The Undernourished Infant -and the Problem of Feeding in Warm Weather

-Discussed by Dr. Copeland-

Answers to Health Queries

O. K. Q .- What do you advise for

A-Have your eyes examined to

H. G. G. Q.—Does smoking cigar-ettes cause pimples and blackheads!

A .- No. This is usually due to

C. Q.-Does mineral oil act as

F. L. S. Q.-What do you advise for blackheads?

down on sugar, starches and coffee. Eat simple food. Send self-addressed

stamped envelope for further parti-culars and repeat your question.

M. M. B. Q.—What should a girl aged 17, 5 feet 214 inches tall weigh?

main weak permanetnly?

ise for neuralgia?

2-Is a sprained ankle apt to re-

A .- She should weigh about 115

Wenzela R. Q .- What do you ad-

A .- Application of heat and elec-

tricity is helpful in some instances.

Advice to Girls

By NANCY LEE

late teens, and have been keeping

company with a very nice young

man until recently, when a girl

told him some rude remarks, which

she said I had made to her about

him. This was all very untrue,

for I do not even know the girl,

and I never would have said such

things about him, anyway. Since

then he has not spoken to me, but

tells his roommate that he still cares for me, and that if I didn't

say it, I would tell him of my inno-

cence. I feel it is his place to ask

me about it, instead of me making

the first advance toward the recon-

value his friendship very much, and would do almost anything to

regain it.

Please tell me what to do, for I

I am an American girl in my

TOOTSIE.

twenties. There is a foreign young

man that I am deeply interested in.

Do you think I am lowering my-

I am a young girl in my

DEAR NANCY LEE:

A .- It acts as a laxative.

see if glasses are needed.

faulty diet.

Careful Supervision of Food, Increase in Caloric Value should make rapid progress to normal More Frequent Feedings Should Bring Baby

Back to Normal Weight and Good Health.

**Should make rapid progress to normal weight and good health. But in case the baby does not improve very soon your doctor should be consulted to see if there is any underlying trouble which needs treatment.

By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City.

ANY infants are below normal weight. When this condition exists it is either from improper feeding or because of some physical ailment. Such babies need as great a total of food as the normal baby of

> the same age. How are you going to feed such a child enough food so that it will catch up to normal weight? So far as habits go, such babies are not very

> different from the normal. There must be a way found to provide for the delayed growth in some way, and this can be done by giving extra feed-Usually such children have diminished diges-

tive capacity. For this reason there must be provided easily digestible food which has a high caloric value. By this I mean food that has heat-giving properties.

The undernourished child should be fed five or six times a day. Since it may take only a few ounces at a feeding, it is desirable in such a case to raise the food value of the mixture by adding one or two ounces of some dried milk preparation. This will increase the food value without

adding much to the bulk. If the baby is suffering from undernourishment from insufficient food it will soon gain under such feeding. But if it does not improve it may be because there is some infection in the system. It may be in the middle ear, the mastoid, the+ nose, the throat or some other place. baby's food. A tiny baby's stomach

Your doctor should be consulted and whole digestive tract are most In hot weather an infant's capacity and appetite for food is much amount of water to drink during Copyright, 1930, Newspaper Feature Service, In lessened. In that event not so much hot weather. There is much evapfood is needed. But it is very im- oration of the water from the sur-

teurization or by boiling that it is kept under proper refrig-All food should be handled most carefully in order not to contaminate care, plenty of fresh air and direct

delicate and easily upset. The baby should be given an extra

portant that the milk is made safe faces of the body at such a time.

by pasteurization or by boiling and More water must be supplied to make up for this. Give it midway between the feedings.

With the added nourishment, good It in any way. The hands should be sunshine, always being careful to kept scrupulously clean in preparing shield the baby's eyes, the child

Love's Reawakening Charles Owen's Proposed

Madge's Interrogation Arouses Marion to the Realization that Her Mother Might Not Approve of Party.

-By ADELE GARRISON-

HAD no opportunity for several all family ties when given an opportunity seconds to voice may mental tunity for revelry together. mot consulted her mother before leav. Carolyn went on pursuing her ing the school a day before she was thoughts up the single track upon expected in New York. Mr. Owen which she had started them, "it will was smoothly answering Carolyn's be just horrid. One of the boys will insistent appeal that he be one of the dinner party which he and Helena mean it that way," she interrupted foolish of the young man to be-Brixton had scheduled for the school- herself flushing. "That sounds as if lieve the things said about him. Ronald, and a college friend. By the do, but-you knowtime he had finished I had determined to change the involuntary chiding perfectly. Carolyn," her uncle told her with an ironic little smile, "and attitude which I had taken in my

schoolgirl chatter. Owen's Excuse.

"I hope to be with you, Carolyn," know if word comes from your know very well. I've never met any father, I must join him at once." of Ronald's college friends. That's He turned to me deferentially. 'You probably know that Sam cannot be with his family for the holi-

ton that her husband would be un- though, not that anybody could no- our men to their womenfolk, then I able to join her for the holidaysan unavoidable business trip. I think

"Nothing but necessity could keep for our football date. I ask you, did Sam from his family on Christmas." anybody ever hear of such luck?" "I could just weep all over the lot, when I think of it." Carolyn said dolefully. "It just won't be Christmas without Dad. But of course," so bad this time as it would have been to anyone but our own little group, she added, brightening, "it won't be any other year. With Ronald and and the contrast between those tones three strange boys from Yale, and and her atrocious vocabulary would two more girls from school, coming two more girls from school, coming had not been so perturbed over the for all the vacation, we won't have situation, which, indeed, would have time to miss anybody."

been no problem, whatever, were it "The resilience of youth," Mr. Owen murmured, with a meaning smile at me which I hotly resented. though I did not dare to show my gancor. But I wanted no confidential understanding with Charles Owen upon even so trivial a subject as the propensity of young people to forget

The Stars Say-For Tuesday, May 13. By GENEVIEVE KEMBLE.

DVERSE conditions generally they were transferred to the charge may be expected to prevail on of their parents. this day, according to the inauspicious stellar activities. There thought. "I'm afraid you'll be a girl short may be setbacks, intrigues, sickness at the party, Carolyn," she said, with and sorrow, as well as betrayal and a little catch in her voice. "I'm misrepresentation. But much de- afraid Mums is going to be angry pends on a philosophical way of en- about this, don't you think so, Auntie countering these minor anxieties, Madge?" which will not be tempered by ill will, violence or rash and hasty Copyright, 1930, Newspaper Feature Service, In words and deeds. Be very cautious

with all writings. Those whose birthday it is may Those whose birthday it is may not look for an entirely propitious Some Odd Facts state of affairs during the coming There may be delays, illness, sudden change and suffering pages each in the complete catalogue said, using the same kind of strong through treachery or malice. But of printed books in the Uritish calm and philosophic attitudes may Museum, which is about to be bridge over difficult situations. Be printed. It will appear at the rate Silk stockings have to be treated affects color or fabric or both. careful with speech and all writings. of about fifteen volumes a year, and as carefully as any fine silk under-A child born on this day may be the cost of the work to subscribers wear—only more so. They won't then they can be left to soak in cold restless, changeable, erratic and will be about \$2,500 each. subtle, although clever and versa-It may bring on trouble for itself through rash and ill-advised the head of Loch Doon has only with soap — they should not be move the dirt, but the silk will very rubbed at all. speech and writings.

query as to why Marion had "If you can't go, Uncle Charlie,"

rirls, together with Carolyn's brother I didn't want Mummy along, and I without first establishing their ve racity. You are right, he owes you an apology, and if he is the very nice man you say he is, he will ask your pardon speedily. As you have surprise at seeing Marion, and leave you may be sure that I shall be with not been at all at fault in this affair. further questioning to Lillian. Besides, I told myself, with a knowldon't expect a message from your from your reassurance I'll tell you that I
wise than maintain the attitude exedge of schoolgirl psychology which don't expect a message from your pressed in your letter, that is, to let harked back to my teaching days, if father until tomorrow. But if one ladopted a receptive, friendly atti-tude, I doubtless would learn almost both Marian and not been ladded to the task of taking care of both Marian and not both Marian and not both Marian and not been ladded to the task of taking care of both Marian and not both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not been ladded to the task of taking care of both Marian and not be taken and verything I wished from their both Marion and your mother, leav-DEAR NANCY LEE: ing the other young man free to de-

Which youth is coming down? I've mislaid his name, if I ever had it."
"You're such a tease, Uncle Mr. Owen was saying. "But you Charlie." Carolyn pouted. "You self, as some of my people tell me? of Ronald's college friends. That's MOOTSIE: If the young man is of the reason I'm so petrified about being a man short at the party. You know we had everything all set to go his nationality should be no bar. Of up for a football game and a dance, course, men of some nationalities I stiffened warily, but my answer and then a girl came down with cannot easily shake off the attitude was prompt and my voice as casual measles on our floor, and we were of their countrymen towards women. ill quarantined, so we couldn't go. If, however, this young man has ab-"Yes, I understood from Mrs. Brix- We weren't quarantined from study sorbed something of the attitude of tice. Nobody else came down with see no reason for not continuing the t. and did the teachers put us friendship.

Another Complication.

She delivered this tirade in the

softest of well-bred voices, inaudible

have been irresistibly ludicrous if I

Sackettstown under the chaperonage of a teacher, and then delivered to

their waiting parents or guardians at

Hoboken. The school authorities took no chance of a pupil's slipping

out from their guardianship until

(Continued Tomorrow.)

There will be 165 volumes of 500

cote his entire attention to you.

They simply gloated. We "Indeed, it is unavoidable," he said, wouldn't have cared though, except

DEAR NANCY LEE: I am fifteen years of age and I like a certain boy very much. He is only one year older than I. He goes around with another girl a year younger than I. He seems to pay more attention to me than to her. It seems that every time he goes with me the girl he goes with is awfully jealous. I like him an awful lot and I think he likes me. Would you advise me not to pay any attention to him or do as I did before?

not for the deceit to Lillian which I was sure, had been involved. I knew. D C. I should advise you to treat the whole matter as one of as did Marion, how meticulous was her care, and how securely she friendship which, considering the rested under the assurance that her age of the boy and yourself, is just idolized child was safe under the what it is. Be nice and pleasant to sheltering care of the school when both the boy and the other girl and she herself was not with her. I do not weave sentimental thoughts knew that the home-going girls were about an ordinary friendship.

The loneliest school in Scotland at over, they should never be rubbed soap or strong methods—it may re-

Fascinating Trifles Hand Beauty Win New Favor -and Your



CCESSORIES to the fact of being well dressed are offering themselves in a succession of bewildering but charming trifles. To don a good looking suit or dress or sports frock is not sufficient. Its charms must be enhanced by all sorts of fascinating affairs including scarves, belts, boutonnieres, and various kinds of costume jewelry. But there is a virtue to this apparent extravagance for it perks up a frock and makes it look like an expensive

We show today sketches of some nice little trifles and for good measure a brace of very smart shoes. The first on the list is a colorful foulard scarf of yellow, orange and red that is

guaranteed to brighten the plainest frock. For energetic tennis players we have had sketched a very delightful tennis sweater. It is a handknit affair in a very lacy stitch and is in pale blue with a business-like embellishment of black bands. The belt is quite a complicated affair of straw in several shades of brown and the important buckle arrangement is worked out in silver with dark amber rings. With the attention given to the waistline these days, the belt assumes quite a major role as an accessory. Both of the shoes depicted are well adapted to walking or spectator sports activities. The first is a smart oxford in beige kid and the second is of brown calf with perforation trim.

"The Last Curtain Call"

HE sun was very bright yesterday, and a brisk wind blew in + from the sea, and if you listened very hard you could almost hear the little plants out in the country nudging each other deep down in the brown earth and saying:

"Wake up, little brother, it's time to begin

Winifred Black's Tribute to a Great Actor

All the florists' windows were full of the gay Spring flowers, and every woman in New York was either window shopping or shop

For so is life, even in the greatest city in the world, when Spring stands on the doorstep. But on one of the crowded streets the sun did not seem quite so bright, for over the Actors' Club there was a great canopy of black and all the street knew that one of the lighthearted actors who had made the town laugh a hundred times, had passed on.

So he will never make us laugh again, poor, merry hearted Fritz Williams. How those blue eyes of his were wont to dance and sparkle under those black brows and with what WINIFRED BLACK a light shrug of the shoulder he could turn a

on the other.

his final exit.

his hat tilted at the most cor-

rect angle, you'd have thought

Well, well he knows all about

He knows the answer to the

puzzle-how he must smile to

think how baffling it all was

sometimes, this queer world of ours, with its footlights, and its

grease paint, and its plays, and

its players—some of us on one side of the footlights and some

It's probably as simple as A

I'm sorry he is gone sorry

The world is always a sadder

What should we do without

place when a good actor makes

the theater anyhow—we poor, grubbing, hard working, stupid,

everyday people?
Why if it weren't for the

books and the music and the

theaters we might as well be moles digging our dull way to the mould—and done with it.

Laughter, tears, memory, for-getfulness—you held them all in your hands, Fritz Williams,

you and your gay brethren, and you scattered them as gener-

Some day when the time

comes for each special one of

ously as an April wind.

for our sakes-not for his.

he hadn't a care in the world.

tragedy into a farce. I suppose he had troubles of his own as most of us havethank the Giver of all Good-what a cold-hearted lot we should be if

we never knew anything but happiness. I suppose there were times when Fritz Williams woke up in the morning and wondered what it was all about, this fret and fever, this worry and ambition, this bitterness, and this jealousy we call living.

But to see him swinging up Broadway with his English walking stick in his hand, and

Stockings should not be hung in

likely go with it.

Home-Making Helps

By ELEANOR ROSS.

Give a Thought to Hose Laundering.

66 M so dreadfully hard on A safe method is to use only luke-

worn them and they're practically water. Or wash in a solution of

ruined," grumbled Dot at lunch. She warm water whipped into suds with

ruined," grumbled Dot at lunch. She had a grievance because it was a brand of hose that several other women had recommended highly, and they still asserted that they were well pleased. "Just my rotten luck to get poor quality." persisted Dot. Until someone asked how she washed her hose—and then nobody wondered. Because Dot washed her own hose like handkerchiefs, she said, using the same kind of strong. Warm water whipped into suds with some neutral soap flakes. Never rub. Merely slosh the stockings in the soapy water, squeezing out the soap gently through the fingers. Rinse in several lukewarm waters until all the soap is removed, spread into shape and hang with the toes and heels carefully placed over a rod and the leg side down.

Stockings should not be hung in

Silk stockings have to be treated affects color or fabric or both.

stockings! Look at these- warm water-never hot water. Soak

only the second time I've for five minutes in a little borax

that mysterious door which never lets us see one inch beyond its portals, we will hear ahead of us the laughter and the gay voices of you and your companions who cheered, for many a lonely soul, a hard and bitter hour.

Hail and farewell!-it's a gay saying, and a gallant one.

ECORATION DAY comes on at

Friday, Saturday and Sunday-three

entire days of leisure. Billy and Helene and I have been talking and

making plans for that week-end for

dance is to escort Helene.

some time.

becomingly.

us to climb the staircase to nothing to do but rest and play.

time at the dance, and it's wonderful

to know that following it we're to

Friday, as a result of which

the working girl benefits.

I can hear you call it out to us from the top of the steps, Fritz Williams - this very minute when the crepe grows rusty on the door of your favorite club. Copyright, 1930, Newspaper Feature Service.

Garden

Adopt These Simple Precautionary Methods and Avoid the Usual Penalties of Spring Planting.

By Josephine Huddleston

LITTLE care taken in advance will permit you to do cleaning and tend your garden shadow-children-discovered. All in your hands the slightest bit.

Housecleaning and gardening both are grubby jobs and they must be done but one way or another we do work every day that is also beauty decroying unless we take

size too large are perfect for protecting the hands from their in- destroy a giant. Instead of walking creased duties, and I hope that right out of the book, the giant deevery one of you will make use of cided to take a nap in the Fairy

Campher Ice Is Good.

The tight weave of the gloves had to hold on to the trunks to keep makes it almost impossible for dirt from being blown away.
and grime to sift through, and if the How were they going freedom and ease for the movements giant slept like he ate (which was of the hands.

I get a lot of fun out of cleaning my hands carefully and then massaging a liberal amount of camphor ice into them before slipping on my work gloves and going out into the garden. There is so much satisfaction in knowing that you can dig and plant without breaking off nails or scarring the skin by brushing the hands against rocks.

After all, you know, housecleaning and gardening both have to do with creating beauty, and it isn't consistent to mar beauty in one way while building it in another. One of the reasons why I am so

partial to camphor ice for this particular purpose is because it softens and bleaches at the same time. And if a generous amount of camphor ice has been massaged into the skin before the gloves are put on you will find it possible to work at the grubblest job for long hours without the How Could They Wake the Giant? penalty of tell-tale marks.

For Dry Skin.

several kinds of gloves-rubber ones the palms when sweeping, lifting and for the harder jobs which press hard loused spots, and they can so easily be avoided if heavy gloves are worn. The silk gloves come back into ervice for dusting and the handling once. of lighter objects, besides their value

No matter which type of glove you are wearing for the task at hand, remember that the application of soothing creams or lotions are important. There are so many things which have to be done when the hands can't be protected that during

the periods when they can we should take advantage of the opportunity If your hands are very dry ordinary castor oil if massaged into the skin before putting on rubber glaves will prove an effective remedy for condition. At other times, camphor ice will serve splendidly. Upon removing the gloves clean the hands with cold cream before washing them with soap and water, and then, after the soap and water cleansing, massage your usual hand

A Fashion Model's Diary

By GRACE THORNCLIFFE

A New Evening Gown Piques Her Interest.

STORIES

"To dream at night Is quite all right; But it doesn't pay To dream all day." -Shadow Sayings.

GIANT is bad enough when he is awake. When he's

At least that's what Mij. Flor, all of your Spring house- Hanid, Yam and Knarf-the little without dimming the beauty of all, they had a curious adventure. First of all, they crept inside the real-children's Fairy Tale Book which they had found lying on the table. Getting inside the pages of a book was no trouble for them, since they were quite flat, like writing paper. Inside the book they found a magic beanstalk, which they climbed up, reaching a palace in the clouds inhabited by a giant, who roared:

'Fee-fi-fo-fum. smell the blood of an Englishman!" They also met a boy who called himself Jack the Giant Killer, who begged them to help him destroy the giant. If you have ever read the story of Jack the Giant Killer in the Fairy Tale Book you will know that the giant is destroyed. The giant, however, didn't fancy the idea of being destroyed at first, but consented at .ength to climb down the beanstalk and follow Knarf to his master, who had always said he wanted to Book garden and stretched himself out for miles and miles. His breathing was so hard that the trees bent over to the ground and the shadows

How were they going to wake him gloves are loose they permit absolute up? The shadows feared that if the



like forty horses) he wouldn't wake up for a year or two. "Get up! Get up!" Hanid called Of course, housecleaning requires loudly. But he didn't stir. Then the others tried shaking him at the for those tasks which require the shoulders. Mij wanted to pinch one hands to be in water, heavy ones of his toes, but it would have taken that will give a pad of protection for a week to walk to his feet, which were crossed on top of a high moun-Finally Knarf had a scheme. surfaces into the palms of the hands. He had them all creep close to one It is that pressure which causes call of his ears. "Now make a noise like a bell," he said. At this they all said: "Ting-a-ling! Ting-a-ling!" "The giant opened his eyes at

> "Do I hear an alarm clock?" he exclaimed.

> "Yes, and it's time to get up," Knarf cried. "Hurry! You must be destroyed before it gets too late. I'll bring you right in to my master. He's asleep now, for it's the middle of the night, but he'll be glad to get up to destroy a giant."

> "I hope I don't disturb him too much," the giant remarked. "Perhaps it would be better for me to be destroyed some other time." Knarf wouldn't hear of it. Neither would the boy called Jack the Giant Killer. So they led him out of the Fairy Tale Book and into Knarf's master's bedroom. The giant was flat, like all the book people areelse how would they fit between the pages? But so big was he that he spread all over the walls and ceiling, and a good deal of him had to slide

closet, which fortunately happened to "All right now, I'll wake up my master," Knarf said. "Just stay where you are."

under the bed and into the clothes

At this he called into his master's ear: "Wake up, master, I have a surprise for you.

The wind rattled the shutter and Knarf's master woke up. Imagine his consternation to see a giant bending right over him. "O-oh, o-o-oh. 00-00-00000!" he gasped, which so frightened the giant that he fell out of the window and was completely

destroyed, like a china saucer. "Thank you," Jack the Giant Killer said to Knarf's master. "Now I can return to the book again. The story is finished."

But the boy thought he was dreaming and didn't answer.

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Words of the Wise

There is nothing the body suffers that the soul may not profit -Meredith. So many worlds, so much to

So little done, such things -Tennyson.

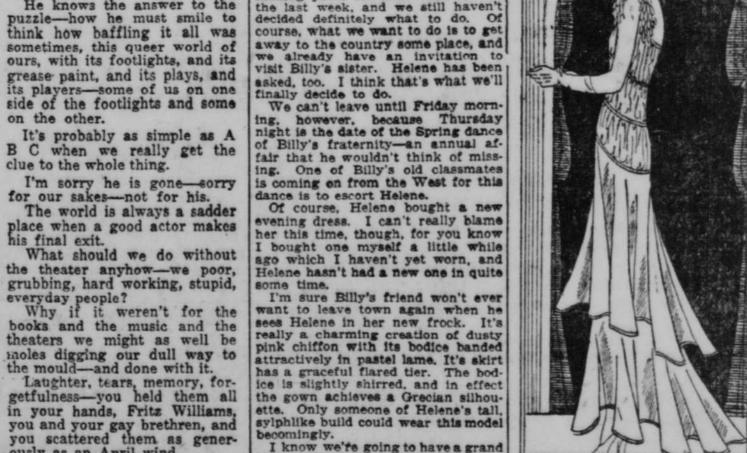
The day of small nations has passed away; the day of Empires has come.

-Chamberlain. Debts and lies are generally mixed together. - Rabelais

The Almighty has His own purposes. -Lincoln.

Everything is sweetened by risk. -Smith

Silhouette.



The Gown Achieves a Grecian have three days in the country with

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