

CONGRESSMAN HOWARD

Of National Reputation Are the Men Who Recommend Peruna to Fellow Sufferers.

A Remarkable Case Reported from the State of New York.



CONGRESSMAN HOWARD OF ALABAMA.

House of Representatives, Washington, Feb. 4, 1899.
The Peruna Medicine Co., Columbus, O.
Gentlemen: "I have taken Peruna now for two weeks, and find I am very much relieved. I feel that my cure will be permanent. I have also taken it for la grippe, and I take pleasure in recommending Peruna as an excellent remedy to all fellow sufferers."—M. W. Howard.

Congressman Howard's home address is Fort Payne, Ala.

MOST people think that catarrh is a disease confined to the head and nose. Nothing is farther from the truth. It may be that the nose and throat is the most often affected by catarrh, but if this is so it is so only because these parts are most exposed to the vicissitudes of the climate than the other parts of the body.

Every organ, every part, every cavity of the human body is liable to catarrh. A multitude of ailments depend on catarrh. This is true winter and summer. Catarrh causes many cases of chronic disease, where the victim has not the slightest suspicion that catarrh has anything to do with it.

The following letter which gives the experience of Mr. A. C. Lockhart is a case in point:

Mr. A. C. Lockhart, West Henrietta, N. Y., Box 28, in a letter written to Dr. Hartman, says the following of Peruna:

"About fifteen years ago I commenced to be ailing, and consulted a physician. He pronounced my trouble a species of dyspepsia, and advised me, after he had treated me about six months, to get a leave of absence from my business and go into the country. I did so and got temporary relief. I went back to work again, but was taken with very distressing pains in my stomach.

"I seldom had a passage of the bowels naturally. I consulted another physician

with no better results. The disease kept growing on me, until I had exhausted the ability of sixteen of Rochester's best physicians. The last physician advised me to give up my work and go South, after he had treated me for one year.

"I was given a thorough examination with the X-ray. They could not even determine what my trouble was. Some of your testimonials in the Rochester papers were sent to me worthy of consideration, and I made up my mind to try a bottle of Peruna.

Before the bottle was half gone I noticed a change for the better. I am now on the fifth bottle, and have not an ache or pain anywhere. My bowels move regularly every day, and I have gained about eight pounds of flesh. I have recommended Peruna to a great many, and they have been cured. I would pay for the medicine."—A. C. Lockhart.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Mr. W. P. Peterson, of Morris, Ill., says: "I was nearly dead with catarrh of the stomach and bowels. I have been cured by your Peruna. I have been consulted by a great many people, and they have been cured. I would pay for the medicine."—A. C. Lockhart.

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THE LATEST FRENCH SINGER.

A Peasant Woman With a Splendid Contralto Voice.

In a Paris letter to the San Francisco Argonaut Geraldine Bonner describes as follows the latest French singer:

"The greatest woman's voice in Paris just now is Delna's, the latest of the French singers. The French have not produced any great prima donnas for some time, and now that Calve is known to be hopelessly ill with a serious ailment the country is pinning its hopes upon Delna, whose voice is said by many to be the greatest contralto on the stage. I went to hear her a few nights after 'Louise' in 'Carmen' at the Opera Comique, where she has elected to sing this year, though last year she was at the Grand Opera.

"I was particularly anxious to hear Delna, as only a few days before I had heard a story from a friend who had to a certain extent been present at the first announcement of her discovery. My friend was staying with people of literary and artistic affiliations, and one evening an artist who had been spending the day sketching in the country burst in upon the quietude of the family circle, and, without greeting of the banalities of small talk, cried breathlessly 'J'ai trouve un etoile! J'ai trouve un etoile!' When he was calmed to the talking point he told them how he had been sketching in the country and at a roadside auberge had heard a woman singing. He had known instantly that the voice he heard was an unusual one and had entered. The singer proved to be a powerful peasant girl of 18, servant and relative of the woman who ran the place.

"This was the discovery of Delna. Shortly after the artist had her taken to Paris to sing before Mme. Laborde. The teacher agreed with him that he had indeed found a star and made the usual offer of three years' free tuition. The peasant girl fulfilled her highest expectations. Her voice was immediately recognized as one of the great ones of the day, and since her debut she has been singing the heaviest contralto roles at the Opera and Opera Comique.

"She is now approaching 25 years of age, and has the air of being at least ten years older. The peasant stands out all over her. It is inconceivable that a Frenchwoman could be so lacking in grace, charm and taste. I never saw so badly dressed and so awkward a Carmen. In the last act where she is killed, I was sitting where I could see her feet, and she used them exactly as a person might who had on sabots. No one could have been more ungraceful. She has the true 'singer's figure,' with unusual width of shoulders and depth of chest, square waist, small hips and no stomach at all. Her arms and legs are the short, chunky ones of the laborer, and she has a large head, with a coarsely cut but at the same time arresting and tragic set of features.

"In fact, this is what she is—a tragic muse, all her coarseness, her awkwardness, her gaucherie are forgotten when, transported by moments of dramatic intensity, she lets loose her tremendous voice and becomes, as it were, rapt in a sort of ominous vision. There was one of these moments in 'Carmen,' when she seemed transfixed in an expression like a tragic mask, and as her voice boomed out the two words 'La mort!' it was like the tolling of a bell of doom.

"Her great part is said to be the contralto in 'The Prophet'—I forget now what her name is—and in 'Orpheus and Eurydice.' Unfortunately there are few contralto parts for prima donnas, and some of them are so out of date—like 'La Favorita'—that they are rarely played. Delna's voice, with the contralto tone, has the mezzo-soprano range. I myself should have called it a mezzo, but a singer to whom I was talking the other day told me it was a pure contralto tone, but ran up into the mezzo range. It is certainly a great voice, and has that indescribable charm of sounding perfectly spontaneous and natural. There appears to be an unlimited amount of it. From that powerful chest it seems to pour out in untrailing floods, rich as Tyrian dye, smooth as honey dropping from the comb. The woman herself has about her a suggestion of calm consciousness of power. She seems to make no effort, but, throwing her shoulders back and lifting her chest with a preliminary breath, she opens her mouth and lets those organ-tones come rolling forth. Then she lets a cool glance sweep the audience, which seems to say, 'Did you ever hear anything to beat that?'"

Just The Man For Her.

"Chicago is the lower regions turned loose on earth," says Mrs. Carrie Nation. "I hope the mayor of that city will help me reform it."

In this she is doomed to disappointment, but she should not despair. The earnest and enthusiastic co-operation of Frank Hall may safely be promised her, and this will be a much more spectacular combination.

Care of the Baby.

To keep the skin clean is to keep it healthy. Every mother should therefore see that her baby is given a daily bath in warm water with Ivory soap. The nursery should also be well aired and cleaned, and all clothing washed with Ivory soap, well rinsed, and dried in the sun.

Details of the insurgents burying a wounded American sailor alive are given in a report by General MacArthur.

Washington, Feb. 14.—Chairman Sperry of the house committee on alcoholic liquors yesterday submitted a favorable report of the bill restricting the sale of firearms, opium and liquor to the aboriginal natives of the Pacific islands.

World to End This Year.

This is the recent decision of one of the prominent societies of the world, but the exact day has not yet been fixed upon, and while there are very few people who believe this prediction, there are thousands of others who not only believe, but know that Hostetter's Stomach Bitters is the best medicine to cure dyspepsia, indigestion, constipation, biliousness or liver and kidney troubles. A fair trial will certainly convince you of its value.

Women in an Indiana town wrecked a saloon and started a free-for-all fight.

We refund 10c for every package of PUTNAM FADELESS DYE that fails to give satisfaction. Monroe Drug Co., Unionville, Mo. Sold by druggists.

Tesla has completed plans for the machinery to send wireless telegrams across the Atlantic.

Lane's Family Medicine Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

A business block in Murphysboro, Ill., was destroyed by fire. Loss, \$41,000.

It Coffee Poisons You. ruins your digestion, makes you nervous and sallow complexioned, keeps you awake nights and acts against your system generally, try Grain-O, the new food drink. It is made of pure selected grain and is healthful, nourishing and appetizing. It has none of the bad effects of coffee, yet it is just as pleasant to the taste, and when properly prepared can't be told from the finest coffees. Costs about 1/4 as much. It is a healthful table drink for the children and adults. Ask your grocer for Grain-O. 15 and 25c.

Saloon men at Winfield, Kas., retaliated on joint smashers by breaking church windows.

Beware of Ointments for Catarrh that contain Mercury.

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists, price 75c per bottle. Hall's Family Pills are the best.

The Kimberly paper mills near Appleton, Wis., were damaged \$400,000 by fire.

George Carter, a negro, was lynched in Paris, Ky., charged with assaulting a white woman.

What Do the Children Drink? Don't give them tea or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and nourishing and takes the place of coffee. The more health you distribute through their systems, Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee, but costs about 1/4 as much. All grocers sell it. 15c and 25c.

Gubernatorial candidates in Iowa ignore the story of Conger wanting the nomination.

Coughing Leads to Consumption. Kemp's Balsam will stop the cough at once. Get to your drug store today and get a sample bottle free. Sold in 25 and 50-cent bottles. Go at once; delays are dangerous.

U. S. Whiteside, a New York traveling man, shot himself in Chicago. He may recover.

TO CURE A COLD IN ONE DAY Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

William Howard, accused of murdering Nannie Dale in May, 1893, was arrested in Buffalo.

I do not believe Piso's Cure for Consumption does you equal for coughs and colds.—JOHN F. BOYER, Trinity Springs, Ind., Feb. 15, 1900.

Bryan plans to secure the democratic nomination with an anti-trust platform as the paramount issue.

Mrs. Winslow's Soothing Syrup for children teething softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The lease of the Northern Pacific lines in Manitoba to the Canadian Northern is completed.

ITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Sent FREE in trial bottle and treated. DR. R. H. KLINE, 140, 221 Arch St., Philadelphia, Pa.

Native Porto Rican troops may take part in the inauguration parade.

W. L. DOUGLAS \$3 & \$3.50 SHOES

The real worth of W. L. Douglas \$3.00 and \$3.50 shoes compared with other makes is \$4.00 to \$5.00. Our \$4.00 Gilt Edge Line cannot be equaled at any price. We make and sell more \$3.00 and \$3.50 shoes than any other two manufacturers in the United States. THE REASON more W. L. Douglas shoes are sold than any other make is because THEY ARE THE BEST. Your dealer keeps them; we give one dealer exclusive sale in each town. Take no substitutes! Insist on having W. L. Douglas shoes with name and price stamped on bottom. If your dealer will not get them for you, send direct to factory, enclosing name and the extra for carriage. State kind of leather, size and width, plain or cap toe. Our shoes will wear twice as long as others. Write for catalogue showing new Spring styles. We use Fast Color. E. L. Douglas Shoe Co., Brockton, Mass.

THE CHANGE OF LIFE

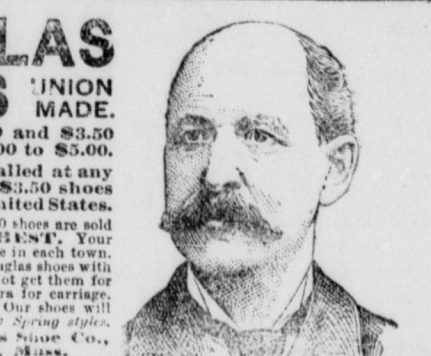
Is the most important period in a woman's existence. Owing to modern methods of living, not one woman in a thousand approaches this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms.

Those dreadful hot flashes, sending the blood surging to the heart until it seems ready to burst, and the faint feeling that follows, sometimes with chills, as if the heart were going to stop for good, are symptoms of a dangerous, nervous trouble. Those hot flashes are just so many calls from nature for help. The nerves are crying out for assistance. The cry should be heeded in time. Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life. It builds up the weakened nervous system, and enables a woman to pass that grand change triumphantly.

"I was a very sick woman, caused by Change of Life. I suffered with hot flashes, and fainting spells. I was afraid to go on the street, my head and back troubled me so. I was entirely cured by Lydia E. Pinkham's Vegetable Compound."—MRS. JENNIE NOBLE, 5010 Keyser St., Germantown, Pa.

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A Sure Relief for Asthma KIDDER'S PASTILLES. Sold by all Druggists. STOWELL & CO., Charlestown, Mass.



YOU'RE WEAK Instead of Strong!

Make Yourself a New Man!

DR. GREENE'S

NERVURA

BLOOD AND NERVE REMEDY.

Will Give You the Strength and Vigor of Perfect Manhood. Restores, Vitalizes and Invigorates Weak Men.

Old before his time! A broken-down, miserable wreck—weak, nervous, discouraged!

The world to him seems a place of mist, peopled with ghostly beings, whose flitting to and fro about their daily tasks serves but to irritate him. He suffers at healthy amusements, and finds no comfort or pleasure in life.

He is sick and he does not know it. He drags about, and therefore thinks he is well. He is despondent and peevish, and weak, and he does not know that there are merely signals—some from the stomach crying for aid—others from the nerves beseeching strength—still others from the great life-current—the blood—meaning that it is so impeded and clogged with impurities that it cannot move.

He, and all others like him, will find immediate relief in Dr. Greene's Nervura blood and nerve remedy. This is just what it was intended for. It never fails to make weak men strong and vigorous, puts new life, vim, strength, power and energy into them.

Dr. Greene's Nervura is New Life, Hope and Strength for Weak Men.

Mr. JOHN D. SMITH, electrician for the Thompson-Houston Electric Co., of Lynn, Mass., says: "When a man has been sick and is cured, it is his duty to tell others about it, that they, too, may get well. Three years ago I had been working almost got only a few hours sleep at night. No one could stand that long, and I soon began to feel that I could not sleep when I tried, and my food would not stay on my stomach. I was in a terrible condition, and but they did me no good. Learning of Dr. Greene's Nervura blood and nerve remedy, I determined to try it. It cured me completely of all my complaints. I eat heartily and sleep well, thanks to this splendid medicine. I believe it to be the best remedy in existence."

Dr. Greene's Nervura is the One Great Restorative Which Cures.

Dr. GREENE, 25 West 14th St., New York City, is the most successful specialist in curing nervous and chronic diseases. He has remedies for all forms of disease, and offers to give free consultation and advice, personally or by letter. You can tell or write your troubles to Dr. Greene, for all communications are confidential, and letters are answered in plain sealed envelopes.

FREE WINCHESTER Winchester
SHOTGUNS and
FACTORY LOADED SHOTGUN SHELLS
the winning combination in the field or on the trap. All dealers sell them.
FREE WINCHESTER REPEATING ARMS CO.
180 WINCHESTER AVE., NEW HAVEN, CONN.

GREEN RAPE costs 25 cents per TON.
Greatest, Cheapest Food on Earth for Sheep, Swine, Cattle, Poultry, etc.
Will be worth \$100 to you to read what several leading experts say. 25 tons of hay and lots of pasture per acre, so also brooms, twine, spades (400 lbs. each), 200 lbs. each per acre, etc.
For this Notice and 10c. we will give you a 10c. Green Rape Seed. Write for it. It will be sent to you. For 14c. 7 splendid vegetable and 3 brilliant flowered packages and catalog.
JOHN A. SALZER SEED CO., LA CROSSE, WIS.

ABSOLUTE SECURITY.
Genuine
Carter's Little Liver Pills.

Must Bear Signature of
Brent Wood
See Fac-Simile Wrapper Below.

CARTER'S LITTLE LIVER PILLS.
FOR HEADACHE.
FOR DIZZINESS.
FOR BILIOUSNESS.
FOR CONSTIPATION.
FOR SALLOW SKIN.
FOR THE COMPLEXION.
CURE SICK HEADACHE.

THE SPENCERIAN Business College, Mil. wis. school of business and shorthand is the oldest and best school of business and shorthand in Wisconsin. Circulars free.
WIS PUB UNION 25-8

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CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Cures Croup, Whooping Cough, Asthma, etc. Sold by Druggists.
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