MONDAY AND THURSDAY.

THOS. A. BUCKLEY, EDITOR AND PROPRIETOR.

OFFICE: MAIN STREET ABOVE CENTRE

Energy Going to Waste.

Every now and then some fool man writes to the papers to say that we are becoming a weak race; that the standard of height and measure of physical accomplishment are not what they were in the old days—whenever those were. The luxury of modern civilization and the substitution of mechanical for bodily energy are held accountable for this deplorable state of things. Of course it is useless to argue against them. No man who has grown accustomed to pate de foie gras is going back to sustain himself on gluten bread while his salary keeps up, and no man is going to pay half a dollar to a workman to fix up his last summer's straw hat in two days when he can have the job done in ten minutes for half the money on an electric machine. But everybody must have noticed that with the decrease of occasions for manual labor there is a compensating output of energy in other directions. Man is the decrease of oceasions for manual labor there is a compensating output of energy in other directions. Man is constitutionally compelled to use his muscles. He has lost the prehensile caudality that adorned his thousand times great-grandfather, because his pursuit of agriculture and small game took him out of the trees and gave him an ampler footing on the ground; but with this rather unimportant exception he is stronger, bigger and better equipped than the relative with which Mr. Darwin has endowed him. The fact that he has everything done for him by machinery, except his breathing and a part of his thinking, leaves him with a surplus of bodily vitality. Why not employ this energy that is now so lavishly wasted? In old aristocratic societies it was against the unwritten law to do anything useful. A man might tire himself to death rowing, fishing, dancing, shooting, playing golf, and doing things like that, but if he sawed wood he was done for. These aristocratic conventions no longer obtain, except among the most gilded of the elect. The time is ripe, sagely observes a writer in Harper's Weekly, to advocate the transformation or utilization of energy. What we need is a wood-yard for respectable middle-aged bankers. Instead of uselessly and tiresomely going through the setting-up excrelses, or lifting himself from the floor by ropes, or revolving with great violence around a bar, or punching a bag, the banker could go out early and saw wood. He would get fully as much exercise as by the domestic calisthenies, and his exercise would count for something. The excitement of a sport could be brought into the event, for a race between a number of portly gentlemen, to see which one could first get through his cord of wood, could hardly fail to be onsidered as an improving and exhilarating spectacle.

As an evidence that brains and brawn may be found together in the same person the invention of a combined trunk and bathtub by Sandow, the modern Samson, is cited. The absence of bathtubs in Europe where he has traveled

A PARTY of Bangor (Me.) bicyclists rode to Bucksport on a recent Sunday and to their return they stopped at a farmhouse to get a drink of water. The man told them that he could not necommodate them with water, but they could have all the milk they wanted. He said that he had to drive his cows five miles to water them, and on account of the dry weather he found it almost impossible to get water enough for use in the family. There is one man anyway who doesn't water his milk.

EDITOR AND STATESMAN.

The Eventful Career of Hon. Amos J. Cummings.

ted a Congressional Medal for Brav-at Fredericksburg—His Influence in the Newspaper Field of New York City.

Amos J. Cummings, who is no Hon. Amos J. Cummings, who is now a candidate for congress from the Tenth New York district, was born in Conleling, Broome county, N. Y., on May 15, 1811. His father and grandfather were elergymen of the Christian church. He was given a common school education in his native town, and at the age of twelve, when his father was editor of the Christian Palladium and the Christian Messenger, he entered his father's printing office as an apprentice in the



ect to the draft, and Cummings worked pon the list until he was offered a situ-tion in the editorial room of the Trib-

Florida letters reached a world-wide circulation. He visited the Everglades, Lake Okechobee and other parts of the state, then but little known.

In the spring of 1870 he returned to New York and took charge of the New York Evening Express. He remained there until after the nomination of Mr. Tilden. In 1884 Mr. Cummings was elected president of the New York Press club. He accepted a reclection, and declined a third renomination.

In the fall of 1886 he was elected to congress. On March 17 following he became the editor of the Evening Sun. Here he remained until the opening of congress in December. The Evening Sun under his administration became one of the leading evening newspapers of New York.

ment a chance. In all probability



MISS SUSAN B. ANTHONY.

FOND OF RATTLERS.



now she has as many as two dozen, none of which can be induced to leave her. The photograph shows her pets writhing on some slats mailed to two boards, while Martha stands behind them, her hand on one of the reptiles, which is moving from side to side. Some of these

from the whole estate before dividing the residuary estate, which amounts to \$\ \frac{\text{T3,224,547}}{\text{among the children.}}\$\$ Over Seven Miles Up. The highest point ever attained by man was that reached by Cox and Glaisher, in 1862, 37,000 feet above the sea. It is the best.

RELIGIOUS SERVICES.

Announcements of religious services ad church news will be published free charge under this head every Thursy. Pastors are invited to send us all ems that are of general interest to the

ENGLISH BAPTIST,

"The Evidences and Privileges of Divine Sonship."

Sunday school at 2 p. m. At 6.39 p. m. the young people and children of the congregation will give a special service, consisting of the rendering of the entire book of Jonah, which has been arranged for the occasion by the pastor, also special singing.

All are invited.

Special services are being held each evening this week at 7.30 o'clock, and will probably be continued next week. Notice will be given.

Rev. J. T. Griffith, pastor.

Rev. J. T. Grintin, pastor.
METHODIST EPISCOPAL.
M. E. services will be held in Lindy's hall every Sunday as follows:
Preaching, 10 a. m. and 7 p. m.
Class meeting, 9 a. m.; C. W. Barton

nday school, 2 p. m.; C. W. Barton ntendent. orth League, 6 p. m.; Edward

president. er meeting every Wednesday g at 7.30 p.m. public is cordially invited to all

The public is cordially invited to all of these services.

Rev. Edmund White, pastor.

BOLINESS CHRISTIAN.

Services at the Holiness Christian Association church are as follows:
Sunday: Preaching, 10 a. m.; Sunday school, 2 p. m.; experience meeting, 3 p. m.; preaching, 7.30 p. m.

Week day services on Tuesday and Thursday evenings.

Rev. H. P. Jones, pastor.

\$100 Reward, \$100.

The readers of this paper will be leased to learn that there is at least one readed disease that science has been ble to cure in all its stages and that staterh. Hall's catarrh cure is the only control of the staterh that the s returnity. Catarrh being a constitutional disease requires a constitutional disease requires a constitutional realment. Hall's Catarrh Cure is takenternally, acting directly upon the bloom mucous surfaces of the system hereby destroying the foundation che disease, and giving the patient trength by building up the constitution and assisting nature in doing its works he proprietors have so much faith its curative powers, that they offer on undred dollars for any case that it faiocure. Send for list of testimoniais didness.

F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c.

MAN OF MANY PARTS.

MAI! OF MANY PARTS.
William Morris, Who May Be Poet Lawreate of England.
There is no so little understood a man in the literary world of London at William Morris, who has been spoken of lately in connection with the post of poet laureate. It is because he is so many-sided a man that he is known neither by his countrymen nor by Americans. If he were only a mere poet it would be easy to write of himtonake an estimate and properly classify him—but he is a larger figure in life than he is in literature, and ha therefore belongs to the future rather than to the present in the way of criticism. ism. He is spoken of indiscriminately as a ocialist, as a designer of furniture and





DUKE OF MARLBOROUGH.

The Young Man Who Is to Wed Consuelo Vanderbilt.

What He Drinks, Eats, Smokes and Thinks and the Way He Looks, Acts and Wears His Ciothes—Not an Imposing Personage.

Wears His Ciothes—Not an Imposing Personage.

Perhaps you have never seen the duke of Mariborough. It is quite likely that you haven't. He is, according to the New York World, a very exclusive gentleman—stops at exclusive hotels, associates with exclusive people. He is, you know, the young man who is to marry a girl who will get something like \$15,000,000 when she is married; later on in life she will have about \$25,000,000 of is she will have about \$25,000,000 of she prarents.

If you were to see his lordship the duke, you would be disappointed. Somehow or other the mind's eye conjures up a vision of a deep-chested, stout-limbed, brawny and oftentimes handsome fellow when an Englishman is mentioned. That is not so of the duke. Englishmen are not always handsome and muscular any more than Americans are. And the vast majority of Englishmen of the noble birth are anything but athletic in build. Nature did not treat the ninth duke of Marborough very kindly in the matter of physical proportions. He is very short of stature and some people say of money also. He isn't more than 5 feet and 5 inches in height.

In the matter of weight it is about an even thing between his lordship and his affianced. He weighs about 120 pounds. His chest is hollow, and for that reason he is lacking in lung power. Being somewhat short of wind, as of other



THE DUKE OF MARLBOROUGH.

and mid-content your grammar and a book on ethqueter? he asked, histoartingly, seed the great shead of the deep Chicago Evening Post.

The critics of Mr. William Morrison and the book on ethqueter? he asked, histoartingly, seed the great shead of the deep Chicago Evening Post.

Betton-Duggmanttention! Anyor's of make the state of the state o



Anthracite coal used exclusively, insur-anliness and comfort.

ARRANGEMENT OF PASSENGER TRAINS.

MAY. 15, 1895.

LEAVE FREELAND.

THE DELAWARE, SUSQUEITANNA AND SCHUYLKILL RAILROAD.
Time table in effect January 30, 1895.
Timis leave Drifton for Jeddo, Eckley, Hazle Bronins leave Drifton for Jeddo, Eckley, Hazle Bronins leave Drifton for Jeddo, Holde, Romand Hazleton Junction 115 pm, daily except Sunday, and 7 68 a m, 2 38 pm, Sunday.

day, leave Drifton for Harwood, Cranberry, ken and Deringer at 600 a m, 1209 p m, ceept Sunday; and 703 a m, 238 p m, daily except Sunday; and 765 a m, 266 p in, sunday, sunday, sunday, surday, su

nday,
ns leave Deringer for Tomhicken, CranHarwood, Hazleton Junction, Roan,
r Meadow Road, Stockton, Hazle Brook,
r, Jeddo and Drifton at 255, 607 p m,
except Sunday; and 9 37 a m, 5 07 p m,
y.

sunday; and 93° a m, 50° p m, sunday; sunday; sunday; sunday, sunday,

LEHIGH TRACTION COMPANY.
Freeland Branch.
First car will leave Freeland for Drifton,
First car will leave Freeland for Drifton,
Jeddo, tapan, Oaxdale, Enervale, Harleigh,
Minesville, Lattimer and Hazleton at 5.12 a.
After this cars will leave every thirty
On Sunday front the day until 112 p. m.
On Sunday front the day until 112 p. m.
On Sunday front the track of the next car will leave at 7.55 a. m., and then
every thirty minutes until 11.05 p. m.

TSTATE OF HENRY C. GRESSELL, late of Freeland, deceased.

Letters testamentary upon the above named estate having been granted to the undersigned, all persons indebted to said estate are requested to make payment, and those having claims or demands to present the same without delay to the control of the c

POLITICAL ANNOUNCEMENTS.

A. S. MONROE,

of Hazleton.
Subject to the decision of the Republican nominating convention. FOR POOR DIRECTOR-

THOS. M. POWELL, of Hazle

Subject to the decision of the Republican nominating convention. FOR POOR DIRECTOR-FRANK P. MALLOY,

of Freeland.
Subject to the decision of the Democratic HOR POOR DIRECTOR-

SIMON BUBE, of Hazleton.
Subject to the decision of the Democratic commutating convention.

When Baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became Miss, she clung to Castoria. When she had Children, she gave them Castoria

The best is the cheapest in the end. To to the Wear Well Shoe House. Their shoes all wear well.

Ladies, don't forget to see the dress oods at A. Oswald's.

