

## Confidence

when eating, that your food is of highest wholesomeness-that it has nothing in it that can injure or distress you - malres the repast doubly comfortable and satisfactory. This supreme confidence you have when the food is raised with

## ROWAR <br> Balsingeg Mowder Absolumply Prame

The only baking powder made with Royal Grape Cream of Tartar

There can be no comforting confidence when eating alum baking pow der food. Chemists say that more or less of the alum powder in unchanged alum or alum salts remains in the food.

## $=$ <br> JUST <br> ONE <br>  WEANS HEALTH. <br> Tuititsills

