As to Immigration.

Railroad and steamship companies alike agree that the tide of immigration is again rising, and the record of a million people added to our population in 1904 by immigration is likely to be surpassed in the next few years. In the six years, 1900-1905, there have come to our shores 4,281,000 foreign ers, while in the next preceding decade the number was 3,959,000. Many publicists view these figures with alarm and cry for increased restrictions.

It is noticeable that those who bave had the greatest experience with immigration are not for exclusion. Since 1820 this country has absorbed more than 26,000,000 immigrants, and deducting those who have returned to their own countries it can be seen that the remainder, with their descendants constitute a large part of what we are always boasting of-our great and rapid increase of population-in fact, an important proportion of our total population of 83,500,000 to-day. There seems to be a very general impres sion in the public mind that these earlier immigrants, whose descendant to-day are among our most solid and substantial business men, political leaders and citizens, were of some su perior class. The opinion has no warrant in fact. Under the earlier immi gration laws, the bars were down, and the immigrants came in to seek new homes and develop the fertile lands and rich mineral resources of the west. Again, it is claimed that now the immigrants do not go west or south to help develop the country, but remain in the cities. It is difficult to prove or disprove this assertion, but it can be shown that the great growth of the cities is in a large measure due to the crowding of the country people to the city, as is indicated by the condition of our New England farms. But, as a matter of fact, while the immigration is very large, the proportion of immigrants per capita is much less than it was half a century ago. If there is a problem here it is one of distribution, not of exclusion. Leav ing out of consideration such testimony as might be given by presumably interested parties like the steamship agents, it clearly has been shown that the arriving immigrants are not the "scum" of Europe. The immigrants who came last year de clared an average wealth of \$25.78 per head, or more than \$20,000.000 in the aggregate, and as they must have had from \$85 to \$95 each to pay fares to this country from their homes, a family of six must have saved up \$500 before coming. Furthermore, the increase is not as large as assumed, because, while in the four ports of New York, Boston, Philadelphia and Baltimore last year there were 693,000 ar rivals, 359,000 people departed in the steerage. Moreover, the laws of Europe are framed to prevent people from leaving the European countries-not to send them here, and the greatest immigration agent is the letter sent home by the so-called "foreigner," become a good American citizen, who has made a home and secured a competence un-

"Graft" Not New.

der American institutions

Grafting proclivities of the Amer ican people took solid root in the days of Washington, according to Prof. Francis W. Shepardson, of the University of Chicago, who declares this particular method of acquisition is not so bad to-day as it used to be-comparatively, of course, for the country has grown considerably since its father Besides, printing facilities of the present time are such as to give more space and wider circulation to the subject of graft. Prof. Shepardson is a recognized authority on United States history, and as one of the written for a Fourth of July number. foremost historians of the country his views on "graft," delivered before a why not illustrate it yourself?" gathering of junior and senior students at the University of Chicago a few days ago, were at least theoretically convincing. Present day grafters did not appear so bad to the students when they heard from the professor's own lips that graft tainted money and vulgar commercialism all flourished at the inception of this government. "Why, Peter Faneuil, who built Faneuil hall, which historians have termed the 'cradle of liberty,' was a liquor dealer who made his money by beating the government," the professor solemnly declared. "There is also proof that one of the signers of the declaration ing toward the doctor sighed. He had of independence was indicted for smuggling," the professor concluded,

A sense of humor and a delicate compliment was that of a Holton (Kan.) boy who was lying in a hospital. The pretty nurse overheard him exclaim: "Oh, my Lord!" Wishing to rebuke him kindly, she came to his bedside and said: "I think that I heard you call upon the name of the Lord. I am one of His daughters. Is there anything I can do for you? He looked up into her lovely face, and with respect and admiration marked: "Yes; ask Him how would like me for a son-in-law."

Sergius Witte, the czar's plenipoten tiary in the peace conference being held at Portsmouth, N. H. is said t be the handsomest of Russia's notable men, indeed, ae is thought to resemble the magnificent Alexander III., father of the present czar. He is a very large man and remarkably well proportioned. straight as an arrow, he carries himself with a consciousness of his superiority that is most irritating to a good many people in Russia and is overwhelmingly oppressive, says our informant, to the

MARSH LIGHTS

From the marshes and meadows they ris When the last ray of daylight exp With a vast constellation of fires They people the dusk of the skies.

In an intricate kind of a dance, In a mystical maze they are led, And I watch them it noiselessly tr With eyes that are heavy with tran

And oft from the whirl and the throng Some lesser light dies in the play; They cease not their dance, but alwa Go circling and whirling along.

And, watching, I dream that our life Is a mirthless dance that we tread

Ne'er pausing to number the dead That vanish away in the strife! We are sparks from the marsh that are

filled
For a moment with impulse, desire;
A moment is ours to aspire.
A moment—and then all is stilled!

N. O. Times-Lemocrat.

By Way of Illustration

DR. MORRIS MOORE," was the High-ho!" was the sigh from the

"If I intrude-"

"How can you intrude when you are asked to come?"
"Anyhow, I am demanding premature welcome, I am the first come "Some one must be first, and I fan-

"That I intended to be first?"

"I was about to think so."
"And for asking that question that I

have already asked many itmes. You know what it is?" "I know.

"And your answer?"

"To what?"
"You said you know."

"Not what to answer."

"Then let me tell you what to answer, Stella." "It will be a dull dialogue if you play

both parts."
"It is no play with me. Do you mean

that I may not hope! Is your answer the same as always?"
"It must be the same since my life, my

mission, my talents must be given all for progress, for advancement, for wom-

"Ah, Mrs. West! so glad to see you!" erowd about her always doctor'

The doctor was still absorbed in acceptance of Stella's rejection. He could not veer lightly into divine Stella thought she had never seen him appear so heavy.

"What has our star been doing late- Stella in his ear.

What has our star been doing a story? Writing! Ah, genius!"
Truly, I have been writing a story of the revolution," admitte "and that was why I sighed." admitted Stella

"Sighed!" queried Mrs. West, "Ah, was it?" asked the doctor

"I was grieved," explained Stella,



MRS. WEST, ARRAYED IN THE OLD WEDDING GARMENT, REENTERED WEDDING GAR THE LIBRARY,

no illustration in "You are so skillful with the camera,

"Landscapes, I might. But dramatic

scenes? "Why not?"

"Ah!" cried Stella, warming with an artistic fervor. "You give me an idea. If only you, Mrs. West, and you, Dr. Moore, would pose for me. I have two correct, genuine colonial costumes. One is the wedding dress of my ancestress Mistress Nancy Doyle, heroine of my story, the farmer's daughter from whose piggin of milk Washington quaffed a

draught as he rode to Yorktown. "If I had a single ancestor who had done a deed worth telling!" boasting such an ancestress, smiled in-dulgently on the little widow, and looknot the ambition to even express a wish for an ancestor, of course he had none, only plain mothers and fathers and forbears with never a celebrity them; proof positive, he never told of any such.

"The other costume was that of a Col. Morris, a genuine continental uniform it I was lucky enough to get it at private auction when I was at school in

"Quick! Quick! The costumes! The camera! Before the other guests arrive." cried Mrs. West with pleasurable excitement.

Scarcely ten minutes had elapsed when Mrs. West, arrayed in the old wedding garment, reentered the library Never had she appeared to such advan-tage. Stella, in her up-to-date gown, tage. Stella, in her up-to-date g felt stiff and commonplace beside wearer of that glimmering, rose-odored

The doctor, in all the glory of continentals, entering just behind the widow, flashed at her a look of amazed admira-

He himself had the ill-grace to declare that he felt uncomfor:able while he looked kingly. "Now, who are we? And what are we

appearance created. "You are her true and faithful lover.

'Yes," assented the doctor, fervently, "Patriotism only burns brighter in each breast than does the love of each for each, pure, changeless. "How truly you tell it," breathed Mrs

West. "It is the moment of parting before the decisive battle."

"And the pose?"
"Take that of the Huguenot lovers dready immortalized; the costumes will give the needed difference." "We must be quick about it," de-clared Mrs. West; "the other guests

will be arriving in a moment."

Stella was focusing.
"Ready," she called.

The doctor seized the widow's hands in his and pressed them to his heart. She lifted to his, eyes entrancingly beautiful, for the moment brimming with expression of devotion; his own what man's could not?) met hers with an equal ardor. Stella peering through the lens caught the glance and felt a great sob rise to her throat.

"It seems so long since—so long—" murmured the widow. Stella felt as if the black cloth over her head were stifling her.

"But now-at last," breathed Moore. Stella's hand shook so that she could scarcely draw out the plate holder. It was plain that these two had loved in the long ago. Possibly the little widow had come early this afternoon looking to find him here. They were renewing the old affection right under her eyes. She had repulsed her persistent lover told her-too late.

heating in her heart. Too late.

"But you are content with your

to lay aside the continentals.
"I can't tell until—until later developB. Ddell, Jr.—

ments. But here the guests came. They were captured with the grace of the old cos-

form, Stella wondered. Had she ever fancied the doctor heavy? Only Her-culean. Had she ever thought him stiff? Only stately. Clumsy? Only courtly.

Tales of the brave days of the revolu tion were rife in Stella's parlors that afternoon. Each told a tale of his or her own until Mrs. Clitheral, wearing "So happy. I came early. It is so hard to see anything of you. Such a and across her breast as many badges and insignia as a field marshal may boast, turned to Dr. Moore.

"You say nothing," she announced, "and you are the only one among us whose ancestor was a signor. "And you never told me," murmured

"But you were so interested in

progress, in advancement, in emancipa-tion from all old customs, how could I know you would care for such old things? 'And your father's family," continued

Mrs. Clitheral—her D. A. R., Colonial Dame, Daughters of Colonial Governors, Child of Royalty badges tinkled as she talked—"are, if I mistake not, of the Moores of North Carolina of name and fame, closely connected with the Moore present marquis of Drogheda Castle

"And you let me boast to you of my farmer girl ancestress with her pail of foamy new milk." "She was one to boast of, brave, sim

ple, true

While the guests gathered about Mrs. Augustine Shepperd to hear for the hundredth time her favorite story of the revolution; how Col. Will Shepperd rode neck and neck with the captured Tory across the How Fields, the doctor whispered to Stella:
"I will tell you now that it was I who

pawned these continentals which I now

"To buy a decent coat in which to read my graduating thesis."

'And now I have had success enough to feel warranted in asking you again

"But, Mrs. West? You loved her once? heard he say to you as you held her, oh, so closely: 'It seems so long.'" try for the name of the party to shield oh, so closely: "Since you had kept us playing the

while you worried with the camera. "And you, gazing at her so ardently,

said: 'At last!' "-N. O. Times-Democrat.

Moving Episode That Took Place on the Field After the Battle of Mukden.

A Japanese officer, writing of the scenes after the battle of Mukden, gives storm. Charles E. Hughes, the senior the following incident: "Among the counsel, is a legal bloodhound, relent-wounded Russians upon the field was a boy of scarcely 16 or 17, a drummer boy, with politics, unpledged to anyone. He as he spoke German. He was so thirsty that my bottle was not enough for him, was a year ago a better known lawso another half of the bearer's bottle per; he is of a more showy oratorical was given to him, too, and he had some type and has had rather more to do and his spirit needed keeping up. 'Your wound is nothing,' I said. 'The Japanese ospital attendant will be here soon and take you away. And soon you will be able to go home to your parents.'

"Covering him up with blankets and coats taken from the Russian dead, I was just walking away, when he cried out after me: 'A moment, officer, a mo-ment. Kind officer, I have something give you-this book. It was given to me by my father when I was leaving home for the front. I have nothing more valuable to offer you, sir. It is the most precious thing I possess.' And he kissed

my hand repeatedly, crying bitterly.
"I accepted the book, and without a word turned away to find another sufferer. I would not have broken down a colonelcy before those bearers and my own men. The book was entitled 'Himmelsbrod; or Ein Gebetbuch fu-Jugend' (Bread of Heaven; of A Prayerbook for the Young).

Fish in China Cana.s. The canals which form a network Now, who are we? And what are we doing?" cried Mrs. West.

"You are Nance Doyle herself." said
Stella. The artist's fervor gave her warmth, in spite of the discomforting admiration that the widow's fetching places for them.

OUR NEW YORK LETTER

MIDSUMMER GOSSIP FROM THE EASTERN METROPOLIS.

COMING INSURANCE INQUIRY

Investigation Committee Cannot Do a Job of Whitewashing in Face of Public Sentiment-Jerome and Tammany.



YORK. - A EW humdrum legisla-tive inquiry—eight sleepy statesmen a high a lawyer bench, droning long quesful witness - that is not a picture of the legislative in-quiry into insurance corruption New York has re-

luctantly underta-ken. A senator of the United States, Chauncey M. Depew, is to have a chance to explain why he took a large retainer from the Equitable for years; and why he allowed it, while he was a director, to loan money and lose to the boom town of Depew, in which he was t once too often, and now her heart teed the loan, he welched upon the agreement. David B. Hill reeks a interested; and why, having guaran-"Any other pose?"
"Too late," said Stella. Her voice frightened her as she uttered the words

"Too late." Too late. Con late the words in the said stellar to the words in the wor who was treated with as a high ambassador of finance by Witte, of Russia, and other financiers almost as work?" quoted Mrs. West. Not il it was to give over her lover to the widow.
"You do not need me now? You do they, as directors, apparently soid to the Equitable bonds in whose sale they are normally interested. Benjamin

Ah, there we strike fire! Ex-Gov Hill may not expect overmuch mercy from a committee of eight, of whom only two are democrats. But ex-Gov. Odell is the republican boss of the state—is or was; some think that Gov. Higgins is displacing him. Mr. Odell comes into the inquiry in two ways First, it is alleged that money of the Equitable was used to pay him his losses through the shipbuilding trust swindle, which was worked by a few unprincipled scoundrels, some of whom were and are Equitable directors; ond, it is pretty well understood that a mysterious loan of \$685,000 made on behalf of the Equitable but not item-ized upon its books covered, among other queer expenses, donations both to the republican and the democratic

state campaign funds. The republican majority upon the investigating committee might like to slight some points of this nauseous muddle. To aid in that pious endeavor the two democratic members are utter-ly unworthy of the responsibility, being ordinary city politicians of Tammany type, selected in preference to respectable minority members because they are more manageable



The People Are Aroused. sons why the com-

mittee cannot whitewash the dishonesty which has smirched the Equiothers. Policyholders in every are interested. The state of New York has chartered the company to do what it has done.

The state itself is on trial. Failure to be thorough will hurt the state in a business way by arousing resentment against it in the west—and there is enough already.

Finally, the voters will not have it They are thoroughly aroused and de-termined not to pardon any slighting. The six republican members of committee are of good average ability

and repute; they know the public feeltry for the name of the party to shield Odell, they will really do their best to recommend a good code vent stealing in the future. Insurance men themselves are now convincedthough it took a four months' cam-paign of brilliant fighting on the part st of the World and afterwards of GIFT FROM DYING ENEMY. other papers to bring them to the point-that the work must be thor-

oughly done.

The counsel selected typify the natural hesitation, the irresolution of the committee, confronted by tremendous scandals and half retreating before the shot through both legs. He held a rosary in his hand, praying. Poor mite, duty and from professional pride, do the pity of it! He was a Pole, I believe, his utmost to lay the festering wound biscuits. I had a strong yearning to ask with politics. If Hughes represents the him about his home, but he was weak, and his spirit needed keeping up. 'Your sent the mercy of the law. This is a case where Hughes has the easier part. The people who have invested in life insurance policies aren't hankering after mercy toward the very wealthy men who have practically stelen their money-millions of it. So, for once, a legislative investiga-

tion is going to be a rather dramatic

Jerome and Tammany.



cents about poliexcept the profes- and have done better.

a boor, as did Van Wyck. It was the proudest hour of the life of the latter when he affronted the polite captain of a Spanish man-of-war who visited New York in the ticklish days just be

fore the war.

McClellan is happy in his name, his ancestry, his wealthy wife, his friends his literary ablity, his state-manlike ability, which is not small. But the gang that follows him! The leaders he has to placate! The following he has to satisfy! Jerome's challenge to him to deny that he had made appointments of unfit men for political sons remained unaccepted. Half the great city departments are headed by utterly unfit men—men known to be unfit by the meanest intelligence. The city suffers from this; yet McClellan is personally popular and is hailed as

good mayor.

If to be good is to be personally sat isfactory and yet to surrender the city to the boss, the present head of the city government fills the bill. Nor would a partisan republican be much improvement at present. The bare fact is that the best men of the city are outside the machines of both parties If Jerome only could smash both ma chines, the whole country would merry at its downfall, including many

The Children Defectives.

very excellent machine men.

HE rest of the of New York what it will, it does one great service. I acts as a catch-basin and settling pool for the huge stream of immigration, much of which gathers in New York and osts it uncounted millions. OF

An instance of this is the report

of the board of health that an alarming proportion of the children of school age in section of the city are physically defective. These are foreign born, very largely. The revelations follow the much misquoted saving of Robert Hunter that thousands of New York's children are underfed. One child in 20 in the region examined is mentally no normal and should have separate

eaching not in the common schools New York must tackle the problem -practically as a trustee for the wour ry. Superintendent Maxwell of th public school system long ago advocat ed free breakfasts for poor children many of whom are too hungry to do their work in school. It sounds American-but what are you going t

On the first of last January there were over 800,000 all-the-time paupe in England and Wales; besides hu dreds of thousands receiving part-tim assistance, a still vaster army getting private aid, and millions of the self supporting but underfed. The latte class rises to one-third of the population in a town like old whose picturesqueness American tourists admire. And yet the British are about the best fed of the immigrants we get. The Irish, espe cially, who 50 years ago used to com-to us gaunt with famine, are now se much more prosperous at home tha the still flowing tide of immigration brings sturdy, well-nourished speci mens. But "assisted emigration" from the British cities means immigrants who have to be assisted when they get table company and here. And oh, the hunger of the poor Russian Jews, slaves of the sweatshop to men of their own race!

HERE is no place in the world like the East side of New York. with Lon-The people better fed. don. are more hopeful, less careless of appearances than those English city; but also they are more crowded together upon the

groaning acres than humanity anywhere else in the world except, I have heard. Bombay. And not ever in Bombay, plague-stricken as it is, do the tall houses shut out the sun as in New York. The nine-story tenemen has become a common feature New York streets; many of its middle aged tenements were built under a law that permitted 90 per cent. of the lot to be covered by the building; and upon a single floor in a 25-foot plot in genuity has cheated even the cent new law by crowding an unbeliev-

able number of people.

At times the population bursts of the East side, like water out of a full barrel when a hole is bored in it When the great new Williamsburg bridge was completed, 135 feet wide and a mile and a quarter long, piercing the very heart of the East side, it soon caught the name of the Jewish Passover. A hundred thousand people have literally swarmed over it into Brook lyn. Their coming changed, wherever they went, the very conditions they sought. Cheap rents? A corner plot on a wide street in Brownsville urb six miles from the city hall, inhabited almost exclusively by Jewish tailors, rose in value from \$3,000 to \$22,000 in less than three years. What chance had cheap rents in a place like that?

But the public bath and the private school for adults, and the hospital and the dispensary and the boys club go where the people go. The wealthy Jews of New York pour out their Jews of New York pour out their wealth with the utmost liberality in THILE the pushing aid of their co-religionists. Strange of District Attor-ney Jerome as a dered in sympathy and understanding can did at e for mayor is now seen to have been premature, it has plainly shown that no one cares 30 cents about polimuch of a free country against their tics in hot weather brothers who have been here longer

sionals.

It is a queer situation. Most people like Mayor McClellan person-presentable intelligence. If the city presently undertakes the Titian task of partly feeding the children of the very poor before they set out for school no one need be surpresentable intelligence. ally. He is honest, presentable, intelligent, makes a good speech has a good clean-cut face and meets the sity's guests like a gentleman, not like

OWEN LANGDON.

RIGHT SORT OF HOUSE.

The Kind That Keeps to Morris Ideal of Discarding Everything Lacking in Beauty or Utility.

One of the eternal quiseions is this: How shall we, on our incomes, make ou home as we want it?

The characteristics desired are com fort, convenience and a measure beauty. To attain the last is usually the hardest problem. Some few are able ; build their own homes, planning ever room and nook according to their idea but most people must live in houses o flats built by others-rarely persons of artistic susceptibility-and it is there that the woman needs most the exercise of thought and ingenuity if she woul have her home a consistent and fine ex pression of herself. She is responsible for it—often her very character will be judged by the imprint which her individuality has left upon it-and it is her part to make her environment an adornment by which she may be fairly judged

In this connection let me say that cos has nothing to do with it. A pretty an harmoniously decorated home does no necessarily mean the outlay of larg sums of money. It does mean a large outlay of rightly directed thought and care, and with this a hovel might almo

e beautiful. Decorating can be done artisticall without following rigidly all the rule of "high art." but there must always b found fitness, proportion, simplicity harmony and durability in every home which pretends to beauty.

"Have nothing (in your house) which you do not know to be useful or which you do not believe to be beautiful."

The famous rule of William Morri should be emblazoned on the mind of al would-be house decorators. If it wer to be enforced all at once in one of ou large cities, what tons and tons of brid i-brac, ornaments and pictures-would go to the dump heap, drawn from ever

It is just this tenacious clinging to ugl and usless things which gives so man homes the aspect of old junk shops o which ruins the harmony of an otherwis beautiful room .- New York World.

HOME DRESSMAKING HINTS

Instead of Laboriously Basting Hem One Can Flatten with an Iron on Some Goods.

If one has several shirt waists to make for the same person, it is a good plan to make a diagram on a piece of paper and write in the measurements-length of shoulder seams, distance from back neck binding to belt, length of sleeve and neck, etc., these measurements to be aken from a shirtwaist which is exact ly right. Then if one has a pattern that fits, the waist can be made with but onc trying it on—that once to see to the setting of the sleeve. One is inclined to think she can remember all these littl details, but if she waits long before th next waist is made, she is almost sure t forget, so if she writes down all the little points, she will be saved much tim and vexation of spirit.

Did you ever do your basting with flatiron? It works nicely on some kind of goods-ginghams, percales, prints Hems may be turned and irone flat fully as quickly as they can be bas , and all the time used to pull out the threads is saved .- Rural New Yorker.

NURSERY HINTS.

Be Careful About the Food and Ob serve Scrupulous Cleanliness in All of Baby's Surroundings.

When baby sleeps outside see that the un is not beating down on his head o shining into his eyes.
Unripe fruit—Be very careful not t

et children eat fruit which is at all un ripe. This is most dangerous.
In summer mothers must be specially careful in the matter of all-round clean liness of feeding bottles and of babie

Fruit for little ones—In giving chil dren fruit avoid the skin, stones and pips, and be careful that the fruit is

absolutely fresh. Too many sweets—Too many sweets are very liable to decay the tteeth. The first set of teeth should be watched and attended to, as the second are very api to be infected by the decay of the firs

Baby's meal time-Baby should hav nis meals as regularly as grown-up peo ple, only that the meals are oftener Every two hours during the day and three times during the night is quit often enough for an infant during th first two or three months.-Boston Globe.

Lamb Pie.

Bone three pounds of the breast or loin of lamb. Stew the bones with one pint of cold water, one sliced onion and a Stella. blade of mace for one hour. Mix to gether on a plate one tablespoonful flour, a spoonful of chopped parsley and a little salt and pepper. Divide the meat into small pieces two inches wide and one inch long. Boil these in the seasoned flour, roll up each piece, pu them into a baking dish, add a cupful of water. Line the edges of the dish with puff pastry then cover and decorate. Paint over the top with egg, bake in a hot oven for one and a half hours. When ready, strain the gravy from the bones, add half a teaspoonful of gelatine, pour into the pie. Allow to set and serve when cold, ornamented with

Lemon Pie.

Cream a tablespoonful of butter with a cupful of sugar; beat into the mixture the grated rind of one large lemon and its juice; beat the yolks of three eggs very light, and whisk to a froth whites of two, reserving one white for a meringue, fold in the whites thorough ly, and bake with lower crust only When done, cover with a meringue made of the white of one egg and a table-spoonful of powdered sugar, flavored with two drops of lemon extract. Set in the oven to brown palely. This makes one pie, and to our notion, a much better one than where cornstarch is made to take the place of eggs. Try it and be convinced.

Raisin Pies.

To two cupfuls seeded raisins add hree cupfuls hot water and cook ten minutes. Then add two-thirds cupful sugar, one beaten egg, one tablespoonful forn starch and a small piece of butter. Let come to a boll and cool before filling

Doctor Brigham Says

MANY PHYSICIANS PRESCRIBE

Lydia E. Pinkham's

Vegetable Compound The wonderful power of Lydia E. Pinkham's Vegetable Compound over the diseases of womankind is not be-cause it is a stimulant, not because it cause it is a summant, not because it is a palliative, but simply because it is the most wonderful tonic and reconstructor ever discovered to act directly upon the generative organs, positively curing disease and restoring health and

vigor.

Marvelous cures are reported from all parts of the country by women who have been cured, trained nurses who have witnessed cures and physicians

have witnessed cures and physicians who have recognized the virtue of Lydia E. Pinkham's Vegetable Compound, and are fair enough to give credit where it is due.

If physicians dared to be frank and open, hundreds of themwould acknowledge that they constantly prescribedydia E. Pinkham's Vegetable Compound in severe cases of female ills, as they know by experience it can be relied upon to effect a cure. The following letter proves it.

thed upon to effect a cure. The follow-ing letter proves it.

Dr. S. C. Brigham, of 4 Brigham-Park, Fitchburg, Mass., writes:

"It gives me great pleasure to say that I have found Lydia E. Pinkham's Vegetable Compound very efficacious, and often pre-scribe it in my practice for female difficulties, "My oldest daughter found it very benefi-cial for uterine trouble some time ago, and my dial for uterine trouble some time ago, and my coungest daughter is now taking it for a fe-male weakness, and is surely gaining in health

nate weakness, and is surery gaining in neath mid strength.

"I freely advocate it as a most reliable spe-rific in all diseases to which women are sub-lect, and give it houset endorsement."

Women who are troubled with painful or irregular menstruation, bloating (or flatulence), leucorrhea, falling, inframmation or ulceration of the uterus ovarian troubles, that bearing-down feeling, dizziness, faintness, indigestion nervous prostration or the blues, should take immediate action to ward off the serious consequences, and be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound, and then write to Mrs. Pinkham, at Lynn, Mass., for further free advice. No living person has had the benefit of a wider experience in treating female ills. She has guided thousands to health. Every suffering woman should ask for and follow her advice if she wants to be strong and well. flammation or ulceration of the uterus



GEOGRAPHICAL JOTTINGS

The Malay states produce about seventenths of the world's supply of tin. Bengal is the most populous and pro-

luctive province in all British India. Barley grows wild in the mountains of Himalaya, where it is apparently indigenous. Near the Panama canal exists gold

mines abandoned by Spain centuries ago. They will soon be reopened.

Aden is the only fortified point between Egypt and Bombay, and is regarded as an outpost of the Indian em-

The principality of Lichtenstein, situated between Austria and Switzerland, is the only country in Europe without an army.

Sea turtles are caught in very large numbers on Ascension island. They each weigh between 500 and 800 pounds, and 50 shillings is their average price.

A Case of Want.

A prison visitor recently asked one of the prisoners how he came to be "Want," was the answer.

Stella?" she asked.

"Well, I wanted another man's watch. He wasn't willing I should have it, and the judge wants me to stay here five years."—Tit-Bits.

So Changed. Elvira was dressed for the ball whener girl chum dropped in. "How do I look in this new gown.

"Positively handsome," answered tella. "Why, I really didn't recognize you at first."-Tit-Bits.

STRONGER THAN MEAT. A Judge's Opinion of Grape-Nuts.

A gentleman who has acquired a judicial turn of mind from ence on the bench out in the Sunflower State, writes a carefully considered opinion as to the value of Grape-Nuts. as food. He says:

"For the past 5 years Grape-Nuts. has been a prominent feature in our bill of fare. "The crisp food with the delicious, nutty flavor has become an indispensa-

ble necessity in my family's everyday "It has proved to be most healthful and beneficial, and has enabled us to-practically abolish pastry and pies from our table, for the children prefer Grape-Nuts and do not crave rich and

unwholesome food. "Grape-Nuts keeps us all in perfect physical condition-as a preventive of disease it is beyond value. I have been particularly impressed by the bene ficial effects of Grape-Nuts when used by ladies who are troubled with face blemishes, skin eruptions, etc.

clears up the complexion wonderfully. "As to its nutritive qualities, my experience is that one small dish Grape-Nuts is superior to a pound of meat for breakfast, which is an important consideration for anyone. satisfies the appetite and strengthens the power of resisting fatigue, its use involves none of the disagree able consequences that sometimes follow a meat breakfast." Name given. by Postum Co., Battle Creek, Mich.

There's a reason.