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# Selected Poeten.

There's a word very short, but decided and plain,

There's a word very short, but decided and plain,
And speaks to the purpose at once;
Not a child but its meaning can quickly explain,
Yet off 'tis too hard to pronounce;
What a world of exation and trouble 'twould spare,
What pleasure and peace 'twould bestow.
If we turned when temptation would hare and ensuare,
And firmly opulse it with "No!"
When the idle would tempt us with trifles and play,
To naste the bright moments so dear;
When the sparer unboly our faith would gainsay.
And mock at the Word we revere;
When the sparer unboly and falsehood, and guile would invite,

When deception, and falsehood, and guile would invite,
And liesting enjoyments bestow,
Never rates with truly for nature
But dust the first impulse with "No!"

In the morning of life, in maturity's day, Whatever the cares that engage,

Be the recepts of virtue our guide and our stay, Our scace from youth unto agel Thus the heart shall ne'er waver, no mness and constancy show, And wien passion or felly would draw us aside. We'd spurn the seducer with "No."

## Miscellaneans.

Correspondence Between Gen. D. R. chison and Amos A. Lawrence. w we publish an interesting correspon dence between the Hon. D. R. Atchison and s A. Lawrence, Esq. We ask our readers we it a careful reading: Corract FARM, near Boston March 31

Hos D. R. Atchison, Platte Chy, Mo. TAR Stu:- I take the liberty to address you upor a subject in which I have a common in-terest with yourself, viz: the settement of Kan-Since the repeal of the Missouri Compro-by the list Congress, this Territory has attracted the attention of distant not less than of he neighboring States, for it is evident that here must be decided the question, queet-

tled now, whether there shall be slave or free labor over a vast region of the United Statesyou and worr friends would make slave States. and we wish to prevent your doing so. The stake is a large one, and the ground chosen. Let the fight be a fair one. It is to secure this that I address you. Your

influence is requisite to restrain your people from doing great injustice to actual settlers, and provoking them to retaliatory measures, the on equences of which would be most de plorable. I beg you, by done sir, to use your forts hatert so great an and Let the contest be waved honorably, for un-

is it be so, no settlement of the question can (our) people from doing great injustice to actual least you will have tried an experiment. to vote, that they may gain this election as they did the last. But how delusive to suppose that settlers who have come from one to two thousand miles with their families, will acquiesce any future election can be satisfactory which is not conducted according to law. The advantage of proximity is yours. Your people can afford not only to be just but generous in this

The repeal of the law which secured this territory against the introduction of slavery, is have been a breach of the national faith; and it is not sureasonable for those who have gone for a home, to expect a compliance with the laws as they are. Those from New England expense. They are chiefly farmers, but among them are good representatives from all professions. Some have considerable property; but all have rights and principles which they value more than money, and I may say more than life itself. Neither is there any truth in the assertion that they are abolitionists. No perhere-nor is it known here that any such gone from other States. But oppression may make them abolitionists of the most dangerous

extensive organization here which is wholly untrue. I assure you, sir, that what has been undertaken here will be carried on fairly and openly. The mangement is in the hands of men of cured this territory against slavery is considered produce, of wealth and of determination. They are not politicians, nor are they aspirants for see that justice is done to those who have venhope, sir, that you will second this effort to see that the contest shall be carried on fairly? If fairly beat, you may be sure that our people faith, and that the disgraceful "statute" should will acquiesce, however reluctant; but they never will yield to injustice.

Respectfully yours. AMOS A. LAWRENCE.

PLATTE CITY, Mo., April 15, 1856. Amos A. Lawrence, Esq .: - Dear Sir-Your letter of the 31st March last has been :eccived, and would have been answered promptly had I

not been absent for the past ten days. Although I have no personal acquaintance with you, I have yet heard enough of your history and character to entertain a high regard for you. I doubt not that you are actuated by kind and noble impulses and generous sentiments, but upon the question of "slavery," by a

mistaken judgment. You say that you have "a common interest with myself in the settlement of Kansas," This I admit : but your interest is not equal to mine. I live within a few miles of Kansas, and have a few slaves. You have none (at least black ones.) You have not the hazard of good or bad neigh

borhood to encounter. I have.
You say, "since the repeal of the Missouri Compromise by the last Congress, this territory has attracted the attention of distant not less than of the neighboring States; for it is evident that here must be decided the question whether there shall be slave or free labor over a vast region of the United States, now unsettled. You is a large one" &c. You are right in your conjecture that I and my friends wish to make Northern papers, in the Boston and other Northern papers, in the Boston Northern men, that companies have been chartered, and by some of your Legislature, the object of which was to colonize Kansas with a bolitionists.

And we have get unit we seen notices of a solic color of the col honor be performed. If we fail, then we will surrender to your care and control the State of

to be voted or driven out of Kansas, if we can let me assure you that he management of our help it; for we are foolish enough to believe that we have as much right to inhabit that North, is also under the central and direction to be voted or driven out of Kansas, if we can

ties. There now exists no reciprocity between the free and slave States. You and your friends can leave Massachuselts, and pass through and take up your abode in Missouri or Kansas, and our people and our laws protect your persons and property not only from injury, but our hospitality and kindness save you from insult. How different from your State. I cannot pass through Massachusetts or any other Northern State, with my servant, without the certainty of having him or her stolen, myself insulted, and perhaps, of the confederacy. In the war of 1812, except

same republic. Our fathers fought side by side ind formed an alliance, &c.

The fight shall be as free as the nature of the case admits Indeed, there should be no fight at all. I do not desire it; but, sir, if I am met blood, you are for monopolizing it. I may be by a robber in the highway, and he demands somewhat unjust in the foregoing remarks, but my purse or my horse, I will not stop to as: such is my recollection of history. If I am him whether he has a revolver, but will immediately resort to the use of my own weapons, and make the best defence I can.

Your people, you say, leave their homes, thou-sands of miless off, and come out of the ordinary course of emigration, for no other purpose es they avow, but to exclude us from Kansas, and overthrow our institutions. Ah! to overthrow slavery and establish freedom, as they say.

At the election last fall, for delegate to Congress, it is a fact beyond controversy, that many, very many, Northern men, came from New Enone bundred and fifty of them left for the East, together with their candidate, on the day after the election.

Now, was it right for abolitionists, one thou sand miles off, to come to Kansas to vote us out of that territory, and wrong for the people and broad prairies to go there to secure their be happy to have you for a neighbor; and

ever be final. It is already reported here that settlers," &c. My influence shall be used to large bodies of Missourians will cross over mere- prevent injustice to all actual settlers who come Missouri or Kansas to improve their condition whether they be from the North or the South. But let the settlers be sure that they do not come with the express purpose of doing great in any election gained by such means, or that injustice to us. If so, they deserve and shall have no protection from me. The crusade prenched by Peter the Hermit, and headed by Walter, the Pennyless, was just, righteous and holy, compared with the Northern crusade to Kansas, and against Missouri and the other slave States. Peter complained of exactions, oppressions and outrage upon the Piigrims to the Holy considered by most men in the free States to Sepulchre by Infidels. To redress those griev ances he preached his Crusade, but you and your friends have no such grievances to complain of whatsoever, in the South or the Territories. When you come among us, you are have gonethere in good faith , and at their own greeted as friends and treated as brothers, unless you come with the avowed purpose of doing rong to us. Now sir, fanaticism preachers, the Threee

Thousand Peters of New England and the Abolition Battalions of Walter, the Pennyless, will I doubt not, meet the fate of their prototypes. Indeed, they have already to some extent met son of that stamp is known to have gone from it. You say that "proximity is ours, and that we can afford to be not only just but generous." We can and we will not only be just but gen erous-we will protect ourselves and do the least ajury to the persons and property of those who There has been much said in regard to an are neither just nor generous. For just men will not come from Massachusetts to war upon the right of men who never wronged them .-You say that "the repeal of the law which seby most men in the free States to have been a breach of national faith?" The history of the office; they are determined, if it be possible, to country, the public records show this to be a mistaken assumption. Did it never enter into tured their all in that Territory. May I not the heads of men in the free States, that the enactment of the law which was repealed was a gress violation, in the first place, of the national

long ago have been expunged? You say that "those who go from New England to Kansas, have gone in good faith, and at their own expense," &c. This may be, and, I doubt not, is true in many instances; for I do not for one moment suppose that you would knowingly misrepresent, yet you may not be fully informed. You further say, "neither is there any truth in the assertion that they are Abolitionists. No person of that stamp is known to have gone from here." Now, my dear sir, we may not agree as to the term "Abolitionist;" but I care not how this may be settled-a man coming from Masachusetts or South Carolina to settle in Kansas, with the express purpose sal amalgamation. - New York Day Book. of excluding slaveholders from that Territory, and by means of his influence in that Territory, abolishing slavery in Missouri, I regard as an "Abolitionist," and any enemy to justice and right and the Constitution and Union of these

I respect a man who is willing to overthrow our government, involve the United States with each other in civil war, that African slavery may be abolished! So I would admire the man who would declare it, wrong, and who would stake his life and his property on the proposition that it was sinful and against God's law to butcher a caif, or slaughter a lamb. The term "free soiler" is to me far more odious than "Abolitionist." The one implies something of honesty, and the other of all knavery and hypocrisy. I do we wish to prevent your doing so. The stake not know what organizations you may have, for

Inited States.

nin v seen notices of honor be performed. If we fail, then we will surrender to your care and control the State of Missouri. We have all to loose in the contest; you and your friends have nothing at stake.—
You propose to vote or drive us from Kansas.
We do not propose to drive you or your friends. meetings called to You propose to vote or drive us from Kansas.

We do not propose to drive you or your friends is in the hands of men of prudence, of wealth lation that territory; but we do not intend either and determination," &c. Now, my dear sir, year let me assure you that the management of our British country as men from New England. Neither of prudence and determination. We have not do we intend to be driven from Missouri, or suffer ourselves to be hartfassed in our peace, if come, and we will see that justice is done to we can help in. At the wear will try and make you and your friends share some of our anxie-

rights. Missouri will never again compromise or concede. We are and intend to remain your equals. Since the war of the Revolution you have done nothing for the extension, and glory' my life taken. There is no reciprocity in this. a few of your sailors, you did nothing. In the Yet we are supposed to be citizens of the contest with Mexico, Massachusetts, with the exception of a mutilated regiment, was not in the war; and your peculiar friends did not aid in raising and equipping that regiment. When In 1910 that the June of this territory is purchased with our mornly and our year will contain 88,000. At the same rate territory is purchased with our moiny and our wrong, you can correct me. The sin of slavery, if a sin, is ours, not yours. Your fathers sold their slaves, and ours bought them. If you consider slavery in Missouri and Arkansas a it would contain 5,622,000 in forty two grievance to you, say at once that we must free years: them or you will separate from us. Do this and we will act like houest men, and we will meet you half way. We cannot ever maintain this

state of quasi peace and quasi war. I have been informed that you have an in come of \$100,000. Let me suggest that you purchase \$90,000 worth of negroes; come gland, New York, and other remote points, to to Kansas; feed and clothe your slaves well vote, and for no other purpose; for not less than give them employment; build for them and yourself good houses; improve their condition; build for yourself fine barns and stables; cover the praires with wheat, hemp and corn; feed your cattle on a thousand hills, assist your poor neighbor; and my word for it, you will do more good for your race, both white and black, than

say that my induence is requisite to restrain your you have found among non-slaven Yorr ob't serv't., DAVID R. ATCHISON.

by D. G. W. P., Dr. J. A. Walker, and has lakes gone to work under very favorable auspices. We sent up the Charter with about thirty five names appended, comprising many of the most prominent gentlemen in that town, who waived every personal consideration and cordially gave their hearts and hands to the work. This is ville, and we think a fair chance for them both to work efficiently. Welearn that there was no other commercial points on the lakes, would sort of opposition to Hanging Rock in getting up York Division, and we doubt not both will find enough to do. God speed them on ent year. Cleveland and Detroit are to follow their mission of love!

Harleesville Division, after a suspension of about one year, has been resuscitated, by D. G. W. P., Jas. H. Smith, and has gone to work again in good earnest.

At Spartanburg the brethren have determined to revive Spartan Division, and put the harness on for the final struggle. With such material as that district possesses, there are bright hones in the future. All right-"go ahead!" Bro. D. G. W. P., Dr. E. R. Calhoun, has

also reorganized Cokesbury Division, and we trust the bretheren there will now stand unflinchingly to wage war against our common foe for years to come.

Bro. Calhoun, also speaks very encouragingly of the prospect of forming another Division in that District, in the course of a few days.

Well done for Abbeville! Three Divisions and a fourth in prospect shows that there is a numbred among the future great marts of the goodly number there, differing somewhat from Mr. Togno. - Temperance Standard.

THE PRICE PAID .- The Herald has suddenly dropped the appellation of "nigger worshippers" to the Black Republicans; and, in obedi ence to the mandate of its purchasers, now calls a convention of sixteen Northern States, met to war on the South, to deprive it of its rights under the Constitution, "National Renublicans." If mercenary infamy ever went and een less to smile at the future. My heart further, we have failed to know when it occured. Is like clock forgotten by the tenant in abandon-Webb sold himself to the United States Bank for \$54,361,41. Bennett has been conciliated by the enemies of our free and Democratic growing old, without children, in a desolate house what is the use of life? Why live on? fixed as a mortgage on Mariposa lands! So much for the influence of a venal press in destroying our liberties, and turning over our land to all the horrors of negro equality and univer-

THE NEW YORK HERALD .- This venal press hus throws out the idea of an Union of the Black Republicans and Know Nothings:

"More Folly .- All around we hear of rati fication meetings of the Republicans, and re picings, fireworks, &c., in honor of Fremont n the course of the next month it looks as though a hundred thousand dollars would be spent in gunpowder and flummery. All this is mere folly and nonsense. As things look now. Mr. Buchanan will walk over the course. If the Republican and Americans can be awakened to a ense of their forlorn condition and ridiculous chances, let them unite for a grand movement. otherwise the game is lost, and the less powder they burn, and the less noise they make, the better will it bo."

From Hunt's Merchant's Magazine Progressive Growth of Cities. RESEWARD THE STAT OF SUPPLIES ITS

w the greatest concentration of he world has ever known. Will remacy Le permanent or will it, like its ed cassors, be eclipsed by western rivals? New Yorkers do not doubt, and indeed, have on to doubt, that their city, now numof Loudon, will within the next fifty be greater than the metropolis of the

New York, with her immediate dependencies, numbers about 900,000. Since 1790 she has nombes about 900,000. Since 1790 she has established a law of growth which doubles her population once in fitteen years. If this law poss as 1,800,000 in 1871; 3,600,000 in 1886; fairly ruined by your power, we will then acquiesce, but not till then.

In conclusion, I would say that you and your people are the aggressors upon our rights. You come to drive us and our "peculiar" institution from Kansas. We do not intend, cost what it may, to be driven or deprived of any of our "Will the star or Empire become stationary at and 7200,000 in 1901. If twenty years be

New Forkt The Atterior plain of North America has with n its if more means to sustain a dense population is civilized comfort than any other region of the world. The star of empire caunot be arrested in its western course before it reaches this plain. Its most promising city at present is Cheago. The law of its growth since 1840 equal and fair grounds of competition? of intresse carried forward, it would overtake New York within twenty years. If six years be allowed for each future duplication. Chicago

In 1901, forty five years from this time, the central plain, including the Canadas, will contain a fout eighty sulfions of people. Its chief city may be reasonably expected to contain about the tenth of this population. Before the call of this century the chies and towns of the central plain will contain, with their suburbs, no less than half of the entire population; that to say, forty millions. How these millions shall be apportioned among the cities. day is a subject for curjous specialof the Sor twenty eight years ago it was predict

edby e writer that or e or more interior cities of the America would, within fifty years, bad only to New York. Chang

avored points. About sixteen years ago canals and railways gave indications of their ability to transfer the seats of commerce of the interior plain from the river to the lake-borders. then confidently asserted that the great-A new Division, under the title of No. 26, est cities would grow up at Chicago, Toledo, was organized, a few days since, at Yorkville, and other commercial points on the great

Tomost men, at that time, the idea that any like city west of Buffalo, could become large than that chief receptacle of lake commerci. seemed as preposterous as did the opinion, a dozen years earlier, that New Orleans could be rivalled by Cincinnati, To him it noble. There are now two Divisions in York- appeared as certain as the movement of time, that Chicago, Toledo, Cleveland and some becone greater than Buffalo. Chicago leads the pocession, having passed Buffalo the pres next to be succeeded by Tolelo, which will certainly pass these, and be only second to Chicigo, if indeed she becomes not a successful rial of that city in the long race for supre-

Beween 1840 and 1850 the chief cities of the certal plain, taken together, increased at the amual rate of 11 per cent, compounded. This ate was much exceeded by the most flourishing St. Louis had an average annual incress of 18 per cent.; Chicago of over 20 per cent.; and Milwaukie of 26 per cent. Since 1850 for six years to June, 1856, Chicago has contined to increase at the average rate of 20 per cet. compounded yearly. Toledo has a little acceeded that rate. Det: oit and Cleveland hve had a like annual increase of 16 per cent. Of the Canadian cities of the plain, no one, scept perhaps Montreal, can claim to be

Lanartine, the French poet, authorand orator it is amored, designs paying this country a visit. He is now old and poor. Perhaps we canne give a better picture of his present situation han by quoting his own graphic words:

"H who envies me is very wrong. I am succepbing with labor. I am dying with fatigue. I have no reason to smile at the past, ing diouse, and which strikes the hours in the empt rooms-hours no one heeds more. I am Ah! Should long ago have killed myself a thousand imes, as Cato did, had I held Cato's religin. I defy Cato himself to have felt as I feel the fullness of life; I number one by one the stone of my own lapidation, although I curse none f them. I do not accuse men; no, that would be unjust or stupid but I do accuse destir. I have found men good, but destiny has ben cruel to me! This very labor this virtue of nessity, is often reproached to me for a silly thirstor noise and vanity. O, men, how in conseient ye are in your reproaches; why do ye no reproach, too, the breaker of stones, for obstrating the public highway? Alas! because he wiks that he may carry home the wages whiclare to feed the wife, the child and the old man. And hence it is that I undergo, even beyal my strength, the condemnation to la-

If ye can live free from want, and have where witho do good, care for no more-the rest is

Slavery in Olden Times. The following advertisement appears in the

South Carolina Gazette for the week ending August 25, 1757: "A short, thick, well set negro fellow, nam-

Carolina. Inquire of the printer."

It thus appears that one hundred years and thirty years before the adoption of the at rather a late hour, when the bewildered present Federal Constitution—which being state of his mind caused bin to lose his reck. copyright—a citizen of a "Northern govern-ment," who arrested a fugitive, would have him advertised to the Gazette nearest to the reported owner. The American colonists, paid the salvage this morning, and has gor even when provincial subjects of a distant and his winding way in the stormy and shady too often forget al and oppressive government felt themselves to be white men, and acted accordingly. Does it not argue some degeneracy the the citizens of "Northern governments' are now afraid to subject themselves, in newly acquired territories, to competition with negros under Southern coutrol and management, but must clamor for exclusive posses.

household laborers, as is now asserted, why are our Northern friends so shy of meeting on

"Our enemies themselves being judges," we of the South have no reason to doubt or distrust the adequacy of our industrial institutions to meet all wants of an expanding population, as the enemies aforesaid, even with the advant age of all the Southern laborers they can entice away and fraudulently remove from our side, are alraid to meet us in the hemp and grain rather too high a key, and became somewh fields of Kansas. Southern States admit and noisy. And he heper that as it was 'the fir protect the laboring immigrant from the free time," and under circumstances which did possil work shops, but the States founded and indicate any malice prepense, His Honor wou moulded by emigrants from the fields and shops of free labor, so paned, cannot risk an equal contest.— Charleston Counter.

contest, - Charleston Counter.

Count Them.—Count what? Why count the mercies which have been quietly falling in your path through every period of your history. Down they come, every marning and every evening as angel messengers from the Father of lights, to tell of your best Friend in heaven. evening as angel messengers from the Father of lights, to tell of your best Friend in heaven! Have you lived these years, wasting mercles, treading them beneath your feet, and consuming them every day, and never yet realized from whence they came! If you have, Heaven much to be wondered. pity you. You have murmigred under adjustion; or

to has heard you rejoice over blesting ! Do beam, the rain drop, the star, or the queen of night. What is life but a mercyl What is him to sleep on a bed with a hope of overcomhealth, strength, friendship, social ife, the gospel of Christ, divine worship? Had they lization by feetilization by feetili the power of speech, each would say, "I a a lization by familiarizing him to it by degrees."

The power of speech, each would say, "I a a lization by familiarizing him to it by degrees."

The power of speech, each would say, "I a a lization by familiarizing him to it by degrees."

The power of speech, each would say, "I a a lization by familiarizing him to it by degrees." such. If not, you have been a dull student of delicate nerves to cruelly plunge him head and nature or revelation.

What is the propriety of stopping to play with a thorn bush when you may just as well pluck sweet flowers, and eat pleasant fruits?

Yet we have seen enough of men to know that they have a morbid appetite for thorns .-If they have lost a friend they will murmur at the loss, if God has given them a score of new ones. And somehow, everything assumes a value when it is gone, which man would not acknowledge when he had it in his possession, unless indeed, some one wished to pur. chase it.

Happy is he who looks at the bright side of life, of providence, and of revelation. Who avoids thorns, and thickets and sloughs, until his Christian growth is such that if he cannot improve them, he may pass among them with out injury. Count mercies before you complain of afflictions. - Religious Telescope.

THE STORY OF PERCIVAL'S LOVE .- The story of Percival's early love, and disappointment has been made public, but the true version never given. From a gentleman who was in Yale College at the time, and knew the history of the affair, we have learned it, and nay be permitted to refer to it.

Percival had a class mate named Smith. They may be permitted to refer to it.

both fell in love with a lady of great beauty and mental and moral endowments-a fit woman to receive the worship of the young poet. But Percival was poor and Smith was wealthy; and so the fortune of the race for favor turned against the poet; Mr. S. won the fair more; lady. In a moment Percival's whole character underwent a change; he became tacitum and quite a recluse, plunging into study with a most wonderful application. From that time date his great acquirements. No science too abstruse-no language too removed that he did not conquer. In time he became noted for his mental acquisitions, and his habits of seclusion became confirmed. But there was wanting the one steady aim, the high hope and manly force that ever come to the noble soul at peace with itself; and so his bark drifted on, never reaching any coveted harbor where peace whispered its soothing song to his aching

What became of the lady readers of course ask. She settled down in Hartford, became the model mother of six children, and yet lives there, we believe, loved and admired by all that know her .- Sandusky Register.

A process of drying eggs so that they will keep good for any length of time, has been devised by a person in England; it is effected by evaporation. The yolk and white of the egg are exposed to slow heat, and the moisture is thus driven off. The whole is then reduced to powder and packed up in tins. The material is not necessarily cept air-tight, but may be freely exposed to the air. The powder is used in the ordinary way as eggs are, being mixed with a little water, and is thus an excellent substitute for milk on long voyages, besides capable of being used for all cooking purposes in the same way as the fresh eggs. The powder will keep any length of time without fear of deterioration.

### Mayor's Court:

John Duffie was fined five dollars, beside fifty per cent. off for general self respect, for getting "a little high" and creating a disturbance in the Roper Hospital. We are not inform ed Jack, is marked with the small pox and ed whether he was a regularly iffstalled inmate speaks very bad English, is taken up in one of of the institution or not, but if such was the the Northern Governments as a runaway, and case, we suppose he had taken some medicine enys he belongs to one Mr. Wilkins in South which was rather too stimulating for his nerges and the heated state of the atmosphere,

John Prowl was promling about last nigh designed as additional to and confirmatory of ouing, and not knowing which way to steer, States' rights and State Constitutions, recognition to anchor, which he did in Lightwood alley, and lying down upon the poop of his jolly craft, soon fell saleep, when the wreckers came age of life.

age of life.

Harman Wilkins was brought up mu against his belings and inclination, charge with being drunk, noisy and resisting the guard in Church st.; all of which charges were estab-lished to the satisfaction of the Court, bu very unsatisfactorily to him, and he was duced to hold still while he was bled with a sion of such territories?

If the Northern farmer and his hired help are so much superior to the Southern farmer and his state of hopeful correles code.

state of hopeful correlerance.

Jos. McNinny was strong, and riotous on East Bay, and was so unfortunate as to be caught at his tricks, otherwise he might have escaped.—He stated that he had met a few friends who, being unable to pay for the privilege. lege of going to concerts, and he was grinding out a sort of vocal solo, which being a free affair, all the crowd who chose, was at liberty to pitch in, and he supposed that in joining in the chorus, the full concert struck

lization by familiarizing him to it by degrees. into one of these modern inventions for tions the drowsy god.

Charleston News.

## Camily Cakes. AN EXCELLENA -

bound of flour, theGAR GINGERBREAD - Ohe sugar, half a pound oparters of a pound of season to taste. Pour inter, six eggs, and bake half an hour in a movallow pans, and AN EXCELLENT PLAIN TE LEY hot oven,

of white sugar, half a cup of bing -One cup sweet milk, one egg, half a teasphone cup of one of cream of tartar, and flour of soda, make it like soft gingerbread. Flavorh to juice of a small lemon. This makes on lie sized loaf.

EXCELLENT FRUIT CARE.-One cup of butte one of brown sugar, one of molasses, one o sweet milk, three of flour, and four eggs. One and a half teaspoonfull of cream of tartar, and one of soda. Two pounds of raisins, cropped fine; one nutmeg, and a little brandy, if you choose. This will make two good sized loaves, which will keep moist without liquor from four to six weeks, when properly covered.

ANOTHER FRUIT CARE .- One and half pounds of sugar, one and a quarter pounds of flour, three quarters of a pound of botter, six eggs, a pint of sweet milk, one teaspoon of Sal-Eratus, one glass of wine, one of brandy; and as much fruit and spice as you can afford, and no

CUP CAKE. - Five cups of flour, three cups . of nice sugar, one cup of butter, four eggs, one cup of good buttermilk, with saleratus enough to sweeten it, one nutmeg.

Cookies .- One cup of butter, two cups of sugar, one cup of cold water; half a teaspoon of saleratus, two eggs, flour enough to roll, and

SOFT GINGERBREAD. - One cup of molasses, one cup of sugar, one cup of butter, one cop of buttermill, one egg, saleratus and cloves. Mix pretty stiff.

CREAM CAKE .- One cup of cream, one cup of sugar, two cups of flour, two eggs, tenspoon of saleratus, flavor with lemon.

DELICATE CARE. - Nearly three cups of flour, two cups of sugar, three fourths cup of sweet milk, whites of six eggs, one teaspoon of cream tartar, half teaspoon of sods, half a cup of butter, lemon for flavoring.

CRACKERS .- One pint of water, one teachy f butter, one tenspoon of soda, two fof cream tarfar, flour enough to make as stiff, as biscuit. Let them stand in the oven until dried through. They do not need pounding.

The mind may be overburdened; like the body, it is strengthened more by the warmth of exercise than of clothes.

Hasty ebulitions are often best met by sience, for the shame that follows the sober second thought often pierces deeper than the