HOME, ITS PROBLEMS AND INTERESTS

THE DEVIOUS WAYS OF THE GIRL BEAUTIFUL AND HER SISTER

How She Protects Herself From Colds and How She Treats Them if She Can't Escape.

their misfortune to every friend-and then proceed to go out and catch cold On the other hand, there are many women who are so sensible that they never know the feeling of a fever blister nor the agony of a ruby nose which defies power and rivals rouge.

An Ounce of Prevention.

No woman need ever have a cold if she would but expend just half the time in preventing it that she now spends in Draughts and wet feet ar most often the cause of colds. It is a crime next to suicide for any woman to sit in a draught anywhere and at any time. Yet every morning the sensible housewife flings open all the windows

housewife flings open all the windows and goes about her work with the four winds of heaven blowing upon her. To air a house properly and yet not take cold, open all the windows except those of the room where you are working. When you leave this room, open the windows, but close those in the room to which you go next.

If you find yourself sitting near a draughty door in a theater or church, try to exchange your seat. If you cannot accomplish this, go home. You can get along better without the sermon or the play than without your health. If by any chance your boots become wet, hurry home at once and change not only the wet boots, but the damp stockings. Then take a hot cup of tea or a table-spoonful of whisky, or both, to check the cold which may have started in your system.

Colds From Skating.

The girl who skates takes cold oftener than any one else. Skating is the healthiest sport in the world, but com-mon sense should teach a woman that after such overheating exercise she should either throw on a heavy outer

down with the grip or a mild attack of pneumonia.

Once you have allowed yourself to catch cold the only thing to do is to face and fight it. A cold may be cured in one day by the old-fashioned method of taking a steaming hot bath, drinking strong, hot lemonade and remaining between the bed covers for at least eighteen hours. A laxative should be taken the moment you discover that you have a cold. A red nose should be rubbed well with cold cream or mutton tallow before going to bed at night and bathed in witch hazel in the morning. Powder lightly with a puff, but do not irritate the inflamed nose by rubbing the powier on with a chamois cloth. Fever sores can sometimes be prevented, or at least nipped in the bud, by rubbing the spot with a piece of alum dampened in alcohol the moment the blister begins to form.

If you feel yourself catching cold or feel chilled draw in a dozen long, full breaths. This will send the blood pulsating quickly trough the heart and will warm up the whole body.

The Little Girl's Teeth.

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If more mothers would take care of a child's first teeth fewer girls would be made unhappy by mouths full of crowded, crooked teeth. The baby teeth cut the path for the second teeth. If they are ill kept the gums become unhealthy and weakened, and the second teeth have a bad start. In order that the front teeth may come in evenly, a child of five or six should be taken to the dentist's regularly. When the teeth first show signs of loosening, the incisors should all be extracted, so that the second set of incisors may find the second seeing the little one's baby beauty must be sarrificed to grown-up beauty by a careful cutting of hair, trimming of eyelashes, and extracting of loose or decayed teeth.

For the Round-Shouldered Girl.

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Perhaps nobody suffers greater agonies of mortification than the roundshouldered girl at the "growing" age. She feels that the Eiffel Tower would shrivel up in comparison with her, and looking down upon her little sisters and brothers, she becomes the shape of her hoop. The girl of fourteen can easily avoid round shoulders and cultivate an erect carriage if she will. First of all, let her get used to sleeping without a pillow. A pillow pushes the shoulders forward. Using a pillow at night is an unnatural habit which civilized folk

shrivel up in comparison with her, and looking down upon her little sisters and brothers, she becomes the shape of her hoop. The girl of fourteen can easily avoid round shoulders and cuitivate an erect carriage if she will. First of all, let her get used to sleeping without a pillow. A pillow pushes the shoulders forward. Using a pillow at night is an unnatural habit which civilized folk have cultivated. Bables do not require pillows. They rather object to them.

All day long the round-shouldered girl should walk as though she were balancing a book upon her head. If she cannot keep this thought in mind let her remember to keep the back of her neck pressed against her collar. This will keep the head and shoulders erect and help her to acquire a good carriage. To strengthen the shoulder muscles, and broaden the chest take this exercise every day, fifty times in the morning and fifty times at night:

Standing in a doorway, spread both arms until the hands touch the door ledge on either side on a level with the shoulders. Grasp the ledge firmly and then step forward as far as you can without removing the hands from their position. Now step backward as far as you can without removing the hands from their position. Now step backward as far as you can. Walk back and forward this way the given number of times. Each time the muscles of your chest are stretched and brought into play. When you sit at your desk in school be sure that you are well back on the seat, not sitting on your spine. If the fourteen-year-old girl would remember these things and watch herself constantly she would have no need for gymnastic exercises when she grows up.

The Fine Art of Painting the Face.

There is no drug store which contains a line of reds to match the white or tan or brown or olive of every skin. The woman who persists in using rouge should make her own preparation at home. This is not a difficult task. First, turn your mirror so that it is backing toward the light, or, better still, so that the light falls upon you from one side as you sit facing the mirror. Daylight is the only light in which a woman should make up. Have beside you a small box

The woman with a perpetual cold counts herself an accursed creature. Nothing can mar a woman's beauty so quickly and effectually as a good, old-fashioned cold in the head; nothing can make her more unprepopssessing, unamiable, and uncomfortable. The very word brings with it visions of a red nose, fever sores, parched lips, a hoarse voice, and a crumpled handkerchief.

A Worth gown and a Paquin hat are wasted on the woman who has a cold. Everything is wasted on her. She is a bore to herself and an unsightly object to all the world. Yet there are some women who from November until May are steeped in colds. They try a hundred cures and moan and complain of their misfortune to every friend—and the country in the control of the colds. They try a hundred cures and moan and complain of their misfortune to every friend—and the colds.

The country source of carmine, a box of rouge de theater, a box of prepared chalk, and one of a cream tinted face powder, also a little or mistore that one of sweet almonds, and a few clean empty saucers. Try the rouge first. It may harmonize with your skin perfectly, but there are nine chances in ten that it will be very much off color. Scrape a little of it up and darken by mixing with a little carmine, or lighten by mixing with a little of the white or the cream powder as your judgment dictates. If you can get no good results, discard the powder. When you have obtained a thirt that blends with your skin mix in just a triffe of the oil or sweet almonds to ream timed face powder, also a little of of sweet almonds, and a few clean empty saucers. Try the rouge first. It may harmonize with your skin perfectly, but there are nine chances in ten that it will be very much off color. Scrape a little of it up and darken by mixing with a little carmine, or lighten by mixing with a little of the white or the cream powder as your judgment dictates. If you can get no good results, discard the orgue and work with the carmine and powder. When you have obtained a little of the white of the white of the

For My Lady's Boudoir.

There is a new toilet water which purparts to be orange-flower extract. It is very delightful and very cheap, and, scattered about your rooms, gives them the odor of fresh-cut oranges, so pleas-ing to most of us.

A Recent Arrival.

The paneled bolero is new and me becoming to a full figure than the plainer jacket without this becoming addi

The smartness of a paneled bolero nowhere more conspicuous than in the back form, where two broad panels, like twin stoles, reach from the collarless top to the top of the girdle, and the pointed panel ends with medallions of lace reach down a trifle over the back of the girdle.

The panels are treated with a row

of shoemaker's stitching around the of shoemaker's stitching around the edges. The two back panels are laid close together in the back and nearly cover it between the shoulders. The back panels resemble postilion tails, and a second set of these, not quite so broad, but a little longer, and likewise tipped off with medallions of lace, are arranged as postilions below the girdle. The front panels also reach the front edge of the bolero, but these jacket fronts do not always touch, as a vest of lace or mousseline de sole or of allover embroidered batiste is often worn beneath the jacket.

The Value of Praise.

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Has it ever struck you what a sweetener of life lies in a few words of appreciation and encouragement? How few of us take the trouble to stop a few moments and praise a servant for work well done, or even pause to tell our nearest and dearest how we appreciate all the daily services, which we have apparently never noticed.

When our friends die we hasten to send beautiful flowers as a last appreciation of our love for them. But would lit not be better if we had helped them by a little praise when they were working, or if we had cheered them in the dark days when they were troubled and suffering?

Only a few kind words of appreciation! The cost is nothing, but the recompense wrap and run all the way home, or should go at once into a warm room and remain there until the perspiration has dried and her blood becomes normal. But the girl who skates seldom thinks of these things until she finds herself down with the grip or a mild attack of pneumonia.

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work well done, or even pause to tell our nearest and dearest how we appreciate all the daily services, which we have apparently never noticed.

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Only a few kind words of appreciation! The cost is nothing, but the recompense is beyond price. Let the husband tell his wife how much he prizes her love for him, and the wife tell her husband how truly she recognizes all his care for her. And the mother should reveal in words how much she values her children's affection, while the child who says to its mother, "Thank you for all your love to me," has rewarded her far beyond knowledge or understanding.—

A Woman, Too.

A young woman, who was spending the evening with the family of Lord



Shown here is a dainty bodice of white ring-net over white china silk. Soft white lace figures at yoke, collar, on sleeves, and about the hips. The bodice closes invisibly behind.

The

New

Gloves

Women's 1-clasp

the new shades of tan, mode, beaver, brown, gray and white, with clasp to match—

\$1.00

New Aprons.

There are many new kinds of aprons for the demand is increasing for them. Some are edged with embroidery made in muslin, and tied round the waist others have a bib, which is cut in one with the collar piece; this would be very pretty for a bazaar, with a couple

Fish Salad.

Take any cold cooked fish and flake To each pint add one teaspoonful minced chives, one tablespoonful minced pimolas, two hard-boiled egg yolks mashed finely, one tablespoonful boiled cream dressing. Pack into baking-powder cans and set on ice until firm; then remove and cut into disks, arranging with slices of cucumbers or large cucumber pickles and radish or

MARRIAGE LICENSES.

Royal Simons, 23, and Josephine Croby,

Toliver Johnson, 23, and Fannle Fitz-hugh, 42. Joseph F. Childrey, 35, and Mamie E Smith. 20. Elwood F. Carter, 28, and Florence H. Robert F. Shamwell, 22, and Caroline McNeal, 19. Ignazio Marino, 40, and Susie F. But-Michael J. Stern, 58, and Annie Wil-George Lourie, 26, and Minnie Strothspirit. Of all the people in the world, I m inclined to think sisters are the east disposed to give each other credit or taste, fancy, sensibility of the sisters are the least disposed to give each other credit or taste, fancy, sensibility of the sisters are the least disposed to give each other credit or taste, fancy, sensibility of the sisters in Arthur W. Veigle, 33, and Hilda M. Hughes, 19; both of Philadelphia, Pa. William Johnson, 22, and Hattle Parkford taste, fancy, sensibility of the sisters in Arthur W. Veigle, 33, and Hilda M. Harvey Taylor, 21, and Beatrice Brax-

WHEN IT COMES TO A CHOICE.

"It makes me sick!"
"What does?" "To see fashionable women-member of the 'smart set'-kissing an ugly pu

dog!"
"Well, why shouldn't they?"
"Teat Scott may "Why-why, great Scott, man-"
"Hold on. Have you seen the men of the 'smart set'?"-Cleveland Leader.

for Infants and Children.

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children-Experience against Experiment.

The Kind You Have Always Bought Bears the Signature of



Woman's Worst Fault.

There are many situations in life that are pretty hard to bear, and which at times tax all our endurance, but they are never improved by either a display of temper or the indulgence in a tirade of which we are heartily ashamed after the heat of passion has cooled off. The one who keeps cool in any argument or disagreement of any kind always emerges at the winning end of the game. The woman who rules her household through her temper and the fear of it which she in-spires in others can never hope to be loved. She may be feared, and it is a thankless job to try to please her, but as for love-having no control over herself, she cannot hope to control others, says Woman's Life.

A temper never improves with age.
If nursed and given way to when young in life it gets worse and worse, until those who love you heave a sigh of relief when death comes as an emancipation from the threldom.

And yet even the worst temper can be cured by thought and keeping a strict watch over one's self. One of the most passionate women it was possible to know cured herself by leaving the room and counting one hundred before she allowed herself to speak. It is a simple method, but certainly efficacious, given the wish to cure that which wrecks many homes.



Will absolutely destroy hair and years. Will absolutely destro burns nor scars. The most dependable

Saturdays we open at 8 a. m.; close 9 p. m.

Not to Be Overlooked

79c models for one day, as long as they last, at......

give her Easter gown the desired effect.

THOMSON'S GLOVE-FITTING COR-SETS, made of batiste; the very newest models. From

\$1.00 to \$3.00

C. B. CORSETS, made of batiste; high

bust; long dip hip. Prices ranging from \$1.00 to \$3.00

First Floor.

Eighth Street annex.

Peter Grogan, Credit for All Washington

New Spring Mattings, Go-Carts, etc.

Our qualities are personally guaranteed for durability, and our credit prices are cash prices elsewhere Ten per cent discount for cash with order, or if bill is paid within thirty days. Mattings fitted to the floor and tacked down free.

China Closets at all prices up to \$75. Beauties at \$20 to \$50. New Baby Carriages and Go-carts in great variety. 5-piece Parior Suites, \$1.69 to \$150. Exceptionally good values at prices ranging from \$35 to \$100. 3-piece suites at all prices up to \$100. Couches at all prices from \$5 to \$70. Remarkably good values at \$12.50 to \$25.

FREE!

done.

For a short time we will make a set of the Best Teeth, \$5.00.

Gold filings, \$1.00 up—other fillings, 750 and \$1.00. Painless Extracting, 50c. Office hours, 8:30 a. m., to 6 p. m., Sundays, from 10 to 2. Female attendants.

WASHINGTON DENTAL PARLORS,

N.E. Cor. 7th and E Sts. NW., over Atlantic and Pacific Tea Co.'s Store.

22-K. Gold Crowns, \$2.00 and \$5.00.

WILLIAM STORY

Teeth Extracted Free by our Painless Meth-od when other work is

Remarkably good values at \$12.50 to \$25.

100-piece Dinner Sets, \$6.75 cash; \$7.50 on credit. Better qualities at ail prices up to \$85.

Iron Bedsteads, substantially made and not bought for a sale, \$1.53 cash; \$1.75 on credit. Others at all prices up to \$35. Exceptionally good values from \$5 to \$20.

Brass Bedsteads—not the cheap. light, department store kind, but the heavy, substantial, guaranteed qualities; all prices up to \$75.

Dining-room Chairs of solid oak from \$1.00 to \$15.00.

Mattings, Linoleums, and Oilcloths in reliable qualities.

Woven Wire Springs, made especially for us, strong and durable, \$4.50 cash; \$5 on credit—equal to the best spring sold elsewhere at \$7.50.

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Sold by A. LISNER.

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Gloves Fowne's 2-clasp Glace Gloves, in the new tans, browns, modes, beavers, pearl, yellow, with and black, with Paris point em-broidery—

In the South dealing in China and Glassware, Kitchen Utensils, etc. A SALE OF CORSETS

EF Lowest prices for the best goods, DULIN & MARTIN CO. 1215 P.St.

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BARGAINS

Making even greater sacrifices than usual in order to clear out all the planos that have been taken in exchange, or have come in from rent. And they're going like the proverbial hot cakes.

Pull half pint bottle. .25c
Pull pint bottle . . .40c
Pull quart can65c
Pull ½-gallon can . \$1.15
Pull gallon can . \$2.00



AT YOUR GROCER'S 10c and 25c

FOR SALE—ORGANS. Our spring stock has arrived, and we are offering the most beautiful line of organs ever shown in Washington. A good organ is better than a cheap plano. Here are a few offers for this

week: \$125 Putnam, parlor style, large plate mirror, 13 stops, including stool and book, \$95. Terms, \$10 cash and \$5 per month. \$75 Putnam, parlor style "Ideal," 10 stops; handsome case; fine tone; \$69. Terms, \$10 cash and \$4 per month. One "Peloubet" Walnut Chaplette or Baby Organ, good as new, \$15. Terms, \$2.50 cash and \$50 week.

E. F. Droop & Sons Co., 925 PENNSYLVANIA AVE.



Extracting FREE When Teeth Are Ordered. Set of Teeth Gold Crowns Beidgework.

Painless

Until March 20th 10% discount on all work contracted for,
Now is the time you can have your work finished at your own convenience.

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Torpid Liver, Colds, Chills, and Fever, and all Malarial Diseases are quickly and permanently cured by.

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TIMES WANT ADS

BRING RESULTS

The New Spring Suits, Jackets, and Skirts Are being shown in so many charming styles that whatever your taste may be it is sure to be gratified by a

Nor will it be overlooked by any prudent buyer who needs a new corset to

You'll save more than one-third, for we are going to offer the regular 47

They are made of batiste and coutil; some have high bust, some low, in girdle,

Below we cite a few new models in corsets, obtainable on the balcony-

WARNER'S RUST-PROOF CORSETS, made of batiste; low bust; long dip hip; garters attached.

Special, \$1.00

NEMO CORSETS, made of coutil; new busts; long dip hip; bones guaranteed not to push through; garters attached.

Special, \$2.50

Women's New Figured

Silk Shirt Waist Suits

Blue and black ground with dash

of white; waist made with box-

plait down front, trimmed with

medallions of silk braid and two

stitched tucks on either side; full

sleeve, with cuff. Skirt with one-

inch tuck on each seam stitched

to knee. Suit finished with stock

Actual value, \$15.00. Price,

\$10.00

medium and dip hips; the latter is shown in illustration. On sale bargain table-

visit to our second floor. The world's markets and fashion centers have contributed all their new ideas as to style and fabrics.

showing surpasses in every way our previous efforts. We have picked out three items—new, exclusive garments—for tomorrow's selling. We think the prices attached will please you as much as the style of the garment.

Women's New Spring | Women's New Tan Suits

Made of herringbone Panama cloth. Double-breasted collarless coat, with fancy plaited back and front; neck of coat finished with black silk braid in fancy design: new leg-o'-mutton sleeve, with

cuff; plaited skirt. Colors blue, brown, and black. Sizes 34 to 40. Actual value, \$19.50. Price,

\$15.00

Women's Fine

Black Lisle in lace

stripe; double heel

and toe; 25c value;

19c

special -

Children's Fine

Black-ribbed Cotton

Hose; extra heavy;

double knee, heel and

toe; warranted fast black; 19c value; special—

12½c

Covert Jackets

All seams strapped; new leg-o'mutton sleeves. Jacket lined with

satin. Sizes 32 to 40.

Actual value, \$9.68. Special,

\$7.98

Spring Hose at Prices That Attract Quickly

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Special Offering in Men's Wear

Lisle All-over Lace

Hose, in tan, gray,

and champagne; double heel and toe; warranted fast col-or; special—

3 pairs for \$1.00.

and belt.

Women's Fine Cotton and Lisle Hose with silk em-broidered ankle; high-spliced heel and double toe; regular 50c quality; special iery; in blue, violet, tan, and black; spe-cial-35° 50° 150 Dozen Men's 15c Black Cotton Hose, Pair, 9c

Chiffon Lisle Hose;

the very latest

things in spring hos-

10° 3 for 25°

Medium-weight Underwear for Men, in balbriggan color, all-cotton rib, soft finish shirts and drawers; 49° a garment of Men's Neglige Shirts, neat stripe and figures, and also separate cuffs to match. The same shirt you will pay 49° for later. Special.