

# Daily Magazine Page for Everybody



## Get Rid of Infected Tonsils---It's Safer

-Why Go On Chancing Bad Health

Diseased Tonsils Are the Root of Plenty of Other Ailments and Unless Treatment Is Effective the Sooner They Are Removed the Better, Says Authority.

> By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City.

> > A child may have enlarged, soft

Very often the tonsils are deeply

embedded in the surrounding tissues.

Then if they become infected they

are exceedingly dangerous, for they

are capable of injecting proportion-

ately larger amounts of poison into

the system because of their deep-

seated position. Such tonsils are re-

sponsible for a great deal of rheu-

matism and heart disease. Many

cases of heart disease in children

are due to imbedded and infected

filters of the blood and lymph from

the throat and nose. When these

glands become infected removal of

Treatment by the X-ray is becom

ing more and more universal, not

only in tonsil treatment, but in many

tion of normal tissue is necessary.

us hate facing the truth, but it is

prising, with modern methods of

the tonsils often effects a cure.

tonsils and a bad throat. They are

TOT so long ago the medical The common cold keeps more chilprofession removed the of- dren out of school than all other childhood diseases put together. Perfending tonsil and consid- haps the tonsils are at fault. ered it quite a minor operation. Today, while the operation is quite a menace to health, and the tonsils

erry, yet the sician looks major surey and goes equt it with berate care. Blany cases tonsil infecion do not deand opera-

ou that you better have your onsils removed, he is trying to save you from something much other conditions where the restora-Worse than a slight operation. The tonsils are made up of It becomes important in shrinking

brous tissue, and in them are deep too large and soft tonsils that enwets which run deep down into danger the health, and in treatment tonsil. The warm mucus and of the throat after tonsil removal in of food that may lodge in these order to make the throat more rekets form nesting places for sistant to infection. ms and are apt to hatch poisons. If the tonsils are diseased, or are poisons are taken up by the not self-cleansing then the sooner we stream and carried to every get rid of them the better. Most of

theumatism, heart disease, colds and for two or three days than to go on ore throat, eye or ear troubles, ner- for years having bad health. cousness, dizziness and plenty of The after-care of tonsil removal other troubles. If you have pains in is important. In the case of a child your foints and any of the had feel- he should be kept in bed for several ings I have described your doctor days, or in an easy chair out of will look for the cause in tonsils, or doors in fine weather. It is sur-

Many a child is uncommonly sus- procedure in this operation, how contible to colds. This condition may soon the patient recovers. He is lend to many other even more seri- soon set to work to eat and chew ous ailments unless it is checked for this gives proper exercise to the

Answers to Health Queries

Great Lovers of Antiquity

By IRVING R. BACON.

Justinian and Theodora.

and the cause found and removed. throat muscles.

A .- Yes, it would be very indigesknowing the facts in the case it exercise daily should reduce

send a self-addressed, stamped en- to the weight. velope and repeat your question. | Commight, 1930, by Newspaper Feature Service, In-

Emperor Justinian rests upon

forty-fourth year, was heir-apparent to her.

to the throne, his uncle Justin be-

Justinian was noted for religious

M. T. Q .- Is it harmful to eat | Mrs. P. Q .- What will reduce the weight? I have been dieting for four y-What can be done for an oily weeks and have lost eight poundsis this sufficient? Is coffee fatten-

tible and therefore not properly as- A .- Cutting down on sweets and similated by the system. Without starches and taking some regular would be dificult to give further ad- weight safely and sanely. A loss of two pounds weekly is very reason--Correct the diet, cutting down able-it is unwise to lose too rapidly on fats and rich foods and keep the No. but if taken with cream and system clear. For full particulars sugar and used in excess, it will add

be suitable to their tender years.

# Accessories

Seek Harmony in Advises (Carie (Harol)



Y this time most of us have struggled through the various fashion bulletins, compared them with what was being shown in the shops and what one's best friend was wearing, and have emerged with some definite idea of what is what in the sartorial scheme. Hat, shoes, gloves, handbag and jewelry, all must be right and particularly suited to the costume worn.

If the principal costumes designed for day and evening are to be black, blue, red or brown, see to it that the dresses for less important duties and occasions have in them a touch of the color used for the dress or its trimming, then the accessories will be easily interchangeable. Shown today are a group of accessories designed to do perfect duty with several outfits. The hat is of medium brown felt with an inset of darker brown velvet that ties in a bow at the back. The tan gloves with brown gauntlets have no side seams. The bag would be nice with both a brown and black frock as it is of black suede with beige reptile trim. Both neat and attractive is the calf skin shoe which has a wooden heel and perforations. The belt is of dark red leather with a patent trim and

vot mus' be put on stove last meenit. down there you must mind him.

began to until boxes from the dutifully-and ludicrously-echoed a fenders and Junior and Roderick second later by Junior and Roder-

"But some of them are, aren't | "What I said," rumbled Sam Ticer

Oh, yes, quite a number of them, that if they didn't work good and

they?" His voice was strained with with a portentous wink at me. "was

But, of course, you are not to look. hard all the time they was in the

Jim will take them all into the store- basement they couldn't come

#### Arrived at the Farmhouse the Party Is Love's Reawakening -:-"Deluged" with Happy, Shouting Boys-Junior Leading in the By Adele Garrison.

for us?" Junior demanded.

anxiety now.

playroom in the basement, which son,

was to be the grand surprise for

room off the kitchen. Then I'll come

in after a while and sort things out.

Now, tell me, boys, about everything

A Questionable Example

some signaling of their own.

Ticer? He said we did.

his facial muscles in the patent at-

"Whatever Mr. Ticer says about

Y disquiet over Dicky's an said with the simile so familiar to told him. "He is in entire charge noyance at Philip Veritzen, us. "Eet almost ready; only tings down there, and whenever you go which shadowed my journey I roon queeck and feex." to the farm, had no chance to assert HE claim of the admiration of children to the Hippodrome theatre, itself once I had reached home. We kitchen door, while Jim competently Henry's simultaneously, and was the modern world of Roman to take part in such roles as might had stopped at The Larches to in-Theodora grew to be the most beau- troduce the Brixtons and their jumped up and down in wild excite- ick. Patently the two younger boys young man still loves you? There is be on the table by the time everythat stop Lillian had laughingly the big limousine down the road

first Christian Emperor, Constintine. frightfully revengeful. which occupied another part of the her will.

great Hippodrome, in which the Beneath the palace was a labyrin- farmhouse one or two people came William was chosen spokesman by thine network of dungeons. Hun-jout to meet us On entering Justinian was shocked. dreds were confined there for even | Roderick and Junior were in the The performance was a medley of acting, singing and dancing-a sort of Caroling Vanities. One performer in particular. Theodora, stood out prominently-a beautiful girl, in a costume which was altogether neglibarrassment, Justinian signified to after choosing an Emperor of their at my side, half laughing, half cryhis friends that he would like to own, was eventually deprived of ing with the emotional welcome she meet the dancer. And, after a brief sight and reduced to actual beggary gives me after any absence from meet the dancer. And, efter a brief through the hatred which Theodora home, no matter how short. Jim question in the affirmative.

casual way that he had asked her him Theodora at that time was twenty- beggar in A. D. 564, although he had taken to the Catskills, but many three. She was one of three daugh- had vanquished Vandals, Goths and boxes of all shapes and sizes which ters of a man who had been the Ostrogoths, saving Africa, Italy, filled every available space in the feeder of the bears at the Hippo- Gaul and Spain from being wrested cars, and packed in larger boxes,

drome. She was six years old when from the empire. he died, and her oldest sister was Theodora had died many years running board. I not only had much before, but her spirit of revenge of my Christmas present shopping.

Destitute, their mother sent the lived beyond her grave.

## The Stars Say—

By GENEVIEVE KEMBLE

HE general trend of planetary with the advance of affairs toward with precaution in signing papers be ready.

with precaution in signing papers be ready.

with precaution in signing papers be ready.

"We're nearly starved." he added minor items look extremely small, as brimmed shades to match. tions. There will be a stimulus the employment of others. toward constructive action and pos-toward constructive action and pos-sible change, with promise of finan-be steady, patient, persevering, and frown. I had seen her glance ap-But once at home they may look a matter of personal preference. In cial betterment. But it would be should make progress toward the ful- prehensively at my doughty mother- more bulky.

wise to sign all papers with precaufilment of ambitions by industry and in-law after her laugh at Sam Ticer's End tables, for example, are most always obtainable, and, armed with black suede were stitched in the tion and if in employment not to application. It may do better on its witticism.

For Thursday, November 6 | speculation, are encouraged, and elders may be approached for assist-

Those whose birthday it is are at

his codification of the Roman laws. tiful of the three children. Admirer guests to the big rambling country ment. To this day that monumental work after admirer lavished fortunes upon house and to smiling Mrs. Ticer. continues to influence the jurisprud- her. None, however, had ever asked who, acting upon a telephone mesence of practically every Occidental her to be his wife until the heir to sage from me, had fires going all the throne of the greatest empire over the house and told Mrs. Brix. the throne of the greatest empire over the house, and told Mrs. Brix-In A. D. 527 Justinian, in his the world had ever seen, proposed ton competently that "lunch would She became a good and dutiful body's ready to eat it." During ing Emperor. The seat of the Ro- wife, not even her enemies ever man Empire at that time was Con- breathing a word of scandal about transferred herself from the Veritstantinople, having been transferred her in so far as loyalty to her hus- zen car to her own, and Otto, at a from Rome 200 years before by the band was concerned. But she was word from Mr. Veritzen, had sent So infatuated was Justinian that, toward the country hotel which was fervor and studiousness. Except for after the death of Justin, when he to be his headquarters for the next his interest in chariot races, which and Theodora were crowned, he week or two. Mrs. Brixton had were then the craze of the Roman made his subjects take an equal vow begged Marion for lunch, so that world, he rarely ever took part in of obedience to the Empress. Co- when we drove into the farmyard we anything that savored of pleasure. equal with him in power, it was were six in number-Mary. Noel, After the races one day his friends really she wno ruled the empire, as Harry Lillian, Dicky and myself induced him to enter the theatre. Justinian never undertook to oppose But our number was more than doubled when from every door of the

innocent references to the Empress' lead, hurling themselves pell-mell past. They rarely came out except upon Dicky and me. Just behind to be beheaded. Delisarius, who is them came Henry and William, a accounted one of the four greatest bit less vociferous, but apparently generals in history, and to whom no less glad to see us. From the Justinian and Theodora owed their doorway Mother Graham and Kathrescue from 30,000 rebellious Greeks erine smiled at us, but Katie was friends and announced in the most had instilled in Justinian against stumped his way around the corner of the house to take care of the Delisarius died as a blind street luggage, only two bags, that we were tied to the fenders and the

but decorations for the tree and the

we deserved Sam Ticer's comment

with his son Jerry, he drawled:

You're scabbin' their jobs."

when, emerging from the basement

the basement is true. William," I Copyright, 1930, by Newspaper Feature Service. Inc. Home-Making Helps By ELEANOR ROSS

straight, for from behind the backs of Tom Sawyer, had used the re-

Decorate with a Yardstick! dinner table as well, and I felt that TNCHES, as well as color and de- above that level and it means need- secret of their chic was found in when selecting furniture. For when one rests in the chair, when selecting furniture. For instead of comfortably reaching out worn gloves among these girls. sign, must be borne in mind less discomfort-having to raise the their carefully chosen accessories.

He and Jerry and Katie punctu- small items, like little tables, lamp harmonious appearance.

"The truck drivers' union will be that one little inch or two, more or at the chair level for books, cigar- Several girls this afternoon wore gittin' after you, Mrs. Graham. less, may make all the difference be- ettes, etc. Having the end table an hats of the new modified tricorne tween a jagged and a harmonious inch or two low is the lesser evil, shape, and there was a general prefbut the even height not only is most erence evinced for suede gloves and Mother Graham Disapproves | effect. Before deciding on even the convenient, but presents the more shoes in both black and brown.

Clever Tactics

through the doors at all. I couldn't

be bothered with nobody around:

'That's only fair," I said gravely

He did not answer for several

seconds, while the boys looked wor-

riedly at each other, and the rest of

(Continued Tomorrow.)

But do you need them now, Mr.

that isn't working."

Christmas surprise

bases, occasional chairs, and so on, Lamp heights also require plan- apologize for my own accessories ated the jest with laughter, but I the space available should be meas- ning in advance, or one tends to which I had chosen to wear with a conditions holding sway on the threshold of a year of substant saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored Canton crepe the threshold of a year of substant saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored Canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored Canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored Canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases as a bit too high for the black semi-tailored canton crepe the saw Mother Graham's face change ured carefully in relation to size of select bases a bit too high for the black semi-tailored canton crepe the saw Mother Graham's face change used the saw Mother Graham's face c this day is especially significant for the breaking away of the cant for the breaking and congestial obstructions and crystallization old obstructions and crystallization of the canter view of the fact that furniture of the manufacturers, for many of the The brim of the hat was turned with the advance of affairs toward with property interests, but he asked Katie when lunch would small size gives a deceptive impression new type lamps this season run to back from the face and finished with sion when viewed in the shops. Most squat, low bases and generous the saw-tooth edge that is popular and Katie with a giggle covered her they stand in relation to the larger Low, roomy chairs are usually the the "coquettish" element was intro-

convenient when their surface is a tape measure attached to a shop- novel manner of many of the best- hand. My slippers were the Colonial run counter to the wishes of em- own than in employment, although "You get eet shoost as fast as perfectly adjusted to the arm of ping list, there's some insurance made gloves now, giving length and type of step-in pump and developed ployers. Sound investments, not it may count on benefits from elders. leetle sheep shake hees tail," she chair or couch. An inch or two against later buying repentance.

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# The Wife Who Doesn't Want to Be "Jealous"

-Husband "Flirts Just a Little Bit"

Watching Him Like a Jailer Watches a Prisoner Is No Way to Hold a Husband's Love, Says Winifred Black, Answering a Heartsick Wife

By WINIFRED BLACK

TTER husband is a flirt and she's written to me about it. she seems to think, but still it wor-

"I have been married four years," says the Worried Wife.
"My husband has always been & perfectly devoted to me: we N danced together and rode together and had & our vacations / together. Why, we even went out to our little

suppers together WINIFDED BLACK tre-alone.

I heard him tell a woman I know you bore him, my dear; just as any ever swallowed a keg of nails? that she danced divinely. I thought woman bores a man when she tries

and just acts all the worse to tease for a change me. I don't want to be a jealous He isn't a mysterious God-like pewife, I've heard people laugh at ing just because you happen to be gest." Flor remarked them so often. I am fighting very in love with him. "About twice as har hard for my happiness and my belief in my husband, but oh what not to go to parties at all and not

to let him go either. I could be very happy just in my home with him-would you advise me to try too-and keep up, out in the open for that sort of a life?

earth can advise you what to do

himself down to a monotonous life ture a swallowerin something that will seem like "What's that?" asked Mij. Flor. nothing in the world but a prison Rather a harmless flirt, to him, if you try to keep him there Hanid, Yam and Knarf, the shadows

with you all the time?

hears every word your husband says described it. to anyone else, no matter where you

What were you doing while he known as the swallow." was telling the other woman that him as a jailer watches a prisoner? If you were-look out!

"But now he's always wanting he loves you or he wouldn't have of it. You love him, of course, and to go with other people or to have married you; but he isn't the world other people go with us. And at and the moon and the stars and the one so much as for the swallower

I was the only person-that 'danced to keep him "tied to the track" Get some other interest yourself, pointed. "Well," he said, "you're "I haven't said a word to him Stop thinking about him night and still quite young. Perhaps you'll about it, but my heart is sick. Sometimes I think he knows how I feel somebody else and something else— had swallowed a keg of nails, though.

> Make friends, make lots of friends, fill your life so full of other people's Fat-Wat decided he wanted to cap-

"Some of my friends advise me that you give that husband of yours time to come up for air once in a And-come up for air yourself.

with the world full of interesting "Don't laugh at me, be sorry- things-not shut up in the dark fetid and understand. Signed, Unhappy dungeon of a suspicious soul. If your husband is worth any-Well now, my dear, nobody on thing-he is worth letting alone. If he isn't-why let him go and with your own husband, especially tell the manicure girl and the waitif your husband is a stranger to ress and the telephone girl, and the one who is trying to advise you. every other woman he meets that To begin with, of course, you can't she is divine—and let it go at that. keep him from going to parties if They all know just exactly what

he wants to go. And why shouldn't he is-why worry? he want to go, why should he tie Copyright, 1930, by Newspaper Feature Service, Inc.

#### Helpful Advice to Girls By NANCY LEE

DEAR NANCY LEE: I am in love with a man who tells me he loves me dearly. Have known him for eight months and saw him steadily until just about a month ago, when he stopped calling or seeing me very suddenly. and I don't know why. Nancy Lee, can you tell me how I can see him again. I love him and I'm sure he loves me. I can't under-stand it at all. Please help me. She started on a trot for the plosively from William's throat and LONSOME BROWN EYES.

> ONESOME BROWN EYES: What makes you so sure that the were copying the two older ones nothing in his conduct to justify your duct, and I worriedly wondered to give you an explanation for his friends and not let him know that DEAR NANCY LEE:

with a fellow several years my senior. He lives in another town, and comes to see me occasionally, and we write. I have been going with him two years. He is nice, looking, and I like him real well. He has a good position and makes good money. But he has never said anything about wishing to marry. When I go to his town to visit or he comes to see me he is always glad to see me. But I just can't understand him I would like to have some advice from you as to how to go about the matter.

MILLIE C .: It would seem that the "Are these all Christmas presents in every detail of language and con- thought. The least that he can do is | woung man regards you merely getting the better of their intention boxes did contain furnishings for the their younger brother and my small of the friendship of a nice girl. I and go about with them. Anyway, spread it on a slice of brown bread would advise you to make other anything would be better than allowing yourself to become a habit with of your time and friendship you give him. Two years is a long time, and

#### you are worrying about his behavior. a man who does not mind how much I am a girl in my early | certainly there should have been an | twenties, and have been going understanding by that time, if ever.

#### A Fashion Model's Diary By GRACE THORNCLIFFE

She Is Impressed with the Importance of Perfectly Assembled Accessories.

ILLY and I are becoming real "Is it true," he said, "that we us had hard work to keep our lips social gad-abouts. Everyone have to work all the time in the from quirking into smiles, for there seems to be entertaining these basement if we stay down there with had come to all of us the realization days and many of the affairs are deof the clever manner in which Sam had hard work to keep my face Ticer, who probably never had heard ightful late afternoon teas. This of the boys Sam Ticer was making verse tactics of that redoubtable seems to be the happy solution for frantic and grotesque movements of youth to keep the four boys away people who are in business all day from the basement, which he and and have definite ideas about gettempt to ask me to answer William's Jerry were fitting up for their ting their beauty sleep before midnight. To drop into a cozy apartment for a cup of tea and a chat with one's "intimates" after a long day at the shop or office is restful

> I've been interested in noting how the girls who attend these "informals" manage to look so smart, for like myself most of them have been working all day. But after a little thought I decided that the true

on dresses as well as millinery. But

Are Interesting Accessories.

# Good-Night **Stories**

By MAX TRELL.

"I had a little gun. I shot it in the air. Pop, went the gun. And no one seemed to care."

NE DAY," the tin-soldier related. "King Fat-Wat

-Shadow Song.

What kind of a man do you want late at night. Their masters and for a husband anyhow, a slave or mistresses were fast asleep. They If he's a real man, you can't make found the tin-soldier guarding the slave out of him no matter how nursery (at least he thought he was guarding it) and they got him talk-And whisper, how did you hap ing about his hunting adventures pen to hear what he said to the with his royal friend, King Fat-Wat, other woman? Were you listening? whose kingdom was on "the other Are you one of those women who side of the wall." as the tin-soldier

"A swallower," the tin-soldier went on, "has nothing to do with the bird

"One swallow doesn't make a Sum she was divine? Were you watching mer." Yam put in, rather uselessly it seemed. The soldier frowned. "Nor does one swallower make it neces-He's scheming this minute to sary for you to interrupt. A swalthink of some way to escape from lower gets its name from its habit of swallowing everything that it

"That's a very bad habit," Hanid pointed out. "Indeed it is. And it's bad for no

parties, he doesn't dance with me sun all rolled into one. He's just a itself. Just imagine if it happened very much-only once or twice dur- plain everyday man who gets to see a keg of nails, it would swaling the evening, and the other night hungry and tired, and bored. Yes, low it at once. Have any of you The shadows shook their heads. At this the tin-soldier looked disap-

you'd know exactly how it felt." "They must be very hard to di-"About twice as hard as cocoanutbuns. But as I was saying, King



Very Thick Molasses, Said the King."

ture a swallower to keep in his din-Why did he want to keep it there?" Knarf inquired. What better place is there for swallowing than a dining-room? I agreed with His Majesty that we ought to set out at once. 'First,' he said, 'we must get the molasses'---

'Thick molasses, Your Majesty." "'Very thick molasses,' said the

The very thickest molasses that we can get.' I said.' "What did you need molasses for?" the shadows asked, their curiosity

"No one can expect to capture a swallower without molasses. You and offer it to the swallower. Naturally it tries to swallow it. But the molasses is sticky and instead of sliding down its throat it stays in its mouth and keeps it tightly closed. It is important to keep its mouth tightly closed for otherwise it is likely to swallow you. If that should happen, it makes it a great deal harder to capture it. The shadows nodded in agreement.

That part, at least, seemed quite "And did you get the very thickest molasses?" Mij wanted to know.
"Oh, yes. We spread it on two large slices of brown bread and set

out at once. "And did you capture the swal-lower?" The tin-soldier sighed. "A curious thing happened," he said at last, "a most curious thing. I've never heard the like of it before or

(Tomorrow: The Hunt for the Swallower.) Copyright, 1930, by Newspaper Feature Service, Inc.

Words of the Wise Shun the inquisitive person, for he is also a talker. -Horace.

Our soul is full of a thousand nternal contrarieties.

The eyes of a man are of no use without the observing power.

-Hood. Truth is forever truth, and

love is love. -Hunt. Everybody has his own thea-

tre, in which he is manager, actor, prompter or playwright, scene-shifter, boxkeeper, doorkeeper, all in one, audience into the bargain.

A thorough conviction of the difference of men is the great thing to be assured of in social -Helps. knowledge.

The man who has not anything to boast of but his illustrious ancestors is like a potatothe only good belonging to him is underground, -Overbury.









