

THREE WAYS TO COOK ROUNDSTEAK

Beef En Casserole—Cut into small pieces, 2 pounds round steak, dredge each piece with flour. Fry until slightly brown in 1 tablespoonful of fat or butter. Slice thin 1 small onion and mix with beef seasoned with salt, pepper, paprika and celery seeds. Add 1 well-beaten egg and $\frac{1}{2}$ cup bread crumbs. Stir thoroughly and put into casserole. Pour over it $\frac{1}{4}$ pint of boiling water. Sprinkle with bread crumbs and place across top 2 or 3 small thin bits bacon. Steam 3 hours and serve in casserole with tomato sauce.

Beef Pudding—Chop sufficient cold round steak to make pint. Boil 4 ounces spaghetti 20 minutes; then drain. Peel two good-sized tomatoes and cut into bits. Put layer of spaghetti in bottom of baking dish, then layer of chopped beef, then layer of tomatoes, net dusting of salt and pepper, then another layer of spaghetti, until all ingredients are used, having last layer tomatoes. Cover this with fine breadcrumbs, dot here and there with tiny bits of butter, and bake in quick oven 20 minutes.

Jellied Beef—Soak 1 tablespoonful gelatin for half hour in $\frac{1}{2}$ cupful water. Put sufficient cold round steak through meat-chopper to make pint, and heat until gelatin is dissolved: add 1 peeled chopped tomato, a tablespoonful grated onion, a level tablespoonful salt and dash of pepper. Add $\frac{1}{2}$ pint of boiling water. Stir this into beef. turn

into small square mold, and stand it away to marden. Serve cold.

WARDEN WOULD PAY CONVICTS FOR WORK



William H. Moyer.

William H. Moyer warden of Uncle Sam's penitentiary at Atlanta, believes convicts should be paid for their labor.

In a recent report to the department of justice he recommended the inauguration of a system of payment of prisoners for their services after their individual cost to the government had been deducted. In the case of dependents, the warden said, the money should go to the convict's needy relative, otherwise it should be placed to the prisoner's account and given him on his release.

A new electric flatiron is made of glass so it may be turned on end and used as a lamp.