

Made from Grapes
Makes the food of superior healthfulness and finest quality


APPORTIONMENT FOR INTERESTING RELIC may breals recoind is at the captol


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## Make Your "Meat"

 Shredded WheatThese are troublous times for the man who eats food. The Government is after the beef trust, the poultry trust and "the cold storage egg". But while congress, state legislatures and grand juries are "investigating" the high cost of living, your meat bills and grocery bills are soaring higher and higher.
The food problem is an easy one if you know

## SHREDDED WHEAT

It contains more real body-building nutriment than meat or eggs, is more easily digested and costs much lese. Always clean-always pure-always the same price. Your grocer sells it.


Shrodded Wheat Biscuit is mando of the
whole whent, toenmeoked, shredded whole wheat, steam-cooked, shredded and baked in the cleanest, finest food, ready-to-eerve. Two Shredded Wheat Biscuits heated in the oven to restore
crispnese, and eaten with a little hot crispness, and eaten with a little hot taste, will supply all the energy needed for a half-day's work. If you like it for
brealfast, you will like it for any meal in combination with vegetables, baked in combination with vegetables, baiked apples, sliced
or other fruits.
ALL THE "MEAT" OF THE GOLDEN WHEAT

## COMMISSOONER CIIBREATH HERRS FROWHIS SONROY

SOME OF THE PECULIARITIES OF THE YELLOW RACE - CCAL. ING OF THE VESSEL IS ONE OF THE MOST INTERESTING OF
THE MANY SIGHTS OF THE TRIP.


THE SKEPTICS SHOULD ChaNGE
 Try Tribune Want Columns.

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[^0]:    Now that the ladies have tak-
    en hold of the "Anti-Fly" cru-
    en hold of the "Anti-Fly" cru
    sade, something is going to be
    done. Whenever the ladies take hold of anything, look out We find that they are organiz-
    ing clubs in all of the large devise ways and means to as sist the health department suppressing the diseases
    ried by these germ-laden ried by these germ-laden pests.
    Much good is being accompllsh Much good is being accomplish
    ed.
    Why not organize a club of this kind in your city? Remem-
    ber, by joining a club of this
    bid kind it gives you the privege of taiking about
    bor's dirty garbage can.
    We cannot be present at
    these meetings, but are working these meetings, but are working
    in conjunction with the ladies,
    as we have bought thousands as we have bought thousands
    and thousands of screens this and thousands of screens this
    spring at the lowest prices ever spring at the lowest prices
    known and are giving you known and are giving you
    benefit of. these prices to the good work along.
    $\qquad$ at these low prices, which will
    be our little mite in aiding you in your good work. Remember SCRENS should go on early

    NORTH STAR
    LUMBER CO.
    W. E. Gleason, Mgr.

