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Practical Housekeeping


Vegetables creamed with
HEBE are delicious
 $V_{\text {egetables can be served in a yaricty of ways wi, }}^{\text {this wonderful cooking aid, and economically, too. }}$ New vegetables in white sauce, escalloped, baked

- the inventive cook can think of numerous ways of fixing these healthrul foods with the help of Hens. Delicious dishes of meat, fish or cggs can be pre-
pared in the same way. Use it in sulad dressings, mashed potatoes, macaroni and cheese, and custards. of the many ways Henz can be used in cooking HEn is a well-balanced food product, pure
skimned milk eraporated to double strength enriched kimmed milk evaporated to double strength enriched with regetable fat. Used in cooking, it
shortens and enriches as well as addes flavor.
And the important thing about using Hene reguInrly is the coonony. The right way theconomize
with Hener is to kerp seral cons on hand and use it in your cooking and baking, every day and every
meal.


THE HEBE COMPANY


FIRE THREATENS
LARGE SMELTER


A popular fountain drink -served in the home

W ITHIN the past few years there is one very popular. People have come to realize very it is not only refreshing but extremely healthful and of real food value. You see rosy-cheeked children enjoying it just as much as their elders. It is Chocolate Malted Milk, and it is now a part of the regular
daily diet of thousatıds.
It hasn't been so convenient to serve in the home, as the flavor had to be added, and thoroughly Milk you can have it at horde in convolate Malted Just when you and any member of your family may want it, With the popular chocolate flavor already added and mixed, it is prepared in a
minute just by adding water or milk-hot or cold. For the children it is a delicious food drink, just what their little bodies need for a light bit between the older members of the family feel the need of something sustaining it is just the
thing, for it is nourishing and healththing, Aor it is nourishing and health-
ful. At bedtime it will insure sound,
restful sleep. tful sleep.
Borden's Chocolate Malted Milk -a new product - gives you your popular fountain drink right at home.
In package form, at your grocer's
THE BORDEN COMPANY Borden Building New York
'Borden's CHOCOLATE
 MALIED MILK


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