

The General Demand

the Well-Informed of the World has been for a simple, pleasant and efficient liquid laxative remedy of known name, a laxative which physicians could recommend for family use because its component parts are known to them to be pleasant and truly beneficial in effect, and because the system and gentle, yet prompt, in action.

In supplying that demand with its excellent combination of Syrup of Figs and Elixir of Senna, the California Fig Syrup Co. proceeds along ethical lines and relies on the merits of the laxative for its remarkable success.

That is one of many reasons why Syrup of Figs and Elixir of Senna is given preference by the Well-Informed. It gets its beneficial effects always by a genuine—manufactured by the California Fig Syrup Co., only, and for sale at all leading druggists. Price fifty cents a bottle.

NICK HEADACHE

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER, regulate the Bowels. Purely Vegetable.

Small Pill. Small Dose. Small Price.

Genuine Must Bear Fac-Simile Signature

REFUSE SUBSTITUTES.

MARK TWAIN ON MONEY.

Mark Twain Points Out What He Considers Some Wrong Conceptions.

Mark Twain said that the financial panic has caused a wrong idea of the value of money.

The spendthrift says that money, being round, was made to roll. The miser says that, being flat, it was made to stack up. Both are wrong. Strangely wrong, too, in their ideas about money are the veteran Australian gold diggers. These simple fellows, though worth perhaps a million or more, live in the simplest dug-outs and shanties of their lean days.

Once, lecturing, I landed at an Australian port. There was no porter in sight to carry my luggage. Seeing a high-looking old fellow leaning against a post with his hands in his pockets, I beckoned to him and said: "See here, if you carry these bags to the hotel I'll give you half a crown."

The man scowled at me. He took out four gold sovereigns from his pocket, threw them into the sea, and walked away without a word.

His Quick Recovery.

"I was so glad," said Mrs. Oldcastle, to see Dr. Goodleigh in the pulpit last Sunday. He had such a case of it. Dear me, it must be perfectly dreadful to have one's appendix moved. I dread it so that I don't know what I should do if I had to undergo an operation. He said, when the doctor went to the hospital, that wouldn't be out again for a month more."

"I know it," replied her hostess as she started the diamond-studded engravings, "but I guess he regenerated a good deal faster than they expected."

In the Free Vaccination Ward.

A Lithuanian woman was getting her fifth baby vaccinated the other day.

"I am glad," said the young surgeon, "that you recognize the importance of vaccination."

"Oh, yes," she said, "I often wonder," she added pensively, "what it is for, though. It's to show you're a free citizen, the same as naturalization papers, ain't it?"

FIT THE GROCER

Wife Made the Suggestion.

A grocer has excellent opportunity to know the effects of special foods on his customers. A Cleveland grocer has a long list of customers who have been helped in health by using coffee and using Postum and Coffee.

He says, regarding his own experience: "Two years ago I had been drinking coffee, and must say that I was almost wrecked in my nerves. Particularly in the morning I was irritable and upset that I could not wait until the coffee was brewed, and then I had no appetite for breakfast, and did not feel like attending to my store duties."

One day my wife suggested that I should try Postum. I was selling so much Postum there must be some merit in it, and suggested that we try it. I took home a package and she prepared it according to directions. The result was a very happy one. My nervousness gradually disappeared, and I am all right. I would advise anyone afflicted in any way with nervousness or stomach troubles, to use Postum and use Postum Food."

"There's a Package. Read the Road to Wellbeing" in pkgs. I've read the above letter? A new grocer from time to time. They are genuine, true, and full of human interest.

WHAT THEY LEARNED

From the first days of their acquaintance Mrs. Hartnett had had to contend with Hartnett's jealousy. A person is born jealous just as he is born with blue eyes or a liking for chocolate. Hartnett had full measure of that evil trait.

Before they were married it had been different. At first it had been a joke, then a certain pleasure to Helena to find how she could sway his moods. Hartnett was handsome and popular and sought after, and it was rather complimentary than otherwise to have him glower and sulk if she smiled on anyone else or talked longer to another man than himself. There was a certain excitement in seeing him sink into wrath and then bringing him back to his normal state merely by turning her attention to him.

It gave her a sense of power which would have been sweet to any girl, no matter how sensible or well-meaning. It thrilled her to realize that he cared about her so much and therefore was unable to keep a well-balanced point of view. To be sure, after they were engaged she laughed at him frankly and told him that he was foolish. He acknowledged the fact, but seemed unable to banish his spells of jealousy.

She often remembered these little scenes and wondered rather dully how she ever had been able to smile over them — for even after they had been married several years Hartnett had not broken himself of the habit. Not that he made scenes, but the atmosphere of rebellion, of protest, of indignation with which he surrounded her on occasion was depressing to say the least. It was not that he resented the presence of any particular person, but that he resented any withdrawal of her attention from himself even for a few brief moments.

"He is merely a sulky little boy," Mrs. Hartnett frequently told herself. "I must remember that and try not to mind."

But she did mind. At last indignation grew uppermost in her feelings. That she should be conscious of giving her every thought and all her affection to him and yet not succeed in satisfying him roused her resentment. Finally she discovered that she did not care very much whether Hartnett was indulging in a fit of jealousy or not.

Then the inevitable happened—she awoke to the realization that she did not care for Hartnett. His state of mind made absolutely no difference to her. That was why, when his firm wanted to send him abroad for a couple of years he went alone. They had drifted too far apart even to consider going together. There was a mutual forbearance which prevented any words, but each knew.

As the day waned which witnessed Hartnett's departure from Chicago Helena Hartnett sighed in relief. That is, she thought it was relief. The prospect of unbroken weeks and months ahead of her in which she would be free to live and breathe and think without the hampering fear of precipitating trouble was welcome.

No man who really cared for his wife could make her miserable in the way Hartnett had made her. She did not pretend to herself to be happy since it was all over and she might never see him again, but at least she was free from that awful, ever-present cloud of jealous espionage. She told herself that as time went on she should recover the bright and cheerful frame of mind which had always been hers in the old days. There must be happiness for her somewhere.

New interests filled her life, but she was restless. She could consider Hartnett in a calm, impersonal way which assured her that all affection for him had vanished long ago and that she never wanted to see him again or to go back to the old troublous days which had meant a constant fear of rousing his jealous temper. The relief from that was worth all the blankness of the present.

When the two years were up and Hartnett came back, of course, she rushed into his arms without a word and he held her speechless, his face white and tense.

"I've learned," he began, brokenly.

"Don't!" Helena Hartnett choked. "It doesn't make any difference whether you have or not—and I don't believe you have or ever will—but—"

"I've learned not to be a fool, Helena," said Hartnett.

Being a woman, she believed that he believed it, though she knew a leopard cannot change his spots. She, too, had learned that the fact that they cared for each other outweighed everything else.—Chicago Daily News.

SOME NEW TABLE KINKS.

Rock Candy for Coffee Instead of Sugar—Volcanoes of Rum.

"Have you noticed that many hostesses are serving rock candy crystals instead of sugar with after dinner coffee?" inquired an observing woman. "I've tried it myself and have found that the prettiest effect is gained by buying an equal amount each of red and white rock candy and mixing the irregular shaped crystals in a low glass bonbon dish."

"These are served with a bonbon spoon. There's an especial advantage in this plan for those who want very little sugar, as the smallest quantity may be taken, less than an ordinary piece of cut sugar. This rock candy is absolutely pure, very cheap, and gives a particularly delicious flavor to black coffee."

"Another new kink I noticed at a luncheon was the passing of two little glass dishes with the salad course. One dish held finely minced green peppers and the other tiny slices of little new onions. The guests took what they wanted and sprinkled it on the salad, which was a combination of lettuce, tomatoes and cucumbers."

"At the same luncheon a fancy omelet with burning rum was served instead of the usual sweet course. Instead of the ordinary river of fire running placidly around the platter the effect was quite spectacular and reminded one of miniature volcanoes. I found that this effect was the result of stacking lumps of sugar in heaps at intervals 'round the platter."

HOUSEHOLD HINTS.

If many of the books look shabby in the bookcase cover them with tan moire paper. They can be marked on the back with India ink.

Apple stains on the hands can be removed by rubbing them with the inside of the apple peel or with a little lemon juice. Rinse in clear water.

Cups and jugs often show a want of strict cleanliness about the handles. This is easily prevented by an occasional scrubbing with a small well-soaped brush.

Never place a good piece of furniture very near a fireplace or register. The heat dries the wood and glue, often causing rot where the parts are joined together.

Should the oven get too hot while baking put a cup of cold water in rather than leave the door open. In baking delicate cakes in a gas oven it is nearly always desirable to keep a small dish of water in the oven.

To blacken tan boots wash the leather in rather strong soda water, but do not saturate it. When quite dry black the boots all over, using the cut half of a potato instead of a brush. Black thoroughly, then polish with a brush as usual.

Vaseline stains on linen should be removed before the garments are washed, for, though the stains only look like grease, soap sets them. The right plan is to soak these stains in kerosene, turpentine or alcohol before putting them in water.

Boiled Tongue.

Try this dish some time when you are almost at your wit's end for something different. Boil a fresh tongue in salted water till tender with a sprig of celery or parsley, small parsnip, carrot and onion. When almost cooked take from water and skim and return again to the water. About an hour before serving place in deep pan, pour over following sauce, cover closely and bake in moderate oven, turning in half an hour.

Sauce for Above—Melt two table-spoons of butter and add two table-spoons flour and two cups of water which tongue was cooked in, two cups of stewed and strained tomatoes, tea spoon table sauce if liked, and salt and pepper to taste.

Baby Cage.

To keep baby out of mischief and know exactly where she is, saw off the top of a barrel about down to the first hoop; take out every other stave and fasten the remaining ones to the hoops. Leave the bottom of barrel on, and in the open space where the staves were taken, toys may be suspended by strings tied to the hoop around the top. The inside of the barrel may be covered with oil cloth, which can be cleaned easily. Casters also can be added. Here baby will be contented while mother attends to her household duties.

Ribbon Cake.

One and one-half cups of sugar, two-thirds cup of butter, three eggs, one cup of sweet milk, three cups of flour, one teaspoon of cream tartar, one-half teaspoon of soda, a little salt. Flavor with vanilla. You can have three or four layers. Take nearly one-half of the mixture or one-third of it, add one tablespoon of molasses, one cup of seeded chopped raisins, one-fourth pound of citron, nutmeg, cassia and cloves. Put together with a thin layer of quince or raspberry jelly to hold it in place.

Cooking Cabbage in Milk.

This is a delicate way of preparing cabbage, being both odorless and digestible. Prepare the vegetable by cutting it into very fine shavings; cover in a saucepan with milk and season to taste. Set on the stove, allowing it to cook for nearly 20 minutes. Serve at once.

Spaghetti and Beef.

Take one pound of chopped beef and same amount of chopped onions and fry brown. Add one cup of spaghetti broken in small pieces, then one can of tomatoes, a little red pepper, and one teaspoonful salt. Cook half an hour.

FOUND THE CAUSE.

After Six Years of Misery and Wrong Treatment.

John A. Enders, of Robertson Avenue, Pen Argyl, Pa., suffered for six years with stinging pain in the back, violent headaches and dizzy spells, and was assured by a specialist that his kidneys were all right, though the secretions showed a reddish, brick-dust sediment. Not satisfied, Mr. Enders started using Doan's Kidney Pills. "The kidneys began to act more regularly," he says, "and in a short time I passed a few gravel stones. I felt better right away and since then have had no kidney trouble."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

STOPPED TO SALUTE HOGS.

One Man at Least Grateful to the Source of His Wealth.

"The Interpreter" in the American Magazine says of a respectful father he once knew:

"Isn't it time we took off our hats and thanked this pleasant land for the good things it has done for us by going on patiently covering up our blunders, rectifying our mistakes, and responding cheerfully to our every intelligent effort?"

"I knew a man out west who had the right idea about it. His father had made a great fortune in the pork packing business. The heir was not puffed up by his millions. Long after he had grown accustomed to the money and might reasonably be expected to look down on butchers, if in walking in the country with his children they saw a drove of hogs on the road, he would make his little boys stand at attention and take off their hats. 'I want them to respect the sources of wealth,' he said."

SEVERE HEMORRHOIDS

Sores, and Itching Eczema—Doctor Thought an Operation Necessary—Cuticura's Efficacy Proven.

"I am now 80 years old, and three years ago I was taken with an attack of piles (hemorrhoids), bleeding and protruding. The doctor said the only help for me was to go to a hospital and be operated on. I tried several remedies for months but did not get much help. During this time sores appeared which changed to a terrible itching eczema. Then I began to use Cuticura Soap, Ointment, and Pills, injecting a quantity of Cuticura Ointment with a Cuticura Suppository Syringe. It took a month of this treatment to get me in a fairly healthy state and then I treated myself once a day for three months and, after that, once or twice a week. The treatments I tried took a lot of money, and it is fortunate that I used Cuticura. J. H. Henderson, Hopkinton, N. Y., Apr. 26, 1907."

Too Strong.

"The traveler in Ireland will do well," recently remarked an attaché to our embassy at London, "when he engages a jaunting car to make sure of the step to which, in mounting, he must trust his weight. The carman does not help him to mount."

"I am afraid that step is loose," an American once said to the driver he had engaged.

"The man took hold of the step and shook it. 'Ah! sure,' said he, 'it's too strong, it is. What are ye afraid of?'"

"As he was talking, the thing came off in his hand."

"This mishap did not, however, embarrass the Irishman, for, with the sunniest of smiles, he turned to his fare saying:

"Shure, now, I've saved yer honor from a broken leg!"—Harper's Weekly.

Not Such a Fool.

John was a Chinaman. He had been employed as a cook in a family in San Francisco. During many years he never failed to be at his post of duty. One morning, as usual, the family assembled for breakfast, but John was nowhere to be seen, nor did he send word what had happened to him. After several weeks he re-appeared with the symptoms of a severe cold still clinging to him. The master of the house greeted him by saying: "Well, John, we were wondering what had happened to you; but I see you have caught cold." John indignantly protested, saying: "Oh, no, sir; me no catche cold, me no such foolie; coldie come to me."

COFFEE

You are both judge and jury for Schilling's Best.

Your grocer returns your money if you don't like it, we pay him.

Before Ananias.

Adam had just finished naming the animals.

"Wait till I start on the fish," he exclaimed, gleefully.

Thus we learn he was preparing to tell some whoppers even before the fall.

Woman Owner of Large Ranch.

Lady Ernestine Hunt, eldest daughter of the marquis of Allesbury, owns and operates a horse ranch at Calgary, Alberta, on a stretch of land nearly 40,000 acres in extent.

If an Advertisement Convinces You, Stay Convinced

When you read in this newspaper the advertisement of a manufacturer who has paid for the space used to convince you that it is to your interest to buy his goods, and you go to a dealer where such articles are usually handled for sale, do not let the dealer or any one of his clerks sell you something else which he claims is "just as good." If an advertisement convinced you, it was because of the element of truth which it contained.

INSIST ON GETTING WHAT YOU ASK FOR.

Only Long Sleeves Now.

Mistress—Here is a nice dress for you, Martha.

Maid—Thank ye, ma'am; but I can't take it, really.

Mistress—You foolish girl, of course you can take it. I insist.

Maid—No, really, I can't, ma'am. It's got them old-fashioned short sleeves.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 10 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WALDO, KEENE & MARY, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all druggists.

Take Hall's Family Pills for constipation.

The Way It's Said.

"These are the bridal rooms," announced the bellboy to the blushing young couple.

"O, what a sweet suite!" exclaimed the bride.

"I don't know anything about that," said the bellboy, "but the head clerk says he hopes the suit suits."

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Watson*

In Use For Over 30 Years.

The Kind You Have Always Bought.

Suggestive.

Towne—There was a spelling-bee down at our church the other night. The pastor gave out the words. Did you hear about it?

Browne—No; was it interesting?

Towne—Rather. The first three words he gave out were "increase," "pastor," "salary."—Stray Stories.

It Cures While You Walk.

Allen's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Economy may be the road to wealth, but nine-tenths of those who are compelled to travel it never reach the goal.

Garfield Tea is of particular benefit to those subject to rheumatism and gout! It purifies the blood, cleanses the system and eradicates disease. Drink before retiring.

The theatrical manager has a poor show if it isn't a good one.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Do your duty and let the other fellow do the explaining.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

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HOUSE WORK



Thousands of American women in our homes are daily sacrificing their lives to duty.

In order to keep the home neat and pretty, the children well dressed and tidy, women overdo. A female weakness or displacement is often brought on and they suffer in silence, drifting along from bad to worse, knowing well that they ought to have help to overcome the pains and aches which daily make life a burden. It is to these faithful women that

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

comes as a boon and a blessing, as it did to Mrs. F. Ellsworth, of Mayville, N. Y., and to Mrs. W. P. Boyd, of Beaver Falls, Pa., who say:

"I was not able to do my own work, owing to the female trouble from which I suffered. Lydia E. Pinkham's Vegetable Compound helped me wonderfully, and I am so well that I can do as big a day's work as I ever did. I wish every sick woman would try it."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

INSURE YOUR HEALTH AND COMFORT on stormy days by wearing a SLICKER Clean - Light Durable Guaranteed Waterproof \$3.00 Everywhere

Paxtine TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample

WITH "HEALTH AND BEAUTY" BOOK SENT FREE.

THE PAXTON TOILET CO., Boston, Mass.

ASTROLOGY foretells your lucky or unlucky periods for business, speculation, mining, marriages and health. My horoscopes tell all. E. R. RAYMOND, 115 North Broadway, New York City.

W. N. U., Salt Lake City, No. 21, 1907.

DODD'S KIDNEY PILLS ALL KIDNEY DISEASES RHEUMATISM BRIGHT'S DISEASE DIABETES BACKACHE 175 "Guaranteed"

"A Girl is Only a Girl, But a Good Cigar is a Smoke." BOX OF 50 FULL SIZE HAVANA CIGARS, \$1.25

Why pay for your cigars when you can buy a box of 50, with pleasant aroma and flavor, direct from manufacturer for \$1.25? The kind your dealer sells for 15c. A cigar you can offer to your friends. Send for a trial box—I will receive your repeat orders, sure. HERBERT EATON, 144 St. Nicholas Ave., New York.

BUY a five or ten acre fruit ranch in the famous Greengrass Valley of Utah. Or an 80 acre farm tract in Millard County Utah. We will sell you the kind of a ranch you want. Write us for prices and particulars. HENDERSON'S REALTY COMPANY, Greengrass, Utah.