

IN A BAD WAY

Many a Lexington Reader Will Feel Grateful for This Information

If your back gives out; Becomes lame, weak or aching; If urinary troubles set in, Perhaps your kidneys are "in a bad way."

Doan's Kidney Pills are for weak kidneys.

Local evidence proves their merit.

Giles Keffer, Randolph St., Lexington, Va., says: "I was taken last spring with fearful pains through the small of my back. I never felt so bad before in my life. I had to stop work and lie down, hoping the rest would quiet the misery. On my way home, I was almost doubled up with pain. I met a friend and he advised me to stop at B. H. Gorrell's Drug Store and get a box of Doan's Kidney Pills. Willing to do anything that might bring relief, I used this remedy. In a day or two the pain was relieved and before long I was well again. I now have no trouble."

For sale by all dealers. Price 50 cents. Foster-McBarn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

N. & W. Norfolk & Western RY.

SCHEDULE IN EFFECT, MAY 26, 1912 LEAVE BUENA VISTA

2.20 p.m.—For Bristol and Intermediate stations. Pullman sleeper and Dining Car to Roanoke. Parlor car Roanoke to Bristol. Connects at Roanoke with St. Louis Express for all points West. Pullman Sleeper Roanoke to Columbus, and Cincinnati Cafe Car.

7.25 a.m.—For Roanoke, Bluefield, Pocahontas, Norton, Winston-Salem, Charlotte, Welch and Intermediate stations. Pullman Sleeper to Gary and Winston-Salem, N. C. Cafe Dining Car to Gary connects at Roanoke with Memphis Special for Chattanooga, Nashville, Memphis.

1.57 p.m.—For Hagerstown, Philadelphia, New York. Pullman Sleepers via Hagerstown for Harrisburg, Philadelphia and New York. Dining Car to Hagerstown.

8.30 p.m.—For Hagerstown, Philadelphia and New York. Pullman Sleeper to New York, Cafe Car.

Rates, time tables and information cheerfully furnished upon application to Agent N. & W. Ry.

W. B. BEVILL,

Gen. Pass. Agt. W. C. SAUNDERS, Roanoke, Va. Asst. Gen'l. Pass. Agt. Jan. 15 '12

Baltimore & Ohio

GREATLY REDUCED CONVENTION FARES

...TO...

Atlantic City, Baltimore, Md. Chicago, Ill. Cleveland, O. Kansas City, Mo. Minneapolis, Minn. Philadelphia, Pa. St. Louis, Mo. St. Paul, Minn. Toledo, O. Washington, D. C. and many points on the Pacific Coast.

For further details apply to nearest Baltimore and Ohio ticket agent.

Electric Bitters

Succeed when everything else fails. In nervous prostration and female weaknesses they are the supreme remedy, as thousands have testified. FOR KIDNEY, LIVER AND STOMACH TROUBLE it is the best medicine ever sold over a druggist's counter.

HOLLISTER'S Rocky Mountain Tea Nuggets

A Busy Medicine for Busy People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Kidney troubles, Pimples, Eczema, Itchy Skin, Bad Breath, Sluggish Bowels, Headache and Backache. Its Rocky Mountain Tea in tablet form, 30 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis. GOLDEN NUGGETS FOR SALLOW PEOPLE

Foley Kidney Pills

What They Will Do for You

They will cure your backache, strengthen your kidneys, correct urinary irregularities, build up the worn out tissues, and eliminate the excess uric acid that causes rheumatism. Prevent Bright's Disease and Diabetes, and restore health and strength. Refuse substitutes.

J. CORRELL

THE GAZETTE

ONLY \$1.00 A YEAR

FOLEY'S KIDNEY CURE

HOME TOWN HELPS

AMERICA MIGHT COPY THESE

English Towns and Villages Shown to Be Far Ahead of Those of This Country.

Those who read the report of the Stanley Investigating committee, which arraigned the methods of the United States Steel corporation in dealing with its employees, will be impressed by an account of an English village, which was printed recently in the Yorkshire Observer of Bradford, England. The condition of the average small wage earner in the mine and factory districts of the United States is not enviable. Social surveys have afforded the general public opportunities to study the way in which these poorer Americans live. In contrast is the successful experiment conducted by the Yorkshire Main colliery at Edlington, near Doncaster, England.

Land near the mine was sold to a reputable land development company, which in turn sells or leases plots to private builders. The latter are required to conform to a sanitary and architecturally pleasing plan approved by the colliery company. The site of the village is 120 feet above the sea level. On one hand is a pickering woods and on the other hunting grounds and the picturesque cliff of Levitt Hagg. The streets are wide and have grass plots and trees in the center. There are ample yards, the business houses are confined to one particular district and space has been allotted to four churches. Two recreation grounds have been laid out with a combined area of four acres. In the center of another four acres is the village school. At present there are 850 cottages, but with an addition under way, the number will soon be increased to 1,400.—Indianapolis News.

CO-OPERATION IN RURAL LIFE

Governor of Oregon Has Appointed a Commission Which Seems to Promise Good Results.

The governor of Oregon has appointed a "Rural Life Commission" of 15 members, four of them women. Its slogan is "co-operation," which at the very outset is applied to good roads, betterment in housing, improvement in farm products and marketing, better teachers and increased pay for them, one church for one community, and a lot of things which would not be attempted by the individual. For example: Many farms have running water in the barn to save the labor of men, and none in the house for the convenience of women. This is to be remedied. Hereafter, by the plan, all farmers shall share the same products, so that the middlemen will come to the community instead of the farmer going to the market with only his own wares. There will be uniformity of price, saving in freight and advertising, and prompt payment for goods.

In our village there were two churches on opposite corners, and a school and a grange hall similarly situated. It is proposed to close both churches, using one for a neighborhood home, with gymnasium, library, etc., and using the grange hall for preaching, Sundays.

Must Plan for Structures.

Of much more importance than plans for streets, are those for the structures on them. In fact, often expenditure for streets indirectly raises death rates. I have in mind several cities near here that have spent all of their money, bonded themselves to the utmost, and are now practically bankrupt, having exhausted their resources for expensive paving, wrote Daniel H. Burnham. Their death rates are high, yet they can do nothing for their people, because of their orgies of street building. They have no health department, no hospitals, no laboratories, no school inspection, no building inspection, no anything which runs straight to the welfare of the people, because of their street improvements.

Drapery of the Vine.

Vines have a most important mission to perform in the decoration of the house, and no dwelling, even of the most beautiful architecture, is complete without their graceful drapery. They give an artistic touch that nothing else can supply, whether it be a cabin or a mansion. Train a rapidly-growing vine over bare walls and it transforms the most unpretentious of dwellings into a thing of beauty, and when trained around sunny porches the vines not only beautify, but add much of comfort to the home in summer. Vines are of little trouble after they are planted, will live forever, and though some of the climbers will be found in the foliage class, many of them have flowers that are conspicuously beautiful.

Fishing, Their Occupation.

Over 1,200 small boats are used along the north coast of New Brunswick in fishing. Nearly every resident is a fisherman during portions of the year, while a majority follow fishing as an occupation. The greater number of small fishermen are farmers who find small fishing a profitable side line during the winter months.

R. S. BRUCE, President.

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Rockbridge Realty Corporation

OFFICE: FIRST NATIONAL BANK BUILDING, MAIN ST.

LEXINGTON

VIRGINIA

Desirable Farms and Town Property for sale. Located in Lexington, Va., Rockbridge and other Counties.

HISTORIC LEXINGTON: A center of education and culture, seat of Washington and Lee University and the Virginia Military Institute. The one enjoys the unique distinction of having been endowed by George Washington and administered by Robert E. Lee; the other, often called the "West Point of the South," is rich in the memories of "Stonewall" Jackson. Excellent High School, four strong Banks, five white and two colored Churches, a population of 4,000, including nearly 1,000 young men at the two institutions. Nearly 1,200 feet above sea-level, healthful and invigorating climate, average summer temperature 72 degrees, low cost of living, on the National Highway from New York to Atlanta.

ROCKBRIDGE COUNTY: Situated in a picturesque valley between the Allegheny and Blue Ridge Mountains, being a portion of the famed Shenandoah Valley of Virginia, and about one hundred and fifty miles from Washington City. Good farming lands, stock raising, blue grass, fine fruit, excellent springs. Thrifty people, flourishing schools, numerous churches, good roads, equable climate, attractive summer resorts, including Natural Bridge, Rockbridge Alum Springs, Goshen Pass, Rockbridge Baths and Wilson's Springs.

All properties listed with us are widely advertised without cost to owner, whether we make sale or not.

We are in touch with leading Real Estate firms in all parts of the State, and if we haven't what you desire, write to us and we will supply your wants. Deeds written free of charge for all property sold by us.

Farms	\$850 to \$20,000
Residences	\$500 to \$10,000
Lots	\$110 to \$1,600

Business Properties, Stocks of Merchandise, Timber Tracts, Flouring Mills, Bearing Orchards

Why Confidence Will be Yours

This is the proposition. Buy 3 gallons of Linseed Oil with every 4 gallons of L. & M. Paint and mix the Oil with the Paint. If the Paint has made costs more than \$1.60 per gallon—if the Paint as you use it is not perfectly satisfactory—then return whatever you have not used and get back all you have paid for the whole of it and besides the money you have paid to the painter. No other Paint compares with L. & M. in quality and durability. The price is right, the proposition is right. You will be right in using it whenever you want Paint. Call on McCrum Drug Co., Lexington, H. L. Gilkeson, Buena Vista.

Garden Fertilizers.

Well-rotted barnyard manure is the best garden fertilizer. For late crops it is not necessary that it be thoroughly decayed, as there is time for it to decay before the plants need it. Nitrate of soda and some other commercial fertilizers are occasionally used for special crops, and will probably have to be used more by market gardeners thereafter on account of the difficulty in getting stable manure.

Unwelcome Visitor.

A pair of large eagles which are nesting on an inaccessible rock on the Daserberg mountain canton of Schwytz, Bavaria, have during the past two weeks "captured" four lambs, four kids, and one fox, which they have taken up to their nest before the eyes of the peasants.

An Easy Way.

If you have time and words to waste, waste them by asking one woman to give another the benefit of the doubt.

A Guaranteed Cure For Piles.

Itching, Blind, Bleeding, Protruding Piles. Druggists are authorized to refund money if PASO OINTMENT fails to cure in 6 to 14 days.

The French in Newfoundland. By a convention signed in 1904 the French in Newfoundland have an equal footing with British subjects.

Dr. Fahrney's Teething Syrup conforms to the Pure Food and Drug Law. Each bottle guaranteed. Sample free.

Talk and Sleep.

Doctor—Do you talk in your sleep? Patient—No; I talk in other people's. I'm a clergyman.

Babies don't mind cold or take cold if kept well with Dr. Fahrney's Teething Syrup. Get it anywhere. Sample free.

MICA
Axle Grease
takes miles off the road, and weight from the load. Helps the team and pays the teamster. Practically destroys friction. Saves half the wear that comes from jolting over rough roads, and lengthens the life of a heavy vehicle more than any other one thing. Ask the dealer for MICA Axle Grease. STANDARD OIL COMPANY Incorporated

KEEPING AND STORING EGGS

Well Dissolved Solution of Water, Slaked Lime and Salt is Recommended—Don't Crack.

There are many plans suggested for keeping and storing eggs, but a very simple one appears in a recent exchange: To every three gallons of water add one pound of fresh slaked lime and one-half pint of salt. Have it well dissolved. Drop in your eggs one at a time, but mind do not crack them. If you wish to keep them one or two years you can do so. But you must use them as soon as taken out or they will spoil. When you put in all you wish, take a thin piece of board and put on top, and on that put a little salt and lime that the top may be as strong as the bottom. If these are kept at sea and in different climates, why not keep on land in a cool cellar? Should you wish to keep to transport, dissolve sufficient gum shellac to make a thin varnish in alcohol, let them dry, then after giving each egg a coat pack them in bran or sawdust. When wanted wash off the varnish and they are ready to be cooked.

Sand for Children's Playgrounds.

The writer would much like to see towns, villages and the smaller centers of population furnish sand-piles for the children. A few loads of sand would cost but little and mean much to a considerable number of children. The local schoolyard might easily be used for vacation playing and the sand piles built there. The school trustees would even be justified in furnishing the sand from the general fund. It is the duty of public officials to see that the children get all the freedom and enjoyment possible and the free range of the school grounds, together with an ample pile of sand, will do much for the little ones.

WEIGHT OF LOAD FOR HORSE

Should Not Be Asked to Pull More Than One-Tenth of Its Weight—Cost of Marketing.

(By PROF. R. M. DOLVE, North Dakota Agricultural College.)

Since horses use their weight in pulling they should be loaded in proportion to their weight, and observers are agreed that for hauls over country roads a horse is properly loaded when exerting a pull on the traces equal to one-tenth of his weight. For a team of 1,600-pound horses this would be exerting a pull of 320 pounds and if it requires a 140-pound pull to haul a ton on an average level country road they would haul about 21.3 tons. In order to haul this load up a 6 per cent. grade they would have to exert a pull equal to one-fourth their weight, which is an exhaustive pull and should not be much exceeded, especially if the hill is long. If the hill had a 10 per cent. grade the load would have to be reduced to 1,690 pounds or nearly three tons less in order to keep the pull up the grade equal to one-fourth the weight of the horses.

Statistics show that it costs over 20 cents per ton-mile to market farm products, so that if the distance to market was five miles it would cost \$1 to market a ton when the road is level or contains not more than a 6 per cent. grade.

Assuming that it would take as long to haul the small load of 1,600 pounds necessitated by the 10 per cent. grade as it does to haul the larger load, the cost of marketing a ton would be increased to \$2.25, or an increase of \$1.25 because of the grade.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of J. C. Watson

CHICHESTER'S ENGLISH PENNYROYAL PILLS

Original and Only Genuine. SAFE, Always reliable. Ladies, as Druggists or CHEICHESTER'S ENGLISH PILLS in RED and Gold metallic boxes, sealed with blue ribbon. Take no others. Refuse dangerous Substitutions and Imitations. Buy of your Druggist, or send 4c. in stamps for Particulars, Testimonials and "Kaiser for Ladies," no later, by return Mail. 10,000 Testimonials. Sold by all Druggists. Chichester Chemical Co., Station D, Philadelphia, Pa.

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SUNDAY SCHOOL.

Lesson VII.—Fourth Quarter, For Nov. 17, 1912.

THE INTERNATIONAL SERIES.

Text of the Lesson, Mark viii, 27, to ix, 1.—Memory Verses, 36, 37—Golden Text, Matt. xvi, 16—Commentary Prepared by Rev. D. M. Stearns.

This lesson is recorded also in Matt. xvi and Luke ix, and we will consider it with the harmony of the gospels before us. Miriam in his harmony says that this is the first particular prediction concerning the rejection, the death and the resurrection of the Christ and was probably apart from the multitude and is the first key opposed to the heaven of the Pharisees. Matthew and Mark say that He had come into the coats or towns of Caesarea Philippi, and Luke adds that He was alone praying. His disciples being with Him. We shall see in the next lesson that He was praying also at the time of His transfiguration (Luke ix, 18, 29). Luke records other instances of His praying in chapters iii, 21; vi, 12; xi, 1; xxii, 41; xxiii, 34. He ever talked with His Father in heaven with the same realization of His presence as that of the people about Him.

People talked about Him and had their opinions as they have today. The Pharisees who believed in a resurrection thought that He might be John the Baptist or Elijah or Jeremiah or one of the prophets, at which, no doubt, the Sadducees scoffed, for they did not believe in resurrection or spirit, but the Pharisees confessed both (Acts xxiii, 8). His next question is the one that should lay hold of our hearts. "Whom say ye that I am?" or as He put it to the Pharisees at another time. "What think ye of Christ?" (Matt. xxii, 42).

It should not so much concern me what others say, but what does my heart say, what is He to me personally? Simon Peter, generally the spokesman, answered, "Thou art the Christ, the Son of the living God" (verse 29; Matt. xvi, 16). See his similar testimony in John vi, 69, and that of Martha in John xi, 27. Can I look upon Him with His eyes as a flame of fire searching me through and through and say, O Lord, thou art to me the risen living Christ, my personal Saviour. If so, then blessed am I, for our Father in heaven has taught me by His spirit (Matt. xvi, 17). The words translated Peter and rock in Matt. xvi, 18, are not quite the same, the first signifying a piece of rock easily moved and the other a solid rock immovable. The rock foundation is the great truth that Jesus is God, and other foundation can no man lay (1 Cor. iii, 11; Acts iv, 12).

The church built on this and on His great atonement as God can never be moved. The company of all true believers in Him constitutes this church, and all else must come to naught. Peter was given the keys of the kingdom, not the church, and the church is not the kingdom, but the heavenly center of it. From that time and repeatedly He began to tell them that at the hands of the elders, chief priests and scribes He must suffer many things, be rejected and killed and after three days rise again (verses 31; ix, 31; x, 33, 34); but, although to us seemingly so plain, His disciples did not receive these sayings, not even Peter and John, and it is written concerning them that up to the time of His actual resurrection from the dead they knew not the Scripture that He must rise again from the dead (John xx, 9). They had not received the message of the prophets that the Messiah must suffer, die, be buried and rise again, though we can see it plainly in such passages as Ps. xlii; Isa. lii; Dan. ix, 26; Zech. xii, 10; xiii, 6. 7. Peter therefore said that He should not speak of suffering: "Be it far from Thee, Lord. This shall not be unto Thee." "Pity thyself" (Matt. xvi, 22, and margin). Mark our Lord's reply and note that what is not of God is of the devil and is an offense to God.

Believers are either a sweet savor of Christ or salt that has lost its savor. There is no room for self in a disciple of Christ. It must be always a denial of self, taking up the cross daily and following Him; always delivered unto death for Jesus' sake, that the life of Jesus may be manifest in us; reckoning ourselves dead unto sin and alive unto God (1 Cor. iv, 10, 11; Rom. vi, 11). There is no cross of gold or jet or jewels or flowers seen in Scripture, but only a cruel cross of death.

It means crucified to the world and the world to us, seeing Jesus only. To one life means business, to another his profession, to another pleasure, to another this or that great scheme, philanthropic perhaps, or just to make money, but one who is right with God says, "To me to live is Christ." He does not ask us to suffer with Him without setting before us the glory of the kingdom to which He has called (1 Thess. ii, 12; 11 Thess. ii, 14; 1 Pet. v, 10), and to which He refers in verses 38 of our lesson, and which we shall see more clearly in next week's study of the transfiguration, and to which the last verse of this lesson (Mark ix, 1) clearly belongs. It was the God of glory who appeared to Abraham (Acts vii, 2), and we can only be sustained in the patient waiting, as He and others were. But the church as a whole is as blind to the glory of His kingdom as the disciples were to His death and resurrection, not because it is not plainly revealed, but because other thoughts and ways leave no room for His.