COLONEL ROOSEVELT'S CONFESSION OF FAITH

Advocates Measures Which He Says Frankly May be Denounced Either As Socialism or Anarchy.

Chicago—Theodore Roosevelt made his "confession of faith" on Tuesday to the National Progressive convention. The former president struck rut boldly into new ground, advocating measures which he said frankly would be denounced either as Socialism or anarchy. The delegates listened to his speech with the understanding that they must either adopt a platform substantially in consonance with his views or look elsewhere for a nominee for the presidency. These are the conspicuous points in the Roosevelt program:

Recall of judicial decisions. Colone Roosevelt now advocates its extension to apply to federal as well as state courts. He favors the establishment of machinery to make easier of amendment both the national and state constitutions.

Use of the government to assist workmen to become part owners of the business in which they are employed.

Control soft the trusts through re-

tention of the Sherman anti-trust law and the establishment of an inter-state industrial commission. Conditions determining monopoly prices to be controlled where these concerns deal with the necessaries of life.

life.

Adoption of a number of measures to secure "social and industrial justice to the wage-workers."

Legislation to increase popular control of all governmental agencies, including a national law for presidential primaries, election of United States senators by direct yet, the short ballprimaries, election of United States senators by direct vote, the short ballot, corrupt practices acts aplying to primaries as well as elections, qualified adoption of the initiative, referendum and recall.

Woman suffrage.

Strengthening of the pure food law.
Establishment of a national health department.

epartment.
Creation of a permanent tariff com

Measures to relieve the high cos

of living.

Development by the federal government of the Mississippi river as a deep waterway, by use of the piant employed on the Panama canal zone at completion of the canal,

Fortification of the Panama canal.

Navy to be built up steadily un... reduction of armaments is made possible by international agreement.

Baseball Players' Union Formed.

New York.—Professional baseball players of the major leagues have organized a mutual protective association, with Dave Fultz, former star_out-fielder of the New York American League club, and now a New York lawyer, as president. It is the first time since the brotherhood days that the playing fraternity has been united, and while as yet membership is confined to players of the National and American leagues, it is intended ultimately to take into the fold every active member of the minor leagues working under the present system of organized baseball. Baseball Players' Union Formed

Prisoners Break Jall.

Prisoners Break Jali.

Evanston, Wyo.—After binding Jailer Joseph Fife hand and foot and wrapping him in some blankets, Joe Turner, serving time for forgery, openade the cells and liberated all of the prisoners in the county jall in this city on Wednesday. Seven men were in the jail and all but one took advantage of the jailbreak. Turner jumped on the jailer and overpowered him, just as Fife and a trusty were entering to feed the prisoners. Bert Dalton, partner of the Whitney brothers, escaped with the others

Lumber Men Indicted.

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Spokane, Wash.—A. L. Porter of Spokane, secretary of the Western Retail Lumbermen's association, who with thirteen other secretaries of retail lumber dealers' associations, was indicted in June, 1911, on a criminal charge of violating the Sherman law, has been released on his cash bond of \$2,500 by Judge Kennesaw Mountain Landis of the northern district of Illinois, and his bond accepted.

Permit Agricultural Entry.

Washington.— The house public lands committee has reported favor ably the Smoot bill, which has passed senate, permitting agricultural on coal and gas lands, these pro-being reserved to the govern-

New York.—Betting in Wall street on the presidential race was brisk on Tuesday with Wilson a 2 to 1 favor-tic. Odds of 5 to 4 and 10 to 7 were given that Roosevelt will beat Taft.

Stop Smuggling by Tax.

Stop Smuggling by the San Francisco,—"If opium were taxed \$5 a pound, smuggling would cease and the government would obtain a large revenue," said United States Customs Surveyor Duncian E. McKinley in discussing the subject.

One Commissioner for Canal.

Washington.—Discussion of the Panama canal bill occupied the senate Tuesday and the principal action by that body was the substitution of a provision for a one-man form of government in the canal zone.

Confesses Girl's Murder.

Bangor, Me.—A confession that he murdered Naomiette Mitchell, a four-teen-year-old girl, at North Carhill, was made to Sheriff White by J. Sherman Gray, who was bound over for trial.

Back to the Farm Movement.

Back to the Farm Movement.

Chicago.—A \$5,000,000 agricultural Chicago.—The fight to pass the and industrial exposition building, in which allens will be taught the aught the aught the aught that the aught the aught the aught that the country and the "back to the farm" movement, the house for further confersuals been planned.

St. Anthony, Idaho.—Sensational testimony to the effect that boys were stripped of their clothing and lashed with heavy straps was given on Tuesday and the measure was sent with heavy straps was given on Tuesday. School investigation.

ROOSEVELT AND JOHNSON CHOSEN

DELEGATES SING HYMNS AS nominating them was due to the large number of seconding speeches allowed.

THE NEW PARTY.

As has always been the case in national political conventions, the bulk of the work of the Progressive gatheriton by Appearing Before Convention to be Notified and to Voice Their Acceptance.

Chicago.—The first national convention of the new Progressive party was adjourned at 7:27 p. m. on Wednesday, after Colonel Theodore Roosetay, after Colonel Theodore Roosetay and the Roosetay Roosetay



vember.

Raymond Robbins of Illinois pledged a 100,000 majority for the national ticket in Illinois, and Gifford Pinchot predicted a 300,000 majority for Colonel Rooseveit and Governor Johnson in his home state of Pennsylvania. These statements were cheered to the echo.

The party formally christened itself the Progressive party." leaving out

The party formally christened itself "the Progressive party," leaving out the prefix "national" by which it has heretofore been known, but provision was made for the recognition or "real" progressives in any of the states by whatever name they should be locally designated because of state laws.

During the three days it was m session, there was not a roll call nor a ballot. The delegates asked no such formalities, either in placing their candidates in nomination or in voting for them. There was not a voice of opposition, either to Colonel Roosevelt or Governor Johnson. The delay in

Increase in Freight mates.

Washington—General Increases in treight rates on commodities to become effective September 2 are proposed in new tariffs filed by the transcontinental railroads with the interstate commerce commission.

Suspected of Murder.

St. Joseph, Mo.—A section hand employed at Clarinda, I.a., was arrest-orded in new tariffs filed by the transcontinental railroads, with the interstate commerce commission.

coronel Roosevelt worked with the sub-committee in charge of the plat-form until late Wednesday atternoon, going over their work of the two pre-vious days and nights and vigorously helping to mould the draft which at last proved acceptable to him. The platform did not take up the negro question.



Aged Veteran Dies.

Elizabeth, N. J.—Colonel George H.
Sweet, a veteran of the Mexican and civil wars, is dead at his home, "The Maples." at the age of \$1. He served ander General Scott in the Mexican war.

Fighting in China.

London.—Severe fighting has broker out at Wu Chang, in the Chinese province of Hu-Peh, according to a news agency dispatch received here from Tien-Ts'n The trouble arose over the diabanding of some of the troops.

After the Eeef Trust.

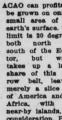
Washington.—Soaring pricos of beef and other mgats have attracted the attention of the federal government, and may have the effect of hurrying on the investigation of the so-called beef trust.

Linotype President Seeks Divorce.

Reno. Nev.—Philip T. Dodge, president of the Mergenthaler Linotype control of the Mergenthaler Linotype from Margaret B. Dodge who is now in New York. The complaint charges desertion.

Suspected of Murder.

Teachers Charged With Brutality.

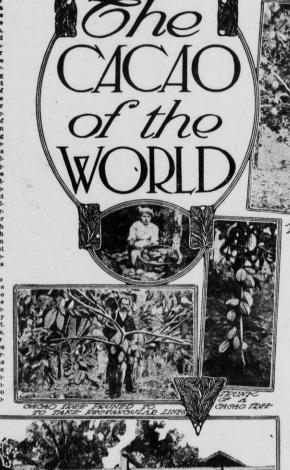


ACAO can profitably be grown on only a small area of the earth's surface. The limit is 20 degrees, both north and south of the Equator, but water takes up a large share of this narrow belt, leaving merely a silice out of America and of Africa, with the near-by islands, for consideration. Practically one-half of the year's crop comes from seven republics of Latin America; adding to this the amount grown in the dependent countries of America, it is evident that the Western Hemisphere produces every year the larger part of the world's supply. The list is again, headed by those friendly rivals, Brastil and Ecuador, on opposite sides of the continent, but both south of the Equator; they al-

ly rivals, Brazil and Ecuador, on opposite sides of the continent, but
both south of the Equator; they always contribute a generous proportion of the annual crop, and lead or
follow one another closely, with
commendable perseverance through
the decades. Among the American
republics, third place in 1911 must
be yielded to the Dominican republic, although Venezuela usually holds
it.

lic, although Venezuela usually holds it.

Thome, San (or Sao in Portuguese) Thome, according to some atlases and geographies, is not to be confused with St. Thomas, in the West Indies; it is a small island belonging to Portugal, and iles only 168 miles from the African coast. The area is but 400 square miles, yet the cacao production is enormous, and Thome cacao sometimes sets the pace and price in the markets. Africa, it would seem, has risen rapidly in importance since the beginning of the twentieth century, for the Gold Coast, the Cameroon (Kamerun), and Fernando Pohave since that time become pro-



ducers. Fernando Po, by the way, is another small island, of only 780 square miles, not far from Africa. It was once Portuguese, but is now Spanish.

small island, of only 780 square miles, not far from Africa. It was once Portuguese, but is now Spanish.

The British possessions have become remarkable producers of cacao in recent years. In the West Indies they include Trinidad, Jamaica, Grenada, St. Lucia and Dominica; in Africa the Gold Cosat and Lagos, while in the far east is Ceylon, which seems to specialize in crops that appeal to the unalcoholic tastes of the modern.

The principal constituents of the cacao bean are: (1) alkaloids; (2) starch and sugars; (3) albuminous matters; (4) cacao butter, together with various mineral substances. The alkaloids are complex organic substances which are responsible for the stimulant effects of cacao; caffeine is one of them, but appears in lesser amount than in coffee or tes, and there is a variable quantity of theobromine, which is not very unlike caffeine; starch is present in the proportion of about 7 to 10 per cent, while real sugar (glucose), at least in the bean itself, shows only about one-half of 1 per cent, although the starch may be converted as preparation of cacao advances; abuminous matters about 8 to 12 per cent; fats, of which cacao butter is the essential, from 45 to something over 60 per cent; the mineral substances are phosphoric acid, potash and magnesia. Other analyses may be found or made, yet for practical purposes this statement is accurate enough. There is a delicate substance called "cacao red," which is a coloring matter, and this characteristic taste.

Such proportions of nutrient ingredients are by no means a perfect food. It may be shown that

"caco red," when is a coloring matter, and this, with theobromine, is said to give to caco its characteristic taste.

Such proportions of nutrient ingredients are by no means a perfect food. It may be shown that 100 parts of cacao nibs contain heat givers equivalent to 132 parts of starch, while the flesh formers present amount to about 17 parts; or in other terms, one pound of cacao nibs is more than equal in flesh-forming constituents to 1 pound of lean mutton chop, but a pound of cacao nibs can not be eaten or drunk at one time—it would be quite indigestible—so that no argument can be based upon its theoretic food value. The amount of cacao butter, however important in itself, is also of little service in this connection, although it has other and much higher values in commerce; it would therefore be wasted if reserved for food alone.

The great advantage cacao has over similar substances, where also experience fails to support theory, is the fact that, in the form of chocolate, where the fats are retained, the palatability and assimilability of sugar mixed with it are very much enhanced. Not so many years ago the drink called chocolate was thought to be a reckless dissipation for one who had no regard for his or her stomach. To indulge in chocolate candy was quite as penniclous as to est fomatoes, and with quite as much reason. Tomatoes were once declared a poison, but today they are considered a very wholesome vegetable. Chocolate was once an exotic and bizarred drink, told about by travelers who had ventured into Mexico or Spain, but today it is even ordered in the sick room, and, at lefat in the form of cacao from which the fats have legsty been removed it is considered bath today it is even ordered in the sick room, and, at least in the form of cacao from which the fats have largely been removed it is considered both digestible and nourishing. Candies and pastry with checolate were practically taboo to well-brought-up children, and the adult who indulged

in such toothsome morsels was ridiculed as a backelider from the lusty diet of red meat and potatoes, on which his pioneering ancestors had grown strong.

potatoes, on which his ploneering ancestors had grown strong.

What a difference the scientific study of dietetics has brought about. Sugar—that is, carbohydrates—is now acknowledged to be a normal part of human food; in certain circumstances a necessary part of it, and any way to get augar into the system so that it will be agreeably assimilated is to help nature to accomplish her properiods. The carbohydrates are the accessory ingredients supplying energy to the body above that which may be obtained from the proteids. The harder the physical work an individual performs the more proteid must be eat, and up to a certain point the less sugar does he require; but in ordinary life the individual requires a dietetic mixture of proteids, fats, and sweets, while under conditions in which muscular tissue has been rapidly exhausted sugar has the faculty of restoring energy quickly, and therefore of making the heavier foods accomplish better results. The starchy foods like potatoes are useful in all dietaries, but when immediate results are sought, sugar must be used.

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Sugar is all right in itself, and commercial
statistics show that abundance of it is grown and
consumed. Yet plain sugar in a dietary will not
invariably be acceptable to the human animal; he
must have his taste as well as his logic satisfied,
and nothing makes sugar so agreeable as a due
proportion of chocolate added. Ask any child
what kind of candy he likes best, and the almost
invariable reply will be "chocolate candy;" ask
an adult what kind of cake he prefers, and with
a somewhat ashamed remembrance of youthful
days, when to indulge in cake was a seldom permitted but frequently clandestine luxury, the answer is "chocolate cake." The schoolgiri makes
'fudge" as a proud and self-popularizing accomplishment; the soda-water fountain would go into
bankruptcy if the chocolate sundae were withdrawn from the list of attractions, and a chocolate
calar would be a common cream puff if the
brown layer were scraped off the top. Chocolate
candy is in some cases one of the first of solid
foods offered (of course only under the physiclan's orders) to the convalescent from typhold
fever; and some armiers supply the men in the
field after a severe march, or those exposed to
the exhaustion of the tropics, with chocolate
candy, by no means for the sole reason that it
will if only for the time being overcome their
homesickness, but for the very dignified purpose
of meeting their dietetic wants by introducing
sugar nilxed with chocolate into their systems.

In Central America and Mexico the breakfast

sugar mixed with chocolate into their systems.

In Central America and Mexico the breakfast food of the inhabitants from prehistoric times has been a preparation of Indian corn with the produce of the cacon tree; this is made into a porridge called 'listo," which is agreeable to the taste and nourishing, for a long journey can be made upon it. In some factories it is admitted that 60 per cent of their chocolate is composed of sugar, and that they really sell sugar flavored with chocolate instead of chocolate flavored with sugar; the sweeter the article the hardened with several the satisfactory. with chocolate instead of chocolate flavored with sugar; the sweeter the article the better it is liked, although the purchaser is paying two prices for his sugar and is not getting what he asked for. He is buying what he wanted, never-theless, a sweet chocolate, and the rule is thus

proved that the cacao product is one of the best known associates of sugar.

As an inhabitant of the polar regions craves a fat of some kind, and as another in the tropics enjoys his fruits and his hot peppers—both nature bints in regard to diet—so the inhabitant in the temperate zone consumes sugar and is unharmed thereby, providing that there is no overindulgence. That explains why so much sugar is carried from the tropics to the north; it is a food necessity. It explains also why the manufacturers of cacao and the chief consumers are in the countries where no production is carried on. Proximity to the consumers is a recognized rule in manufacturing. The United States heads the table of cacao users, for the people number the most, but in proportion to population this country takes no more than its share. Germany, France and England consume annually considerable quantities of cacao, but Holland and Switzerland use an amount far in excess of their inhabitants.

Figured out in pounds per capita, the importation of cacao, for it

nually considerable quantities of cacao, but Holland and Switzerland use an amount far in excess of their inhabitants.

Figured out in pounds per capita, the importation of cacao, for it amounts to that, is quite striking. The United States uses about one and one-half pounds of cacao each year for each inhabitant: Germany about three and two-thirds pounds; France, a little over one and one-half pounds; England, about one and one-fifth pounds; Holland, altitle over five pounds; and Spain not quite six-tenths of a pound. Much of these quantities go into the preparation of cacaos and checolates to be used for beverages, but an ever-increasing total is manufactured directly into sweets, dulces, and bombons, thus distinguished according to the antionality of the people, or United States imports quantities of cacao, chocolate and confectionery from European countries, and itself exports quantities abroad, its markets including every country in America, even those in which cacao growing for export is an established industry.

Ia may be prophesied that the time is coming when the supply of cacao will not equal the demand. While there are untouched areas in Late. America, in Africa and the East Indies, yet this area is rather sharply defined and by nature limited. It is not so extensive as might be guessed by merely looking at the map, for the climatic factors of temperature and humidity must be favorable, or else the tree will not bear for commercial profit, although within a few miles of successful plantations. Probably America has larger resources of virgin land than the rest of the earth, and will always hold the lead in production. This should surely be the case if improved methods of cuitivation and transportation increase the yield and the profit from the crop.

The area for cacao production, as has been stated, is limited, while population is growing at a rapid rate, and in addition the value of cacao is becoming recognized with greater clearness each year. As is the case, therefore, with other great staples of

proportionately meager in relation to population as it at present appears to be ample.

Existence on a cacao plantation can be healthful and pleasant; it is a tropical life, but the surroundings may be made thoroughly agreeable, and the reward can surely equal the amount of energy expended.

Much scientific study has of late years been given to the botanical characteristics of the cacao tree, the methods of propagating it, its diseases, and the best manner of shipping and marketing the crop. Since the success of the valorization control of coffee in Brazil, plans have been proposed to valorize in Brazil, and Ecuador also, so as to prevent violent fluctuations in price and to give growers some sense of security concerning values. The outcome of the plans can, however, be of only temporary commercial significance. The essential status of cacao in the world's food supply is bound to become progressively more important.

KINDLY MEANT

Mrs. Jenkins-Mrs. Smith, we shall be neigh-ors now. I have bought a house next you, with

AS TO AFFINITIES.

"Do you believe that for every man in the world there is a certain woman who is his real affinity?"
"No. There are some men who would never consent to be henpecked by anybody."

Writer Turns the Tables

Magazines ordinarily return manuscripts with polite printed slips. Below is produced a good "take-off" on one of these slips. It was sent by an author with his manuscript when he dispatched it to The American Magazine.

The man who wrote the letter and

much better this is. Except at full rates—and worth the money.

"The obvious merit of this contribution does not necessarily imply any lack of intelligence in the editors who reject it. Quite the contrary. They have to maintain their average. Nothing is more experimental than variety. "Homing envelope, with wings prepaid, with this, just as though it were an ordinary MS."

Chapel in Coal Mine.

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Virtue is its own reward, so it isn't necessary to advertise it.

Chapel in Coal Mine.

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It the Mynydd Newydd colliery, at Swansea, South Wales, at a depth of 750 feet below the surface, is a notable chapel. It is claimed to be the only such chapel especially prepared and consecrated for worship. It is a long, low room, fitted with rough wooden benches, capable of accommodating between 150 and 200 men. Services are held before work every Monday morning in the Mynydd Newydd colliery, and have been held regularly since 1867.

A MARKET