bartlett Pears Today—They're Plentiful

Available Now!

Sealtest Olive-Pimiento Cottage Cheese

It's delicious. Flavorful Creamed Cottage Cheese taste-enriched with chopped olives and pimientos—quickly, easily served—tempting, satisfying.

COOLING NOURISHING REFRESHING

A QUALITY PRODUCT OF CHESTNUT FARMS DAIRY

Green Giant Peas 2 303 cans **39¢**

Hormel's CHILI CON CARNE WITH BEANS 1 lb. can **39¢**

KRISPY CRACKERS SUNSHINE 7 oz. pkg. **15¢**

POST TOASTIES CORN FLAKES 13 oz. pkg. **19¢**

BON AMI Powder 2 cans **27¢**

DASH DOG FOOD 1-lb. cans **27¢**

POMPEIAN OLIVE OIL 4-oz. bot. **17¢**

LAUNDRY STARCH 12-oz. bot. **17¢**

BLEACH OX-ZON 2 qts. **23¢**

Uncle Ben's INSTANT RICE 12 oz. can **15¢**

Jellies OLD VIRGINIA ASSORTED 2 10 oz. jars **29¢**

Muellers MACARONI OR SPAGHETTI 8 oz. pkg. **11¢**

3 LITTLE KITTENS CAT FOOD "It's All Fish" 3 cans **25¢**

For Nearest **NATION-WIDE STORE** CALL Lincoln **3-0093**