



## The Joys That white teeth bring

Millions of people have found them out in this delightful way. This is to urge that you do so—and now.

### Combat the film

Your teeth are coated with a viscous film. It clings to teeth, enters crevices and stays. That film absorbs stains, making the teeth look dingy. Film is the basis of tartar. Teeth that should glisten—millions of them—are kept clouded by that film.

That film also holds food substance which ferments and forms acids. It holds the acids in contact with the teeth to cause decay. It constantly breeds germs, and they, with tartar, are the chief cause of pyorrhea.

Nearly all tooth troubles are thus traced to film. And, under old brushing methods, those troubles have been constantly increasing.

### Ways to end it

Ordinary tooth pastes do not effectively fight film. So well-brushed teeth, as most folks know, discolor and decay.

So dental science has in late years sought effective film combatants. Two have now been found.

## 10 Days Free

We supply this test to every home that asks. Simply mail the coupon. You will never forget the delightful effects, or ever desire to lose them.

Both are embodied in a new-day tooth paste—called Pepsodent—for twice-daily application. Able authorities have proved its efficiency. Now leading dentists, almost the world over, are advising its adoption.

### Five new effects

Pepsodent combats that film with every application. It keeps teeth highly polished, so film less easily adheres. It multiplies, also, the salivary flow—Nature's great tooth-protecting agent. It multiplies the starch digestant in saliva, to digest starch deposits that cling. It multiplies the alkalinity of the saliva, to neutralize the acids which cause tooth decay.

Twice daily it brings these five desired effects. And modern authorities say the tooth paste should bring them.

Watch these effects and judge them for yourself. Send the coupon for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the viscous film. See how teeth whiten as the film-coats disappear.

Judge by the benefits you feel. Judge by what your mirror shows. Then decide if you should join the millions who now clean teeth in this way.

Cut out the coupon now.

**Pepsodent**  
REG. U. S. PAT. OFF.  
The New-Day Dentifrice

A scientific film combatant, combined with two other modern ingredients. Now advised for daily use by leading dentists everywhere. Supplied by druggists in large tubes.

## 10-Day Tube Free

THE PEPSODENT COMPANY,  
Dept. R-263, 1164 S. Wabash Av., Chicago, Ill.

Mail 10-Day Tube of Pepsodent to

Only one tube to a family.

## In Race for Council—No. 12

By C. Attle

Where is that dynamic little woman, Mrs. Kathryn Miracle?

"Right here I am, waiting for you this long time. I wondered if you were ever going to get around to Mother's. Are you going to vote for Mother?"

"Ah, now, that would be telling." "Well, then, I was born in Canada, in Ontario. We might as well start there. I arrived in Montana when I was 7 or 8, and I went thru school and the

"Mrs. Miracle Photo University" of Montana on my own efforts. I was a milliner first, then a stenographer for a while, and with my profits I began educating myself musically. I had a good voice. I studied in this country and finished my musical education abroad."

"Just a moment till we get that down."

**MADE HER HOME IN GOD'S COUNTRY**

"Well, when I returned to the United States I came to Seattle, to make my home in God's own wonderful country. I was up at 6 o'clock every morning. I worked as a stenographer again, with Wood and Stull in the abstract business, then with the Standard Furniture company, then I took up house-keeping, and began to build my home in the University district where I have lived 12 years."

"Not quite so fast, please."

"Very well. Now are you ready?"

"Ready."

"I was raising a family and performing the work of man and woman."

an. My house has the reputation among the university student body of being the cleanest in the district. I went into the realty business. My war record—I went into the shipyards, listing plates for steel ships and doing legal work for the shipping board, looking after my home interests at the same time."

"One moment."

**OPENED OFFICE OF HER OWN**

"After the war I opened an office of my own—realty, insurance, mortgages and loans. I've been at that for four years, meeting men and women on an equal footing."

"But why do you run for the city council?"

"I want to lend a clean, wholesome influence to the city administration and get the forces together for additional upbuilding and wipe out unemployment and bread lines. I stand for reduction of taxes, elimination of waste and duplication of billing, for the Skagit developed to a second unit and for lower electric rates to manufacturers, for a lower street car fare at the earliest opportunity possible so that workmen may not have to bear all the heavy burden of the street car purchase."

"You're talking pretty fast, Mrs. Miracle."

"—and so the mothers and their broods can go and see the parks, as I have seen them. I've been an economical housewife, am absolutely independent, have no forces backing me but my own efforts, and am paying all my campaign expenses out of my own pocket. I court a thoro investigation thru my neighbors and business men who know me. I have a boy of 9, a regular little man, and we live alone with a crippled woman who has been with us for six years and who will give me a wonderful recommendation. There—have I said too much?"

## New High Standard Set at the Wilkes

By Glenn Hughes

A new high standard of production was set Sunday by the Seattle Cooperative stock company at the Wilkes theater, when it performed for the first time an original and diverting farce, "Mrs. Jimmy Thompson." At no time during the present season has this company discovered so unmistakably its real possibilities as it has this week.

In the first place, the play is fresh. It breaks free of most of the old tricks, and actually delivers three acts of excellent characterization, dialogue which one can enjoy without feeling ashamed of oneself, and situations which move along rapidly, getting funnier as they go.

**NO STAR PART IN WHILE SHOW**

Not the least is well cast. There is no star part, and everyone justifies his existence on the stage. It is a pleasure to see a company throw itself so wholeheartedly into a production—to keep the play moving at the proper tempo, and seemingly to find as much joy in the performance as the audience does. I have an idea that the director, Mr. Fraley, deserves some of the credit for the spirit of this performance.

Two scenes in the play are worthy of any realistic dramatist. One is in the second act—a quiet poker party in a boarding house, where the lines and stage business are so extraordinarily good that the audience approaches hysterics. The other is in the first scene of the third act, in Eleanor's room, where the young but

Rehearsal by us last longer. Liberty Shoe Repair, next Liberty theater.—Advertisement.

## Pimples and boils

—caused by errors  
of diet

A well-known skin specialist says that pimples are "signal flags of danger" often indicating errors in diet.

Indeed pimples are so frequently associated with faulty habits of eating and improper digestion that the first thing to do is to see that our food is right.

Fresh yeast is a wonderful corrective food for these skin disorders. Fleischmann's Yeast is rich in the elements which improve appetite and digestion and which keep the intestines clear of poisons.

Physicians and hospitals all over the country are recommending Fleischmann's fresh yeast for pimples and boils. It gets right at the basic cause of these complaints.

Eat 2 to 3 cakes of Fleischmann's fresh yeast daily before or between meals to keep your skin healthy. Be sure it's Fleischmann's Yeast—the familiar tin-foil package with the yellow label. Place a standing order with your grocer.



the new  
giant star  
should  
arrive  
Apr. 16



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## A Big Sale of Art Needlework 10,000 Stamped Pieces

Lunch Cloths; 34-inch size.

Vanity or Buffet Sets; 3 pieces.

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Napkins 20c  
—of Indian Head, stamped  
in designs matching the  
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Lunch Cloths Size 45-inch ..... \$1.00  
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## Easter Sale of Embroidered Models

Towels Library Scarfs Sweaters Children's Dresses  
Bath Towels Pillows Centerpieces Hats— Half Price

MacDougall-Southwick, Fifth Floor

enter the threes of matrimony. Erman Seavey contributes a good bit of work as the real James Thompson. Arthur Belasco does creditably in a minor role.

The play is easily worth seeing—far more so than the average local attraction. It will run every night this week, with Wednesday and Saturday matinees.

**MARY THORNE HAS SLENDERTH CHANCE**

Mary Thorne has an unusually good chance this week. She has never been more favorably cast, and she does very well with the opportunity. Valentine Sidney, appearing for the first time with the company, is admirably adapted to the role of Mrs. Delmar, whose reminiscence of the stage delight her boarders. Miss Sidney is a character woman with a good sense of comedy.

Evelyn Atkinson and Harriet Helman have attractive parts, too, and show themselves to good advantage. Mary Ann Robbins is in the leading role, but does not especially stand out. Her part is talky and not very amusing.

Reynolds Denniston, James Blaine and the first time all appear in important capacities, and are satisfactory. Vaughan Morgan is at least eccentric as a pickle salesman about to

OLYMPIA.—Mrs. Evelyn Barton, taken to Tacoma to face charges of passing worthless check for \$100. She is former secretary to Yogi Wasson, Hindu philosopher, in jail here on similar charge.

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AFTER the influenza or a hard winter of colds and coughs—your reserve force is at low ebb—and there come headache—indigestion—constipation and general listlessness.

**Bark Root Tonic**

is Nature's re-builder—the pure and curative properties of Cascara, Cinchona, Gentian and Angostura scientifically compounded in our modern and sanitary laboratories.

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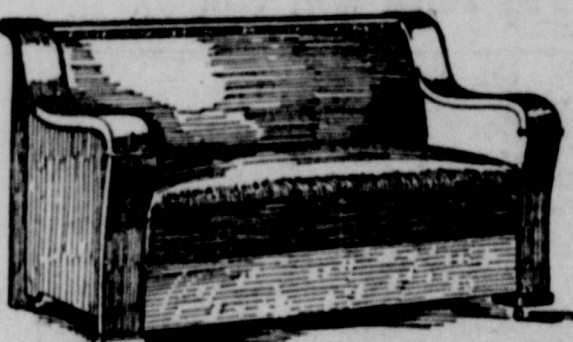
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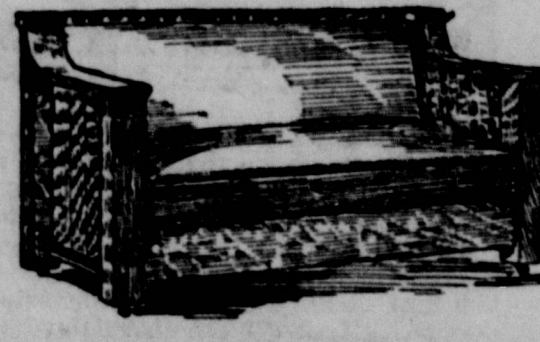
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Complete showing styles, sizes and finishes. This Carriage will give Baby the utmost comfort. Soft upholstery, roomy body, corduroy lined.....

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\$1.00 down  
\$1.00 a week

## MILK for HEALTH

VIGOR, agility, endurance and all the other characteristics of the athlete are by-products of health. Without perfect health they are impossible.

Exercise is only one factor in the production of these desirable qualities. Nutrition is the other. And milk is recognized by all authorities as one of the most important foods, very high in nutritive properties.

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