

YOUNG WOMAN AND HER PART IN WAR

Female Helpers Find Many Ways to Aid Government.

MUST ECONOMIZE IN SKILL

Splendid Opportunities Await Those Who Are Anxious to Assist—Should Be Able to Do Something Specific.

By MARY AUSTIN.

(From the Committee on Public Information, Washington, D. C.)

What shall she do, the young woman at home, who is neither the mistress of the house nor a wage earner? How shall she turn back to the general account the care and schooling she has had, and how satisfy the hungry desire to serve her country, which is, thank God, as characteristic of our young women as our young men? Every hour since the war my telephone has been ringing with questions like these.

Young men are captained and general. Expert supervision of their patriotic service is at their elbow. They have the splendid inspiration of togetherness, music, banners, shoulder touching shoulder. Even wage-working women have a sense of direction; they see the work that passes through their hands pushed steadily to an end. But the young woman of brains and education and leisure must captain herself. She must find her own job herself.

It is all very well for mother to knit and roll bandages in her spare time, which by that process becomes time saved. And though it is no doubt highly patriotic to save food at the expense of time spending, after all, household economics can only be practiced by those having houses. Red Cross nursing is a privilege of the fit; and requires a long training which few can either physically or financially afford. All these special duties leave a wide margin of capable women who ache to serve.

In France and England the lone woman had no problem, unless it were the difficulty of deciding which of the many things to be done were to be done first. But in America labor leaders have warned against clogging the wheels of war industries with crowds of unskilled women who know none of the necessities of the wage earners. This is the wage earners' opportunity also, and no excess of zeal on our part should rob them of the chance to carry, as they are, the national burden. But that does not mean that strong well-educated young women shall have no part in this war but the traditional hand-wringing on the balcony.

Capacity Going to Waste.

The first condition, however, of the young woman's getting a specific thing to do is for her to be able to do something specific. There is a great deal of formless capacity going to waste in every community—waste of talent and waste of skill. And it is being wasted largely because we have, as a people, fallen a little into the weakness of democracies, and imagine we can do nothing by ourselves. We think of something which seems desirable to have done, and we rush out and organize vast machines for cleaning the streets, when all that was really needed was to sweep out our own front yard. Women who wish to fill a place in the plans of the government must first trim themselves into some definite shape, as clerks, as secretaries, as mechanics, or what not.

The trouble with much of our American life is that it has made us like those cooks who can cook delightfully only so long as they have an unlimited amount of the most expensive materials. We have come to think that we can do very little of anything without the most expensive teachers and pedagogic equipment.

But it is not only in food that we must economize now; we must economize in skill. In every community of 3,000, or even less, there is enough neglected skill to turn all of its unmatched young women into first-rate workers.

Take your town bank, for instance. There is an expert accountant there, probably eating his heart out because he is too old or physically unfit for field service. He would be happy to pass on his thirty-five years of experience to you, to be used as the government is going to have to use women accountants.

In your father's store, very likely, there is a man who could make a book-keeper out of you in three months, and have the thrill of patriotic service at the same time. If there is a Carnegie library in your town, there is somebody there who can teach you card-body there who can teach you card-cataloging and filing. If you are fortunate enough to live at the county seat your opportunities for learning clerical work are greatly increased.

Typewriting you can teach yourself. Learn the touch system and how to make clean carbons. A textbook comes with every machine, and if you cannot afford a machine, borrow one, or club together with two others and rent one for \$3.

Many Other Opportunities.

Indexing and filing are both in demand in all departmental work; though it will not be so easy to find opportunity for learning them in towns under 10,000. But telegraphy can be learned even in the rural districts. A few hours from an obliging local operator, a good text book, and a small Morse outfit which can be set up be-

tween two farms, will carry you a long way toward proficiency. And the code, and everything you learn about electricity, would be of use to you should an opportunity come your way later to learn wireless telegraphy—a work which is peculiarly adapted to the sensitive woman.

The government has already opened the motor transport service to women. If this appeals to you, begin to fit yourself for it now.

There are a great many varieties of motor transport service, but even if none of the more dramatic opportunities come to you, there is an important service ahead of women in driving tractors.

If a woman has any gift for it at all, mechanical draftsmanship is very much worth while. Government construction plants employ many draftsmen, and you would be surprised to find how much of this you can learn from your local architect or from any manufacturing plant near your town.

Long before technical schools were established men learned all they needed to know by apprenticeship, and the plan I propose to you is simply to revert to the earlier, simple method. Apprentice yourself to your chosen trade in the person of the most skilled workman you know. If you do not know how to choose, make a census of the skills of your town. Find out the most valuable skill and save that for your country.

One of the terrible things about war is the loss of this accumulated skill. Men spend years in school and years more in practice, and then at their most useful time are cut off. Make it your business to capture and retain some of the things that men have learned. Nobody will refuse to teach you. A man owes his knowledge and skill to his country as much as he owes his life; all the more if he loses his life.

Can Learn at Home.

Women are the natural conservers of civilization. It is our duty to gather up and hold fast every bit of gain. Women are only just learning what it costs men to be proficient, and even if there is no definite objective in view, we could not go far wrong in attempting to save something of the proficient man's purchase. I have spoken of these particular occupations as being directly connected with the government machine, realizing something of the hunger of women to be identified with it as men are. There is a sense in which any work which releases a man for the front is government service; but I have particularly wished to point out how women may fit themselves for national service in their own homes. There are other things than these, new openings every week, things which can be mastered on the farm or in the smallest village. You do not, for example, have to go out of your own town to learn how to be a postal clerk.

There is in every town a good job for somebody in keeping in touch with the needs of the government machine. If you can do nothing else, be the co-herer; find out from your state officials and from Washington all about the qualifications, the dates and places of civil service examinations, the jobs for which no examination but merely a certificate of fitness is required. See to it that your circulating library has such books as are needed by students. If your state has a traveling library, know what helps it can give. There is no real reason why any American should not be able to learn anything he—or she—puts her mind to.

There is another branch of patriotic service which, though it has not been departmentally opened to women here as in England, is open through communities and committees to American women. This is the branch of the commissary. It includes all sorts of knowledge supposed to be native to the genius of women, of food buying and storing and cooking on a large scale. The basis of commissary work is a natural aptitude for it and a knowledge of food values. This you can teach yourself at home, making a laboratory of your kitchen. The rest you can learn through community activities in your town, community storehouses, community kitchens, community canning clubs and buying clubs.

Demand Exceeds Supply.

The department of agriculture can supply you with information on the conduct of all these enterprises. Already the demand for instructors in these branches exceeds the supply. And if the war should surprise us by the years it holds out, there is no doubt many of them will be made a part of the government machine, just as they have been abroad. In that case the women who will be chosen are the women who had the initiative to prepare themselves long in advance of the necessity.

Food production is as important as food conservation, but it can be learned only by those who have a certain amount of capital at their disposal, lands or tools, or stock. All the things I have mentioned call for very little more than the personal equipment—industry, patience and staying power.

And this war is different from other wars for women, simply as it uses more of these qualities than any other. Wives and mothers have never lacked opportunity for war service, but this war calls for qualities in woman which transcend her sex and establish her social value on her power to do, rather than on her power to give. More than any war that was ever fought, it is a lone woman's war. Women have played the part of scabbard for the sword, they have been the belt which binds it to their sons; now comes the day when the woman must be herself the sword. Nobody who knows American women can doubt that the occasion will find them well tempered, swift and keen.

A CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

LOOK, MOTHER! SEE IF TONGUE IS COATED, BREATH HOT OR STOMACH SOUR.

"CALIFORNIA SYRUP OF FIGS" CAN'T HARM TENDER STOMACH, LIVER, BOWELS.



Every mother realizes, after giving her children "California Syrup of Figs," that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, Mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When the little system is full of cold, throat sore, has stomach-ache, diarrhea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child to-morrow. Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeits sold here, so don't be fooled. Get the genuine, made by "California Fig Syrup Company."—Adv.

Reginald Remembered.

During the delivery of an address Congressman J. Hampton Moore referred to the beauty of having a retentive memory and contributed this little anecdote:

"While instructing a class of youngsters in mythology one afternoon the teacher of a public school told the class the story of the phoenix. Among the pupils was a small boy named Reginald. 'Reginald,' said the teacher on the following morning, 'do you remember what I was speaking about yesterday afternoon?' 'Yes, ma'am,' promptly responded Reginald, 'I remember all right.' 'I am very glad that you do,' returned the teacher. 'Tell me something about it.' 'It was about Phoenixville,' Miss Martha,' answered the youngster. 'Phoenixville rising up and carrying out their ashes.'"

The Right Name.

"Antiretting pills seem to have proved total failures." "I should call them tee-total failures."

When the stork visits a home he leaves a howling reminder behind.

For speedy and effective action Dr. Peery's "Dead Shot" has no equal. One dose only will clean out Worms or Tapeworm. Adv.

In 1910 there were 5,516,613 illiterate in the United States.

NO ADVANCE IN PRICE
CATARRH
For head or throat
Catarrh try the
vapor treatment
VICK'S VAPORUB
25¢-50¢-\$1.00

FIRST TO USE "CAMOUFLAGE"

American Indians Early Recognized the Value of Simple Devices for Misleading an Enemy.

That the art of camouflage as now practiced in Europe is an American institution and originated by the American Indians, was recently proved to the driver of a touring car which crossed the country.

A squaw, reported to be over a hundred years old and to have lived in the days when the white man was a common enemy, through an Indian interpreter explained how the Indian children were taught to place flowers in their hair as well as twigs, leaves and other bits of foliage, and were able to move along the ground in such a stealthy manner that they were not discernible to the rest of the tribe. Before a young buck could become qualified as a warrior he had to make his approach to the Indian camp almost in the midst of the assembled warriors without being detected. The real origin of paint on their faces, as well as on their wigwags and horses, as claimed by authority, was for the purpose of making them blend in with rocks, trees and dirt, so that they could approach their prey or remain hidden without detection.

OLD PRESCRIPTION FOR WEAK KIDNEYS

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight, and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it. A prominent druggist says, "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy that I know of has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact that, so many people claim, it fulfills almost every wish in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric acid which causes rheumatism. You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

Queer Happening.

"Meat prices in France keep soaring higher and higher," said Novelist Edith Wharton. "Cold boiled ham, for instance, now costs \$2 a pound. 'I know a French woman who visited her butcher the other day with a basketful of wooden skewers. She plumped the skewers down on the counter and said: 'I return these. Give me their weight in beef, please.' 'Wh—what?' gasped the butcher. 'They were weighed to me as beef,' the woman explained, 'and I paid for them as beef. So, naturally, now that I bring them back I demand their full value as beef.'"

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots. Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning, and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion. Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

Industrial Defense.

"It takes four men to maintain one fighting man at the front." Just about one "man" in four is a woman. A million and a half men at the front means 6,000,000 men at the back, of whom 1,500,000 are women—and that is just about the size of the woman's army of industrial defense.

No man should object to thick soles, as the objection will soon wear away.

The lass whose lover goes to sea sheds many a private tear.

I am Sincere! Stop Calomel!
I Guarantee Dodson's Liver Tone
Listen to me! Calomel sickens and you may lose a day's work. If bilious, constipated or headachy read my guarantee.

Listen up your sluggish liver! Feel fine and cheerful; make your work a pleasure; be vigorous and full of ambition. But take no nasty, dangerous calomel, because it makes you sick and you may lose a day's work. Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into your bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping. Listen to me! If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced, just take a spoonful of harmless Dodson's Liver Tone tonight. Your druggist or dealer sells you a bottle of Dodson's Liver Tone for a few cents under my personal money-back guarantee that each spoonful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick. Dodson's Liver Tone is real liver medicine. You'll know it next morning, because you will wake up feeling fine, your liver will be working; headache and dizziness gone; stomach will be sweet and bowels regular. Dodson's Liver Tone is entirely vegetable, therefore harmless and can not sicken. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.—Adv.

Steals EATONIC

FOR YOUR STOMACH'S SAKE

Cures Him— Comes Back and Pays For It
It's the Acid Test of Man and Eatonic They Both Win!

Most Startling Endorsement Ever Published
Mr. A. W. Cramer, Registered Pharmacist and Druggist of Plano, Illinois, writes under date of December 12, 1919:
"Eatonic Remedy Co., Chicago, Ill.
Gentlemen:—The following incident which happened in my place of business, I know will be of great interest to you, and, I hope, of great benefit to humanity, morally and physically.
I keep a quantity of EATONIC in my show case. I recently missed a box, and knowing neither myself nor clerk had sold it, I could not account for its disappearance. Yesterday morning a man walked into my store and said: 'Mr. Cramer, I owe you fifty cents for a box of EATONIC which I stole from your show case. I am bothered with stomach trouble and, not having the money to spare to get a box, I took it. EATONIC has done me so much good my conscience bothered me until I had to come back and pay for it.'
This is the most wonderful testimonial statement in all my experience in the interest of any preparation. It is positive proof, to my mind, that EATONIC is all that is claimed for it. If I had not helped this man his conscience would have left him unmoored. Very truly yours,
A. W. Cramer."

EATONIC costs little—a cent or two a day. Buy EATONIC from your druggist.

Send for the "Help" Book, Address Eatonic Remedy Co., 1013-24 St. Wabash Ave., Chicago

WHAT CONSTIPATION MEANS

It means a miserable condition of ill health that leads to all sorts of special ailments such as headache, backache, dyspepsia, dizziness, indigestion, pains of various kinds, piles and numerous other disorders—CONSTIPATION is a crime against nature, and no human being can be well for any length of time while constipated. DR. TUTT'S LIVER PILLS is the remedy and has been used successfully all over this country for 72 years. Get a box and see how it feels to have your liver and bowels resume their health-giving natural functions. For sale at all druggists and dealers everywhere.

Dr. Tutt's Liver Pills

Sapolio doing its work. Scouring for U.S. Marine Corps recruits.

Join Now!

APPLY AT ANY POST OFFICE for SERVICE UNDER THIS EMBLEM

Men who wear this emblem are U.S. MARINES

POP CORN

WE BUY CAR LOTS OR LES

KESTING
KANSAS CITY, MO. 409-411 WALNUT STREET

GROVE'S BABY BOWEL MEDICINE

This valuable and harmless Baby Medicine is composed of the following:
BISMUTH, LIME, PEPSIN AND CATECHU WITH PURE SIMPLE SYRUP
Bismuth is healing to the mucous membrane of the stomach; the Lime neutralizes the acid where there is a sour stomach; the Pepsin digests any indigestible food that may be in the stomach, and the Catechu acts as a mild astringent to control the bowels where there is a disposition to Dysentery, Diarrhoea, Flux or Sick Stomach.
GROVE'S BABY BOWEL MEDICINE is not a patent medicine. We give the ingredients and tell the effect of each ingredient so that you can judge for yourself.
SPECIAL NOTICE.—This preparation does not contain Morphine or Opium in any form and we don't advocate the giving of Opiates unless it is absolutely necessary.

RELIEVES SOUR STOMACH For Dyspeptics who are Troubled with Sour Stomach
AIDS DIGESTION

It Relieves Stomach and Bowel Trouble and is Just as Good for Adults as for Children

We have numerous letters on file from parties claiming that this preparation relieved their babies of Chronic Dysentery, where everything else had failed and where they had been troubled in this way for several years. Children like to take it.

For sale by all Dealers in Drugs.
Made and recommended to the public by **PARIS MEDICINE CO.,** Manufacturers of **LAXATIVE BROMO QUININE** and **GROVE'S TASTELESS CHILL TONIC,** St. Louis, Mo.

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