

Filet Crochet Set for the 'Forgotten' Chair



Pattern 1224

Filet crochet in a fresh, new design, is an easy way to bring new life and loveliness to the "forgotten" chair. Scarf ends can also be made this easy way. Use string. Pattern 1224 contains directions and charts for making the set shown; illustrations of stitches; materials needed.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Needlecraft Department, 82 Eighth Avenue, New York, N. Y.

Write plainly pattern number, your name and address.

Week's Supply of Postum Free

Read the offer made by the Postum Company in another part of this paper. They will send a full week's supply of health giving Postum free to anyone who writes for it.—Adv.

Wet Spot

Mount Waialeale on the Island of Kauai, most northerly of the main Hawaiian group and one of the wettest spots on earth, lived up to its reputation during the past year with 499.36 inches of recorded rainfall in 363 days.

Gas, Gas All the Time, Can't Eat or Sleep

"The gas on my stomach was so bad I could not eat or sleep. Even my heart seemed to hurt. A friend suggested Adierka. The first dose I took brought me relief. Now I eat as I wish, sleep fine and never feel better."—Mrs. J. S. Miller.

Adierka acts on BOTH upper and lower bowels while ordinary laxatives act on the lower bowel only. Adierka gives your system a thorough cleansing, bringing out old, poisonous matter that you would not believe was in your system and that has been causing gas, pain, sour stomach, nervousness and headaches for months.

Dr. H. E. Shonk, New York, reports: "In addition to intestinal cleansing, Adierka greatly reduces bacteria and colon bacilli." Give your bowels a REAL cleansing with Adierka and see how good you feel. It's one spoonful relieves GAS and constipation. Leading Druggists.

Greatest Pleasure

No pleasure is comparable to standing upon the vantage ground of truth.—Lord Francis Bacon.



He Won't Be BALD!

He uses Glover's Mange Medicine followed by Glover's Medicated Soap for the shampoo. IF YOU are afflicted with Baldness, Dandruff or Excessive Hair Loss, stop worrying about it. Start using Glover's today and keep it! It's sold at all Druggists. Or have your Barber give you Glover's treatment regularly.



Classified Department

POULTRY

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Real productive farms, growing wheat, corn, grass, vegetables. Corn and Tomato Canners. Milk plant. Write quickly, money makers. J. Brumfield, Realtor, Rising Sun, Md.

WNU-X 40-36



EATING HEAVY FOODS

brings on highly acid stomach condition—"morning acid" distress, indigestion, original milk of magnesia in wafer form, quickly relieves distress. Each wafer equals 4 teaspoonfuls milk of magnesia. Crunchy, delicious flavor. 20c, 35c & 60c at druggists.

LITTLE STORIES FOR BEDTIME

by Thornton W. Burgess



JERRY'S SUSPICION DIES HARD

ONCE faith and trust have been driven out by suspicion it is twice as hard to restore them as it was to establish them in the first place. That is why any one who plants in the mind of another suspicion of some one else does the very worst kind of an injury if it happens that there are no grounds for a suspicion.

Just take the case of Jerry Muskrat and Farmer Brown's Boy. Through kind and thoughtful deeds for a long time Farmer Brown's



He No Longer Swam About Freely When Farmer Brown's Boy Was There as He Used To.

Boy had established faith and trust in the minds of Jerry Muskrat and all the other little people of the Green Forest, the Green Meadows, and all the Smiling Pool. They had learned to regard him as a true friend. Then along had come a stranger who also pretended to be a friend. Day after day he brought dainties for Jerry Muskrat until Jerry regarded him just as he did Farmer Brown's Boy and wasn't the least bit suspicious.

Then the stranger had set traps

and Jerry had been caught by the tail in one of them. It was just good fortune that he had been able to get away, but all Jerry's faith and trust in two-legged creatures called men had been destroyed. He was suspicious of every one of them, including Farmer Brown's Boy. To be sure the latter had taken away the stranger's traps and had left a notice warning the stranger to stop trapping along the Laughing Brook and around the Smiling Pool. But Jerry couldn't read that notice. All he knew was that the stranger had been good to him just as Farmer Brown's Boy had and then had set a trap for him. How could he be sure that Farmer Brown's Boy wouldn't do the same thing?

So, though Farmer Brown's Boy came to the Smiling Pool every day and did everything he could think of to show Jerry that he was a true friend, Jerry continued to be suspicious. He no longer swam about freely when Farmer Brown's Boy was there, as he used to do. Instead, he remained hidden until Farmer Brown's Boy went away.

Always the latter left good things for Jerry to eat, things Jerry was fond of—pieces of sweet apple, carrot, parsnip, and pumpkin. But for a long time Jerry would not touch them. When at last he did venture to eat them it was only after a very careful search for hidden traps.

The queer thing is that all the time Jerry wanted to trust Farmer Brown's Boy just as he had in the past. But the memory of his sore tail and his dreadful fright kept suspicion alive. It simply wouldn't die. Farmer Brown's Boy knew it was so and understood why. It made him sad, and also it filled him with anger towards the trapper who had destroyed the old faith and trust.

© T. W. Burgess.—WNU Service.

Mother's Cook Book

UNUSUAL DISHES

THE following dishes are quite unusual and will be found both good to eat and nourishing:

Bran Ginger Cake. Cream one-fourth of a cupful of shortening with one-half cupful of sugar, add one beaten egg; beat well, then add one cupful of bran. Mix and sift together one and one-half cupfuls of flour, one-half teaspoonful of salt, one teaspoonful of soda, one teaspoonful of ginger, two teaspoonfuls of cinnamon, and add alternately to the first mixture with one cupful each of sour milk and molasses. Pour into a well-greased pan and bake in a moderate oven 40 minutes.

Fish Souffle. To two cupfuls of flaked salmon or tuna fish add one-fourth teaspoonful of salt and the same of paprika, one-fourth cupful of lemon juice and mix well. Pour one cupful of scalded milk over one cupful of fresh bread crumbs, add the well-beaten yolks of six eggs and the fish. Fold in the stiffly-beaten egg whites and pour into a well-buttered baking dish, set in a pan of water and bake until well set. Serves eight.

Chicken and Rice Souffle. Take one and one-half cupfuls of diced chicken, one cupful of cooked rice, season well with salt and moisten with chicken gravy, adding two well-beaten egg yolks and carefully fold in the stiffly-beaten whites. Bake in a well-buttered pan until a golden brown.

Rice and Cheese Roll. Mix two cupfuls of cooked rice, one cupful of grated cheese, one beaten egg, one teaspoonful of salt, a dash of cayenne, one tablespoonful of milk, one-fourth of a cupful each of bread crumbs and chopped nuts. Add more milk if needed and shape into croquettes. Roll in crumbs and bake in the oven until brown. Serve with tomato sauce.

Groceries will be much more wholesome if a handful of bran is added to the batter, giving the roughage needed in the food.

© Western Newspaper Union.

Eve's Epigrams

Hubby knows as long as the little woman's still talking she doesn't mean anything, but he doesn't know what she means when she's still.

Don't Always Stick "June was lucky in catching such a rich husband." "Yes, but her luck has deserted her."—Pearson's Weekly.

THROUGH A WOMAN'S EYES • By JEAN NEWTON

DOES A WIFE'S ADMIRATION HURT HER HUSBAND?

"DEAR JEAN NEWTON: "A well-known psychologist, in a book on women and their part in marriage, makes the statement that 'admiring wives drive their husbands to the madhouse.'"

"We are told that a wife who shows admiration for everything her husband does, who evidences unshakable belief in his superiority, is one of the most harmful types any poor man can fall victim to. For such a woman 'burdens him with over-expectations of success. Admired in fiction, such a wife in real life has driven thousands of men to insane asylums and wrecked whatever of usefulness was latent in them."

"Now with all due respect for the psychologist, I suspect that she is talking from theory rather than from observation of real husbands and wives. For to one who does observe them it seems obvious that those wives who have cultivated the faculty of admiring their husbands have done this to fill a very definite need. The men want it. I personally could never rise to such a duty, as anything like that goes against me. But it has seemed to me that the couples who get along with the least friction are those where the wife, sincerely or not, is able to supply the admiration so necessary to the masculine ego. I have never seen any man regard this so seriously as to go crazy from the responsibility. What do you think about it, Jean Newton?"

I am inclined to agree with your reader. Men do want their wives to admire them, and unless this is accompanied by nagging, I should doubt that the fears of the psychologist our reader has quoted are justified.

My own instincts, too, are against anything synthetic between husbands and wives or in any human relationship. However, it seems to me the decisive factor in these things is the motive. There is nothing deceitful in making happy those we love. Many a man to whose efforts the world has remained cold has been sustained by the faith and confidence of his family. To such a man his home was indeed his castle, a place of peace and refuge from the struggle and storm without.

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Fowl Ride Car Truck

When a mixed passenger and freight train stopped at Wolmaransstad, South Africa, a rooster and hen hopped off the truck of a freight car and "stretched their legs" in the true tramp style. They had ridden many miles from Maquassi, where the train stays over night. The pair had climbed on the truck to sleep and did not wake in time to get off when the train started next morning. They are owned by a railway lamp lighter and enjoyed a return trip with the brakeman.

BRISBANE THIS WEEK

Airplanes at \$750 Each
Perils of Pacifism
The "Man of Calcium"
Improving Human Breed?

Fourteen concerns have offered to build small airplanes to cost as little as \$750. That is

important aviation news; the bureau of air commerce is to be congratulated on its effort to encourage individual flying.

The day is coming when there will be more machines in the air than there are automobiles on the ground now.

More than 25,000,000 airplanes may sound like exaggeration.

But it sounded like exaggeration some years ago when this writer published editorials urging citizens not to spread tacks and cut glass on roads, to puncture automobile tires, because, before long, automobiles would be used by workers going to and from work. That prediction came true.

Some one preparing a list of ten things that Christians would and would not do says:

"There would be no private wealth; Jesus denounced great possessions as alien to His gospel, and fatal to His kingdom."

"There would be no poverty and no war, because real Christians would refuse to fight."

In this civilization, if Christians refused to fight, they would rapidly diminish in numbers and the Pacific coast would be settled by Asiatics.

The founder of Christianity taught that what was due to Caesar should be rendered unto him.

If he were on earth now He might say the same of organized capital, knowing that it supplies, in our complicated system, the possibility of steady work.

Nobody, not even a clergyman, can be positive as to what Christ's commands would be if he returned in this age of flying machines, automobiles, public schools and the strange problem of too much of almost everything, combined with want among many thousands of families lacking food and the government wondering occasionally what to do with millions of bushels of wheat.

Before long you may have football coaches feeding calcium to their players. You know what we call "a man of iron."

The metal calcium in the blood, in quantities that do not change, or that change little, produces a steadiness of nerve lacking in men with a fluctuating calcium supply.

It is said that experiments made on four young men at an eastern university showed that a drop in calcium brought on "moodiness, depression and pessimism."

If there is high calcium content in the blood serum they are in a "happy, cheerful, optimistic, emotional state."

But ask your doctor about it. Don't swallow calcium recklessly.

London thinks something should be done about "more than 250,000 mental defectives," and sterilization, on condition that the individual consents. With such a law, government sterilization agents would have few customers.

Under one law suggested, the health minister would order the sterilization of "physically ailing persons shown to be carriers of transmissible disabilities."

The world is preparing to regulate and improve the human breed, as it has long regulated and improved breeds of cattle, swine and other creatures; a step in the direction of uniformity that may not be desirable.

One of the most enlightened educators in America tells teachers and undergraduates that the important thing is the general welfare, not the individual welfare. An excellent idea to put into the minds of young people.

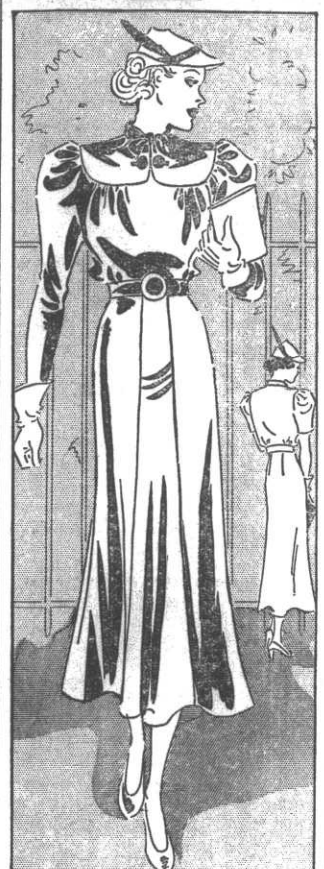
They should also be told that individual welfare and striving, with selfishness back of it, is the foundation of general welfare.

The baby wiggling its arms and kicking its legs in the cradle is building up one more strong baby, for its own sake, not for the general welfare, to which it, nevertheless, contributes. The man, concentrating on his career, and on the care and education of his children, has chiefly in mind his career, children and family. But he also is building up the general welfare. Each tiny coral builder worked only for its own speck of coral, but beautiful islands are the result.

After four years of study, wise men discover that ideas are impressed on the minds of children more deeply by moving pictures than by reading books. Less than four minutes is required to establish that fact.

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Black Satin Frock for Autumn Wear



Introducing Autumn's smartest frock. Snug at the waistline and flared below, a youthful interpretation with snap and dash.

The blouse has a clever feminine touch in its soft gathers that peep cunningly from beneath the yoke, which is topped by a narrow standing collar that ties in a dainty knot. To please your whim, omit the necktie and substitute a neckerchief, or ascot tie; then again forget about the buttons, open the yoke, press down the sides forming a V and trim it with a bright boutonniere. You may have your way about the sleeves, too, for the pattern offers both, long and short. A graduated gore reduces the sweep at the hipline and gives the much desired flare to the hem.

Barbara Bell Pattern No. 1949-B

is available in sizes 12, 14, 16, 18 and 20. Corresponding bust measurements 30, 32, 34, 36 and 38. Size 14 (32) requires four and three-eighths yards of 39-inch material, four and one-fourth yards with short sleeves. Price of Pattern, 15 cents.

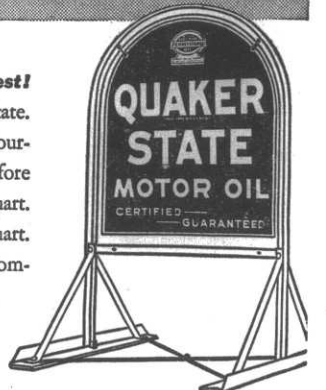
Send your order to The Sewing Circle Pattern Dept., 367 W. Adams St., Chicago, Ill.
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WHEN EYES BURN
Get Quick, Safe Relief with
MURINE
For YOUR EYES



GO FARTHER BEFORE YOU NEED A QUART

Make the "First Quart" test! Drain and refill with Quaker State. Note the mileage. Prove for yourself that you do go farther before you have to add the first quart. The retail price is 35¢ per quart. Quaker State Oil Refining Company, Oil City, Pennsylvania.



DEXTER SCORES A VICTORY!

-TELL YOU WHAT I'LL GO TO THE THANKSGIVING DANCE WITH THE ONE WHO SCORES THE MOST TOUCHDOWNS!

-WONDER YOU COULDN'T MAKE UP YOUR MIND! JUST LIKE A WOMAN!

SAY—WHO DOES SHE THINK SHE IS? TELL HER SHE'S LUCKY IF SHE GOES TO THE DANCE WITH THE WATER BOY!

CAN I BE EXCUSED FROM PRACTICE TODAY, COACH? I COULDN'T SLEEP LAST NIGHT—AND MY HEAD ACHES!

NOW, LISTEN, DEXTER—THIS CAN'T GO ON! HAVE YOU BEEN BREAKING MY "NO COFFEE" RULE?

AW—WHAT IF YOU HAVE? TELL HIM COFFEE NEVER HURT YOU ANY—YOU'RE NO Sissy!

WELL—WE LOST THE FIRST GAME, IN SPITE OF TONY'S TOUCHDOWN!—AND YOU WEREN'T EVEN ON THE FIELD! WHY DID THE COACH BENCH YOU?

AW—BECAUSE I BROKE ONE MERSLY TRAINING RULE! HE WANTED ME TO QUIT COFFEE AND SWITCH TO POSTUM!

TELL HER TO KEEP OUT OF THIS! WHEN DID SHE START COACHING FOOTBALL, ANYWAY?

WELL... IF YOU WANT TO SEE ME ANY MORE, YOU BETTER DO AS THE COACH SAID! I DON'T LIKE A QUITTER!

IF YOU FEEL THAT WAY... I SUPPOSE I MIGHT AS WELL TRY IT!

CURSES! I'M LICKED! POSTUM ALWAYS RUNS ME OUT OF BOUNDS!

30 DAYS LATER

'WELL—HOW DOES IT FEEL TO BE HIGH-SCORING CHAMPION OF THE STATE?'

FINE! BUT THEN, I'VE FELT LIKE A MILLION DOLLARS EVER SINCE I SWITCHED TO POSTUM!

OF COURSE, children should never drink coffee. And many grown-ups, too, find that the caffeine in coffee disagrees with them. If you have headaches or indigestion or can't sleep soundly... try Postum. It contains no caffeine. It is simply whole wheat and bran, roasted and slightly sweetened. You may miss coffee at first, but after 30 days you'll love Postum for its own rich, satisfying flavor. Postum comes in two forms—Postum Cereal, the kind you boil, and Instant Postum, made instantly in the cup. Either way it is easy to make, delicious, economical, and may prove a real help. A product of General Foods.

FREE—Let us send you your first week's supply of Postum free! Simply mail coupon.

GENERAL FOODS, Battle Creek, Mich. W.S.L. 10-3-35
Send me, without obligation, a week's supply of ☐ Instant Postum ☐ Postum Cereal (check kind you prefer).
Name _____
Street _____
City _____ State _____
Fill in completely, print name and address.
If you live in Canada, address: General Foods Ltd.,
Cobourg, Ont. (Offer expires July 1, 1937.)