

PERUNA

THE BEST MEDICINE
FOR COUGHS AND COLDS

Miss Ivy Gray, Fairview,
Kentucky, writes:

"I have taken Peruna, and would say that it is the best medicine for coughs and colds I ever saw. I said that it always cures a cold in a short while. It also strengthens and builds up the system."

Sold Everywhere

**I Ever
Saw**

Miss Gray's letter breathes hope to the ailing. It is an inspiration to the sick and infirm.

Liquid or Tablet Form

Take a day off occasionally, and your year will accumulate more slowly.

SAGE TEA DARKENS HAIR TO ANY SHADE

Don't stay Gray! Here's an Old-time Recipe that Anybody can Apply.

The use of Sage and Sulphur for restoring faded, gray hair to its natural color dates back to grandmother's time. She used it to keep her hair beautifully dark, glossy and attractive. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect.

But brewing at home is messy and out-of-date. Nowadays, by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound," you will get this famous old preparation, improved by the addition of other ingredients, which can be depended upon to restore natural color and beauty to the hair.

A well-known downtown druggist says it darkens the hair so naturally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through your hair, taking one strand at a time. By morning the gray hair disappears, and after another application or two, it becomes beautifully dark and glossy.—Adv.

One way for a lawyer to rise at the bar is to stand on a chair.

IT'S NOT YOUR HEART; IT'S YOUR KIDNEYS

Kidney disease is no respecter of persons. A majority of the ill-afflicted people today can be traced back to the kidney trouble.

The kidneys are the most important organs of the body. They are the filters of your blood. If the poisons which are swept from the tissues by the blood are not eliminated through the kidneys, disease of one form or another will claim you as a victim.

Kidney disease is usually indicated by weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, pain in loins and lower abdomen, gall stones, gravel, rheumatism, sciatica and lumbago.

All these derangements are nature's

signals that the kidneys need help. You should use GOLD MEDAL HARKEN OIL Capsules immediately. The soothing, healing oil stimulates the kidneys, relieves inflammation and destroys the germs which have caused it. Go to your druggist today and get a box of GOLD MEDAL HARKEN OIL Capsules. In twenty-four hours you should feel health and vigor returning. After you feel somewhat improved continue to take one or two capsules each day, so as to keep the first-class condition and ward off the danger of other attacks.

Ask for the original imported GOLD MEDAL brand. Three sizes. Money refunded if they do not help you.

WHAT HE TURNED TO SEE

Probably the Accessories Indicated Had Not Been Introduced in Evidence in the Case.

Lou Guernsey was defending one party to an auto collision and was cross-examining a lady witness who was undeniably pretty.

"Have you any idea what caused this accident?" thundered Lou.

"I think so," said the fair witness sweetly.

"Then tell the court how it happened," thundered Lou, eager for facts.

"Must I tell the truth?"

"You have sworn to do so."

"Well, sir, I was standing on the corner, and that gentleman turned to look at something and ran into the other machine."

"Ah," divined the astute Guernsey. "He turned to look at you. That makes you an accessory before the fact, madam."

"I—I think it was the accessories he was looking at," murmured the witness.—Los Angeles.

No Use.

"I wish wives were like beefsteak."

"What makes you wish that?"

"Because then you could make them tender by beating them."

Sometimes a fellow calls making a lot of darned fool mistakes getting experience.

There's a rich,
satisfying, old-
time flavor to

The Original POSTUM CEREAL

that no substitute can ever equal.

A healthful drink that leaves no trace of harm, a beverage grateful to the stomach, that never upsets nerves, heart or digestion as does sometimes coffee.

Boil just like coffee

Boil thoroughly (15 minutes after boiling begins) make it rich and dark and you have something that makes your meal doubly enjoyable.

"There's a Reason"

At Grocers—two sizes 15c & 25c.

STRAIGHT COAT AND NARROW SKIRT MODEL



There are several styles in suits that have almost equal chances for popularity this spring and the only way to determine which is the best choice is to try them on. Straight, short coats, opening over vestees, with narrow plain skirts, are universally admired, but they are not universally becoming. If they were there is no doubt but that this type of suit would soon lead all the rest. The test of becomingness must settle the question of choice; no other consideration is so important. But there is quite a wide range in styles to choose from, so that every woman may be confident of finding the particular one that suits her best.

One of the straight-coat-and-narrow-skirt models is shown in the picture and it is an extreme example of this mode, with a skirt rather too narrow to be practical. But to the woman who aspires to look slender it will certainly make a strong appeal, for the skirt is long as well as narrow. The very thin woman cannot consider it.

The coat is a pretty model with three wide tucks at the bottom and it opens over a waistcoat of plain tricolette that is very smart. It has a wide turnover collar and a row of large bone buttons down the left side.

Braid and buttons decorate the pretty suit that is shown built on entirely different lines from its companion in the picture. It has a plain skirt wide enough to be comfortable for walking.

The coat is made with long side bodies and a short panel at the center of the back to which a gathered skirt portion is added. Three groups of braid, with three rows in each group ending in bone buttons, dispose of the braid and button decoration in neat, tailored fashion, on the panel. The same decoration on the skirt portion ends in buttons on the side pieces and this plan is followed out on the front. For those who do not like braid or want a change from it the styles offer cross-braid and other arrangements of pin tucks and groups of wider tucks in the material.

OF VOILE AND SILK



Advance showing of pretty afternoon frocks for summer, reveal many lovely models made of sheer, plain voile. Besides these, there are striped and figured voiles and among them some fine, imported weaves, that are to be reckoned with. The latter are high priced, in fact considerably more expensive than plain georgette. They appear in patterns and color combinations that are very beautiful. But even so, the dress of plain voile or georgette rarely suffers by comparison with a rival made of the figured patterns. The home dress maker will succeed oftener with a plain fabric, especially if she makes a little excursion in designing on her own account.

The frock of plain voile shown in the picture, bespeaks the work of a professional designer who is trained to make the most of fabrics—that is to adapt them to styles in the best way. In this case nothing is used with the voile but a little silk piping, but these simple means proved equal to making a dress of smart distinction and one that is easy enough to copy.

All the sheer fabrics are made up over silk or satin and this frock has an underskirt and bodice of silk. A wide flounce of the voile is set on the underskirt and above it a tunic is accomplished by three hemmed flounces set one above another. These are all narrower at the right than at the left side, so that the tunic is longer at the left side.

The bodice is made in the effect of a little jacket of the voile bordered with a band of it, set on with a piping of silk. The jacket reveals a vestee, also made of the voile and decorated with cross-bar tucks and the sleeves are set into deep cuffs of the tucked voile. For a girdle a ribbon woven in checkerboard pattern proves an effective bit of craftsmanship with little pendant balls of silk set on the bodice just above it at each side.

John Bottomley

Navy Still Leads.

Navy leads all other colors for both suits and street dresses of the tailored type for spring, although a great deal of brown is shown in the dress lineup and beige, tan and several shades of gray, especially a blue gray called "mouse," are very popular.

Japan Tassels.

Tassels and fringe both became so popular last summer that there was some doubt about their remaining in favor with women who dress well. But they have both been retained, in spite of their popularity, and somehow by using them in new and unusual ways the designers of smart clothes still give them distinction. One new way of using long jet tassels is to fasten one pendant on each side of the brim of a wide hat.

The expression of truth is simplicity.

LAND VALUE FIXED

Depends Altogether on Power of Giving Wealth.

That is Why the Fertile Acres of Western Canada, With Adjacent Markets, Are So Attractive to Settlers.

Throughout every portion of the Western Empire lands that are capable of producing are in great demand. We find that in the States of proved agricultural wealth, land prices have increased within the past three or four years to a degree that ten years ago would not have been thought to be possible. Land that sought buyers at \$100 an acre five years ago is changing hands at \$200 an acre. The secret of this does not lie altogether in the higher prices of farm products, for the expense of production has increased proportionately. The better methods of farming have had a good deal to do with it, and the knowledge that demands for farm products will be sufficiently great for a good many years to come to insure a continuation of the high prices that prevail at present. Then, again, improved machinery, the tractor and other means of economic power will tend to lessen the cost.

Governing land values, too, are climate, soil, moisture, settlement, railroads, markets. Without markets, no matter how much the other factors enter into it, the land is merely of speculative value.

It is not more than a third of a century since ninety per cent of the land in Western Canada, now occupied and tilled, and producing enough in one year to give a profit of from twenty-five to thirty dollars per acre, was unoccupied or used as grazing land, and worth very little.

These lands today are valuable, and are being sought by settlers who realize their present and future value. There is no portion of the world that is attracting the same attention. The soil may have improved in the past centuries with the fertilizing given it by nature; the climate has not changed, and the moisture may be considered the same. These are three of the essentials of good land. What they lacked a third of a century ago was markets—a fourth essential. These they have now. Thus provided, it is not to be wondered at that these millions of acres with their great wealth, which have so long been awaiting the awakening touch of mankind, are now to be found adding to the available wealth of the world. With the advent of railroads, throwing their great trunks of steel across the continent and over the surface of these boundless plains, spreading out their tentacles to remote parts, the world at large has begun to realize that here was a country possessing all the natural advantages claimed by older communities; that land here just as good or better, acre for acre, as their own could be had for almost the asking.

With the realization of the foregoing facts came the people, who found that a railway had preceded them and markets already existed for anything that they might care to raise. These markets have greatly expanded and, are capable of still greater expansion, and assure to the agriculturist the prevailing prices of the world. An assured market means added value to every acre of land in Western Canada, and the near future will see lands that are now selling at exceptionally low prices begin to increase in value, just as they have in Eastern Canada and the United States.—Advertisement.

An Absent-Minded Man.

Professor—I went to the railway office today to get that umbrella I left on the train last week.

His Wife—That's good! Where is it now?

Professor—Oh? By Jove, I really, my dear, I'm afraid I left it in the train!—London Answers.

It takes two to make a quarrel—but when one is willing it's easy enough to find another.

A friend in need is almost a twentieth century rarity.

Aspirin is the trade mark of Bayer Manufacture of Monocrotic Acid of Salicylic Acid

Bayer-Tablets OF Aspirin

The Bayer Cross on Genuine Tablets

"A Blessing for Humanity in Pain!"

For Headache
Neuralgia
Toothache
Achy Gums
Earache
Rheumatism

Lame Back
Lumbago
Joint Pains
Sciatica
Gout
Neuritis

Colds
Grippe
Influenza Colds
Stiff Neck
Distress
Pain! Pain!

Proved Safe by Millions! American Owned!

Adults—Take one or two "Bayer Tablets of Aspirin" with water. If necessary, repeat dose three times a day, after meals.

20 cent Bayer packages—also larger Bayer packages. Buy Bayer packages only—Get original package.

Bringing the Wrinkles.
"Time after all, is the great vanderbilt artist." "The old fellow is a headliner all right."

FRECKLES

Now is the Time to Get Rid of These Ugly Spots

There is no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these blemishes. Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it at night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion. Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

Has With That.

"I don't have no trouble with taxes." "You evidently have with syntax."—Boston Evening Transcript.

Papa's Bequests.
"And when I marry your daughter, will you settle anything on us?" "I'd like to." "You'd like to?" "Yes, I'd really like to settle the piano and the girl's mother on you, old boy!"—London Answers.

"Cold in the Head"

Is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. All Druggists &c. Testimonials free. \$10.00 for any case of catarrh that HALL'S CATARRH MEDICINE will not cure. F. J. Cheney & Co., Toledo, Ohio.

The faster a man's gait the sooner misfortune overtakes him



Constipated Children Gladly Take

"California Syrup of Figs"

For the Liver and Bowels

Tell your druggist you want genuine "California Syrup of Figs." Full directions and dose for babies and children of all ages who are constipated, bilious, feverish, tongue-coated, or full of cold, are plainly printed on the bottle. Look for the name "California" and accept no other "Fig Syrup."

No Deductions.

"I'm sorry for him. Been married fifteen years and hasn't a child."

"Yes, no home is complete without the laughter and prattle of the children."

"I wasn't thinking of that. I was thinking of the money a few children might save him on his income tax."

No matter how early a man finds out he made a fool of himself some woman knew it first.

False Economy.

"A long walk will give you a fine appetite."

"That's the reason I'm sitting still," replied Mr. Growcher. "I can't afford a fine appetite."

There's only one person worse than a gossip and that's the person who doesn't know any.

Space divides friends, not friendships.

The Tongue Test

Put a little alum on the end of your tongue and you will have the reason why alum baking powder should not be used in food.

England and France forbid the sale of baking powder containing alum.

You can tell whether baking powder contains alum by reading the label.

DR. PRICE'S CREAM BAKING POWDER

Made from Cream of Tartar derived from Grapes

Contains No Alum—Leaves No Bitter Taste