The Boers are losing many horses from cold and lack of food.

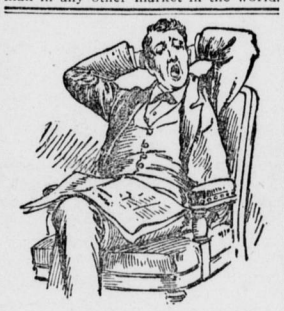
$100 Reward. $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address

F. J. CHENEY & Co., Toledo, O.

Sold by Druggists, 75c.
Hall's Family Pills are the best.

More living fish are sold in Berlin than in any other market in the world.



If sarsaparilla and the other vegetable ingredients that go into the best are good as a medicine, then Ayer's Sarsaparilla is good. If not, we are humbugs.

Your doctor will tell you which, because he can have the formula of Ayer's Sarsaparilla any time for the asking.

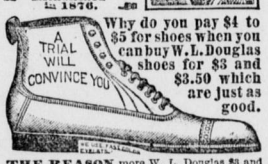
If you are tired, half sick, half well, if one day's work causes six days' sickness, get a bottle of the old Sarsaparilla. Get Ayer's, and insist on Ayer's when you want Sarsaparilla.

J. C. AYER COMPANY,
Practical Chemists, Lowell, Mass.

Ayer's Sarsaparilla	Ayer's Hair Vigor
Ayer's Pills	Ayer's Cherry Pectoral
Ayer's Ague Cure	Ayer's Comatone

$3.00 W. L. DOUGLAS SHOES $3.50 UNION MADE

The real worth of our $3.00 and $3.50 shoes compared with other makes is $4.00 to $5.00. We are the largest makers and retailers of men's $3.00 and $3.50 shoes in the world. We make and sell more $3.00 and $3.50 shoes than any other two manufacturers in the U. S. Established in 1876.



Why do you pay $4 to $5 for shoes when you can buy W. L. Douglas shoes for $3 and $3.50 which are just as good.

THE REASON more W. L. Douglas $3 and $3.50 shoes are sold than any other make is because THEY ARE THE BEST FOR MEN.

THE BEST $3.50 SHOE. Made of the best imported and American leathers. The workmanship is unexcelled. The style is equal to $4 and $5 shoes of other makes. They fit like custom made shoes. They will outwear two pairs of other makes at the same prices, that have no reputation. You can safely recommend them to your friends; they please everybody that wears them. THE BEST $3.00 SHOE.

Your dealer should keep them; we give one dealer exclusive sale in each town.

Take no substitute! Insist on having W. L. Douglas shoes with name and price stamped on bottom. If your dealer will not get them for you, send direct to factory, enclosing price and 25c. extra for carriage. State kind of leather, size, and width, plain or cap toe. Our shoes will reach you anywhere. *Catalogue Free.*

W. L. DOUGLAS SHOE CO., Brockton, Mass.

LIBBY'S LUNCHEONS

We are meat cookers and canners. Our business is the largest of its kind in America. We have tried to learn everything that anybody knows about making cooked meat good. That is our business. We seal the product in key-opening cans. Turn a key and you find the meat exactly as it left us.

We put up in this way

Potted Ham, Beef and Tongue,
Ox Tongue (whole),
Veal Loaf,
Deviled Ham,
Brisket Beef,
Sliced Smoked Beef,

and two dozen other specialties. It is impossible for anybody to make luncheon meats any better.

Your grocer should have them.

Libby, McNeill & Libby, Chicago.

"How to Make Good Things to Eat" will be sent free if you ask us.

Don't Stop Tobacco Suddenly!

It injures nervous system to do so. BACO-CURO is the only cure that Really Cures and notifies you when to stop. Sold with a guarantee that three boxes will cure any case. BACO-CURO is vegetable and harmless. It has cured thousands, it will cure you. At all druggists or by mail prepaid, $1.00 a box; 3 boxes, $2.50. Booklet free. Write EUREKA CHEMICAL CO., La Crosse, Wis.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment Free. Dr. H. H. GREEN'S SONS, Box B, Atlanta, Ga.

That Little Book For Ladies, By mail, 10 cents. ALICE HASON, ROCHESTER, N. Y.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

If afflicted with sore eyes use Thompson's Eye Water

HOUSEHOLD HINTS

Fresh Air in the Sick Room.

A clever idea for changing and freshening the air in a sick room and at the same time affording a mild spectacular entertainment for a patient unable to move is the following: Put a teaspoonful of the whole coffee berries in a saucer and set where the invalid can see it. Fill it up with toilet water—eau de cologne or perfumery—and set fire to it. If this is done when the room is dark the effect will be found especially pretty and the change of air most refreshing.

To Clean Tapestry.

Tapestry and cretonne may be cleaned and revived by this process: Cut up some soap into shreds, allowing four ounces of soap to each quart of water, and boil to a jelly. Have ready two tubs of pretty hot water. Add to this enough boiled soap to make a good lather. Add two handfuls of bran to prevent the colors running. Wash quickly with little rubbing, first in one, and then in the other tub, and then rinse out in either salt and water or vinegar and water. Shake well to get rid of the bran, and dry at once. Starch in a thin boiled starch, roll tightly in a clean cloth, mangle, and then iron with a moderately hot iron.

For My Lady's Boudoir.

For one's own room a pretty device is to take a yard of broad satin ribbon and prepare a handsome bow for each end. Take a number of photographs and paste a strip of strong paper to the back of each, leaving an unpasted space at the center through which the ribbon may pass. Run the ribbon band through the openings so that the row of photographs stand face outward mounted on the strip. Sew the bows to the end of the ribbon and tack the bows to the wall. A vertical row of photographs can be made by running the strips of paper across the backs of the photographs and only tacking the upper bow to the wall, or preferably putting no bow at all below.

The Fashion in Tablecloths.

Tablecloths to which up-to-date women accord the highest homage are of plain French damask, hemstitched and worked with magnificent sprays of filled-in embroidery. These sprays are varied in shape. Some tablecloths have two, starting at opposite corners and swinging their way along the ends and up the opposite side for a short distance others have bands across the ends, while still others have great, bunchy effects. The important thing about these sprays is, of course, that they must not interfere with the placing of the plates.

When the filled-in embroidery covers the sides of the tablecloth pretty thoroughly no monograms are used. But ordinarily a tablecloth is embroidered with four, one at each corner, 24 inches from the end and 12 inches on each side of the centre. This arrangement places them so that they remain uncovered during the entire meal.

For more ordinary use tablecloths are still of French damask, with wide hemstitch. The patterns vary; some are large, others small, and generally a woman chooses them to suit her fancy. Yet there seems to be a tendency to select the small, plain patterns, rather than those more elaborate. For instance, a popular design is merely striped damask, with a fancy square woven in the centre. Fringed table linen rarely now is used.

HOUSEHOLD RECIPES

Spiced Gooseberries—For five pounds of fruit allow three pounds of sugar, one pint of vinegar and one tablespoonful each of ground cinnamon and cloves. Mix all together, cook until thick, stirring occasionally, and seal in glass jars.

Spanish Sweet Pepper—Parboil for 10 minutes three green peppers; halve them, dip in oil and fry for 10 minutes; when cool shred fine, mix with an equal weight of cold cooked fresh fish flaked; sift in a cup of shredded young lettuce; pour over a mayonnaise and serve on lettuce nests.

Krehutyne, or Bohemian Doughnuts—Two eggs, three tablespoonfuls of water. Mix with flour into a stiff dough, adding a saltspoonful of salt. Roll out as thin as a soda cracker. Cut into fancy shapes, fry in hot lard. Another way of making this is to sweeten with a tablespoonful of sugar. Serve cold.

Biscuit—One pint of sour cream; dissolve a scant teaspoonful of soda in a tablespoonful of hot water; stir it into the cream, beating until it foams over the cup; add a saltspoonful of salt and flour enough to make a soft dough; pat over with the hands to the thickness of an inch; cut with small cutter and bake.

Chicken Salad—Two large fowls boiled; two large heads of celery. Cut the meat and celery into small pieces. For dressing—The chicken gravy and one-half pint of vinegar, a small piece of butter, one tablespoonful of mustard, a small tablespoonful of cayenne, one tablespoonful of salt; stir in the yoke of eight eggs just before taking from the stove; when cold stir in one cup or more of thick cream. Mix together with a fork.

SCIENCE AND INDUSTRY.

Though traffic in the Baltic-North sea canal has not come up to expectation, the Germans are pleased at the discovery that the herring is using the canal as a spawning ground.

A medical paper says that in railway collisions nearly all the passengers who are asleep escape the bad effects of shaking and concussions, nature's own anaesthetic preserving them.

A New Orleans man is said to have invented a sugarcane planter, in the form of a wagon, that with three men and four mules will do the work heretofore done by nine men and nine mules.

A novel theory of cancer is being worked upon by Dr. Lambert Lack of London, who contends that the disease is not due to germs, but to specific injury of the mucous membranes and allied structures.

A wild coffee of the island of Reunion, in the Indian ocean, is stated to be free from caffein but to have much of the odor and stimulating effect of ordinary coffee. It is suggested that, improved by cultivation, this coffee should be made a valuable product in Cuba and the Philippines.

The old theory that the apparent enlargement of sun and moon near the horizon is due to comparison with terrestrial objects has long been unsatisfactory. It is now explained as a result of some peculiarity of the eye, which accounts also for the late determination that the shape of the sky is a horizontally widened convexity, with a singular depression in the zenith.

A fertilizer company has been organized in the state of Washington which proposes to utilize the waste and offal of the salmon canneries. This refuse has been allowed to go to waste for years past. The new company finds in this a means for the creation of by-products, which will be of considerable value, as a fair sort of oil can be produced and the fertilizer is well adapted to many soils in the far west.

A Frenchman has constructed a tricycle for traveling on the water. The wheels have immense rubber tires, nearly four feet in diameter, which, when inflated, buoy the machine up so that, when the rider is in position, the bottom of the wheels dip hardly more than a foot beneath the surface. Projections on the sides of the rear tires serve as paddles to propel the machine. As it weighs less than 70 pounds, it can, when necessary, be ridden on land.

ADVANCE IN FOOD PRESERVATION.

Great Strides from Sundried Fruits to Air-tight Cases.

In early times the only methods of saving perishable pabulum for any considerable length of time was by drying it in the sun or at a fire, or by smoking or salting it. The Indians "jerked" their venison; they dried the flesh of the buffaloes, reduced it to powder, mixed it with meal and then baked it for keeping. The Peruvians gave us the word "jerked" (in this meaning) from their word "charqui" which signifies prepared dried meat. The buccaneers derived their name from a peculiar method of curing beef, which was termed "buchanning." There was a regular trade between the native coast tribes of America and those of the interior in desiccated oysters, clams and other shellfish. Savages and barbarians of all countries have had similar customs, and some still maintain them. The general fashion in our rural regions of drying apples, peaches, and other fruits is familiar, as well as the smoking of bacon and hams, the pickling of meats and the salting and smoking of fish. A method of preserving vegetables that has long been extensively used in America is by boiling them for a proper time, and transferring them to cans or bottles, and sealing immediately.

But the method of sealing cooked provisions in air-tight metallic cases, which is now so largely in vogue, is of comparatively recent invention, and has been brought into use during the present century. In 1810 Augustus de Heine took out a patent in Great Britain for preserving food in tin and other metal cases by simply exhausting the air by means of an air pump, but it was unsuccessful. It was followed by a number of other efforts by various persons, all of which were more or less failures until Werthenner's patents, which were three in number, from 1839 to 1841. By his plan, the provisions of whatever kind are put into metal cases and closely packed, and the interstices filled in with water or other appropriate liquid, such as gravy in the case of flesh food. The lids are then soldered on very securely; two small perforations are made in each lid, and the cases set in a water bath in which muriate of lime is dissolved; then heat is applied until the whole boils and the air is expelled through the small openings in the lids of the cases. When this is complete the small holes are quickly soldered up.—Self-Culture.

Her Explanation.

"Mr. Biggsley seems to run things just about as he chooses," said the gossipy man.

"Yes," answered Miss Cayenne, "once in a while you find a person so stupid that people will let him have his own way, rather than argue with him."—Washington Star.

Bakers in the Middle Ages.

An article in an English technical journal gives some curious details in regard to bread and bakers in the Middle Ages. Bakers were subject to rigid laws and close government supervision. In London only farthing and half-penny loaves were allowed to be made. If the baker retailed his own bread he was not allowed to sell it in his own house, before it, or before the oven in which it was baked. He was obliged to dispose of it in the market on Tuesdays and Saturdays only, and sometimes on Sundays. A baker of white bread was not allowed to make bread of unbolted flour, and bakers of the latter were not permitted to have a bolting sieve in their possession. They were not allowed to heat their own ovens with fern, stubble or straw or to bake at night. They were not allowed to take back bread from hucksters when once it had become cold. Hotels and keepers of lodging houses were not permitted to bake bread. Private individuals who had no oven of their own were in the habit of sending their flour to be kneaded by their own servants at the moulding boards belonging to the bakers; the loaves being baked in their ovens. The profits of bakers were strictly defined. The quality of bread made was in degree indicative of the rank of people who ate it. The finest and whitest was called "simnel bread" and was only consumed by the most luxurious persons occupying high rank and in affluent circumstances. The wealthy middle class used "waste bread," which is supposed to have resembled what we know as the French "gateau." Poorer middle class people bought bread of an inferior quality called "cocket." A still lower grade was "tourte" made of unbolted meal. It was so called because the loaves had a twisted form. Tourte was used by the humbler classes and the inmates of monasteries. Three other inferior grades of bread were made; by whom consumed it is not stated.

Thirty minutes is all the time required to dye with PUTNAM FADELESS DYES. Sold by all druggists.

More steel is used in the manufacture of pens than in all the sword and gun factories in the world. A ton of steel produces about 10,000 gross of pens.

The Best Prescription for Chills and Fever is a bottle of GROVE'S TASTELESS CHILL TONIC. It is simply iron and quinine in a tasteless form. No cure—no pay. Price 50c

Everything points to one of the largest apple crops this season in the history of Nova Scotia.

Worms eradicated. Children made well and mothers happy by Frey's Vermifuge, 25c. Druggists and country stores.

Octopus is largely eaten in the Isle of Jersey.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. DR. R. H. KLINE, Ltd, 931 Arch St. Phila., Pa.

Forty-two inventions relating to cycles were taken out last year by women.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1900.

A Jersey City justice was recently paid a marriage fee of 10 cents.

Throw physic to the dogs—if you don't want the dogs; but if you want good digestion chew Beeman's Pepsin Gum.

Germany is largely strengthening her navy and army in the Far East.

To Cure a Cold in One Day.

Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

Two-thirds of the teachers in the public schools of Chile are women.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The population of Zululand is 150,000, of whom only 500 are Europeans.

How Mothers may Help their Daughters into Womanhood

Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When the young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time the greatest aid to nature is **Lydia E. Pinkham's Vegetable Compound.** It prepares the young system for the coming change, and is the surest reliance in this hour of trial.

The following letters from Miss Good are practical proof of Mrs. Pinkham's efficient advice to young women.

Miss Good asks Mrs. Pinkham for Help.

June 12th, 1899.

"DEAR MRS. PINKHAM:—I have been very much bothered for some time with my monthly periods being irregular. I will tell you all about it, and put myself in your care, for I have heard so much of you. Each month menstruation would become less and less, until it entirely stopped for six months, and now it has stopped again. I have become very nervous and of a very bad color. I am a young girl and have always had to work very hard. I would be very much pleased if you would tell me what to do."—MISS PEARL GOOD, Cor. 29th Avenue and Yeslar Way, Seattle, Wash.

The Happy Result.

February 10th, 1900.

"DEAR MRS. PINKHAM:—I cannot praise Lydia E. Pinkham's Vegetable Compound enough. It is just simply wonderful the change your medicine has made in me. I feel like another person. My work is now a pleasure to me, while before using your medicine it was a burden. To-day I am a healthy and happy girl. I think if more women would use your Vegetable Compound there would be less suffering in the world. I cannot express the relief I have experienced by using **Lydia E. Pinkham's Vegetable Compound.**"—MISS PEARL GOOD, Cor. 29th Avenue and Yeslar Way, Seattle, Wash.

$5000 REWARD Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank, of Lynn, Mass., $5,000, which will be paid to any person who can show that the above testimonial is not genuine, or was published before obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

BILE IN THE BLOOD

No matter how pleasant your surroundings, health, good health, is the foundation for enjoyment. Bowel trouble causes more aches and pains than all other diseases together, and when you get a good dose of bilious bile coursing through the blood life's a hell on earth. Millions of people are doctoring for chronic ailments that started with bad bowels, and they will never get better till the bowels are right. You know how it is—you neglect—get irregular—first suffer with a slight headache—bad taste in the mouth mornings, and general "all gone" feeling during the day—keep on going from bad to worse untill the suffering becomes awful, life loses its charms, and there is many a one that has been driven to suicidal relief. Educate your bowels with *CASCARETS.* Don't neglect the slightest irregularity. See that you have one natural, easy movement each day. *CASCARETS* tone the bowels—make them strong—and after you have used them once you will wonder why it is that you have ever been without them. You will find all your other disorders commence to get better at once, and soon you will be well by taking—

THE IDEAL LAXATIVE

Cascarets

CANDY CATHARTIC

BEST FOR THE BOWELS

10c. 25c. 50c. ALL DRUGGISTS

To any needy mortal suffering from bowel troubles and too poor to buy *CASCARETS* we will send a box free. Address Sterling Remedy Company, Chicago or New York, mentioning advertisement and paper. 421