PRESCRIBE EXERCISE FOR THE WOUNDED

"PLAY.THERAPY" IDEA IS BEING TRIED OUT IN CAMPS OF DEPARTMENT.

Chicago.—"I prescribe an hour of voiley half for your stiff wrist this morning," Is being heard now in a wounded soldiers are convalencing. Or, It may be that the prescription is semething like this: "Hoy, your knee Joints are pretty stiff and the kinges of your hips den't work right. Suppose you play arch ball for an hour today and tomorrow and then prolong the period of play a bit. This will do more

for you than anything cise."
Dr. H. F. Kallenberg, chief of Y. M. C. A. physical directors in the central military department, with headquar-ters in Chicago, is receiving word almost daily that the latest method of treating wounded men in government hospitals in such cases as demand ex-ercise of joints, fingers, wrists, legs or arms, is doing wonders for the sol-diers. They not only are throwing off their nilments but are taking on cheerfulness and a new interest in life, he declares. The treatment is "new" in that medical men examine each case and prescribe certain, games to fit the is of that case. No playing at es requiring exercise of introductor or needs of that case. joints is done save under the direct su pervision of a medical officer, Doctor Kallenberg asserts,

Helping Government,
"Physical directors of the Y. M. C.
A. are helping the government in these matters at this time," explained Doc-tor Kallenberg. "I understand the ap-plication of our theory that the playing certain games metal certain ailments is being demonstrated with one ments is being demonstrated with success at various enume in the plain re-construction of the physical man. We do not under rate massage, hydro-therapy, electrotherapy or manual therapy, but we are finding that speci-fied exercise in play works wenders in loosening joints and brings the man to a normal state."

At the following camps the new

treatment of "play therapy" is being used successfully upon hundreds of sounded seidlers, sulless and marin Taylor, Dodge, Great Lakes, Fort Sheridan, Fort Des Moines, Fart Ren-jamin Harrison, U. S. General hospital No. 21, Denver, and plans are being mude new to establish the treatment at Campe Function, Sherman, Custer and the big Ford hospital, Detroit, It is reported that Major Kelley at Camp. Grant has set uside two large two-story barracks for a gynunasium and will ask the Y. M. C. A. for two men to assist in directing wounded soldiers in

HONOR FIGHTING PARSON

Dr. John H. Clifford, Baptist mintster in time of peace, but real fighter in time of war, has been awarded the croix de guerre for extraordinary heroism in action.

Doctor Clifford, as a Y. M. C. A. worker, braved the red wrath of war He has been in the firing zone as much as the hardiest infantryman and was decorated for a most unusual exploit. He was one of three men who braved incessant enemy shell fire while re-



DOCTOR CLIFFORD.

cuing Col. Albertus W. Catlin, commanding officer of the Sixth regiment of marines. The trio carried the colo-

nei to safety on a stretcher.

Doctor Clifford went over the top many times and came near being killed on several occasions. He is fifty-one years old.

Praises "Y" Work

Unqualified praise by Consul General Harris in Siberia for the service rendered not only to the American expeditionary troops, but also to the Czechs and to Russian prisoners by the American Y. M. C. A. is contained in an official communica-tion transmitted to the state depart-ment at Washington by Paul S. Reinsch, American minister to China.

Great Athletic Program. Through the Y. M. C. A. the United States plans to introduce a project for the development of American athletics in the allied countries. America's greatest athletic leaders are being fitto direct the movement from the

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ist has sung or played in direct comparison with the New Edison. In not one instance have the listeners been able to distinguish artists from instru-

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KENTUCKY.

MAT COHEN

Calls Meeting of Tobacco Growers And Warehousemen.

At a meeting called in Lexington Ky., March 28th, of this year, a tentative organization of the loose leaf bacco warehouses of this Commoncalth was formed, and in order that at only those who are associated or connected with the loose leaf tobacco warehouses, but all those who are inpercented in the planting and growing of the 1919 crop may be heard, relaive to this organization, a meeting will be held in the Board of Trade Building, Third and Main Streets, ouisville, Ky., at one o'clock P. M. Saturday April 12th, 1919, and to which every farmer who contemplates growing tobacco this year and every ne who is directly or indirectly interested in the loose leaf warehouses of this state, or directly or indirectly aterested in the tobacco industry, is currently and cordially invited attend this very important meetmy, and join in the discussion as to he necessary course of procedure to prevent the planting of the contemplated acreage of tobacco in Kentuc-by this year, which, if carried out as contemplated, will undoubtedly result disastrously to those so engaged.

MAT 8. COHEN,

Commissioner of Agriculture.

BABY CHICKS MUST HAVE AT-TENTION

Feed them regularly,-give them plenty of clean drinking water, and day give them a little B. THOMAS' POULTRY REMEDY, the bone and muscle builder, as well as a tonic and specific for bowel W. A. DICKERSON troubles.

Wise Provision of Nature.

Man always worships something; always he sees the infinite shadowed forth in something finite; and indeed can and most so see it in any finite thing, once tempt him well to fix his eyes thereon.-Carlyle.

For Bed, Board and Laundry. Here is a perfect gem of misapplied English from a woman answering an advertisement for a French governess "au pair"; "I know a little English, and could give easy, at once, lessons in French, for which I will be nour-ished, lying down and blenched, who, I think, are the conditions 'au pair." Boston Transcript.

TOTAL VALUE OF # **ALL FARM CROPS**

According to Bureau of Crop Estimates Fully One-Half Is Found in Cereals.

HEMP CROP INSIGNIFICANT

Vegetables Appear to Be Gaining in Relative Importance-Tobacco Has Highest Value in History for Crop of 1918.

(Prepared by the United States Depart-ment of Agriculture.)
Fully one-Half the total value of all farm crops in 1918 at the farm, according to the bureau of crop estimates is found in the cereals, the crop total being \$14,222,000,000 and the cereal total \$7,070,000,000. The group next below in value is that of the fiber crops, cotton and hemp, but the latter is insignificant. Including cotton seed, these two crops have a value of

these two crops have a value of \$1,046,000,000, or 14 per cent of the ag-gregate of all crops.

The census items of hay and forage crops make a total value of \$1,884,000,-000 for 1918, or 13 per cent of all crops, but these items do not ade-quately cover the value of straw and corn stover and do not include pastur-age, the value of which may now be roughly estimated at \$1,000,000,000-more than one-half as much as that of the hay crop. If pasturage is in-cluded, the value of the lay and forage of 1918 must be nearly \$3,000,000,000,000—one-fifth of the crop total.

Vegetables Gaining.

Vegetables, subject to high variability in production and price from year to year, nevertheless appear to be gaining in relative importance. Their value in 1909, the latest census year, was 7.6 per cent of that of all crops, and in 1918 it was 9 per cent, or \$1.246,-000,000. The same is true of fruits, the value of which has become \$638,000,000, or 4.5 per cent, in pince of the

3.1 per cent of 1909. Tobacco has the highest value in his tory for the crop of 1918, and this reaches the estimate of \$374,000,000, or 2.6 per cent of the crop total.

The high prices of lumber and other forest products have raised the farm value of the year's products of "the farmer's wood lot" to considerable proportions. A rough estimate for 1918 computes a value of \$308,000,000, or 2.5 per cent of all crops. Value of "Seed Crops."

The group called "seed crops" in the census arrangement includes beans and peanuts as well as various other seeds. For 1918 the value of this class of products is \$348,000,000, as estimated,

and this is 2.4 per cent of the crop total. In the value of the sugar crops, In the value of the sugar crops, no beet or caue sugar is included, but only the beets and the sugar cane. Other items are sorghum cane sold and sirup made and maple sugar and sirup. The total is \$137,000,000, of which \$04,000,000 represents sugar beets and sugar cane, and this compares with the value at the factory of the 1,007,050 short tons of beet and

HOME GARDENING IS FAVORED

000,000, more or less,

the 1,007,050 short tons of beet and cane sugar of 1918, which may be \$177,-

Likely to Prove Profitable Investment of Effort This Year-Plan for Family Needs.

(Prepared by the United States Depart-ment of Agriculture.) The home garden is likely to prove a profitable investment of effort this year as it has for the past several sen-



is, in the opinion of the United States department of agriculture. The States department of agriculture. The experience of the past few years has proved that persons who have sufficient land and spare time and who do their home gardening work intelligently and efficiently find it profitable. The relatively high prices of practically all foodstuffs tend to increase the saving effected, but the home garden should be planned with a view to meeting the family needs rather than of producing crops for sale on the market.